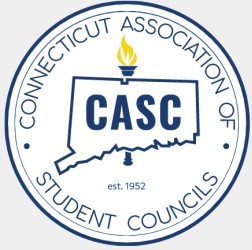


CASC Advisors Planner

Official Newsletter of the Connecticut Association of Student Councils



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Director's Corner

Greetings, and a very late "welcome back to a new school year!" I hope that this newsletter finds you and your families in good health. Happy Autumn/End of quarter 1/Homecoming Season/end of Fall Sports. For me this time of year always feels like we are in the thick of it and summer break is nothing but a distant memory. We have a bunch of upcoming events and activities we are excited about so here goes:

President's Symposium Report Thank you to all of the delegates who were able to join us at the Old State House for this year's event. It was a truly inspiring, and insanely historically nerdy, day! A little over 200 years ago the Connecticut General Assembly voted to adopt the 1818 Connecticut Constitution in the very same building that we met to draft our latest Constitution.

Student delegates were tasked with taking the next step in our journey; namely to read, evaluate, and amend the preparatory documents that the Executive Board had created. After a morning of committee meetings and an afternoon plenary session the delegates adjourned until convention. Between now and then the Executive Board was empowered to review and recommend all amendments. The Constitution and bylaws are available [here to read and comment on.](#)

Delegate schools in attendance::

- CT IB. Academy
- East Hartford High
- Notre Dame High
- Windham Tech
- Thomaston
- Woodland Regional

CASC Convention 2023 UPDATE. We are so happy to be returning to live events! This year's theme for Convention is "**Lights, Camera, Lead.**" The date for the Convention has been set for Friday March 11th. In addition to our regular program we will be voting on final acceptance of the Constitution and Bylaws.

Be safe, and as always thank you for your continued support of Student Leadership in Connecticut and remember to stay above the line.

Christopher Tomlin
CASC Executive Director

Upcoming State Important Dates::

DECEMBER

December 2-4:: NA4SA 50th Annual National Conference on Student Activities, Boston, MA.

A live conference at the Westin Waterfront Hotel in Boston on December 3-5, 2022. Check <https://nawd.com> for more details as we get closer to this event.

December 19:: CASC/CGA Mock Legislative Session Day, Hartford, CT. (HS)

Mock Legislative Session Day is an opportunity for student council/government members from across Connecticut to work with the Connecticut General Assembly staff and legislators to learn how a bill becomes a law. Students will experience the committee and public hearing process, bill analysis, fiscal analysis, and the process of putting a bills intentions into legal language, in preparation for Mock Session where students will debate their mock legislation on the House Floor.

This is an incredible educational experience giving student council/government members the opportunity to gain a better understanding of the legislative process in a hands-on way. [Register here](#)

CASC District Conferences (HS/MS)

Each of Connecticut's 4 districts holds its own conference that will allow for local students and advisors to connect, build relationships and share ideas. More details to follow.

From the Student Executive Board

State Committees forming!

CASC is proud to announce that in accordance with the newly drafted constitution and bylaws the creation of 4 new state wide committees that will work directly with the CASC Executive Board staff!

A **Service Committee** that will work with the CASC Service Project Coordinator to develop and implement state wide service projects and opportunities.

A **Legislative Affairs Committee** that will work with the CASC Legislative Affairs Coordinator to raise awareness of relevant legislation in the CGA as well as student advocacy.

A **Student Workshops Committee** that will work with the CASC Student Workshop Coordinator to develop student workshop presenters and evaluations.

A **Mental Health Committee** that will work with the CASC Mental Health Coordinator to develop awareness of mental health concerns, issues and remedies.

If you have any students that are interested in learning more about serving on any of these committees please have them complete [this form](#).

CASC General Assembly is forming!

CASC is proud to announce that in accordance with the newly drafted constitution and bylaws the creation of a General Assembly made up of representatives from all CASC member schools. Each CASC school can send 3 voting members to represent them in the General Assembly. According to the CASC constitution and bylaws the General Assembly has the following powers::Ratify or reject proposed amendments to the Constitution and Bylaws; Introduce items of business, including action on resolutions; and Act on other items brought forth by the

Executive Board.

The first General Assembly meeting will be held at the Spring Convention.

Please complete [this form](#) at your earliest convenience.

Districts in Action

Please check the district lists below as some schools were moved in the recent realignment of the state.

Northern District - CIBA

District Members:

Achievement First, Aerospace & Engineering, Avon, Berlin, Bloomfield, Bristol Central, Bristol Eastern, Bulkeley, Cheney Tech, Classical Magnet, Conard, Connecticut IB Academy, Cromwell, East Catholic, East Granby, East Hartford, East Windsor, Farmington, Glastonbury, Goodwin Tech, Granby Memorial, Hall, Hartford Magnet, Trinity College Academy, Hartford Public, Manchester, Mercy, Metropolitan Learning Center, Middletown, New Britain, Newington, Northwest Catholic, Plainville, Portland, Prince Tech, Rocky Hill, Science & Innovation, Simsbury, SMSA, South Windsor, Southington, St. Paul Catholic, University, Vinal Tech, Wethersfield, Windsor, Windsor Locks, Xavier

Eastern District - OPEN

District Members:

Academy of the Holy Family, Bacon Academy, Bolton, Coventry, Daniel Hand, East Hampton, East Lyme, Ellington, Ellis Tech, Enfield, EO Smith, Griswold, Grosso Tech, Haddam-Killingworth, Killingly, Ledyard, Lyman Memorial, Montville, Morgan, Nathan Hale Ray, New London, NFA, Norwich Tech, Old Lyme, Old Saybrook, Parish Hill, Plainfield, Public Safety Academy, Putnam, RHAM, Robert E. Fitch, Rockville, Somers, St. Bernard, Stafford, Stonington, Suffield, Tolland, Tourtellotte Memorial, Valley Regional, Waterford, Westbrook, Wheeler, Windham, Windham Tech, Woodstock Academy

Southern District - Notre Dame High School, West Haven

District Members:

Amity, Ansonia, Branford, Bunnell, Cheshire, Coginchaug, Cooperative Arts And Humanities, Crosby, Derby, East Haven, Eli Whitney Tech, Emmet O'Brien Tech, Engineering and Science University Magnet, Foran, Guilford, Hamden, High School In The Community, Hill Regional Career Magnet, Hillhouse, Holy Cross, John F. Kennedy, Jonathan Law, Kaynor Tech, Luralton Hall, Lyman Hall, Maloney, Mark T. Sheehan, Metropolitan Business Academy, Naugatuck, New Haven Academy Magnet, North Branford, North Haven, Notre Dame-West Haven, Orville H. Platt, Platt Tech, Riverside Academy, Sacred Heart Academy, Seymour, Shelton, Sound School, Stratford, Waterbury Career, West Haven, Wilbur Cross, Wilby, Wilcox Tech, Wolcott, Woodland Regional

Western District - Thomaston High School

District Members:

Bethel, Bridgeport Central, Brien McMahon, Brookfield, Bullard Havens Tech, Canton, Danbury, Darien, Fairfield College Preparatory School, Fairfield Ludlowe, Fairfield Warde, Gilbert, Greenwich, Henry Abbott Tech, Housatonic Regional, Immaculate, Joel Barlow, Kolbe Cathedral, Lewis Mills, Litchfield, Masuk, New Canaan, New Fairfield, New Milford, Newtown, Nonnewaug, Northwestern Regional, Norwalk,

Notre Dame-Fairfield, Oxford, Pomperaug,
Ridgefield, Shepaug Valley, St. Joseph's, Stamford,
Staples, Terryville, Thomaston, Torrington, Trinity

Catholic, Trumbull, Wamogo, Watertown, Westhill,
Weston, Wilton, Wolcott Tech

CT RISES:: Ideas for October

Remember to be focusing on your **CT**(citizenship), **R**(recognition), **I**(inspiration), **S**(service), **E**(engagement), **S**(spirit). Looking for a new project to run this month in your student council/government? Think about incorporating some of these suggestions into your calendar.

CITIZENSHIP

Get out the Vote activities

Inspiring young leaders to participate in the democratic system of our country is at the very heart of why Student Councils were first founded in the 1800's. Contact your local registrars to try and hold a voter registration day for your seniors. Pass out information about local ballot questions, candidates and the major issues. (The important part is to be unbiased in all of your materials.)

RECOGNITION

Custodian Recognition

October 2 is National Custodian Day, show your appreciation to the custodians who clean the school through either food, baskets, or student made cards of appreciation. Encourage students to take ownership of the cleanliness of their school.

INSPIRATION

Community leader guest speaker

October is a great month to bring in a speaker to keep your SCG's excitement up.

SERVICE

Trick or Treat for Canned Goods

*Submitted by:: Bolton High School
Highland Park market donated 500 paper bags, StuCo members deliver bags with a note saying they will pick up the weekend of Halloween. Students then pick up bags, we go through them to*

remove expired items, then deliver to local food shelters.

Leaf Raking

*Submitted by:: Bolton High School
Student Council rakes leaves, does yard work for those in the town who need the service.*

Pink October

*Submitted by:: Woodland Regional High School
October is Breast Cancer Awareness month. Consider running fundraising charitable projects. They can be as simple as selling pink ribbons, or more complex school wide pink spirit days. Try reading facts and figures at the morning announcements every Wednesday. You may want to work with your sports teams and advertise their 'Pink' games or cosponsor "Pink Outs"*

ENGAGEMENT

National Bullying Prevention Month

October is World Bullying Prevention Month! During this month students, schools, and communities all over the world go BLUE together against bullying.

SPIRIT

Homecoming Dance

Many high schools host their Homecoming Dance and Spirit Dress Up days this month

CT RISES:: Ideas for November

CITIZENSHIP

Get out the Vote activities

Hold mock elections the day before Election Day.

This is also a great opportunity to look at how your Council holds elections. Do your elections include::

- *Written election rules and/or campaign procedures*
- *A written process for ballot counting and announcing election results*
- *Use of voting machines or online voting, voter registration, voting precincts, or other characteristics of local/state elections*

RECOGNITION

Teacher Appreciation Baskets

It's fun to tell teachers how thankful we are for them. November is a great time to put together baskets to leave in Teacher Centers or Teacher Lounges. Things to include:: hot chocolate mix, mints, life savers, tissues, and punny inspirational messages!

INSPIRATION

Thanksgiving Meeting Party:

Plan a thanksgiving party for the last day of school before break, have each member bring a food item that they eat on Thanksgiving. While everyone is eating have them share what they are thankful for. This is a great morale booster after homecoming season and allows the chance to reward your group's commitment with treats while they focus on what's ahead.

SERVICE

Visit Elderly

This is a great time of year to schedule some time to visit nursing homes to visit and interact with them. You can also host a "senior" prom complete with period music and food. You may want to try and get your school band to perform some of the standards.

ENGAGEMENT

Kindness Day

World Kindness Day is November 13, it is a day that promotes the importance of being kind to each other, to yourself, and to the world. Look for opportunities while you go through your day to infuse kindness into someone's day:

- *Write positive messages on post-it notes and leave them for people to find*
- *Pick up trash you see on the ground outside and throw it in a garbage can*
- *Pay for a stranger's coffee or meal*
- *Compliment someone*
- *Send a positive or encouraging text to five people in your contacts*
- *Talk to someone new*
- *Practice gratitude*

SPIRIT

Flag Football

Whether it is Powder Puff or another name, the November weather allows for one last outdoor activity of the year. In many schools this means a PowderPuff game with Junior and Seniors boys and girls. Some towns even compete against each other on these days.

***We are always looking for new and exciting projects or events to highlight, if your council has a project that you would like to see highlighted in a newsletter please submit it [here](#).*

Tips and Tools

CTRISES

CT RISES is a great way for your SCG to establish goals and create plans for the year. Each SCG should attempt at least one project in each of the CT RISES areas.

CT - Citizenship:: Projects that promote student voice in the school and community.

- Election with elements found in US Elections
- Get out the vote campaign
- School forums
- Attendance at local town meetings
- Voter Registration Event
- Council/Government Operations

R - Recognition:: Projects that recognize students and staff.

- Teacher Appreciation baskets
- Teacher of the month
- Support Staff of the Year
- Student Birthday announcements
- Student of the Year
- Wall of honor
- Write "Thank You" Letters for Custodians
- Student Spotlight

I - Inspiration:: Projects that teach and promote student leadership.

- CASC President's Luncheon attendance
- CASC District Meetings attendance
- CASC Spring Convention attendance
- CASC "Adventures in Leadership." attendance
- Council/Government Retreats
- Leadership days
- Community leader guest speaker
- Student Leadership Awards

S - Service:: Projects that serve the needs of the school and or community.

- Cards for Hospitalized Children/ nursing homes
- Blankets for Babies
- Blood Drive
- Food Drive
- Town wide cleanup
- Activities with retirement homes
- Cancer Awareness Week

E - Engagement:: Projects that teach students and make the school a better place.

- Anti-Bullying Program
- Mock car crash
- Ban the "R" word
- Memorial Plaque
- Kindness Campaign
- Raise Money for Local Family in Need
- Anti-Drug Campaign
- Schoolwide Mental Health Awareness Activity

S - Spirit:: Projects that improve school climate.

- Movie night
- Freshmen Welcome
- Pep Rally
- Themed dress up days
- Exam survival kits
- Flower sales
- School dance
- Field Day

State Awards Program

CASC Council of Excellence Award.

Has been designated to recognize and reward the achievements of outstanding Student Councils or Student Governments in our state association. This award has been created as a way of providing encouragement and support to SCGs, as well as to provide standards of effective student leadership. To be eligible, your school must provide information related to your SCG operations, fundraising, communications, service learning, etc.

Top 10 Projects Award.

The top 10 project awards recognize Student Councils/Governments across Connecticut that have established a group project to better themselves, their community, or other communities. If your SCG is selected as a Top 10 Project, your SCG will be invited to present at our Spring Convention and receive recognition for your project. Submissions for this award will include a simple application, description of your project, and a 300 word essay about why your project should be considered for the award.

Dale Hawley Award

Individual student leadership contributions at the state level will be recognized this year through the Dale Hawley award. Dale D Hawley's life was dedicated to youth, service and the development of student leaders, as a principal and director of the National Association of Student Councils. This award is given based on nominations. If you have a student leader who exemplifies these values be sure to nominate them for this award.

The Ron Nedovich Advisor of the Year Award

This award is given in memory of the former Executive Director of Connecticut Association of Student Councils. Mr. Nedovich recognized the importance of leadership education, and development for all students. This award is to be given to one outstanding advisor, and will recognize the many contributions that advisors have made all over the state.

CASC Calendar

DECEMBER

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MARCH

March 10:: Annual CASC Spring Convention - Woodland Regional HS, Beacon Falls (HS/MS)

A LIVE CONVENTION hosted each year by the President's school, this year it will be held at Woodland Regional High School in Beacon Falls. More details to follow.

MAY

CASC "Adventures in Leadership," (HS/MS)

Ropes course designed to allow your newly elected leaders an opportunity to come together and begin to work as a team, while meeting leaders from across the state. More details to follow.