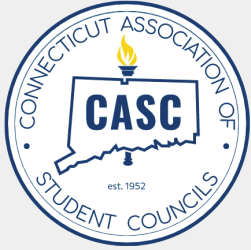


CASC Advisors Planner

Official Newsletter of the Connecticut Association of Student Councils



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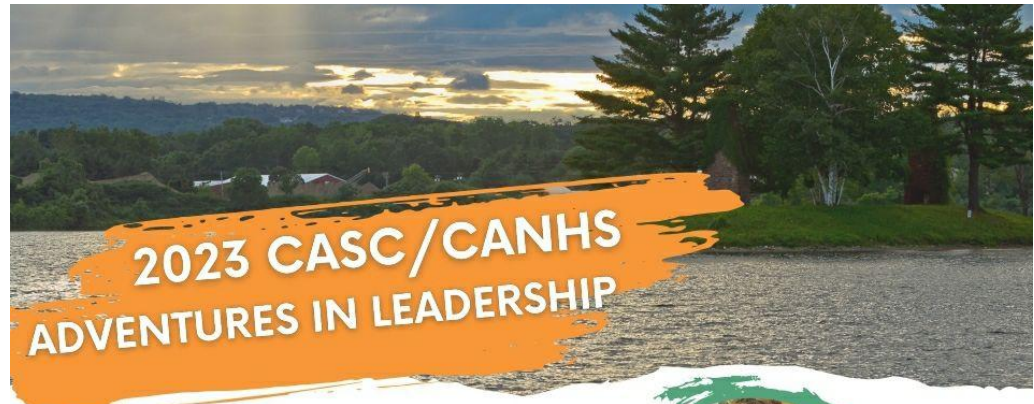
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CAS-CIAC
30 Realty Drive, Cheshire,
CT 06410



MONDAY MAY 22, 2023
9:00AM - 2:00PM



Winding Trails

50 Winding Trails
Farmington, CT
Deadline:
May 12, 2023



\$25.00 Per Person

Includes low ropes course, boat building and lunch.

Food options: Turkey, Ham, or Veggie Grinders. Please contact Cathy Prowe at cprowe@casciac.org with any food allergies or dietary restrictions.



Register Here



CONTACT US:



Christopher Tomlin
CASC Executive Director
ctomlin@casciac.org



Nadine Mills
CANHS Executive Director
nmills@casciac.org



Director's Corner

Happy Teacher Appreciation Week! You have earned it. Once again you wore multiple hats all year, sometimes even at the same time; you oversaw an amazing organization of young leaders while also doing your "other" job of teaching. You were there for your students, even when you had 12 other places to be. You stayed after school to support the service projects and dances, even though you had a stack of papers to grade. You gave up your weekends for can food drives, and still somehow found time for your family. All while you made sure that all of your SLO's, PLO's, and IADG's had measurable data.

And welcome to May! Once again the year is rapidly coming to a close, and once again you don't have enough time to do what needs to be done. What happened to all that time? The big events have passed, that amazing homecoming dance has transitioned to a historical event as your underclassmen secretly plan the next one. That means we are here once again, it is time for the annual: Wrap-Up, Reflection, Evaluation, and Begin-Again! Get your checklist ready!

- Hold the elections.
- Hold a meeting of old and new officers and talk about the calendar, the budget and dreams for next year.
- Have a Party.
- Complete the student council/ government scrapbook.
- Evaluate projects and the whole year.
- Measure individual success and file ideas away for the new officers.
- Meet with the principal for ideas for next year. Invite middle school councils/ governments to visit the high school.

We look forward to seeing you all at our last event of the year "*Adventures in Leadership*." You should have received an email already from me with information, please contact me if you have any questions. It is an amazing day of leadership, memories and student growth. Please contact me if you have any questions.

Be safe, and as always thank you for your continued support of student leadership in Connecticut and remember to stay above the line.

Christopher Tomlin
CASC Executive Director

Upcoming State Important Dates::

MAY

May 22 - CASC "Adventures in Leadership," (HS/MS)

Ropes course designed to allow your newly elected leaders an opportunity to come together and begin to work as a team, while meeting leaders from across the state. [Register HERE!](#)

JUNE

June 10:: Committee Meeting, CAS, Cheshire (HS/MS)

This first live meeting at CAS in Cheshire is designed to get the committee setup and layout their task for the year.

From the Executive Board

State President

CASC is off to a great start to our new year, but first, I'd like to recap the great year we just finished. We began with Adventures in Leadership, a hands on leadership day. Next, in September, we held our President's Symposium at the Old State House in Hartford. There, we passed amendments for our first Constitution where Connecticut's Constitution was passed. While continuing work on our Constitution and Bylaws, we collaborated with Connecticut's General Assembly to host a Mock Legislative Day at Connecticut's Capitol Building. Here, student's prepared changes they wanted to see in the state. They then worked with legislative staff to bring these suggestions to life in the form of a bill. After selling out and teaching students how to use debate skills, this event was a great success. We ended the year with our first in person statewide convention in years: Lights, Camera, Lead! Students from numerous Student Councils/Governments across the state gathered at Woodland Regional High School to shine a light on their leadership. We also elected our new executive board. I am honored to be serving another year with CASC! Now onto this year! We'll be kicking off our first event at Winding Trails in Farmington for Adventures in Leadership, where students will put their leadership skills to the test in a unique environment. I'm also getting to work on building Woodland's 2024 Convention Committee so we can put together an even better convention next year!

Yasmeen Galal '24
Woodland Regional High School
President, CASC

Workshop Coordinator

Hi! My name is Jenaris and I am excited to be part of the CASC board! I have had prior experience with leading and delegating tasks. At my school I am part of the student council at my school and President of the Spanish Honor Society. Additionally I have done mini workshops for students in my school so I've learned to lead but also to follow the directions of the workshops. My prior experience and my willingness to listen to others ideas will be my driving force in my time as the Student Workshops for CASC.

Jenaris Belgrave '24
CIBA

Legislative Affairs Coordinator

The Legislative Affairs Committee is holding at three members who plan to meet soon. We've been tracking legislation including the piece that CASC introduced at last year's Mock Legislative Session and we are looking forward to exciting changes and increased involvement for the event this year. For more information or to join a committee visit ctstuco.com!

Charli Hughes '24
Woodland Regional High School

Mental Health Affairs Coordinator

The Mental Health Affairs Committee is pleased to report that we've acquired 2 new members, bringing our total to 5 committee members! We are still looking for more members and hope to expand the Mental Health Affairs department further. If you or someone you know is interested in joining, please contact me at kaltrina.ameti10@gmail.com to get more info.

Kaltrina Ameti '25
Woodland Regional High School

Middle School Liaison - *Position still open, interested Middle School students can apply [HERE](#)*

Parliamentarian - *Position still open, interested High School students can apply [HERE](#)*

Historian/Archivist - *Position still open, interested High School students can apply [HERE](#)*

Service Project Coordinator - *Position still open, interested High School students can apply [HERE](#)*

State Committees

Our first live committee meeting is quickly approaching! Interested students can still join one of our five new state wide committees that work directly with the CASC Executive Board staff! Committees meet twice a year in person (June and December) and meet via zoom as necessary.

The **Service Committee**, which works with the CASC Service Project Coordinator to develop and implement state wide service projects and opportunities.

The **Legislative Affairs Committee**, which works with the CASC Legislative Affairs Coordinator to raise awareness of relevant legislation in the CGA as well as student advocacy.

The **Student Workshops Committee**, which works with the CASC Student Workshop Coordinator to develop student workshop presenters and evaluations.

The **Mental Health Committee**, which works with the CASC Mental Health Coordinator to develop awareness of mental health concerns, issues and remedies.

The **Social Media Committee**, which works with the CASC Historian/Archivist to develop and expand our social media presence.

If you have any students that are interested in learning more about serving on any of these committees please have them complete [this form](#).



Citizenship - Recognition - Inspiration - Service - Engagement - Spirit

Cayden Drost, District Coordinator;

Casey LaMonaca, Advisor

District Members:

Academy of the Holy Family, Bacon Academy, Bolton, Coventry, Daniel Hand, East Hampton, East Lyme, Ellington, Ellis Tech, Enfield, EO Smith, Griswold, Grosso Tech, Haddam-Killingworth, Killingly, Ledyard, Lyman Memorial, Montville, Morgan, Nathan Hale Ray, New London, NFA, Norwich Tech, Old Lyme, Old Saybrook, Parish Hill, Plainfield, Public Safety Academy, Putnam, RHAM, Robert E. Fitch, Rockville, Somers, St. Bernard, Stafford, Stonington, Suffield, Tolland, Tourtellotte Memorial, Valley Regional, Waterford, Westbrook, Wheeler, Windham, Windham Tech, Woodstock Academy

Southern District - Notre Dame High School, West Haven

Jacob Bauer, Vice President;

Cayden Drost, District Coordinator;

Casey LaMonaca, Advisor

District Members:

Amity, Ansonia, Branford, Bunnell, Cheshire, Coginchaug, Cooperative Arts And Humanities, Crosby, Derby, East Haven, Eli Whitney Tech, Emmet O'Brien Tech, Engineering and Science University Magnet, Foran, Guilford, Hamden, High School In The Community, Hill Regional Career Magnet, Hillhouse, Holy Cross, John F. Kennedy,

Jonathan Law, Kaynor Tech, Luralton Hall, Lyman Hall, Maloney, Mark T. Sheehan, Metropolitan Business Academy, Naugatuck, New Haven Academy Magnet, North Branford, North Haven, Notre Dame-West Haven, Orville H. Platt, Platt Tech, Riverside Academy, Sacred Heart Academy, Seymour, Shelton, Sound School, Stratford, Waterbury Career, West Haven, Wilbur Cross, Wilby, Wilcox Tech, Wolcott, Woodland Regional

Western District - Thomaston High School

Jacob Bauer, Vice President;

Cayden Drost, District Coordinator;

Casey LaMonaca, Advisor

District Members:

Bethel, Bridgeport Central, Brien McMahon, Brookfield, Bullard Havens Tech, Canton, Danbury, Darien, Fairfield College Preparatory School, Fairfield Ludlowe, Fairfield Warde, Gilbert, Greenwich, Henry Abbott Tech, Housatonic Regional, Immaculate, Joel Barlow, Kolbe Cathedral, Lewis Mills, Litchfield, Masuk, New Canaan, New Fairfield, New Milford, Newtown, Nonnewaug, Northwestern Regional, Norwalk, Notre Dame-Fairfield, Oxford, Pomperaug, Ridgefield, Shepaug Valley, St. Joseph's, Stamford, Staples, Terryville, Thomaston, Torrington, Trinity Catholic, Trumbull, Wamogo, Watertown, Westhill, Weston, Wilton, Wolcott Tech

CT RISES:: Ideas for May

Remember to be focusing on your **CT**(citizenship), **R**(recognition), **I**(inspiration), **S**(service), **E**(engagement), **S**(spirit). Looking for a new project to run this month in your student council/government? Think about incorporating some of these suggestions into your calendar.

CITIZENSHIP

Last Meeting

Begin with an agenda and consider adding these items::

- *Consider farewell speeches for the Seniors.*
- *Provide an opportunity for Seniors to say goodbyes.*

- *Plan your summer meetings*
- *Reflect on the past year. Were the goals you set at the start of the year achieved?*
- *Discuss committees, should they be changed? reorganized?*

RECOGNITION

Teacher Appreciation Week

Teacher Appreciation Week is May 2-6. It's fun to tell them how thankful we are for all that they do. Surprise them by leaving baskets on each of their desks. Things to include:: candy, mints, life savers, tissues, and punny inspirational messages!

INSPIRATION

Student Leadership Awards

With the year ending it is time to think about awards for your student leaders. Rookie of the Year, Outstanding Senior, etc.

SERVICE

Town Wide Cleanup

May is a great time to cleanup your local green space or your schools campus. Look to involve the local Town Parks and Recreation department.

ENGAGEMENT

Grim Reaper Day

This program was developed by SADD. Every 33 minutes, a gong will sound over the PA system and the grim reaper will enter a classroom and pull a selected student from the class. Each victim's face will be painted white and have one teardrop outlined on his/her face. The victims

will be "dead" for the rest of the day and cannot speak to anyone.

SPIRIT

Sidewalk Chalk

Use chalk on the sidewalks of all entryways of your school to say goodbye and good luck to the seniors. If possible write it in areas that the seniors will walk on while heading to graduation.

Sunset/End of School Activities

Does your council have any end of school activities for the student body? If not consider these::

- Decorate the school on the last day of school with banners and streamers in your school colors.
- Put cutouts on the lockers of the seniors for their post high school plans (college logo, military branch, or if undecided put a diploma.).
- Leave treats for teachers in their mailboxes.
- Have your student council members and the school band outside to Say goodbye to the busses on the last day of school.
- Holding "Minute To Win It" competitions during lunch waves.
- A pre exam pep rally.

CT RISES:: Ideas for June

Remember to be focusing on your **CT**(citizenship), **R**(recognition), **I**(inspiration), **S**(service), **E**(engagement), **S**(spirit). Looking for a new project to run this month in your student council/government? Think about incorporating some of these suggestions into your calendar.

Summer Meetings

Hold a meeting in August with your Executives or Leadership team to write goals for the coming year. Be sure that the goals and values are shared by the entire group. Goals should be SMART, and consider using CT RISES when it comes to planning your projects to support the goals.

- Some SCGs choose to select a quote that they will use for the year as motivation. If you choose

a quote be sure to display it in your meeting room, social media, and SWAG.

- Use this opportunity to plan any first day of school activities to welcome back the students, faculty and staff.
- You will also want to plan out your year-long activity calendar.
- Some other activities you may want to consider:: Letters to the future, thank-you notes, Achievement Performances, Vision boards.

***We are always looking for new and exciting projects or events to highlight, if your council has a project that you would like to see highlighted in a newsletter please submit it [here](#).*

Tips and Tools

The Indispensable Tiger

With all the beautiful weather we have been having I've spent a lot of time lately in my office cleaning. While digging through some materials I came across this story recently and wanted to share. Each one of us has, at some point, come across this situation in our lives; and with the year quickly ending it is worth a read.

-A powerful old tiger, the leader of the pack, was preparing to go on a hunt. Gathering the other tigers about him, he said, "We must go out in the plains and hunt, for the winter is coming. You young fellows come with me; perhaps you will learn a thing or two."

The young tigers were pleased to hear this, for the old fellow had hitherto shown no interest in tiger development. He usually left them behind when he went hunting and they were tired of doing nothing but keeping order among the cubs and performing other routine tasks.

The first day out, the old tiger spotted a herd of elephants. "Here's your chance, Bernard," he said to one of the younger tigers. "Look at it as a challenge." But Bernard had no idea how to go about hunting. With a roar he rushed at the elephants who just ran off in all directions. "It looks as though I'll have to do the job myself," said the leader philosophically. And so he did.

The next day, the tigers came upon a herd of water buffalo. "Suppose you take over now, Jerome," said

the old tiger. Jerome, reluctant to ask silly questions but determined to do his best, crept up on the grazing buffalo. He leaped straight at the largest of them, but the big buffalo tossed him to the ground and Jerome was lucky to escape in one piece. Mortified, he crept back to the group. "No, no, no, NO!" said the old tiger. "What's happening around here? Where is the performance I'm looking for?" "But you never taught us how to do it!" cried one of the young tigers. The old tiger was in no mood to listen. "The rest of you stay where you are," he growled, "and I will do the job myself." And so he did.

"I can see," said the old tiger as the others gathered admiringly about him, "that none of you is yet ready to take my place." He sighed, "much as I hate to say it, I seem to be indispensable."

Time brought little change. The old tiger sometimes took the younger ones along with him on hunts, and occasionally he let one of them try to make a kill. But having received no instruction, they were unequal to the task. And the old tiger still made no effort to teach the others his tricks! He had forgotten that he himself was a product of tiger-to-tiger coaching.

One day, when he had grown quite old, the tiger met a friend, a wise lion he had known for years. Before long, the tiger was launched on his favorite topic of conversation: the lack of initiative in the younger generation.

"Would you believe it?" he asked the lion. "Here I am getting a bit long in the tooth, and I still have to do all the hunting for my pack. There seems to be no one of my stripe around." "That's odd," said the lion. "I find the younger lions in my pride take well to instruction. Some of them are carrying a good bit of responsibility. In fact," he continued, "I'm thinking about retiring completely next year and letting the younger fellows take over."

"I envy you," said the tiger. "I'd take things easier and relax myself, if only I had a little leadership material around me!"

The old tiger sighed and shook his head. "You can't imagine," he said, "what a burden it is to be indispensable!!"

CASC Calendar

MAY

May 22 - CASC "Adventures in Leadership," (HS/MS)

Ropes course designed to allow your newly elected leaders an opportunity to come together and begin to work as a team, while meeting leaders from across the state. [Register HERE!](#)

JUNE

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JULY

July 28-31:: NFHS National Student Leadership Summit, Indianapolis, Indiana.

The 2023 NSLS will focus on relevant and contemporary issues facing high school students who are participating in interscholastic athletics and activities.

AUGUST

August 10 - National Connecticut Day

SEPTEMBER

September 17:: President's Symposium, Virtual (HS/MS)

The President's Symposium serves as a launchpad for upcoming CASC activities and opportunities. This year's Symposium will be a free virtual event and open to advisors and all student council/ government leadership team members.

OCTOBER

October 18:: Mock Legislative Session Day (HS)

Mock Legislative Session Day is an opportunity for student council/government members from across Connecticut to work with the Connecticut General Assembly staff and legislators to learn how a bill becomes a law. Students will

experience the committee and public hearing process, bill analysis, fiscal analysis, and the process of putting a bills intentions into legal language, in preparation for Mock Session where students will debate their mock legislation on the House Floor.

This is an incredible educational experience giving student council/government members the opportunity to gain a better understanding of the legislative process in a hands-on way.

NOVEMBER

November 10-12:: NatStuCo LEAD Conference, Washington D.C.(HS)

Leadership, Experience, And Development for students and advisers—that's what LEAD conferences are all about.

The premier national conference for student leaders and the educators who support them, LEAD is a program of the National Association of Secondary School Principals (NASSP).

November TBD:: CASC District Conference, Virtual (HS/MS)

Each of Connecticut's 4 districts holds its own conference that will allow for local students and advisors to connect, build relationships and share ideas. More details to follow.

DECEMBER

December TBD:: NA4SA (NAWD) Annual National Conference on Student Activities (HS/MS)

Check www.nawd.com for more details as we get closer to this event.

JANUARY

January 25-28:: NatStuCo LEAD Conference, Washington D.C.(HS)

Leadership, Experience, And Development for students and advisers—that's what LEAD conferences are all about.

The premier national conference for student leaders and the educators who support them, LEAD is a program of the National Association of Secondary School Principals (NASSP).

FEBRUARY

February TBD:: NatStuCo Council of Excellence application award deadline. (HS/MS)

February 15:: CASC Student Executive Board applications due. CASC Award applications due. (HS/MS)

Council of Excellence, Top Ten Project, Dale Hawley Award, The Ron Nedovich Advisor of the Year Award.

MARCH

March TBD:: CASC Convention (HS/MS)

This year being hosted by Woodland Regional High School in Beacon Falls. More details to follow as we get closer.

APRIL

April 17:: CASC's 72nd Birthday

MAY

May TBD - CASC "Adventures in Leadership," (HS/MS)

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