WOMEN IN LEADERSHIP

EMPOWER | CONNECT | LEAD

An interactive experience that sharpens communication, self-management and networking skills critical in rising through the ranks of leadership to positions of influence.

Presented by CAS CIAC

AUDIENCE
Administrators, Teachers, Athletic Directors, Coaches & Student Leaders

SOLD OUT

MOLLY QERIM

Molly Qerim is an **Emmy Award-winning journalist, TV host, philanthropist, and entrepreneur.** With a career spanning nearly two decades at top sports networks including ESPN, CBS Sports, and NFL Network, she has become a prominent face in media, widely respected for her sharp insight and engaging on-air presence. Known for her thoughtful and dynamic interviewing style, Qerim has a unique ability to connect with guests and audiences alike.

Beyond broadcasting, Qerim is a passionate advocate for women's health and education. She actively supports numerous philanthropic initiatives, including raising awareness for endometriosis, empowering youth through the Boys & Girls Clubs of America, and partnering with the International Justice Mission to combat human trafficking. Through her work both on and off the screen, Qerim continues to use her platform to drive meaningful change and inspire others.

DR. KARISSA NIEHOFF

Dr. Karissa Niehoff has worked in public education and education-based athletics since 1989, serving as a teacher, coach, athletic director, principal, and state association executive director before becoming the **first female CEO of the National Federation of State High School Associations (NFHS)** in August 2018. Prior to joining the NFHS, she spent eight years with the Connecticut Association of Schools-Connecticut Interscholastic Athletic Conference (CAS-CIAC), as the executive director.

Niehoff began her career as a physical education teacher and coach in Connecticut, leading teams to multiple conference titles and a state championship in field hockey. Her leadership journey continued as assistant principal and later principal at Har-Bur Middle School and Lewis Mills High School. Nationally, she has served on the NFHS Board of Directors (including as president-elect), chaired the NFHS Field Hockey Rules Committee, and contributed to the U.S. Olympic Committee's Education Committee. Her extensive work also includes serving on the U.S. Field Hockey Association Board of Ethics and representing the U.S. at International Olympic Academies in Greece and Canada.

DR. LAUREN YOUNG

Lauren Young has spent her career at the messy, beautiful intersection of education, athletics, and leadership. She's been a history teacher, coach, principal, curriculum director, and now serves as the **Executive Director of Athletics and Activities at the Vermont Principals' Association**, a role that gives her a front-row seat (and a megaphone) to reimagine what leadership can look like. Known for being "raw in the best way," Lauren cuts through leadership jargon with honesty that's compassionate, relatable, and often exactly what people didn't realize they needed to hear. She's not afraid to disrupt outdated norms, like questioning why girls are still wearing white shorts in 2025, and she's equally unafraid to ask leaders to do the harder, more human work of building belonging.

Lauren is the founder of The GRL Initiative, a platform empowering Gen Z and Gen Alpha female student-athletes, and the creator of Vermont Third Space, a statewide movement to make athletics a place where every kid feels like they belong. Her forthcoming book blends research, personal storytelling, and just the right amount of side-eye at leadership clichés. She's never forgotten what it feels like to be a middle school girl trying to find herself, and that memory fuels everything she builds. Off the field, she's a competitive pickleball player, slow runner, mom of two, and wrangler of three dogs. She believes leadership isn't a job title or a career move. *Leadership is a lifestyle.*

NOV. 21, 2025

TPC RIVER HIGHLANDS

CROMWELL, CT

10AM - 1PM

(INCLUDES BREAKFAST)

REGISTER TODAY

$30/PER PERSON

OR $200/TABLE OF 8

https://casci.ac/12213