

**CIAC Boys Class L Championships - 3/17/2010
Meet Program - Finals**

Event 1 Men 200 Yard Medley Relay

State: 1:34.09 2006

L: 1:37.09 2007

Greenwich
Fairfield Prep

Lane	Team	Relay	Prelims	Finals	Place
Heat 1 C - Final					
2	Hartford Public		2:12.15	_____	_____
3	Masuk		2:03.42	_____	_____
4	Bulkeley		1:59.49	_____	_____
5	Windsor		2:00.00	_____	_____
6	Ledyard/Stonington		2:07.32	_____	_____
Heat 2 B - Final					
1	New Milford		1:57.15	_____	_____
2	Bunnell/Stratford		1:53.44	_____	_____
3	Newington		1:50.57	_____	_____
4	Naugatuck		1:47.77	_____	_____
5	Hall-West Hartford		1:48.78	_____	_____
6	Shelton		1:53.16	_____	_____
7	Fermi/Enfield/Somers		1:54.19	_____	_____
8	West Haven		1:58.47	_____	_____
Heat 3 A - Final					
1	Conard		1:44.29	_____	_____
2	Amity Regional		1:42.90	_____	_____
3	Pomperaug		1:41.63	_____	_____
4	E.O. Smith/Tolland		1:41.46	_____	_____
5	Newtown		1:41.54	_____	_____
6	Farmington		1:41.99	_____	_____
7	Cheshire		1:43.34	_____	_____
8	Simsbury		1:46.51	_____	_____

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Event 2 Men 200 Yard Freestyle

State: 1:38.04 2005

L: 1:40.06 2008

LAutoQual: 1:59.82

Andrew Trepp
 Matthew McLean

Greenwich
 Simsbury

Lane	Name	Year	School	Prelims	Finals	Place
Heat 1 C - Final						
1	Alexander Santos	SR	Windsor	1:57.24	_____	_____
2	Benjamin Saperstein	JR	Simsbury	1:54.94	_____	_____
3	Scott Martin	SO	New Milford	1:54.76	_____	_____
4	Daniel Mongillo	JR	Cheshire	1:53.80	_____	_____
5	Nicholas Cook	SR	Pomperaug	1:54.04	_____	_____
6	James Benson	SR	Bunnell/Stratford	1:54.79	_____	_____
7	Peter Broadbridge	JR	Cheshire	1:55.71	_____	_____
8	Andrew Davison	SO	Cheshire	1:57.28	_____	_____
Heat 2 B - Final						
1	Sam Guerra	FR	Amity Regional	1:52.85	_____	_____
2	Chris Uherek	JR	Farmington	1:52.56	_____	_____
3	Kyle Conrad	SR	Naugatuck	1:52.11	_____	_____
4	Nicholas Karadimas	SR	New Milford	1:51.24	_____	_____
5	Chris Branco	SO	Naugatuck	1:51.75	_____	_____
6	Austin McMahon	JR	Pomperaug	1:52.54	_____	_____
7	Brendan Smalec	SO	Cheshire	1:52.84	_____	_____
8	Gregory Sanzari	SR	Newington	1:53.49	_____	_____
Heat 3 A - Final						
1	Armando Paolino	SO	Pomperaug	1:49.94	_____	_____
2	Luke Fiore	SR	Newtown	1:48.54	_____	_____
3	Brandon Pimer	SR	West Haven	1:47.92	_____	_____
4	Christian Gronbeck	JR	Simsbury	1:43.34	_____	_____
5	Samuel Cagenello	JR	Conard	1:44.12	_____	_____
6	Jason Scotto	SR	Pomperaug	1:48.52	_____	_____
7	Domenick Errico	SR	Conard	1:49.40	_____	_____
8	Matthew Hellauer	SO	Shelton	1:50.22	_____	_____
Alternates						
1	Josef Sokolovsky	SR	E.O. Smith/Tolland	1:57.53	_____	_____
2	Joshua Lecker	SR	Amity Regional	1:57.54	_____	_____

CIAC Boys Class L Championships - 3/17/2010
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Event 3 Men 200 Yard IM

State: 1:48.93 2009

L: 1:51.67 2008

LAutoQual: 2:13.21

Andrew Grinalds
Travis McNamara

Fairfield Prep
Pomperaug

Lane	Name	Year	School	Prelims	Finals	Place
Heat 1 C - Final						
1	Andre Profitt	SO	Newington	2:19.07	_____	_____
2	William Thomas	SO	Conard	2:14.86	_____	_____
3	Nick Lafky	FR	Newtown	2:12.25	_____	_____
4	Michael LaDelfa	JR	New Milford	2:10.66	_____	_____
5	David Kallman	JR	Farmington	2:11.49	_____	_____
6	James Szabo	JR	Shelton	2:13.79	_____	_____
7	Luke Piscitelli	JR	Conard	2:16.49	_____	_____
8	Patrick McLaughlin	JR	Farmington	2:19.17	_____	_____
Heat 2 B - Final						
1	Conor Donnelly	JR	Newtown	2:10.13	_____	_____
2	John Swain	JR	Hall-West Hartford	2:08.13	_____	_____
3	Brad Mills	JR	Fermi/Enfield/Somers	2:07.87	_____	_____
4	Kevin Kett	JR	Pomperaug	2:07.43	_____	_____
5	Eric Frohman	SR	Amity Regional	2:07.73	_____	_____
6	Duo Gong	SR	Conard	2:07.88	_____	_____
7	Deric Zhang	JR	E.O. Smith/Tolland	2:09.85	_____	_____
8	Robert Rosner	SO	Amity Regional	2:10.66	_____	_____
Heat 3 A - Final						
1	Kyle Lemere	SO	Amity Regional	2:04.47	_____	_____
2	Matthew McDonald	SR	Pomperaug	2:03.55	_____	_____
3	Benjamin Dwyer	SR	Pomperaug	2:02.72	_____	_____
4	Jared Hyde	SR	E.O. Smith/Tolland	2:00.43	_____	_____
5	Eric Holden	SO	Amity Regional	2:01.13	_____	_____
6	Cameron Hessler	SR	Pomperaug	2:03.12	_____	_____
7	Gregory Han	FR	Cheshire	2:04.30	_____	_____
8	Ray Chen	SO	Cheshire	2:05.68	_____	_____
Alternates						
1	Kyle Koziol	FR	Farmington	2:22.57	_____	_____
2	Richard Horigan	JR	Hall-West Hartford	2:22.63	_____	_____

**CIAC Boys Class L Championships - 3/17/2010
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Event 4 Men 50 Yard Freestyle

State: 20.47 2005
L: 21.14 2007
LAutoQual: 23.95

Jeffrey Sudbury
Richard Ulatowski

Wilton
Notre Dame-WH

Lane	Name	Year	School	Prelims	Finals	Place
Heat 1 C - Final						
1	Kyle O'Connor	SR	Newtown	23.95	_____	_____
2	Chris Woodington	JR	Amity Regional	23.71	_____	_____
3	James Vaz	JR	Naugatuck	23.66	_____	_____
4	Jimmy Foote	SR	Farmington	23.17	_____	_____
5	Miguel Rodriguez Lapman	SR	Cheshire	23.58	_____	_____
6	Kevin Carlson	SR	Conard	23.67	_____	_____
7	Tyler Gangell	FR	New Milford	23.73	_____	_____
8	Michael Hubbard	JR	Newtown	24.11	_____	_____
Heat 2 B - Final						
1	Gregory Youngstrom	SO	Conard	23.00	_____	_____
2	Dalton Fennell	SR	Naugatuck	22.83	_____	_____
3	Matt Hans	JR	Farmington	22.69	_____	_____
4	Abben Hung	JR	Newtown	22.65	_____	_____
5	Ethan Medling	SR	Cheshire	22.68	_____	_____
6	Kenneth Eilers	SR	Simsbury	22.70	_____	_____
7	Tim Dyson	SR	Farmington	23.00	_____	_____
8	Max Fey	SR	Farmington	23.02	_____	_____
Heat 3 A - Final						
1	Eric Douglas	SR	Pomperaug	22.54	_____	_____
2	Mitchell Cook	SR	E.O. Smith/Tolland	22.47	_____	_____
3	Daniel Hufziger	JR	Newtown	22.15	_____	_____
4	Connor McTaggart	SR	Pomperaug	22.13	_____	_____
5	Tyler Hessler	SR	Pomperaug	22.14	_____	_____
6	Alexander Bieber	JR	New Milford	22.45	_____	_____
7	Trevor Heller	SR	Naugatuck	22.54	_____	_____
8	Philip Brophy	JR	Pomperaug	22.62	_____	_____
Alternates						
1	Shea Middleton	SO	Amity Regional	24.17	_____	_____
2	Max Simons	JR	Fermi/Enfield/Somers	24.20	_____	_____

**CIAC Boys Class L Championships - 3/17/2010
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Event 6 Men 100 Yard Butterfly
State: 49.75 2005
L: 50.37 2008
LAutoQual: 58.43

Daniel Madwed
Matthew McLean

Westhill
Simsbury

Lane	Name	Year	School	Prelims	Finals	Place
Heat 1 C - Final						
1	Cole Chavez	FR	Shelton	1:02.62	_____	_____
2	Robert Schwartz	SO	Amity Regional	1:01.45	_____	_____
3	Jack Sun	SR	Amity Regional	1:00.80	_____	_____
4	Erin Williams	SO	Cheshire	1:00.30	_____	_____
5	William Thomas	SO	Conard	1:00.42	_____	_____
6	Max Simons	JR	Ferri/Enfield/Somers	1:01.24	_____	_____
7	Richard Mitchell	JR	Naugatuck	1:02.22	_____	_____
8	Anthony Russo	SR	Bunnell/Stratford	1:02.77	_____	_____
Heat 2 B - Final						
1	George Delia	JR	Newtown	59.58	_____	_____
2	Kyle O'Connor	SR	Newtown	58.76	_____	_____
3	Alex Watterson	SR	Farmington	58.50	_____	_____
4	Thomas Warren	SR	Naugatuck	58.06	_____	_____
5	Ryan Reilly	SO	Bunnell/Stratford	58.44	_____	_____
6	Christopher Radlicz	JR	Pomperaug	58.56	_____	_____
7	Nate Lawlor	SR	Farmington	58.84	_____	_____
8	Shea Middleton	SO	Amity Regional	59.83	_____	_____
Heat 3 A - Final						
1	Matthew Iassogna	SR	Newtown	56.64	_____	_____
2	Michael Piro	JR	Pomperaug	55.65	_____	_____
3	Armando Paolino	SO	Pomperaug	54.83	_____	_____
4	Conor Lui	SR	Masuk	53.41	_____	_____
5	Eric Douglas	SR	Pomperaug	53.74	_____	_____
6	Trevor Heller	SR	Naugatuck	55.21	_____	_____
7	Mitchell Cook	SR	E.O. Smith/Tolland	55.66	_____	_____
8	Justin Voghel	JR	Simsbury	56.78	_____	_____
Alternates						
1	Dan Watterson	FR	Farmington	1:03.05	_____	_____
2	Kevin McMullen	JR	Naugatuck	1:04.02	_____	_____

**CIAC Boys Class L Championships - 3/17/2010
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Event 7 Men 100 Yard Freestyle

State: 44.77 2009

L: 45.80 2004

LAutoQual: 52.47

**Andrew Grinalds
Zachary Czaplicki**

**Wilton
Notre Dame-WH**

Lane	Name	Year	School	Prelims	Finals	Place
Heat 1 C - Final						
1	William Wright	SO	Naugatuck	53.08	_____	_____
2	Chris Woodington	JR	Amity Regional	52.79	_____	_____
3	Miguel Rodriguez Lapman	SR	Cheshire	52.13	_____	_____
4	James Benson	SR	Bunnell/Stratford	51.90	_____	_____
5	Kevin Carlson	SR	Conard	51.97	_____	_____
6	Peter Broadbridge	JR	Cheshire	52.53	_____	_____
7	Kevin Mathieu	FR	Farmington	52.86	_____	_____
8	Michael Westcott	JR	Farmington	53.53	_____	_____
Heat 2 B - Final						
1	Gregory Youngstrom	SO	Conard	51.73	_____	_____
2	Nathan Zabarsky	FR	Pomperaug	50.31	_____	_____
3	Brandon Pimer	SR	West Haven	49.68	_____	_____
4	Daniel Hufziger	JR	Newtown	49.50	_____	_____
5	Nicholas Karadimas	SR	New Milford	49.52	_____	_____
6	Philip Brophy	JR	Pomperaug	49.84	_____	_____
7	Chris Uherek	JR	Farmington	51.14	_____	_____
8	James Vaz	JR	Naugatuck	51.84	_____	_____
Heat 3 A - Final						
1	Ethan Medling	SR	Cheshire	49.36	_____	_____
2	Tyler Hessler	SR	Pomperaug	48.61	_____	_____
3	Samuel Cagenello	JR	Conard	48.17	_____	_____
4	Jared Hyde	SR	E.O. Smith/Tolland	47.95	_____	_____
5	Connor McTaggart	SR	Pomperaug	47.99	_____	_____
6	Luke Fiore	SR	Newtown	48.58	_____	_____
7	Alexander Bieber	JR	New Milford	48.87	_____	_____
8	Kyle Conrad	SR	Naugatuck	49.43	_____	_____
Alternates						
1	Justin Lanan	SR	Windsor	53.68	_____	_____
2	Justin Borawski	SR	Windsor	53.68	_____	_____

CIAC Boys Class L Championships - 3/17/2010
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Event 8 Men 500 Yard Freestyle

State: 4:29.21 2005

L: 4:29.74 2008

LAutoQual: 5:15.51

Andrew Trepp
Travis McNamara

Greenwich
Pomperaug

Lane	Name	Year	School	Prelims	Finals	Place
Heat 1 C - Final						
1	Matthew Peluso	FR	Ledyard/Stonington	5:30.97	_____	_____
2	Jackson Getchell	SR	Cheshire	5:26.96	_____	_____
3	Alexander Santos	SR	Windsor	5:26.75	_____	_____
4	Jack Dolan	SO	Pomperaug	5:25.44	_____	_____
5	Brett Galus	FR	Pomperaug	5:25.93	_____	_____
6	Jason Hipona	SO	Amity Regional	5:26.84	_____	_____
7	Damion Parzych	FR	Farmington	5:26.97	_____	_____
8	Luke Piscitelli	JR	Conard	5:34.09	_____	_____
Heat 2 B - Final						
1	Joshua Lecker	SR	Amity Regional	5:20.75	_____	_____
2	Scott Martin	SO	New Milford	5:16.87	_____	_____
3	Gregory Sanzari	SR	Newington	5:11.70	_____	_____
4	Brendan Smalec	SO	Cheshire	4:59.77	_____	_____
5	Sam Guerra	FR	Amity Regional	5:06.89	_____	_____
6	George Delia	JR	Newtown	5:14.89	_____	_____
7	Andrew Davison	SO	Cheshire	5:18.78	_____	_____
8	Andre Profitt	SO	Newington	5:20.90	_____	_____
Heat 3 A - Final						
1	Michael LaDelfa	JR	New Milford	4:59.22	_____	_____
2	Jason Scotto	SR	Pomperaug	4:58.55	_____	_____
3	Daniel Mongillo	JR	Cheshire	4:55.40	_____	_____
4	Christian Gronbeck	JR	Simsbury	4:41.24	_____	_____
5	Matthew Hellauer	SO	Shelton	4:51.98	_____	_____
6	Matthew McDonald	SR	Pomperaug	4:57.54	_____	_____
7	Chris Branco	SO	Naugatuck	4:58.61	_____	_____
8	Conor Donnelly	JR	Newtown	4:59.40	_____	_____
Alternates						
1	Sean Fahey	SO	Newtown	5:37.70	_____	_____
2	Tom Mascher	SR	Newtown	5:39.94	_____	_____

CIAC Boys Class L Championships - 3/17/2010
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Event 9 Men 200 Yard Freestyle Relay

State: 1:24.88 2009

L: 1:25.74 2004

Pomperaug

Notre Dame-WH

Lane	Team	Relay	Prelims	Finals	Place
Heat 1 C - Final					
2	Ledyard/Stonington		1:55.17	_____	_____
3	Fermi/Enfield/Somers		1:46.71	_____	_____
4	Bulkeley		1:46.30	_____	_____
5	Masuk		1:46.55	_____	_____
6	Hartford Public		1:50.81	_____	_____
Heat 2 B - Final					
1	Newington		1:45.38	_____	_____
2	Hall-West Hartford		1:38.91	_____	_____
3	Simsbury		1:38.25	_____	_____
4	Amity Regional		1:35.09	_____	_____
5	West Haven		1:37.41	_____	_____
6	Windsor		1:38.33	_____	_____
7	Bunnell/Stratford		1:38.92	_____	_____
8	Shelton		1:45.97	_____	_____
Heat 3 A - Final					
1	Conard		1:31.70	_____	_____
2	New Milford		1:31.10	_____	_____
3	E.O. Smith/Tolland		1:30.56	_____	_____
4	Newtown		1:29.33	_____	_____
5	Naugatuck		1:29.71	_____	_____
6	Farmington		1:30.65	_____	_____
7	Pomperaug		1:31.42	_____	_____
8	Cheshire		1:33.73	_____	_____

**CIAC Boys Class L Championships - 3/17/2010
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Event 10 Men 100 Yard Backstroke

State: 51.19 2001

L: 52.72 2003

LAutoQual: 1:00.94

Danny Diette

Chris Berich

Darien

Branford

Lane	Name	Year	School	Prelims	Finals	Place
Heat 1 C - Final						
1	Alex Grosso	JR	Naugatuck	1:03.62	_____	_____
2	Bryan Smith	SO	Newington	1:03.29	_____	_____
3	Jessica Soja	SR	Simsbury	1:02.98	_____	_____
4	Timothy Maloney	FR	Shelton	1:02.13	_____	_____
5	Christopher Warren	FR	Conard	1:02.90	_____	_____
6	Matthew Iassogna	SR	Newtown	1:03.21	_____	_____
7	Jamie Huang	FR	Amity Regional	1:03.39	_____	_____
8	Kyle Koziol	FR	Farmington	1:03.87	_____	_____
Heat 2 B - Final						
1	Erin Williams	SO	Cheshire	1:00.73	_____	_____
2	William Wright	SO	Naugatuck	1:00.16	_____	_____
3	Robert Rosner	SO	Amity Regional	58.91	_____	_____
4	Michael Piro	JR	Pomperaug	57.55	_____	_____
5	Deric Zhang	JR	E.O. Smith/Tolland	58.22	_____	_____
6	Nicholas Cook	SR	Pomperaug	59.43	_____	_____
7	Christian Kean	FR	Pomperaug	1:00.42	_____	_____
8	Antonio Malangone	SO	Amity Regional	1:01.15	_____	_____
Heat 3 A - Final						
1	Benjamin Saperstein	JR	Simsbury	56.94	_____	_____
2	Max Fey	SR	Farmington	56.21	_____	_____
3	Cameron Hessler	SR	Pomperaug	55.16	_____	_____
4	Domenick Errico	SR	Conard	54.31	_____	_____
5	Conor Lui	SR	Masuk	55.06	_____	_____
6	Duo Gong	SR	Conard	56.12	_____	_____
7	Eric Frohman	SR	Amity Regional	56.81	_____	_____
8	Ray Chen	SO	Cheshire	56.96	_____	_____
Alternates						
1	Richard Horigan	JR	Hall-West Hartford	1:03.97	_____	_____
2	Patrick McLaughlin	JR	Farmington	1:04.22	_____	_____

CIAC Boys Class L Championships - 3/17/2010
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Event 11 Men 100 Yard Breaststroke

State: 56.08 2009

L: 58.08 1996

LAutoQual: 1:08.97

Christian Higgins
 Jared Proto

New Canaan
 Cheshire

Lane	Name	Year	School	Prelims	Finals	Place
Heat 1 C - Final						
1	Conor Meyers	JR	Newington	1:07.47	_____	_____
2	Justin Go	SO	Cheshire	1:06.99	_____	_____
3	Thomas Casper	FR	Conard	1:06.77	_____	_____
4	Nick Lafky	FR	Newtown	1:06.06	_____	_____
5	David Kallman	JR	Farmington	1:06.66	_____	_____
6	Robert Schwartz	SO	Amity Regional	1:06.87	_____	_____
7	James Szabo	JR	Shelton	1:07.05	_____	_____
8	Jack Sun	SR	Amity Regional	1:07.91	_____	_____
Heat 2 B - Final						
1	Christopher DeMorais	SR	Conard	1:04.90	_____	_____
2	Michael Hubbard	JR	Newtown	1:04.43	_____	_____
3	Alex Watterson	SR	Farmington	1:04.28	_____	_____
4	Brad Mills	JR	Fermi/Enfield/Somers	1:03.14	_____	_____
5	Kevin Kett	JR	Pomperaug	1:03.67	_____	_____
6	Trevor Ferraro	JR	Pomperaug	1:04.39	_____	_____
7	Alex Tomanelli	SO	E.O. Smith/Tolland	1:04.43	_____	_____
8	Ryan Reilly	SO	Bunnell/Stratford	1:05.09	_____	_____
Heat 3 A - Final						
1	Benjamin Dwyer	SR	Pomperaug	1:02.46	_____	_____
2	Kyle Lemere	SO	Amity Regional	1:02.09	_____	_____
3	Taylor Callahan	SR	Pomperaug	1:01.81	_____	_____
4	Eric Holden	SO	Amity Regional	59.15	_____	_____
5	Zachary Auclair	SR	E.O. Smith/Tolland	1:01.79	_____	_____
6	John Swain	JR	Hall-West Hartford	1:02.05	_____	_____
7	Gregory Han	FR	Cheshire	1:02.38	_____	_____
8	Abben Hung	JR	Newtown	1:03.00	_____	_____
Alternates						
1	Molly Gustafson	SR	Conard	1:08.15	_____	_____
2	Peter Knapik	JR	Farmington	1:08.43	_____	_____

**CIAC Boys Class L Championships - 3/17/2010
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Event 12 Men 400 Yard Freestyle Relay

State: 3:05.23 2004

L: 3:09.27 2004

Greenwich

Notre Dame-WH

Lane	Team	Relay	Prelims	Finals	Place
Heat 1 C - Final					
3	Hartford Public		4:18.41	_____	_____
4	Fermi/Enfield/Somers		3:52.34	_____	_____
5	Ledyard/Stonington		4:02.44	_____	_____
Heat 2 B - Final					
1	E.O. Smith/Tolland		3:46.14	_____	_____
2	West Haven		3:42.72	_____	_____
3	Shelton		3:41.07	_____	_____
4	Hall-West Hartford		3:35.97	_____	_____
5	Newington		3:40.48	_____	_____
6	Windsor		3:41.68	_____	_____
7	Bunnell/Stratford		3:45.62	_____	_____
8	Masuk		3:47.24	_____	_____
Heat 3 A - Final					
1	Newtown		3:30.90	_____	_____
2	Simsbury		3:27.76	_____	_____
3	Conard		3:21.58	_____	_____
4	Naugatuck		3:21.00	_____	_____
5	New Milford		3:21.17	_____	_____
6	Pomperaug		3:23.13	_____	_____
7	Amity Regional		3:28.96	_____	_____
8	Cheshire		3:31.48	_____	_____