

CIAC GIRLS CROSS COUNTRY

TEAM AND INDIVIDUAL STATE CHAMPIONS

<u>Year</u>	<u>Winning Team</u>	<u>Division</u>	<u>Individual Champion/School</u>	<u>Time</u>
1973	St. Bernard, Uncasville		Cindy Wadsworth, Farmington	9:28
1974	St. Bernard, Uncasville	L	Cindy Wadsworth, Farmington	8:33
	Granby Memorial	M	Mary McNutt, Avon	9:09
	Fitch Sr., Groton	Open	Cindy Wadsworth, Farmington	9:16
1975	Conard, West Hartford	L	Janet MacColl, Wilton	10:04
	St. Bernard, Uncasville	M	Cindy Wadsworth, Farmington	9:44
	Granby Memorial	S	Mary McNut, Avon	10:08
	St. Bernard, Uncasville	Open	Cindy Wadsworth, Farmington	9:43
1976	Conard, West Hartford	L	Karen Hungerford, Conard	14:15
	St. Bernard, Uncasville	M	Sue Hoagland, St. Bernard	13:41
	Canton	S	Jeremy Edmonds, Glastonbury	14:05
	St. Bernard, Uncasville	Open	Sue Hoagland, St. Bernard	11:19
1977	Norwich Free Academy	LL	Mary Jo Taube, Simsbury	20:37
	St. Bernard, Uncasville	L	Sue Hoagland, St. Bernard	20:12
	North Branford	M	Noreen Harrison, Morgan School	19:42
	East Hampton	S	Shelia Pekari, East Hampton	20:59
	St. Bernard, Uncasville	Open	Noreen Harrison, Morgan School	15:22
1978	Conard, West Hartford	LL	Jeremy Edmonds, Glastonbury	14:33
	St. Bernard, Uncasville	L	Sue Hoagland, St. Bernard	14:12
	Montville	M	Mary Cobb, N.W. Catholic	14:05
	Wamogo, Litchfield	S	Shelia Pekari, East Hampton	14:36
	St. Bernard, Uncasville	Open	Jeremy Edmonds, Glastonbury	14:53
1979	Greenwich	LL	Ceci Hopp, Greenwich	14:26
	St. Bernard, Uncasville	L	Mary Stoner, Waterford	14:57
	Montville	M	Christina Russell, E.O. Smith	14:43
	Litchfield	S	Shelia Pekari, East Hampton	14:55
	Greenwich	Open	Ceci Hopp, Greenwich	14:37
1980	Greenwich	LL	Ceci Hopp, Greenwich	13:58
	East Catholilc, Manchester	L	Linda Reddy, East Catholic	15:07
	Montville	M	Kim Hawkes, Montville	15:21
	Shepaug Valley, Washington	S	Paula Brunetto, Litchfield	15:10
	Conard, West Hartford	Open	Ceci Hopp, Greenwich	14:20
1981	Greenwich	LL	Janice Palonen, NFA	15:06
	East Catholic, Manchester	L	Wendy Smith, Wilton	14:55
	Montville	M	Kathy Olsen, Waterford	14:38
	Shepaug Valley, Washington	S	Paula Brunetto, Litchfield	15:19
	Montville	Open	Vanessa Thompson, St. Mary	15:07
1982	Greenwich	LL	Leslie Wrixon, Glastonbury	14:51
	East Catholic	L	Wendy Smith, Wilton	15:17
	Montville	M	Kathy Olsen, Waterford	14:37
	Shepaug Valley, Washington	S	Paula Brunetto, Litchfield	14:54
	Montville	Open	Leslie Wrixon, Glastonbury	15:59

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1983	East Catholic, Manchester	LL	Janice Palonen, Norwich Free Ac.	14:38
	St. Bernard, Uncasville	L	Carolyn Palloff, St. Bernard	15:19
	Montville	M	Vanessa Thompson, St. Mary's	
	Portland	S	Lara Kelly, St. Thomas Aquinas	15:32
	Montville	Open	Vanessa Thompson, St. Mary's	15:50
1984	Norwich Free Academy / South Windsor	LL	Margaret Barbour, Cheshire	14:22
	East Catholic, Manchester	L	Carolyn Palloff, St. Bernard	14:16
	Avon	M	Kathy Olsen, Waterford	13:48
	Portland	S	Lara Kelly, St. Thomas Aquinas	14:27
	Avon	Open	Kathy Olsen, Waterford	13:56
1985	Rockville, Vernon	LL	Danielle Benoit, Mercy	14:04
	East Catholic, Manchester	L	Ruth Filep, Roger Ludlowe	13:28
	Avon	M	Anne Cullaugh, Pomperaug	14:09
	Shepaug Valley, Washington	S	Kelly Morin, Litchfield	14:52
	Avon	Open	Ruth Filep, Roger Ludlowe	13:39
1986	Rockville, Vernon	LL	Danielle Benoit, Mercy	14:05
	St. Bernard, Uncasville	L	Meredith Gordon, Wm. Hall	14:36
	Darien	MM	Heather Waddington, Darien	14:40
	Bloomfield	M	Tracy Dowden, N.W. Catholic	14:59
	Haddam-Killingworth	SS	Amy Walsh, Granby Memorial	15:14
	Shepaug Valley, Washington	S	Leigh Minta, Lyman Memorial	15:10
	Darien	Open	Danielle Benoit, Mercy	14:22
1987	Ridgefield	LL	Carolyn Verdon, Rockville	14:51
	Wm. Hall, West Hartford	L	Margaret Barbour, Cheshire	14:22
	St. Bernard, Uncasville	MM	Cindy Davis, Darien	14:33
	Avon	M	Andrea Mulevoll, RHAM	15:13
	Northwest Catholic, West Hartford	SS	Heather Porch, N.W. Catholic	15:04
	Lyman Memorial, Lebanon	S	Kim Woth, Academy Holy Family	15:37
	St. Bernard, Uncasville	Open	Cindy Davis, Darien	14:44
1988	Rockville, Vernon	LL	Rebecca Jorgensen, Mercy	15:09
	Amity Reg., Woodbridge	L	Brenda O'Connell, Fitch Sr.	15:11
	St. Bernard, Uncasville	MM	Cindy Davis, Darien	14:10
	Pomperaug, Southbury	M	Becky Dahlberg, Montville	16:01
	Stamford Catholic	SS	Kim Borst, Housatonic Valley	15:10
	Lyman Memorial, Lebanon	S	Francis Spaulding, Griswold	15:34
	St. Bernard, Uncasville	Open	Cindy Davis, Darien	14:01
1989	Staples, Westport	LL	Cris Sansevero, East Hartford	14:59
	Amity Reg., Woodbridge	L	Brenda O'Connell, Fitch Sr.	14:36
	Bethel	MM	Yvonne Barnes, St. Bernard	15:07
	Pomperaug, Southbury	M	Elizabeth Mueller, Waterford	14:08
	Trinity Catholic, Stamford	SS	Heather Cummings, Trinity Catholic	15:04
	Lyman Memorial, Lebanon	S	Frances Spaulding, Griswold	14:47
	Bethel	Open	Beth Mueller, Waterford	14:00

CIAC Girls Cross Country -- Team and Individual Champions

<u>Year</u>	<u>Winning Team</u>	<u>Division</u>	<u>Individual Champion/School</u>	<u>Time</u>
1990	Mercy, Middletown	LL	Sharon Servidio, Brien McMahon	16:02
	Staples, Westport	L	Katie O'Toole, Ridgefield	15:25
	St. Bernard, Uncasville	MM	Erin St. John, Bethel	15:18
	E.O. Smith, Storrs	M	Liz Mueller, Waterford	14:19
	Stafford	SS	Frances Spaulding, Griswold	15:25
	Lyman Memorial, Lebanon	S	Shannon Tomlinson, Windham RVT	16:03
	Wilton	Open	Liz Mueller, Waterford	13:45
1991	Mercy, Middletown	LL	Liz Swift, Mercy	16:09
	Staples, Westport	L	Megan Boden, Staples	15:49
	Wilton	MM	Erin St. John, Bethel	15:51
	St. Bernard, Uncasville	M	Liz Mueller, Waterford	14:11
	Stafford	SS	Frances Spaulding, Griswold	15:42
	Trinity Catholic, Stamford	S	Tara Schettler, Litchfield	16:53
	Wilton	Open	Liz Mueller, Waterford	14:35
1992	Norwich Free Academy	LL	Stephanie Johnson, Norwich Free Ac.	15:57
	Newtown	L	Maureen McGovern, Newtown	16:29
	Bethel	MM	Erin St. John, Bethel	15:24
	E.O. Smith, Storrs	M	Liz Mueller, Waterford	14:02
	St. Bernard, Uncasville	SS	Jill DeFrancesca, St. Bernard	16:26
	Litchfield	S	Kara-Lynne Kerr, Litchfield	16:57
	Wilton	Open	Liz Mueller, Waterford	14:01
1993	Norwich Free Academy	LL	Jill Akus, Norwich Free Academy	15:55
	Mercy, Middletown	L	Liz Swift, Mercy	16:00
	Wilton	MM	Leslie Almeida, Wolcott	16:20
	RHAM, Hebron	M	Meredith Kalish, Darien	16:49
	Stafford	SS	Barbara LaFlamme, Stafford	16:46
	Litchfield	S	Mindy Morse, Shepaug	16:47
	Norwich Free Academy	Open	Jill Akus, Norwich Free Academy	16:17
1994	Manchester	LL	Alison Hanscom, East Hartford	15:34
	Cheshire	L	Amy Baxter, Cheshire	15:55
	Wilton	MM	Katie Lerz, Wolcott	16:10
	RHAM, Hebron	M	Nicole Denman, New Canaan	16:23
	Avon	SS	Emily Kane, Weston	16:11
	Litchfield	S	Kara Kerr, Litchfield	16:11
	Manchester	Open	Alison Hanscom, East Hartford	15:35
1995	Norwich Free Academy	LL	Jill Akus, Norwich Free Academy	16:08
	South Windsor	L	Maura Danahy, South Windsor	16:00
	E.O. Smith, Storrs	MM	Sarah Titus, Watertown	16:14
	New Canaan	M	Megan Coombs, Griswold	15:56
	Trinity Catholic, Stamford	SS	Emily Kane, Weston	16:52
	Litchfield	S	Kara Kerr, Litchfield	15:57
	Norwich Free Academy	Open	Jill Akus, Norwich Free Academy	15:51
1996	Manchester	LL	Jill Akus, Norwich Free Academy	16:00
	Cheshire	L	Abby Ames, E.O. Smith	16:13
	New Canaan	MM	Nicole Denman, New Canaan	16:25
	RHAM, Hebron	M	Suzy D'Angelo, Lewis Mills	16:03
	Gilbert School, Winsted	SS	Amy Griffin, N.W. Catholic	16:20
	Litchfield	S	Kelly O'Rourke, Old Lyme	17:14
	Manchester	Open	Jill Akus, Norwich Free Academy	15:35

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1997	Norwich Free Academy	LL	Meg Lerner, Manchester	16:29
	New Milford	L	Jessica Schenk, Fitch	15:59
	E.O. Smith, Storrs	MM	Abby Ames, E.O. Smith	16:16
	RHAM, Hebron	M	Megan Coombs, Griswold	16:04
	Stafford	SS	Suzy D'Angelo, Lewis Mills	15:53
	Immaculate, Danbury	S	Aline Speechaert, Trinity Catholic	17:11
	E.O. Smith, Storrs	Open	Jessica Schenk, Fitch	15:15
1998	Fairfield	LL	Amy Pleckaitis, Amity, Woodbridge	15:38
	Fitch, Groton	L	Jessica Schenk, Fitch	15:18
	Staples, Westport	MM	Frances Russell, E.O. Smith, Storrs	16:08
	Joel Barlow, Redding	M	Suzy D'Angelo, Lewis Mills	15:54
	Coginchaug Reg., Durham	SS	Megan Coombs, Griswold	15:42
	St. Bernard, Uncasville	S	Sarah Hackett, St. Bernard	16:47
	Fairfield	Open	Jessica Schenk, Fitch	15:13
1999	Trumbull	LL	Chelsea Lenge, Conard	15:13
	Fitch, Groton	L	Jessica Schenk, Fitch	15:24
	E.O. Smith, Storrs	MM	Lisa Stublic, Crosby	15:20
	Joel Barlow, Redding	M	Ashley St. Pierre, Joel Barlow	16:06
	Coginchaug Reg., Durham	SS	Kristina Depeau, Stafford	16:35
	Wheeler, No. Stonington	S	Laura Friedrich, Windham RVT	16:34
	Fitch, Groton	Open	Jessica Schenk, Fitch	15:08
2000	Norwich Free Academy	LL	Whitney Dunbar, Danbury	16:44
	Fitch, Groton	L	Chelsea Lenge, Conard	15:08
	E.O. Smith, Storrs	MM	Meghan Owen, Killingly	15:13
	Joel Barlow, Redding	M	Melanie Schorr, Suffield	15:47
	Coginchaug Reg., Durham	SS	Abbey Sadowski, Griswold	16:40
	Wheeler, No. Stonington	S	Nicolette Pavovics, Wheeler	17:10
	Fitch, Groton	Open	Meghan Owen, Killingly	15:04
2001	Danbury	LL	Mariah Underhill, Fairfield	16:18
	Fitch, Groton	L	Betsy Boucher, Fitch	16:03
	New Canaan	MM	Meghan Owen, Killingly	14:49
	Nonnewaug, Woodbury	M	Heather Burns, Nonnewaug	15:21
	Coginchaug Reg., Durham	SS	Allison Cloutier, East Hampton	16:36
	Litchfield	S	Erin Landon, Parish Hill	17:04
	Fitch, Groton	Open	Meghan Owen, Killingly	14:50
2002	Danbury	LL	Ceara Danaher, Wm. Hall, W. Htfd.	16:24
	Fitch, Groton	L	Jillian Sullivan, Bristol Central	15:58
	Wilton	MM	Meghan Owen, Killingly	15:39
	Nonnewaug, Woodbury	M	Heather Burns, Nonnewaug	16:23
	Griswold	SS	Abbey Sadowski, Griswold	16:25
	Litchfield	S	Gillian Rissler, St. Bernard	17:02
	Guilford	Open	Meghan Owen, Killingly	15:12
2003	Fairfield	LL	Ceara Danaher, Wm. Hall, W. Htfd	15:50
	Ridgefield	L	Betsy Boucher, Fitch, Groton	15:38
	East Lyme	MM	Amie Schumacher, Holy Cross, Wtby	15:00
	Joel Barlow, Redding	M	Heather Burns, Nonnewaug, Woodbury	16:12
	Lyman Memorial, Lebanon	SS	Alissa vonSchmidt, N.W. Reg., Winsted	16:13
	Portland	S	Christina Wells, Shepaug Valley	15:52
	Ridgefield	Open	Amie Schumacher, Holy Cross	15:15

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2004	Glastonbury	LL	Kristin Mitchell, Glastonbury	15:32
	Ridgefield	L	Caitlin Cunningham, Simsbury	15:32
	Guilford	MM	Katherine Bossardet, Ledyard	16:05
	Griswold	M	Amie Schumacher, Holy Cross, Wtby	15:59
	Lyman Memorial, Lebanon	SS	Kelly Sorrell, Lyman Memorial	15:28
	St. Bernard, Uncasville	S	Christina Wells, Shepaug Valley	15:57
	Ridgefield	Open	Amie Schumacher, Holy Cross	
2005	Glastonbury	LL	Kristen Mitchell, Glastonbury	15:32
	Simsbury	L	Emma Perron, Conard, W. Hartford	15:20
	Guilford	MM	Kerri Lyons, Wilton	15:28
	Darien	M	Amie Schmacher, Holy Cross	15:49
	Lyman Memorial, Lebanon	SS	Kelly Sorrell, Lyman Memorial	15:20
	St. Bernard, Uncasville	S	Christina Wells, Shepaug Valley	16:09
	Ridgefield	Open	Kelly Sorrell, Lyman Memorial	15:13
2006	Glastonbury	LL	Jamie Olson, Glastonbury	16:10
	Conard, W. Hartford	L	Emma Perron, Conard, W. Hartford	16:17
	Guilford	MM	Erica Hines, Enrico Fermi, Enfield	16:37
	Griswold	M	Katie Matthews, Rocky Hill	17:06
	Lyman Memorial, Lebanon	SS	Kelly Sorrell, Lyman Memorial	16:44
	Portland	S	Christina Wells, Shepaug Valley	16:35
	Lyman Memorial, Lebanon	Open	Jamie Olson, Glastonbury	15:46
2007	Glastonbury	LL	Heather Stephens, Ridgefield	16:04
	Simsbury	L	Kelly Flannigan, Middletown	16:47
	Guilford	MM	Erica Hines, Enrico Fermi, Enfield	16:11
	RHAM, Hebron	M	Stephanie Eldridge, RHAM	16:43
	Griswold	SS	Katie Matthews, Rocky Hill	16:05
	Portland	S	Moira Kenny, Immaculate	16:25
	Glastonbury	Open	Heather Stephens, Ridgefield	15:28
2008	Glastonbury	LL	Kristin Malloy, Glastonbury	18:34
	E.O. Smith, Storrs	L	Rosa Moriello, Naugatuck	19:14
	Guilford	MM	Caroline McDonough, Darien	19:02
	New Fairfield	M	Jackie Nicholas, Nonnewaug	19:41
	East Hampton	SS	Kellie Walker, No. Branford	20:12
	Portland	S	Moira Kenny, Immaculate	18:44
	Glastonbury	Open	Moira Kenny, Immaculate	18:45
2009	Norwich Free Academy	LL	Lindsay Crevoiserat, Glastonbury	19:10
	Wilton	L	Lauren Sara, Bunnell	19:04
	Guilford	MM	Claire Smith, Avon	20:04
	New Fairfield	M	Jackie Nicholas, Nonnewaug	19:07
	Granby Memorial	SS	Desiree Piette, Granby	20:04
	Old Lyme	S	Jennifer Ross, Old Lyme	20:01
	Guilford	Open	Jackie Nicholas, Nonnewaug	18:22
2010	Glastonbury	LL	Lindsey Crevoiserat - Glastonbury	18:22
	Pomperaug, Southbury	L	Caroline Edison, Fairfield Warde	19:04
	Guilford	MM	Sarah Cotton, Daniel Hand, Madison	19:22
	Ellington	M	Jackie Nicholas, Nonnewaug	18:31
	Griswold	SS	Allison Gates, Valley Reg., Deep River	19:47
	Thomaston	S	Sabrina Olsen, Thomaston	19:31
	Glastonbury	Open	Jackie Nicholas, Nonnewaug	18:12

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2011	Ridgefield	LL	Reid Watson, Glastonbury	19:03
	Wilton	L	Brittany Mendelson, Pomperaug	19:34
	Guilford	MM	Rachel Roscow, Avon	19:31
	Tolland	M	Annmarie Tuxbury, N.W. Reg., Winsted	19:04
	Oxford	SS	Alyssa Brehler, Griswold	19:27
	Thomaston	S	Maggie Christe, Immaculate, Danbury	18:50
	Ridgefield	Open	Reid Watson, Glastonbury	18:35
2012	Ridgefield	LL	Brianna Lenehan, NFA	18:51
	Wilton	L	Cate Allen, Fairfield Warde	19:36
	Avon	MM	Gabrielle Richicki, New Fairfield	19:34
	Tolland	M	Stephanie Deccy, Lewis Mills	19:28
	Griswold	SS	Kerri Ruffo, Plainfield	19:40
	Immaculate, Danbury	S	Cameron Chaplen, Thomaston	19:29
	Ridgefield	Open	Brianna Lenehan, NFA	19:09
2013	Glastonbury	LL	Hannah Debalsi, Staples, Westport	17:41
	Wilton	L	Cate Allen, Fairfield Warde	19:13
	Branford	MM	Gabrielle Richichi, New Fairfield	18:28
	Tolland	M	Courtney Akerley, Tolland	19:17
	Griswold	SS	Alyssa Brehler, Griswold	19:17
	Immaculate, Danbury	S	Carly Schuyler, Immaculate	19:10
	Tolland	Open	Hannah Debalsi, Staples	17:44