



2022 CHEERLEADING *State Championships*



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WELCOME!

WELCOME TO THE 31ST ANNUAL CAS-CIAC CONNECTICUT HIGH SCHOOL CHEERLEADING STATE COMPETITION. WE ARE SO HAPPY THAT WE ARE ABLE TO PROVIDE THIS COMPETITION FOR THE VARSITY HIGH SCHOOL CHEERLEADERS OF CONNECTICUT. IN 2020, WE HAD A VERY SUCCESSFUL COMPETITION AND I HAVE NO DOUBT THAT THIS YEAR WILL ALSO BE EXCITING. THE TEAMS HAVE BEEN WORKING ALL YEAR ON THEIR STUNTS, PYRAMIDS, TUMBLING, JUMPS AND MOTIONS. TODAY IS THEIR DAY TO SHINE. EACH TEAM GETS 2.5 MINUTES TO SHOW THE SKILLS THAT THEY HAVE PUT TOGETHER IN A CHOREOGRAPHED ROUTINE.

EACH TEAM IS JUDGED BY EIGHT PANEL JUDGES, ONE DEDUCTION JUDGE AND A SAFETY JUDGE. EACH PANEL JUDGE HAS A DIFFERENT ASPECT OF THE ROUTINE TO WATCH. SAFETY JUDGES MAKE SURE ALL THE RULES OF THE NATIONAL FEDERATION OF HIGH SCHOOLS (NFHS) ARE BEING FOLLOWED AND THE DEDUCTION JUDGE WATCHES FOR THE OBVIOUS ERRORS.

THE TOP SIX TEAMS IN EACH DIVISION ARE ELIGIBLE TO COMPETE IN A TEAM OF THE YEAR COMPETITION SATURDAY, MARCH 12, 2022, AT NORTH HAVEN HIGH SCHOOL. THIS COMPETITION IS SPONSORED BY THE CONNECTICUT HIGH SCHOOL COACHES ASSOCIATION (CHSCA). THE TOP THREE TEAMS ARE ELIGIBLE TO COMPETE IN THE NEW ENGLAND REGIONAL IN WORCESTER, MA ON MARCH 19, 2022. THIS COMPETITION IS SPONSORED BY THE COUNCIL OF NEW ENGLAND SECONDARY SCHOOL PRINCIPALS' ASSOCIATION (CNESSPA).

SIT BACK AND ENJOY THE SHOW THAT YOU ARE ABOUT TO SEE. ENJOY THE DAY.

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TOURNAMENT DIRECTOR

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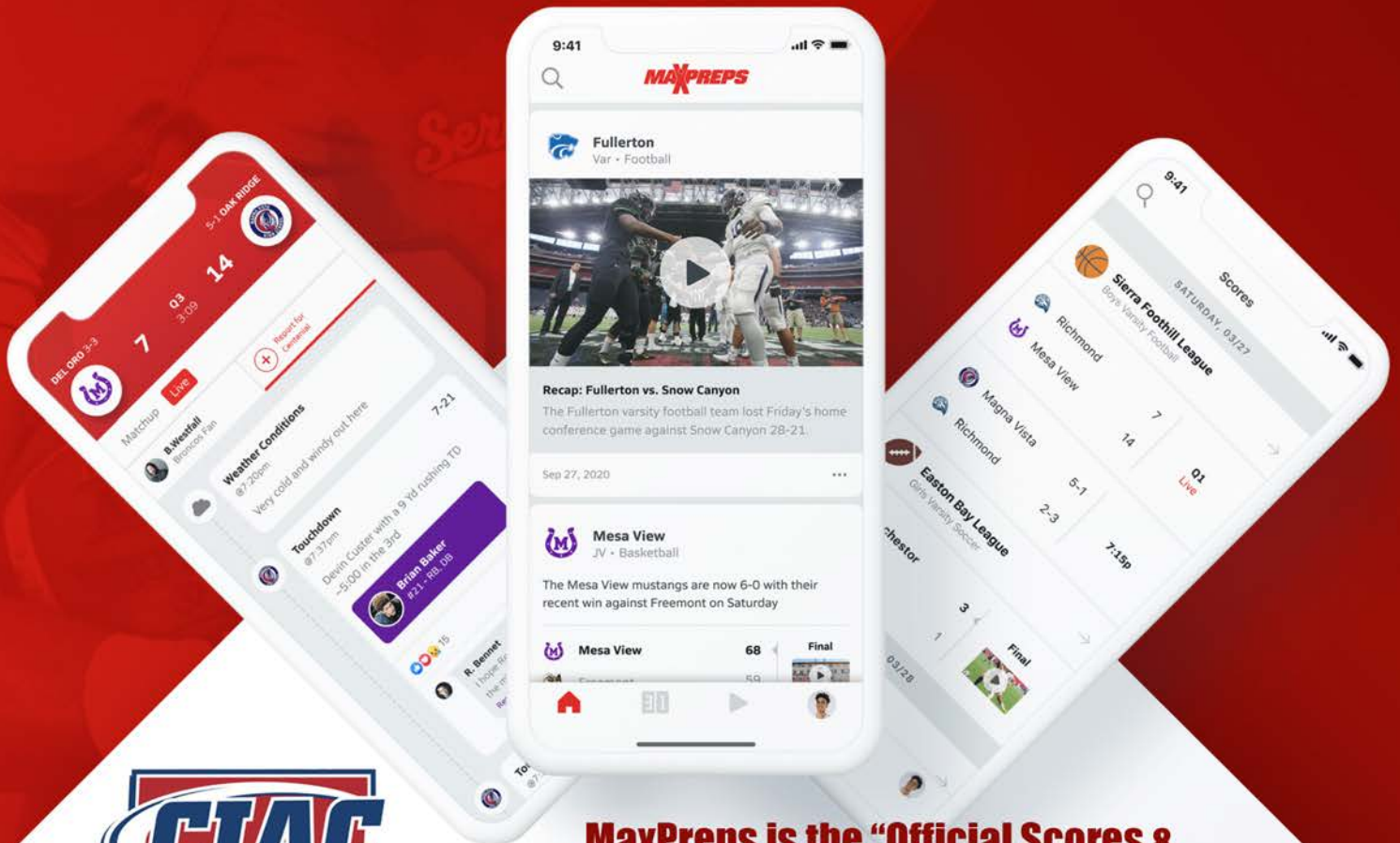
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CIAC CHEERLEADING CHAMPIONSHIPS

ORDER OF PERFORMANCE BY DIVISION

	CLASS LL
1	Fairfield Warde
2	NFA
3	Manchester
4	Darien
5	Southington
6	Brien McMahon
7	Danbury
8	Stamford
9	Staples
10	Conard
11	Newtown
12	Cheshire
13	Greenwich
14	Amity
15	Westhill
16	Ridgefield

	CLASS L
1	Newington
2	Farmington
3	Lyman Hall
4	East Lyme
5	Brookfield/New Fairfield
6	Rockville
7	Stratford
8	Bristol Central
9	Windsor
10	Masuk
11	Bethel
12	Fitch
13	East Haven
14	Shelton
15	Wethersfield
16	New Milford
17	New Canaan
18	Bunnell
19	North Haven

CIAC CHEERLEADING CHAMPIONSHIPS

ORDER OF PERFORMANCE BY DIVISION

CLASS M	
1	Jonathan Law
2	Mercy
3	Bassick
4	Tolland
5	Ledyard
6	Ellington
7	Sheehan
8	Daniel Hand
9	St. Joseph
10	Rocky Hill
11	Wolcott
12	Joel Barlow
13	Lauralton Hall
14	Branford
15	Nonnewaug
16	Foran
17	Killingly
18	Watertown
19	RHAM
20	Waterford
21	Berlin

CLASS S	
1	Westbrook
2	Griswold
3	Notre Dame-Fairfield
4	Immaculate
5	Oxford
6	Holy Cross
7	Cromwell
8	Wheeler
9	Morgan
10	Hale Ray
11	East Hampton
12	Plainfield
13	Gilbert
14	Ansonia
15	Coginchaug
16	Derby
17	St. Paul Catholic
18	Montville

COED	
1	East Hartford
2	Fairfield Ludlowe
3	Woodstock Academy
4	Lewis Mills
5	Naugatuck
6	Bacon Academy
7	New London
8	Torrington
9	Norwalk
10	Haddam Killingworth
11	Plainville



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2022 CHEER JUDGES

PAULA CALDARONE – WATERBURY, CT

KATIE YOUNG – WESTERLY, RI

DANIELLE MUIR – PLANTSVILLE, CT

MICHELLE CANTY – WESTERLY, RI

ALLISON O'LEARY – CHESHIRE, CT

KATIE KING – ANSONIA, CT

JUDI TARTAGLIA – PLANTSVILLE, CT

MARIE KASHUBA – OXFORD, CT

LAUREN JEFFERS – PLANTSVILLE, CT

CHRISTINE DOMLER – COVENTRY, CT

HEATHER SANTO – OXFORD, CT

ANGIE SUMMA – WOLCOTT, CT

CASSANDRA COUGHLIN – CROMWELL, CT

LAUREN ANDERSON – DERBY, CT

CAROL PALANZO – DANBURY, CT

CRYSTAL DAVIS – PLANTSVILLE, CT

STEPHANIE FALCONE – STRATFORD, CT

SARA PAOLINO – CROMWELL, CT

MELISSA JENNINGS – OXFORD, CT

ASHLEIGH ADAMS – NEW BRITAIN, CT

AMBER BIDWELL – NORWICH, CT

MEGAN O'REILLY – SMITH-SHELTON, CT

MELISSA LUKE – AMSTON, CT



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PAST WINNERS 2015-2020

2020

DIV	CHAMPION	1 ST RUNNERUP	2 ND RUNNERUP
LL	Newtown	Shelton	Danbury
L	Daniel Hand	North Haven	Killingly
M	Wolcott and Waterford	Seymour	Joel Barlow
S	Holy Cross	Oxford	Ansonia
COED	Fairfield Ludlowe	Plainville	Fitch

2019

DIV	CHAMPION	1 ST RUNNERUP	2 ND RUNNERUP
LL	Danbury	Newtown	Staples
L	North Haven	Mercy	Branford
M	Wolcott	Joel Barlow	St. Joseph
S	Oxford	Derby	Seymour
COED	Plainville	Fairfield Ludlowe	Daniel Hand

2018

DIV	CHAMPION	1 ST RUNNERUP	2 ND RUNNERUP
LL	Shelton	Fairfield Ludlowe	Newtown
L	Watertown	Lauralton Hall	North Haven
M	Wolcott	Oxford	Ansonia
S	Montville	Holy Cross	Morgan
COED	Seymour	Stamford	Plainville

2017

DIV	CHAMPION	1 ST RUNNERUP	2 ND RUNNERUP
LL	Danbury	Fairfield Ludlowe	Newtown
L	Lauralton	Joel Barlow	Stratford
M	Wolcott	Watertown	St. Joseph
S	Ansonia	Oxford	Derby
COED	Seymour	Branford	North Haven

2016

DIV	CHAMPION	1 ST RUNNERUP	2 ND RUNNERUP
LL	Shelton	Danbury	Fairfield Ludlowe
L	Masuk	North Haven	Watertown
M	St. Joseph	Wolcott	Northwestern
S	Oxford	Derby	Holy Cross
COED	Hall	Seymour	Daniel Hand

2015

DIV	CHAMPION	1 ST RUNNERUP	2 ND RUNNERUP
LL	Shelton	Danbury	Fairfield Ludlowe
L	Masuk	Lauralton Hall	New Fairfield
M	St. Joseph	Montville	Watertown
S	Derby	Oxford	Holy Cross
COED	Lyman Hall	Daniel Hand	Fitch



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MARCH 5, 2022 MORNING SESSION

7:15 AM	Gym opens for participants	9:00 AM	Competition Begins
8:00 AM	Gym Opens for Spectators	12:50 PM	End of Competition
8:30 AM	Practice Begins	1:00 PM	Awards
8:55 AM	Announcements		

	Class	Team	Check-In	Stretch	Four Strips	Full Mat	Perform
1)	M	Jonathan Law	7:34 AM	8:32 AM	8:36 AM	8:40 AM	9:00 AM
2)	LL	Fairfield Warde	7:38 AM	8:36 AM	8:40 AM	8:44 AM	9:04 AM
3)	M	Mercy	7:42 AM	8:40 AM	8:44 AM	8:48 AM	9:08 AM
4)	LL	Norwich Free Academy	7:46 AM	8:44 AM	8:48 AM	8:52 AM	9:12 AM
5)	M	Bassick	7:50 AM	8:48 AM	8:52 AM	8:56 AM	9:16 AM
6)	LL	Manchester	7:54 AM	8:52 AM	8:56 AM	9:00 AM	9:20 AM
7)	M	Tolland	7:58 AM	8:56 AM	9:00 AM	9:04 AM	9:24 AM
8)	LL	Darien	8:02 AM	9:00 AM	9:04 AM	9:06 AM	9:28 AM
9)	M	Ledyard	8:06 AM	9:04 AM	9:06 AM	9:10 AM	9:32 AM
10)	LL	Southington	8:10 AM	9:06 AM	9:10 AM	9:14 AM	9:36 AM
11)	M	Ellington	8:14 AM	9:10 AM	9:14 AM	9:18 AM	9:40 AM
12)	LL	Brien McMahon	8:18 AM	9:14 AM	9:18 AM	9:22 AM	9:44 AM
13)	M	Sheehan	8:22 AM	9:18 AM	9:22 AM	9:26 AM	9:48 AM
14)	LL	Danbury	8:26 AM	9:23 AM	9:26 AM	9:30 AM	9:52 AM
15)	M	Daniel Hand	8:30 AM	9:26 AM	9:30 AM	9:34 AM	9:56 AM
16)	LL	Stamford	8:34 AM	9:30 AM	9:34 AM	9:38 AM	10:00 AM
17)	M	St. Joseph	8:38 AM	9:34 AM	9:38 AM	9:42 AM	10:04 AM
18)	LL	Staples	8:42 AM	9:38 AM	9:42 AM	9:46 AM	10:08 AM
19)	M	Rocky Hill	8:46 AM	9:42 AM	9:46 AM	9:50 AM	10:12 AM
20)	LL	Conard	8:50 AM	9:46 AM	9:50 AM	9:54 AM	10:16 AM
21)	M	Wolcott	8:54 AM	9:50 AM	9:54 AM	9:58 AM	10:20 AM
22)	LL	Newtown	8:58 AM	9:54 AM	9:58 AM	10:02 AM	10:24 AM
23)	M	Joel Barlow	9:02 AM	9:58 AM	10:02 AM	10:06 AM	10:28 AM
24)	LL	Cheshire	9:06 AM	10:02 AM	10:06 AM	10:10 AM	10:32 AM
25)	M	Lauralton Hall	9:10 AM	10:06 AM	10:10 AM	10:14 AM	10:36 AM
26)	LL	Greenwich	9:14 AM	10:10 AM	10:14 AM	10:18 AM	10:40 AM

MARCH 5, 2022 MORNING SESSION

27)	M	Branford	9:20 AM	10:22 AM	10:26 AM	10:30 AM	10:50 AM
28)	LL	Amity	9:24 AM	10:26 AM	10:30 AM	10:34 AM	10:54 AM
29)	M	Nonnewaug	9:28 AM	10:30 AM	10:34 AM	10:38 AM	10:58 AM
30)	LL	Westhill	9:32 AM	10:34 AM	10:38 AM	10:42 AM	11:02 AM
31)	M	Foran	9:36 AM	10:38 AM	10:42 AM	10:46 AM	11:06 AM
32)	LL	Ridgefield	9:40 AM	10:42 AM	10:46 AM	10:50 AM	11:10 AM
33)	M	Killingly	9:44 AM	10:46 AM	10:50 AM	10:54 AM	11:14 AM
34)	CE	East Hartford	9:48 AM	10:50 AM	10:54 AM	10:58 AM	11:18 AM
35)	M	Watertown	9:52 AM	10:54 AM	10:58 AM	11:02 AM	11:22 AM
36)	CE	Fairfield Ludlowe	9:56 AM	10:58 AM	11:02 AM	11:06 AM	11:26 AM
37)	M	RHAM	10:00 AM	11:02 AM	11:06 AM	11:10 AM	11:30 AM
38)	CE	Woodstock Academy	10:04 AM	11:06 AM	11:10 AM	11:14 AM	11:34 AM
39)	M	Waterford	10:08 AM	11:10 AM	11:14 AM	11:18 AM	11:38 AM
40)	CE	Naugatuck	10:12 AM	11:14 AM	11:18 AM	11:22 AM	11:42 AM
41)	M	Berlin	10:16 AM	11:18 AM	11:22 AM	11:26 AM	11:46 AM
42)	CE	Lewis Mills	10:20 AM	11:22 AM	11:26 AM	11:30 AM	11:50 AM
43)	CE	Bacon Academy	10:24 AM	11:26 AM	11:30 AM	11:34 AM	11:58 AM
44).	E	Cheshire Unified (Exhibition)	10:28 AM	11:30 AM	11:34 AM	11:38 AM	12:02 PM
45).	CE	New London	10:32 AM	11:34 AM	11:38 AM	11:42 AM	12:06 PM
46)	CE	Torrington	10:36 AM	11:38 AM	11:42 AM	11:46 AM	12:14 PM
47).	CE	Norwalk Stamford Unified	10:40 AM	11:42 AM	11:46 AM	11:50 AM	12:22 PM
48).	E	(exhibition)	10:44 AM	11:46 AM	11:50 AM	11:54 AM	12:26 PM
49).	CE	Haddam Killingworth	10:48 AM	11:50 AM	11:54 AM	11:58 AM	12:30 PM
50).	E	Ridgefield Unified	10:52 AM	11:54 AM	11:58 AM	12:02 PM	12:38 PM
51).	CE	Plainville	10:56 AM	11:58 AM	12:02 PM	12:06 PM	12:42 PM



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MARCH 5, 2022 AFTERNOON SESSION

1:45 PM	Gym opens for Participants	3:30 PM	Competition Begins
2:30 PM	Gym Opens for Spectators	6:15 PM	Competition Ends
3:00 PM	Practice Begins	6:30 PM	Awards
3:25 PM	Announcements		

	Class	Team	Check-in	Stretch	Four Strips	Full Mat	Perform
1)	L	Newington	2:06 PM	3:08 PM	3:12 PM	3:16 PM	3:36 PM
2)	S	Westbrook	2:10 PM	3:12 PM	3:16 PM	3:20 PM	3:40 PM
3)	L	Farmington	2:14 PM	3:16 PM	3:20 PM	3:24 PM	3:44 PM
4)	S	Griswold	2:18 PM	3:20 PM	3:24 PM	3:28 PM	3:48 PM
5)	L	Lyman Hall	2:22 PM	3:24 PM	3:28 PM	3:32 PM	3:52 PM
6)	S	Notre Dame Fairfield	2:26 PM	3:28 PM	3:32 PM	3:36 PM	3:56 PM
7)	L	East Lyme	2:30 PM	3:32 PM	3:36 PM	3:40 PM	4:00 PM
8)	S	Immaculate	2:34 PM	3:36 PM	3:40 PM	3:44 PM	4:04 PM
9)	L	Brookfield/New Fairfield	2:38 PM	3:40 PM	3:44 PM	3:48 PM	4:08 PM
10)	S	Oxford	2:42 PM	3:44 PM	3:48 PM	3:52 PM	4:12 PM
11)	L	Rockville	2:46 PM	3:48 PM	3:52 PM	3:56 PM	4:16 PM
12)	S	Holy Cross	2:50 PM	3:52 PM	3:56 PM	4:00 PM	4:20 PM
13)	L	Stratford	2:54 PM	3:56 PM	4:00 PM	4:04 PM	4:24 PM
14)	S	Cromwell	2:58 PM	4:00 PM	4:04 PM	4:08 PM	4:28 PM
15)	L	Bristol Central	3:02 PM	4:04 PM	4:08 PM	4:12 PM	4:32 PM
16)	S	Wheeler	3:06 PM	4:08 PM	4:12 PM	4:16 PM	4:36 PM
17)	L	Windsor	3:10 PM	4:12 PM	4:16 PM	4:20 PM	4:40 PM
18)	S	Morgan	3:14 PM	4:16 PM	4:20 PM	4:24 PM	4:44 PM
19)	L	Masuk	3:18 PM	4:20 PM	4:24 PM	4;28 PM	4:48 PM
20)	S	Hale Ray	3:22 PM	4:24 PM	4:28 PM	4:32 PM	4:52 PM
21)	L	Bethel	3:26 PM	4:28 PM	4:32 PM	4:36 PM	4:56 PM
22)	S	East Hampton	3:30 PM	4:32 PM	4:36 PM	4:40 PM	5:00 PM

MARCH 5, 2022 AFTERNOON SESSION (CONT.)

23)	L	Fitch	3:40 PM	4:42 PM	4:46 PM	4:50 PM	5:10 PM
24)	S	Plainfield	3:44 PM	4:46 PM	4:50 PM	4:54 PM	5:14 PM
25)	L	East Haven	3:49 PM	4:50 PM	4:54 PM	4:56 PM	5:18 PM
26)	S	Gilbert	3:54 PM	4:54 PM	4:56 PM	5:00 PM	5:22 PM
27)	L	Shelton	3:59 PM	4:56 PM	5:00 PM	5:04 PM	5:26 PM
28)	S	Ansonia	4:04 PM	5:00 PM	5:04 PM	5:08 PM	5:30 PM
29)	L	Wethersfield	4:09 PM	5:04 PM	5:08 PM	5:12 PM	5:34 PM
30)	S	Coginchaug	4:14 PM	5:08 PM	5:12 PM	5:16 PM	5:38 PM
31)	L	New Milford	4:19 PM	5:12 PM	5:16 PM	5:20 PM	5:42 PM
32)	S	Derby	4:24 PM	5:16 PM	5:20 PM	5:24 PM	5:46 PM
33)	L	New Canaan	4:29 PM	5:20 PM	5:24 PM	5:28 PM	5:50 PM
34)	S	St. Paul Catholic	4:34 PM	5:24 PM	5:28 PM	5:32 PM	5:54 PM
35)	L	Bunnell	4:39 PM	5:28 PM	5:32 PM	5:36 PM	5:58 PM
36)	S	Montville	4:44 PM	5:32 PM	5:36 PM	5:40 PM	6:02 PM
37)	L	North Haven	4:49 PM	5:36 PM	5:40 PM	5:44 PM	6:06 PM
38)	E	Griswold Unified	4:54 PM	5:40 PM	5:44 PM	5:48 PM	6:10 PM
39)	E	Quinnipiac University	4:59 PM	5:44 PM	5:48 PM	5:52 PM	6:14 PM
40)			5:04 PM	5:48 PM	5:52 PM	5:56 PM	6:18 PM



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All services provided by The Alliance's sexual assault crisis programs are **free and confidential**. These services include:

- certified sexual assault victim advocates
- 24/7 hotline services in English and Spanish
- short-term counseling for individuals
- information and referrals to other social and legal services
- accompaniment and support in hospitals, police departments and courts

WE CAN HELP.

Call the 24/7 free and confidential statewide hotline.

English:

1-888-999-5545

Español:

1-888-568-8332

**CONNECTICUT ALLIANCE
TO END SEXUAL VIOLENCE** 
Support. Advocate. Prevent.

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