

**PRACTICE AND COMPETITION TIMES FRIDAY MARCH 12, 2010**

<b>TEAM</b>	<b>STRETCH</b>	<b>FULL MAT</b>	<b>TUMBLE STRIPS</b>	<b>PERFORMANCE</b>
SCSU		5:30 PM		6:25 PM
Wamogo (Class S)	5:44 PM	5:48 PM	5:52 PM	6:30 PM
Simsbury (Coed)	5:48 PM	5:52 PM	5:56 PM	6:34 PM
Tourtellotte (Class S)	5:52 PM	5:56 PM	6:00 PM	6:38 PM
Granby Memorial (Coed)	5:56 PM	6:00 PM	6:04 PM	6:42 PM
Trinity Catholic (Class S)	6:00 PM	6:04 PM	6:08 PM	6:46 PM
Torrington (Coed)	6:04 PM	6:08 PM	6:12 PM	6:50 PM
Northwest Catholic (Class S)	6:08 PM	6:12 PM	6:16 PM	6:54 PM
Windsor (Coed)	6:12 PM	6:16 PM	6:20 PM	6:58 PM
Oxford (Class S)	6:16 PM	6:20 PM	6:24 PM	7:02 PM
Waterford (Coed)	6:20 PM	6:24 PM	6:28 PM	7:06 PM
East Windsor (Class S)	6:24 PM	6:28 PM	6:32 PM	7:10 PM
Naugatuck (Coed)	6:28 PM	6:32 PM	6:36 PM	7:14 PM
Sacred Heart, Wtby (Class S)	6:32 PM	6:36 PM	6:40 PM	7:18 PM
Darien (Coed)	6:36 PM	6:40 PM	6:44 PM	7:22 PM
Ansonia (Class S)	6:40 PM	6:44 PM	6:48 PM	7:26 PM
Wilby (Coed)	6:44 PM	6:48 PM	6:52 PM	7:30 PM
East Hampton (Class S)	6:48 PM	6:52 PM	6:56 PM	7:34 PM
Bolton (Coed)	6:52 PM	6:56 PM	7:00 PM	7:38 PM
Thomaston (Class S)	6:56 PM	7:00 PM	7:04 PM	7:42 PM
Hall (Coed)	7:00 PM	7:04 PM	7:08 PM	7:46 PM
Woodland (Class S)	7:04 PM	7:08 PM	7:12 PM	7:50 PM
Stamford (Coed)	7:08 PM	7:12 PM	7:16 PM	7:54 PM
North Branford (Class S)	7:12 PM	7:16 PM	7:20 PM	7:58 PM
Wolcott (Coed)	7:16 PM	7:20 PM	7:24 PM	8:02 PM
Notre Dame Fairfield (Class S)	7:20 PM	7:24 PM	7:28 PM	8:06 PM
Putnam (Coed)	7:24 PM	7:28 PM	7:32 PM	8:10 PM
Gilbert (Class S)	7:28 PM	7:32 PM	7:36 PM	8:14 PM
Stratford (Coed)	7:32 PM	7:36 PM	7:40 PM	8:18 PM
Derby (Class S)	7:36 PM	7:40 PM	7:44 PM	8:22 PM
Branford (Coed)	7:40 PM	7:44 PM	7:48 PM	8:26 PM
Haddam-Killingworth (Class S)	7:44 PM	7:48 PM	7:52 PM	8:30 PM
Norwich Free Academy (Coed)	7:48 PM	7:52 PM	7:56 PM	8:34 PM
Wheeler (Class S)	7:52 PM	7:56 PM	8:00 PM	8:38 PM
Coventry (Coed)	7:56 PM	8:00 PM	8:04 PM	8:42 PM
Immaculate (Class S)	8:00 PM	8:04 PM	8:08 PM	8:46 PM
Cromwell (Class S)	8:04 PM	8:08 PM	8:12 PM	8:50 PM
ECSU (Exhibition)		8:10 PM		8:54 PM
CCSU (Exhibition)		8:30 PM		8:58 PM

**COACHES MEETING 5:30 PM**

PRACTICE AND COMPETITION TIMES SATURDAY MORNING MARCH 13, 2010

TEAM	STRETCH	MAT	TUMBLE STRIPS	PERFORMANCE
SCSU		9:30 AM		10:30 AM
Brien McMahon (Class LL)	9:44 AM	9:48 AM	9:52 AM	10:34 AM
Woodstock Academy (Class L)	9:48 AM	9:52 AM	9:56 AM	10:38 AM
Shelton (Class LL)	9:52 AM	9:56 AM	10:00 AM	10:42 AM
Enrico Fermi (Class L)	9:56 AM	10:00 AM	10:04 AM	10:46 AM
Norwalk (Class LL)	10:00 AM	10:04 AM	10:08 AM	10:50 AM
New Canaan (Class L)	10:04 AM	10:08 AM	10:12 AM	10:54 AM
Trumbull (Class LL)	10:08 AM	10:12 AM	10:16 AM	10:58 AM
North Haven (Class L)	10:12 AM	10:16 AM	10:20 AM	11:02 AM
Southington (Class LL)	10:16 AM	10:20 AM	10:24 AM	11:06 AM
Bassick (Class L)	10:20 AM	10:24 AM	10:28 AM	11:10 AM
Cheshire (Class LL)	10:24 AM	10:28 AM	10:32 AM	11:14 AM
Farmington (Class L)	10:28 AM	10:32 AM	10:36 AM	11:18 AM
South Windsor (Class LL)	10:32 AM	10:36 AM	10:40 AM	11:22 AM
Fairfield Warde (Class L)	10:36 AM	10:40 AM	10:44 AM	11:26 AM
Glastonbury (Class LL)	10:40 AM	10:44 AM	10:48 AM	11:30 AM
East Lyme (Class L)	10:44 AM	10:48 AM	10:52 AM	11:34 AM
Newington (Class LL)	10:48 AM	10:52 AM	10:56 AM	11:38 AM
Middletown (Class L)	10:52 AM	10:56 AM	11:00 AM	11:42 AM
Westhill (Class LL)	10:56 AM	11:00 AM	11:04 AM	11:46 AM
Wilton (Class L)	11:00 AM	11:04 AM	11:08 AM	11:50 AM
New Milford (Class LL)	11:04 AM	11:08 AM	11:12 AM	11:54 AM
East Haven (Class L)	11:08 AM	11:12 AM	11:16 AM	11:58 AM
Pomperaug (Class LL)	11:12 AM	11:16 AM	11:20 AM	12:02 PM
RHAM (Class L)	11:16 AM	11:20 AM	11:24 AM	12:06 PM
Ridgefield (Class LL)	11:20 AM	11:24 AM	11:28 AM	12:10 PM
Bunnell (Class L)	11:24 AM	11:28 AM	11:32 AM	12:14 PM
Mercy (Class LL)	11:28 AM	11:32 AM	11:36 AM	12:18 PM
Lyman Hall (Class L)	11:32 AM	11:36 AM	11:40 AM	12:22 PM
Greenwich (Class LL)	11:36 AM	11:40 AM	11:44 AM	12:26 PM
Ledyard (Class L)	11:40 AM	11:44 AM	11:48 AM	12:30 PM
Staples (Class LL)	11:44 AM	11:48 AM	11:52 AM	12:34 PM
Foran (Class L)	11:48 AM	11:52 AM	11:56 AM	12:38 PM
Fairfield Ludlowe (Class LL)	11:52 AM	11:56 AM	12:00 PM	12:42 PM
Bethel (Class L)	11:56 AM	12:00 PM	12:04 PM	12:46 PM
Newtown (Class LL)	12:00 PM	12:04 PM	12:08 PM	12:50 PM
Masuk (Class L)	12:04 PM	12:08 PM	12:12 PM	12:54 PM
East Hartford (Class LL)	12:08 PM	12:12 PM	12:16 PM	12:58 PM
Rockville (Class L)	12:12 PM	12:16 PM	12:20 PM	1:02 PM
West Haven (Class LL)	12:16 PM	12:20 PM	12:24 PM	1:06 PM
Guilford (Class L)	12:20 PM	12:24 PM	12:28 PM	1:10 PM
Danbury (Class LL)	12:24 PM	12:28 PM	12:32 PM	1:14 PM
Jonathan Law (Class L)	12:28 PM	12:32 PM	12:36 PM	1:18 PM
Fitch (Class LL)	12:32 PM	12:36 PM	12:40 PM	1:22 PM
Conard (Class LL)	12:36 PM	12:40 PM	12:44 PM	1:26 PM
CCSU (Exhibition)		12:45 PM		1:30 PM

COACHES MEETING 9:30 AM

PRACTICE AND COMPETITION TIMES SATURDAY PM MARCH 13, 2010

TEAM	STRETCH	MAT	TUMBLE STRIPS	PERFORMANCE
SCSU		4:00 PM		5:00 PM
Hillhouse (Class M)	4:14 PM	4:18 PM	4:22 PM	5:05 PM
New London (Class M)	4:18 PM	4:22 PM	4:26 PM	5:10 PM
Montville (Class M)	4:22 PM	4:26 PM	4:30 PM	5:15 PM
Plainfield (Class M)	4:26 PM	4:30 PM	4:34 PM	5:20 PM
Plainville (Class M)	4:30 PM	4:34 PM	4:38 PM	5:25 PM
Seymour (Class M)	4:34 PM	4:38 PM	4:42 PM	5:30 PM
Holy Cross (Class M)	4:38 PM	4:42 PM	4:46 PM	5:35 PM
Joel Barlow (Class M)	4:42 PM	4:46 PM	4:50 PM	5:40 PM
Berlin (Class M)	4:46 PM	4:50 PM	4:54 PM	5:45 PM
Nonnewaug (Class M)	4:50 PM	4:54 PM	4:58 PM	5:50 PM
Sacred Heart Academy (Class M)	4:54 PM	4:58 PM	5:02 PM	5:55 PM
Watertown (Class M)	4:58 PM	5:02 PM	5:06 PM	6:00 PM
Rocky Hill (Class M)	5:02 PM	5:06 PM	5:10 PM	6:05 PM
St. Joseph (Class M)	5:06 PM	5:10 PM	5:14 PM	6:10 PM
Lewis Mills (Class M)	5:10 PM	5:14 PM	5:18 PM	6:15 PM
Bacon Academy (Class M)	5:14 PM	5:18 PM	5:22 PM	6:20 PM
Brookfield (Class M)	5:18 PM	5:22 PM	5:26 PM	6:25 PM
Tolland (Class M)	5:22 PM	5:26 PM	5:30 PM	6:30 PM
Career Magnet (Class M)	5:26 PM	5:30 PM	5:34 PM	6:35 PM
Lauralton Hall (Class M)	5:30 PM	5:34 PM	5:38 PM	6:40 PM
Griswold (Class M)	5:34 PM	5:38 PM	5:42 PM	6:45 PM
Weston (Class M)	5:38 PM	5:42 PM	5:46 PM	6:50 PM
New Fairfield (Class M)	5:42 PM	5:46 PM	5:50 PM	6:55 PM
Enfield (Class M)	5:46 PM	5:50 PM	5:54 PM	7:00 PM
Ellington (Class M)	5:50 PM	5:54 PM	5:58 PM	7:05 PM
CCSU (Exhibition)		5:58 PM		7:10 PM

**COACHES MEETING 4:00 PM**