



CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE

CIAC COACHES UPDATE



VOLUME II, ISSUE I Dr. Bob Lehr, Editor

SEPTEMBER 2011

BEST OF LUCK IN 2011-2012

All of us at the CIAC hope that you had a relaxing summer and that you are excited to get back to your coaching endeavors. Our first issue of "Update" concerns the coaches role in advancing and protecting sport. I hope that you find it interesting and important. Best of luck in all your coaching efforts in 2011-2012.

Bob Lehr,
Updates Editor

"Just
Try
Your
Best"

CONNECTICUT COACHING EDUCATION PROGRAM

ORIGINAL CONCUSSION CERTIFICATES MAY NO LONGER BE NEEDED

Effective immediately the state department may no longer need you to send an original certificate with your renewal application. They are now accessing the Connecticut Coaching Education data base to verify you have taken the course. However, they will look you up via an EIN number which is assigned by them. They will only be able to search for you if you have previously applied for a permit. If you are applying for a 5 year permit or a temporary permit for the first time then we suggest you send an original concussion certificate for verification.

FALL COACHING EDUCATION PROGRAM



45 CLOCK HOUR COACHING PERMIT COURSES ! & 2011 FALL CEU MODULE OFFERINGS !

More details page 4&5

REGISTRATION AND INFORMATION AT: <http://www.ctcoachinged.org/CEU.html>



Protecting the Future of Sport: A Coaches' Role

Annie Skinner

The U.S. Anti-Doping Agency (USADA) is most well-known as the organization responsible for conducting the independent anti-doping testing and results management program in the U.S. for Olympic, Paralympic and Pan American athletes. The entire U.S. Olympic and Paralympic movement has been praised for implementing one of the toughest and most effective programs in the world and for making great strides in the advancement of all anti-doping programs. Olympic and Paralympic athletes are recognized as some of the most positive role models in sport today. For the past 10 years USADA has respectfully and faithfully served the nearly 50 national governing bodies for U.S. Olympic, Paralympic and Pan American athletes. As a result of their unique role in the sport community, the USADA has a keen understanding of the significant role sport plays in our society, and how dangerous it can be to have a win at all costs culture in sport.

Recognizing that doping, at its core, is not just a drug problem but also a values issue, USADA appreciates that knowledge and education are central to the effort of preserving integrity in sport and eradicating doping. Sport, at its best, can build character and promote the virtues of honesty, respect, selflessness, teamwork and dedication to a greater cause. Sport lessons, both good and bad, transcend the playing field, spilling over into the classroom, the business world, and the community.

In an effort to further understand and measure Americans' attitudes, beliefs and behaviors about sport and the impact sport has on values and culture in the United States, the USADA commissioned Discovery Education's national research branch to conduct a groundbreaking research study to look at, among other things:

- Participation levels nationwide
- The values sport should reinforce versus those that it actually does
 - Beliefs about issues/problems facing sport today
- Why people begin playing and conversely why they stop and when
- What drives the pressure to cheat and the impact of the emphasis on winning
 - The responsibility sport figures have as role models
 - Whether sport is meeting society's expectations

According to the study, "What Sport Means in America: A Study of Sport's Role in Society," which appeared in

the April issue of the Journal of Coaching Education, published by the National Association for Sports and Physical Education (NASPE) at www.AAHPERD.org/NASPE, sport plays a major role in shaping the character and culture of America's citizens. Overwhelmingly, as a country, we have high hopes and expectations for sport and rank values including honesty, fair play, respect for others and teamwork as most important for sport to reinforce.

The research also reveals that Americans believe an overemphasis is placed on winning, and that this undermines the fundamental values they want from sport. Americans believe ethical breaches such as cheating with performance-enhancing drugs and the desire to win at all costs threaten the inherent value of sport.

Some major findings from the study include:

- Coaches rank as the #1 positive influence on today's youth involved in sport.
- Parents overwhelmingly cite personal and social values when describing their hopes for their children in playing sport.
- Nearly 90% of U.S. adults agree that well-known athletes have a responsibility to be positive role models for young people, and by wide margins agree that the personal conduct of well-known athletes is as important as their athletic accomplishments
- Americans rank the use of performance-enhancing drugs as the most serious problem facing sport today, closely followed by issues such as the focus on money, and the criminal behavior of well-known athletes
- Two-thirds of Americans agree that sport overemphasizes the importance of winning
- More than three-fifths of U.S. adults- approximately 162 million people- claim some relationship to sport related activities (add the number of children participating in organized sport and it's more than 200 million Americans)

"This research reinforces what we believe to be true, that Americans have not become complacent, that they care about the integrity of sport and what it means in our society," said USADA CEO Travis T. Tygart. "Americans see great value in sport and want to preserve the legacy it has created, while ensuring its constructive and positive impact on all generations. Research such as this provides a foundation for all of us who love and value sport to ensure its lasting legacy as a force for good."

The intended outcomes of sharing the findings of this research are to spur an ongoing cultural dialogue aimed at keeping attention focused on these challenges, and to pave the way for constructive change. As the research highlights, of particular note is that coaches at all levels play an extremely important role not only in teaching athletes the necessary technical skills, but also imparting and helping to develop ethical behaviors and strong character traits that will help carry athletes through life.

2011 FALL CEU MODULE OFFERINGS

Being offered at
CIAC OFFICE
30 Realty Drive, Cheshire, CT

NO WALK IN REGISTRATIONS

Thursday November 17, 2011 - 6-9 PM

MODULE 8 - Strength & Conditioning Design

Friday November 18, 2011 - 6-9 PM

MODULE 4 - Legal Aspects

Saturday November 19, 2011 8:30-11:30 AM

MODULE 10 - Gender Equity & Diversity

Saturday November 19, 2011 Noon-3 PM

MODULE 5 - CIAC Rules & Regulations

Saturday November 19, 2011 , 3:15 - 6:15PM

MODULE 12 - All Adult Construct of Coaching

***Online Modules also available

REGISTRATION AND INFORMATION AT:

<http://www.ctcoachinged.org/CEU.html>



45 CLOCK HOUR COACHING PERMIT COURSES

FALL POWER CLASS held at

CIAC Office, 30 Realty Drive, Cheshire, CT
Thursdays and Fridays October ,20,21, 27, 28, 2011 -5-10pm
and Saturdays October 22 & 29, 2011 - 8:30am-9pm

FALL SATELLITE POWER CLASS 1 held at

Amity Regional High School, 25 Newtown Rd. Woodbridge, CT
Thursdays and Fridays October 13,14,20,21, 2011 -5-10pm
and Saturdays October 15 & 22, 2011 - 8:30am-9pm

FALL SATELLITE POWER CLASS 2 held at

Norwich Free Academy, 305 Broadway Norwich, CT
Thursdays and Fridays October 27, 28, November 3,4, 2011 -5-10pm
and Saturdays October 29 & 5, 2011 - 8:30am-9pm

WINTER TRADITIONAL FORMAT CLASS held at

CIAC Office, 30 Realty Drive, Cheshire, CT
Every Wednesday Night from 6:30-10pm
Beginning November 30, 2011 until February 29, 2012
(Class is not held on traditional school vacation weeks)

EARLY SPRING 2012 POWER CLASS held at

CIAC Office, 30 Realty Drive, Cheshire, CT
Thursdays and Fridays March 1 & 2, 8 & 9, 2012 -5-10pm
and Saturdays March 3 & 10 - 8:30am-9pm

SPRING 2012 SATELLITE POWER CLASS held at

Conard High School, 110 Beechwood Road, West Hartford, CT 06107
Thursdays and Fridays May 10 & 11, 17 & 18, 2012 -5-10pm
and Saturdays May 12 & 19 - 8:30am-9pm