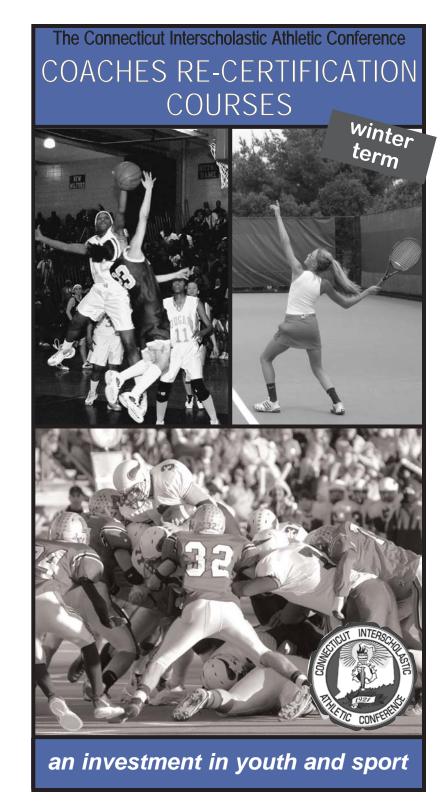
### PLEASE CHECK ALL THAT APPLY:

- ☐ FEBRUARY 13 INSTRUCTOR DAVE MALONEY (\$30) Diversity Issues for Interscholastic Coaches
- ☐ FEBRUARY 16 INSTRUCTOR CHARLES EGER (\$30) Strength and Conditioning Design for Interscholastic Athletics Programs
- ☐ FEBRUARY 20 INSTRUCTOR DOROTHY FRANCO-REED (\$30) Leadership of Interscholastic Athletics Programs(including communication with parents, players and the media)
- ☐ FEBRUARY 23 INSTRUCTOR DR. KIMBERLY TOWER (\$30) Applying Motivational Concepts and Strategies within Interscholastic Athletics
- ☐ FEBRUARY 27 INSTRUCTOR DR. DAVID HARACKIEWICZ (\$30) Drugs and Performance Enhancing Supplements (including enhancing athletic performance through proper nutrition)
- MARCH 9 INSTRUCTOR DR. DAVID HARACKIEWICZ (\$30) Drugs and Performance Enhancing Supplements (including enhancing athletic performance through proper nutrition)
- MARCH 10/3:00-6:00 P.M. INSTRUCTOR DR. KIM TOWER (\$30) Applying Motivational Concepts and Strategies within Interscholastic Athletics
- ☐ MARCH 10/6:30-9:30 P.M. INSTRUCTOR -DR. STEPHEN HOAG (\$30) The All-Adult Construct of Coaching (building the structure for all adults connected with the athletic program)
- ☐ MARCH 11/8:00-11:00 A.M. INSTRUCTOR D. FRANCO-REED (\$30) Leadership of Interscholastic Athletics Programs(including communication with parents, players and the media)
- ☐ MARCH 11/11:30 A.M.-2:30 P.M. INSTRUCTOR CHARLES EGER (\$30) Strength and Conditioning Design for Interscholastic Athletics Programs
- MARCH 11/3:00-6:00 P.M.- INSTRUCTOR GARY MAKOWICKI Ethics and Sportsmanship in Interscholastic Athletics (\$30)
- ☐ ALL (FIVE) COURSES OFFERED ON MARCH 10th & 11th Meals will be provided for participants in the 2-day program

THE CONNECTICUT INTERSCHOLASTIC ATHLETIC

CONFERENCE
30 REALTY DRIVE
CHESHIRE, CT 06410

Re-Certification Courses T -- February & March, 2006 February a **Coaches I**Cheshire, C



# ■ What are Coaches Re-certification Courses?

These course offerings provide an opportunity for coaches to experience quality professional development while also satisfying the Department of Education requirement to obtain fifteen hours of approved course work during the five years for which a coaching permit is approved. Outstanding presenters will provide contemporary, interesting and important information to coaches.

#### ■ Who should attend?

Any coach interested in furthering his/her coaching knowledge and/or any coach interested in satisfying the requirements for renewal of the coaching permit.

# General description

Interested individuals may sign up for any number of courses. There is no requirement that all the courses or even a minimal number be taken. The topics covered will be ethics and sportsmanship; CIAC rules and regulations; practical sport psychology for middle school and high school programs; team organization as well as team selection; gender equity and diversity; legal pitfalls in interscholastic sport; contemporary drug issues; and, sport nutrition.

#### Cost

Individual courses are \$30.00 each. Take any combination of five courses or all five courses on March 10th and 11th and pay only \$125.

Sign up for the March 10th & 11th courses and take advantage of the opportunity to earn all of the required fifteen hours of course work in two days!

#### Benefits

Participants will receive CEUs for their attendance and they will receive a certificate indicating the number of class hours earned toward re-certification.

# ■ When and Where?

The re-certification courses will be offered in February and March (see schedule on center panel). All courses will be held at the CIAC offices, 30 Realty Drive, Cheshire, CT.

Visit www.casciac.org/directions.shtml for directions.

Enrollment will be limited to 30 participants.

# **COURSE OFFERINGS**

- FEBRUARY 13 INSTRUCTOR DAVE MALONEY Diversity Issues for Interscholastic Coaches
- FEBRUARY 16 INSTRUCTOR CHARLES EGER Strength and Conditioning Design for Interscholastic Athletics Programs
- FEBRUARY 20 INSTRUCTOR DOROTHY FRANCO-REED Leadership of Interscholastic Athletics Programs(including communication with parents, players and the media)
- FEBRUARY 23 INSTRUCTOR DR. KIMBERLY TOWER Applying Motivational Concepts and Strategies within Interscholastic Athletics
- FEBRUARY 27 INSTRUCTOR DR. DAVID HARACKIEWICZ Drugs and Performance Enhancing Supplements (including enhancing athletic performance through proper nutrition)
- MARCH 9 INSTRUCTOR DR. DAVID HARACKIEWICZ Drugs and Performance Enhancing Supplements (including enhancing athletic performance through proper nutrition)

All of the above workshops will be held from 6:00 p.m. to 9:00 p.m.

(NOTE: The following five courses provide an opportunity to earn the fifteen required course hours in two days)

- MARCH 10 3:00-6:00 P.M. INSTRUCTOR DR. KIM TOWER Applying Motivational Concepts and Strategies within Interscholastic Athletics
- MARCH 10 6:30-9:30 P.M. INSTRUCTOR -DR. STEPHEN HOAG The All-Adult Construct of Coaching (building the structure for all adults connected with the athletic program)
- MARCH 11 8:00-11:00 A.M. INSTRUCTOR DOROTHY FRANCO-REED Leadership of Interscholastic Athletics Programs(including communication with parents, players and the media)
- MARCH 11 -11:30 A.M.-2:30 P.M. INSTRUCTOR CHARLES EGER Strength and Conditioning Design for Interscholastic Athletics Programs
- MARCH 11 3:00-6:00 P.M.- INSTRUCTOR GARY MAKOWICKI Ethics and Sportsmanship in Interscholastic Athletics

# REGISTRATION CIAC COACHES RE-CERTIFICATION COURSES NAME STREET ADDRESS CITY STATE ZIP SCHOOL AFFILIATION (IF APPLICABLE) SS# (FOR CEUS ONLY) TELEPHONE NUMBER E-MAIL ADDRESS PLEASE COMPLETE COURSE SELECTION FORM ON REVERSE SIDE **OR REGISTER ON-LINE AT:**

www.casciac.org/register

PAYMENT INFORMATION:		
Check one of the following	lowing	
Check enclosed (make payable to CAS)		
<b>D</b> PO#		
Visa	Master Card	
Card Number:		
Expiration Date:		
Signature:		

# Mail registration and payment to:

CIAC Coaches Re-certification Courses 30 Realty Drive Cheshire, CT 06410