

PLEASE CHECK ALL THAT APPLY:

- SEPTEMBER 7 - INSTRUCTOR - CHARLES EGER (\$30)
Strength and Conditioning Design for Interscholastic Athletics Programs
- SEPTEMBER 9 - INSTRUCTOR - DR. DAVID HARACKIEWICZ (\$30)
Drugs and Performance Enhancing Supplements (including enhancing athletic performance through proper nutrition)
- SEPTEMBER 9 - INSTRUCTOR - DR. KIMBERLY TOWER (\$30)
Applying Motivational Concepts and Strategies within Interscholastic Athletics
- SEPTEMBER 9 - INSTRUCTOR - DR. STEPHEN HOAG (\$30)
The All-Adult Construct of Coaching (building the structure for all adults connected with the athletic program)
- SEPTEMBER 10 - INSTRUCTOR - DAVE MALONEY(\$30)
Diversity Issues for Interscholastic Coaches
- SEPTEMBER 10 - INSTRUCTOR - GARY MAKOWICKI (\$30)
Ethics and Sportsmanship in Interscholastic Athletics

NOTE: The State Department of Education requirement can be fulfilled by taking any five of the above courses. Participants are offered a special rate of five courses for \$125.



THE CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE
30 Realty Drive • Cheshire, CT 06410
• (203)250-1111 • FAX: (203)250-1345 • www.casciac.org •

THE CONNECTICUT HIGH SCHOOL COACHES' ASSOCIATION
• www.cthssports.com •

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THE CONNECTICUT INTERSCHOLASTIC ATHLETIC
CONFERENCE
30 REALTY DRIVE
CHESHIRE, CT 06410



The Connecticut Interscholastic Athletic Conference
The Connecticut High School Coaches' Association
**COACHES RE-CERTIFICATION
COURSES**

**fall
term**



an investment in youth and sport

Coaches Re-Certification Courses
Cheshire, CT -- September 2006

■ What are Coaches Re-certification Courses?

These course offerings provide an opportunity for coaches to experience quality professional development while also satisfying the State Department of Education requirement to obtain fifteen hours of approved course work during the five years for which a coaching permit is approved. Outstanding presenters will provide contemporary, interesting and important information to coaches.

■ Who should attend?

Any coach interested in furthering his/her coaching knowledge and/or any coach interested in satisfying the requirements for renewal of the coaching permit.

■ General description

Interested individuals may sign up for any number of courses. There is no requirement that all the courses or even a minimal number be taken. The topics covered will be ethics and sportsmanship; CIAC rules and regulations; practical sport psychology for middle school and high school programs; team organization as well as team selection; gender equity and diversity; contemporary drug issues; and, sport nutrition.

■ Cost

Individual courses are \$30.00 each. Take any combination of five courses and pay only \$125.

Sign up for any five courses and take advantage of the opportunity to earn all of the required fifteen hours of course work within a four-day time period!

■ Benefits

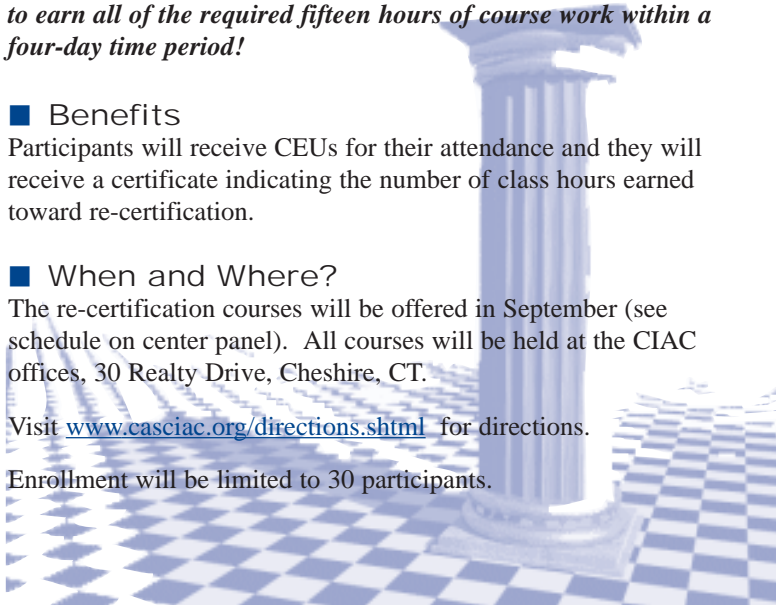
Participants will receive CEUs for their attendance and they will receive a certificate indicating the number of class hours earned toward re-certification.

■ When and Where?

The re-certification courses will be offered in September (see schedule on center panel). All courses will be held at the CIAC offices, 30 Realty Drive, Cheshire, CT.

Visit www.casciac.org/directions.shtml for directions.

Enrollment will be limited to 30 participants.



COURSE OFFERINGS

■ SEPTEMBER 7 - INSTRUCTOR - CHARLES EGER
6:00 - 9:00 P.M.
Strength and Conditioning Design for Interscholastic Athletics Programs

■ SEPTEMBER 9 - INSTRUCTOR - DR. DAVID HARACKIEWICZ
8:00 - 11:00 A.M.
Drugs and Performance Enhancing Supplements
(including enhancing athletic performance through proper nutrition)

■ SEPTEMBER 9 - INSTRUCTOR - DR. KIMBERLY TOWER
11:30 A.M. - 2:30 P.M.
Applying Motivational Concepts and Strategies within Interscholastic Athletics

■ SEPTEMBER 9 - INSTRUCTOR -DR. STEPHEN HOAG
3:00 - 6:00 P.M.
The All-Adult Construct of Coaching
(building the structure for all adults connected with the athletic program)

■ SEPTEMBER 10 - INSTRUCTOR - DAVE MALONEY
8:00 - 11:00 A.M.
Diversity Issues for Interscholastic Coaches

■ SEPTEMBER 10 - INSTRUCTOR - GARY MAKOWICKI
11:30 A.M. - 2:30 P.M.
Ethics and Sportsmanship in Interscholastic Athletics

Connecticut State Department of Education Requirement

A coaching permit shall be renewable every five years upon completion of not less than 15 clock hours of seminars, course work, or workshops which provide information on safe and healthful coaching practices and understanding child and adolescent development. (SDE Coaching Fact Sheet #105)

REGISTRATION

CIAC COACHES RE-CERTIFICATION COURSES



NAME _____
STREET ADDRESS _____
CITY _____
STATE _____ ZIP _____
SCHOOL AFFILIATION (IF APPLICABLE) _____
TELEPHONE NUMBER _____ SS# (FOR CEUS ONLY) _____
E-MAIL ADDRESS _____

PLEASE COMPLETE COURSE SELECTION FORM ON REVERSE SIDE
OR REGISTER ON-LINE AT:
www.casciac.org/register

PAYMENT INFORMATION:

Check one of the following

- Check enclosed (make payable to CAS)
- PO # _____
- Visa Master Card

Card Number: _____

Expiration Date: _____

Signature: _____

Mail registration and payment to:

CIAC Coaches Re-certification Courses
30 Realty Drive
Cheshire, CT 06410