PLEASE CHECK ALL THAT APPLY:

- JUNE 1 INSTRUCTOR DR. KIMBERLY TOWER (\$30) Applying Motivational Concepts and Strategies within Interscholastic Athletics
- JUNE 2 INSTRUCTOR PAUL HOEY (\$30) CIAC Rules and Regulations
- JUNE 2 INSTRUCTOR DR. DAVID HARACKIEWICZ (\$30) Drugs and Performance Enhancing Supplements (including enhancing athletic performance through proper nutrition)
- JUNE 3 INSTRUCTOR DAVE MALONEY(\$30) Diversity Issues for Interscholastic Coaches
- JUNE 3 INSTRUCTOR -DR. STEPHEN HOAG (\$30) The All-Adult Construct of Coaching (building the structure for all adults connected with the athletic program)
- JUNE 3 INSTRUCTOR CHARLES EGER (\$30) Strength and Conditioning Design for Interscholastic Athletics Programs
- JUNE 4 INSTRUCTOR GARY MAKOWICKI (\$30) Ethics and Sportsmanship in Interscholastic Athletics
- JUNE 4 INSTRUCTOR DOROTHY FRANCO-REED (\$30) Leadership of Interscholastic Athletics Programs (including communication with parents, players and the media)

NOTE: The State Department of Education requirement can be fulfilled by taking any five of the above courses. Participants are offered a special rate of five courses for \$125.

THE CONNECTICUT INTERSCHOLASTIC ATHLETIC Conference

30 Realty Drive • Cheshire, CT 06410 (203)250-1111 • FAX: (203)250-1345 • www.casciac.org

The Connecticut Interscholastic Athletic Conference 30 Realty Drive Cheshire, CT 06410



Re-Certification Courses

June 2006 **Coaches I**Cheshire, C



■ What are Coaches Re-certification Courses?

These course offerings provide an opportunity for coaches to experience quality professional development while also satisfying the State Department of Education requirement to obtain fifteen hours of approved course work during the five years for which a coaching permit is approved. Outstanding presenters will provide contemporary, interesting and important information to coaches.

■ Who should attend?

Any coach interested in furthering his/her coaching knowledge and/or any coach interested in satisfying the requirements for renewal of the coaching permit.

General description

Interested individuals may sign up for any number of courses. There is no requirement that all the courses or even a minimal number be taken. The topics covered will be ethics and sportsmanship; CIAC rules and regulations; practical sport psychology for middle school and high school programs; team organization as well as team selection; gender equity and diversity; contemporary drug issues; and, sport nutrition.

Cost

Individual courses are \$30.00 each. Take any combination of five courses and pay only \$125.

Sign up for any five courses and take advantage of the opportunity to earn all of the required fifteen hours of course work within a four-day time period!

Benefits

Participants will receive CEUs for their attendance and they will receive a certificate indicating the number of class hours earned toward re-certification.

■ When and Where?

The re-certification courses will be offered in June (see schedule on center panel). All courses will be held at the CIAC offices, 30 Realty Drive, Cheshire, CT.

Visit www.casciac.org/directions.shtml for directions.

Enrollment will be limited to 30 participants.

COURSE OFFERINGS

JUNE 1 - INSTRUCTOR - DR. KIMBERLY TOWER 6:00 - 9:00 P.M.

Applying Motivational Concepts and Strategies within Interscholastic Athletics

JUNE 2 - INSTRUCTOR - PAUL HOEY

3:00 - 6:00 P.M.

CIAC Rules and Regulations

JUNE 2 - INSTRUCTOR - DR. DAVID HARACKIEWICZ

6:00 - 9:00 P.M.

Drugs and Performance Enhancing Supplements (including enhancing athletic performance through proper nutrition)

JUNE 3 - INSTRUCTOR - DAVE MALONEY

8:00 - 11:00 A.M.

Diversity Issues for Interscholastic Coaches

JUNE 3 - INSTRUCTOR -DR. STEPHEN HOAG

11:30 A.M. - 2:30 P.M.

The All-Adult Construct of Coaching

(building the structure for all adults connected with the athletic program)

■ JUNE 3 - INSTRUCTOR - CHARLES EGER

3:00 - 6:00 P.M.

Strength and Conditioning Design for Interscholastic Athletics Programs

■ JUNE 4 - INSTRUCTOR - GARY MAKOWICKI

8:00 - 11:00 A.M.

Ethics and Sportsmanship in Interscholastic Athletics

■ JUNE 4 - INSTRUCTOR - DOROTHY FRANCO-REED

11:00 A.M. - 2:00 P.M.

Leadership of Interscholastic Athletics Programs (including communication with parents, players and the media)

Connecticut State Department of Education Requirement: A coaching permit shall be renewable every five years upon completion of not less than 15 clock hours of seminars, course work, or workshops which provide information on safe and healthful coaching practices and understanding child and adolescent development. (SDE Coaching Fact Sheet #105)

REGISTRATION CIAC COACHES RE-CERTIFICATION COURSES NAME STREET ADDRESS CITY STATE ZIP SCHOOL AFFILIATION (IF APPLICABLE) TELEPHONE NUMBER SS# (FOR CEUS ONLY) E-MAIL ADDRESS PLEASE COMPLETE COURSE **SELECTION FORM ON REVERSE SIDE OR REGISTER ON-LINE AT:** www.casciac.org/register

| PAYMENT INFORMATION: |
|--------------------------------------|
| Check one of the following |
| Check enclosed (make payable to CAS) |
| □ PO# |
| |
| Card Number: |
| Expiration Date: |
| Signature: |
| · |

Mail registration and payment to:

CIAC Coaches Re-certification Courses 30 Realty Drive Cheshire, CT 06410