

CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE  
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To CIAC Student Athletes:

The CIAC has provided this document so that you, the student athlete, might have the means to be informed both of the CIAC bylaws and your rights under those bylaws. This is also your personal copy of the Rules of Eligibility and Control with which all member schools and their athletes are required to comply. You and your parents or legal guardian are strongly urged both to read this document carefully to acquaint yourselves with the important information it contains, and to save it for future reference. This document does not purport to list all CIAC athletic policies or regulations. Those can be found in the CIAC Handbook, a copy of which has been distributed to all member high schools.

### **ATHLETES' RIGHTS OF DUE PROCESS**

There may come a time when, because of special circumstances, an athlete either commits an act, or fails to perform a duty, which results in his/her being declared ineligible to compete in a high school sport. In some cases, exceptions to the eligibility rules can be granted. All athletes have the right to the due process procedures listed below in seeking to have their eligibility restored.

Step 1. The athlete should first discuss the matter with the appropriate coach or athletic director. If it is felt that the circumstances of the case warrant a request for the exception to the rule, the high school principal should be informed.

Step 2. The high school principal then requests in writing to the CIAC Eligibility Committee that the matter be examined and an exception granted. Address of the committee: 30 Realty Drive, Cheshire, CT 06410.

Step 3. The CIAC Eligibility Committee will examine the facts of the case at its next regular meeting. The committee has the right to require that medical reports and/or other relevant documentation be provided.

Step 4. If the appeal is denied, the student's ineligibility remains in force for the period required in the regulations. The school has the right to request a hearing on the denial before the Eligibility Review Board. If the Eligibility Committee decides that the circumstances of the case merit an exception, the matter will be forwarded to the Eligibility Review Board. In both cases the Eligibility Review Board will conduct a full hearing on the matter at its next scheduled meeting. Meeting time lines will be followed. At that time, the athlete, parents of the athlete, school representatives, and any other persons that may help to represent the athlete's case may appear and present evidence before the Eligibility Review Board. The Board has the right to require presentation of medical reports, financial data or other relevant documentation.

Step 5. The Eligibility Review Board will, following a full hearing and proper consideration of the facts of the case, render its decision, either to grant or deny the requested exception or to uphold the decision of the Eligibility Committee. If the exception is granted, the athlete's eligibility is restored immediately and retroactively. If it is denied, the student's eligibility remains in force for the period required in the regulations.

In all matters of athletic eligibility, the decision of the Eligibility Review Board are final except where the CIAC Board of Control reserves the right to review and act upon those cases which the Board of Control considers worthy of its attention.

RULES OF ELIGIBILITY AND CONTROL FOR BOYS AND GIRLS HIGH SCHOOL ATHLETICS IN CONNECTICUT  
(ARTICLE IX -- CIAC By-laws)

As Adopted by

THE CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE, INC.

Effective July 1, 2003

These rules apply in every athletic contest in all CIAC-controlled sports listed in Section VIII of this code in which a member school participates, regardless of opponent. These are minimal regulations of the CIAC. All levels of play of CIAC-controlled athletic contests including varsity, junior varsity, freshmen or sports clubs representing any member school in interscholastic competition shall conform to the eligibility rules of the CIAC. Athletic teams are made up entirely of boys or entirely of girls; or are as otherwise provided in Section IV, paragraph F.

### I. SCHOLARSHIP

For purpose of this rule the term "unit" refers to the traditional Carnegie Unit. A Carnegie Unit is herein defined as "200 minutes of recitation during a period of five consecutive school days for an entire school year". Principals may equate any course offering with the Carnegie Unit, no matter what the scheduling pattern, by referring to the following: if a course is scheduled a minimum of 200 minutes during a period of five consecutive school days for a traditional nine-week marking period and awards at least 1/4 credit for that period, including independent study, that course should be considered one-quarter of a Carnegie Unit of work; mini-courses, tri-semester courses, alternative school programs, shared time programs, D.E., D.W.E., and other cooperative community programs must meet the minimum time and credit requirements above to be considered a quarter of a Carnegie Unit of work.

A. To be eligible for fall sports a student must have received credit toward graduation at the close of the school year preceding the contest in at least four (4) Carnegie Units of work or its equivalent for which he or she has not previously received credit. "Equivalent" is any number of courses which are equal to one Carnegie Unit. Credit must be earned during the same academic year.

Through the PPT process or Section 504 meeting, the principal will make a determination on what constitutes an identified student's equivalent of four (4) Carnegie Units of credit for athletic purposes. To this end, the principal shall rely on the student's most recent IEP or Section 504 Plan to make the determination. A student enrolling in ninth grade for the first time will be eligible for the first grading period regardless of the previous academic achievement. Thereafter, in order to be eligible, a student in grades 9-12 must meet the requirements found in Rule I.B.

B. A student cannot at any time represent a school unless taking at least four quarter Carnegie Units of work or its equivalent. During the school year a student must have received a passing mark in at least four (4) quarter Carnegie Units of work or its equivalent at the end of the regular marking period next preceding the contest. Student eligibility will be determined for all students on the date that report cards are distributed or on the fourteenth calendar day following the end of the marking period, whichever comes first. No Carnegie Unit or equivalent for which the student has already received credit shall be included in those required by this rule.

C. If computer, arena, or hand scheduling assigns an athlete less than four quarter Carnegie Units or equivalent of work in a marking period, that student is ineligible unless additional courses needed are added to the schedule.

D. Scholastic failures cannot be made up for eligibility purposes in any manner until the next report, except that credits earned during the summer by any regularly approved board of education procedure will be accepted for the purpose of determining the eligibility of students desiring to participate in the athletic program of the school in September. Scholastic incompletes must be made up within ten (10) school days following the date that student eligibility was determined for the respective marking period as defined above. Incomplete grades are not to be considered as passing grades.

It should be understood that the above regulations are minimal and do not prohibit a school from establishing more rigid eligibility standards.

Marking period grades (not semester grades) are to be used in determining scholastic eligibility to participate in interscholastic athletics during any given marking period. To be eligible for fall sports, a student must have received credit toward graduation of four (4) Carnegie Units of work for which he has not previously received credit. The final academic grade average determines fall eligibility. Semester courses or mini courses completed earlier in the school year may be counted toward the four (4) units used in determining eligibility for fall season. Year-end failures may be made up through successful completion of LEA approved summer school work in courses failed.

### II. STUDENT ELIGIBILITY

A. The student shall be a member of that school in grade 9, 10, 11 or 12. A graduate from any secondary school is ineligible. In local public school districts where grade 10-12 high schools exist, 9th grade students in a public JH/MS school, with local public school district approval, may participate at the local public school, where grades 10-12 exist. No student below grade 9 is allowed to practice or participate in any CIAC controlled sport. All situations which are not covered by this rule are to be referred in writing to the CIAC Board of Control prior to participation. ***HOME SCHOOLED STUDENTS: Eligibility to participate in interscholastic athletics is not to be extended to any student whose program is not under the direct supervision of a CIAC member school. This prohibition includes any recognition by member schools of home schooling as school district sponsored "alternative programs." Alternative programs, for the purposes of interscholastic athletics, are only to be recognized if they are developed by and function under the direct control of the local school system to serve the educational needs of a targeted group of students. Such programming generally relates to modifications in existing courses***

*or placement in an alternative school which a district may sponsor and is available to all eligible students. CHARTER, MAGNET, REGIONAL COOPERATIVE, INTER-DISTRICT SATELLITE SCHOOL STUDENT S: Eligibility to participate in interscholastic athletics at the sending school or school from which he/she would normally matriculate is extended to any student when the school does not provide any interscholastic athletic program. (1) The above listed alternative schools must be state authorized. (2) The above listed alternative schools need not be members of CIAC in order for their athletes to be allowed to play for the sending (home) school. (3) The principal of the CIAC member school at which the athlete would normally matriculate has the right to make the decision on the acceptance of these students in his/her athletic programs. The CIAC will allow such participation. However, the CIAC member school must approve of such participation before an alternative school athlete can participate. (4) The CIAC member school which accepts students from state approved alternative schools will be fully responsible for determining their eligibility status. An ineligible player from an alternative school will have the same impact on the status of the team from which he/she plays as all other athletes. (5) The CIAC will evaluate the eligibility of an alternative school athlete in the same manner that it now handles all other athletes. Student athletes from the alternative school shall comply with all eligibility requirements of the sending school. Eligibility to participate in interscholastic athletics at the sending school or school from which he/she would normally matriculate is **NOT** extended to any student when the receiving school does provide an interscholastic athletic program regardless of its offerings.*

The student must have been in membership at a secondary school for at least twelve (12) school weeks immediately preceding the time of participation, or regularly admitted from an elementary, middle, or junior high school within ten (10) school days from the opening of the succeeding school term. The time of summer vacation spent in summer school or private tutoring shall not be counted in the required twelve (12) weeks of school membership.

B. The student shall not have reached his or her nineteenth (19) birthday, except that a player who reaches his or her nineteenth (19) birthday on or after July 1, shall be eligible to compete during the ensuing school year if he or she is otherwise eligible.

No student who has been enrolled in grades 10, 11 or 12 inclusive in any school (member or non-member) shall participate in the same branch of athletics for more than three (3) seasons. Participation is defined as being a member of an athletic team in one or more interscholastic athletic contests during a season.

C. A student who transfers from a school to a CIAC member school during grade 10-11, or 12 without at the same time changing legal residence to another school district or school service area, or satisfying at least one of the following requirements must complete at least one year (365 days) of approved membership before being eligible for interscholastic competition in the same sport in which

he or she was a participant in the present or preceding season during grades 10, 11 or 12 on the junior varsity or varsity team. (Legal residence is defined as location of legal guardian.) (1) *A student who transfers after not less than a 90 calendar day membership from a non-member school to a member school and resides with a parent or legal guardian and satisfies Rule IIA.* (2) A student who is a ward of the court or state and is placed in another school district or school service area by court order. Guardianship other than court administered does not fulfill this requirement. (3) A foreign exchange student who is placed in a member school by an exchange program approved by CSIET. *Also, a student not in an approved CSIET exchange program who has NOT* participated in an organized sports program, equivalent to or on a higher level than CIAC high school programs. (4) A student who marries and establishes a new residence in another school district or school service area. (5) A student who transfers to another school because his or her school ceases to operate. (6) *A student who transfers to another school as the result of a reorganization, consolidation or annexation of his/her school in the district where he/she resides.* (7) A student ordered transferred within a school system, for other than athletic purposes, by a board of education or the governing body of a private or parochial school system. Transfer must take place within the same school system. (8) *A student who, because of the divorce or separation of his/her parents or because of the death of a parent or legal guardian, moves* into another school district or school service area or retains the same residence with one of the aforementioned parents and a parent(s) certifies the reason for the move as it relates to the divorce/separated parents or because of the death. For purposes of eligibility, transfer is permitted once per twelve month period which commences on the date of said transfer and must be approved by the CIAC Eligibility Committee before the student competes in interscholastic athletic competition. (9) A student eighteen (18) years or older but not 19 before July 1, who moves from one school district or school service area to another without being with a parent or parents and resides within the school district or school service area and complies with local board of education residency requirements will be eligible for participation. The transfer will be permitted once per twelve month period which commences on the date of said transfer and must be approved by the CIAC Eligibility Committee. (10) A student who completes the last grade available in the school system previously attended. (11) A student entering into a board of education approved exchange program between CIAC member schools for less than a full academic school year will retain interscholastic athletic eligibility with the sending school. (12) A student who transfers because the sending school discontinues a sport maintains athletic eligibility in any sport discontinued by the sending school, but is subject to the transfer rule in all sports not discontinued by the sending school. Such transfer will be permitted once per twelve month period commencing on the date of transfer and must be approved by the CIAC Eligibility Committee. (13) A special needs student, as identified by an IEP or 504 Plan, may transfer without loss of eligibility if the principal



of the sending school attests in writing that the school is unable to provide the support services necessary for the student's academic success. Such transfer will be permitted once per high school career and must be approved by the CIAC Eligibility Committee. **(14) Athletes will be permitted to transfer once they enter grade 10 to participate in any public school open choice plan enacted by the State Legislature or any state authorized charter, regional, cooperative, inter-district satellite, magnet or other public school choice options. Transfers may only take place once during grades 10, 11, and 12 except that (a) students who choose to return to the school to which they would have been normally assigned by the board of education or would have been able to attend through established procedures will retain their eligibility, (b) if a new charter, regional cooperative, inter-district satellite, magnet or other public school open choice option receives state approval subsequent to the year of a transfer, the athlete may transfer to that school without loss of eligibility.** (15) When for educational reasons and awaiting occupancy of a new residence a student enrolls at a new school at the beginning of a new year or semester, eligibility will begin on the date the family actually transfers residence. Approval must be granted by The CIAC Eligibility Committee and can occur not more than once during each school year. (16) When for educational reasons a parent or legal guardian moves to a new school district, the student, to gain eligibility at the new school without establishing a 365 day period of attendance, must transfer his/her enrollment simultaneously with the transfer of residence of parent or legal guardian, or no later than the beginning of the next school year. (17) A member school student returning from any foreign exchange program may resume interscholastic competition at the point of reentry without receiving credits towards graduation provided the student meets all other requirements relative to age, years of eligibility, etc. (18) Hardship-Eligibility may be granted to a transfer student who does not meet the CIAC Transfer Standard when sufficient evidence, as determined by the CIAC Eligibility Committee, is provided to show that it was necessary for the student to transfer because of unforeseen, unavoidable, or unusual circumstances including, but not limited to, broken home conditions, terminal or serious illness of parent or sibling, death of a parent or guardian, abandonment, loss of school accreditation, bankruptcy and/or loss of principal income of legal guardian(s), and provided the transfer was not for athletic reasons and there was no undue influence. Hardship is defined as an unforeseeable act, condition or event which may not reasonably and/or practically be avoided or corrected and which causes the imposition of a severe burden upon the student or his/her family. A hardship situation may be a situation which is unique to the student or his/her family which could not have been predicted, which does not apply to others in a similar setting, and over which the family has no control. **(19) A student in grades 10, 11, or 12 who does not qualify for the transfer rule requirements 1 through 18 will be granted eligibility by application to the CIAC Eligibility Committee if the following are satisfactorily completed:**

*After a period of 30 calendar days from the date of the first*

*allowable play date following date of enrollment (first day of attending classes) in the receiving school for the affected sport, or from the date of the first school contest after the date of enrollment, if entry is after the first allowable play date, eligibility will be granted to a student who has participated (i.e., actually played in a CIAC-approved contest) at the JV or varsity level of play at any time during the present or preceding year at the sending school, who does not otherwise qualify for any of the above exceptions and when both the sending and receiving school principals sign a CIAC transfer waiver form certifying to the best of their knowledge that the student has not transferred for athletic reasons.\* If the season ends\*\* before the thirty (30) calendar days have been completed, any remaining days of ineligibility shall be satisfied from the first allowable play date of the present school's regular season in that sport during the next school year unless he/she is a multi-sport athlete. In these cases, the remaining portion of the 30 calendar days will be served successively.*

*To qualify for the provisions of this section, a student must be a member of the team during the season in which the 30 day wait period is applied.*

*\* A transfer for athletic reasons is defined as but not limited to:*

- a. Seeking a change to a new school due to inducement or recruitment to play a sport.*
- b. Seeking a superior athletic team.*
- c. Seeking relief due to a conflict with the philosophy or action of an administrator, teacher or coach relating to sports.*
- d. Seeking a team consistent with the student's athletic abilities.*
- e. Seeking a means to nullify punitive action by the sending school for athletic reasons.*
- f. Seeking to escape academic or other ineligibility at the sending school due to the school's academic standards.*

*\*\*Season ends on the last date to count for tournament play. Tournament play does not count toward the 30 calendar days.*

(20) A student whose parents move out of the district anytime after he or she becomes a grade 10 student may continue to be eligible in the same school provided enrollment is continuous (unbroken) in the same school.

**RESIDENCY- The fact that guardianship papers have been issued, placing a student under the control of a person or persons other than his/her parent(s), does not establish eligibility in the district of the guardian unless such papers are issued through a probate court judge. Residence with and support by any individual or individuals for a period of one calendar year does establish the residence of that individual or individuals as the residence of the student for athletic purposes.**

D. A student shall not participate in or represent his or her school in more than one sport after the date of the first contest in that sport season, nor may that student represent more than one school during a season unless the student

satisfies the conditions of Eligibility Rule II.C.

The school season is defined as the period between the date officially designated by the CIAC as the beginning of the season for that sport and the close of the post-season CIAC Tournaments, except for those teams and/or athletes qualifying for the New England Tournaments. The conclusion of the New England Tournaments will be the end of the season for these teams and/or athletes. In the case of a sport in which the CIAC does not sponsor a tournament, the three (3) sports seasons shall be defined as follows: Fall---the Monday of the week immediately preceding Labor Day to December 2, inclusive; Winter---November 1 to April 1; Spring---March 15 to the end of the school year.

E. A student who is a member of a school team after the first scheduled tournament, meet or game in any season shall not participate with an outside team, or participate as an individual in non-CIAC tournaments, meets, *tryouts*, *skills assessment* or games in the same branch of athletics. After the first tournament, meet or game of the CIAC seasons a student competing or practicing with a non-CIAC team or as an individual in non-team sports is not eligible to become a member of the CIAC team or squad in the same branch of athletics. Exceptions to Rule II.E. are: (1) Participation in parent/child tournaments and caddy tournaments. (2) Swimming, tennis, gymnastics -- a student may practice but not compete with a non-CIAC team or as an individual during the season as long as such practices do not interfere with or replace member school practices.

F. A student shall not participate as a member of a team or as an individual in competition from which he or she receives personal economic gains because of his or her athletic skill.

A student shall always participate under his or her OWN NAME.

G. A student shall not participate in a post-season contest as a representative of his or her school except as provided in Article VII Section A, of the CIAC By-laws.

H. Requests for exceptions to the eligibility rules (including the Transfer Rule) and related appeals to the Eligibility Review Board may be considered only after the actual transfer to the new school has taken place.

### III. PENALTIES

A. *Violation of Rule II.C. shall mean that the student shall be ineligible for (365) days from the date of transfer.*

B. Violation of Rule II.D. shall mean that the student shall be ineligible for the remainder of the season.

C. Violation of Rule II.E. shall mean that the student shall be ineligible for the remainder of the season.

D. Violation of Rule II.F. shall mean that the student is suspended from all interscholastic athletics until he or she shall have been reinstated by the Board of Control of the CIAC after voluntary petition to the Board of Control. The Board of Control shall not consider any petition for reinstatement until at least three (3) school months after the presentation of the petition.

E. Violation of Rule II.G. shall mean that the student shall be ineligible for one calendar year from the date of such participation.

F. A student of any member school of the CIAC may be

barred from participation in athletic contests for violation of the CIAC By-laws. A student against whom a charge or protest has been filed shall have the privilege of having his or her case presented by his or her principal at the next scheduled meeting of the Board of Control.

### IV. GENERAL PROCEDURES

A. If a team uses an ineligible player, the game, whether won or lose, shall be counted, at the discretion of the CIAC Board of Control, as a defeat for the team on which the ineligible player played. For the opposing team such a game shall be counted as a victory. All such games shall be counted on the schedule of both teams as games played.

B. No member of the administration or teaching staff of a member school shall engage in, or cooperate in negotiations to induce a potentially eligible student to engage in professional sports, or to sign a contract before graduation or before leaving school. In case of violation the school will be issued a warning in writing for the first offense and be subject to suspension for the second offense.

C. 1. A member school or any affiliated person or organization of that school may not recruit a student for athletic purposes.

2. Recruiting is the use of undue influence and/or special inducement by anyone associated with a school in an attempt to encourage a prospective student to attend or remain at that school for the purpose of participating in interscholastic athletics. Refer to CIAC By-law Art. X, Recruitment.

D. Within two (2) school days after the first game of each sport, the principal shall sign and submit to the Executive Director of the CIAC, for each sport, a typed, alphabetical list of students by name, date of birth, grade, school last attended (if a transfer student defined under II, C.), certifying that these students are eligible for that season. As changes occur in eligibility they must be submitted within two (2) school days, to the Executive Director. Failure to comply with this rule may be cause of probation. ALL questions of eligibility verification must be referred to the Executive Director.

E. The headmaster or principal of each member school agrees that the interpretation of these eligibility rules made by the Committee on Eligibility Rules of the Connecticut Interscholastic Athletic Conference shall be final, subject only to review by the Board of Control of the Conference.

F. Girls may participate on boys teams. Girls may participate on either a girls team or a boys team in the same sport, but not both, within a time period of one school year. However, a member school has discretion to exclude girls from boys teams when it can demonstrate that its overall sports program does not limit athletic opportunities for girls.

Girls who participate on boys teams may enter either the boys or the girls state tournament, but not both.

Boys may not participate on girls teams.

G. On the eve of a tournament when there is not sufficient time for normal administrative procedures if a question of students or team ineligibility arises the Executive Director of CAS, in consultation with the CIAC Eligibility Committee and the Chairman of the tournament

in question, will make an appropriate ad hoc decision in consideration of the best interests of the tournament as a whole.

#### **V. SANCTIONS**

For these rules of eligibility and control the following definitions shall be used by the CIAC Board of Control:

**PROBATION**--A period of trial during which the school is monitored to determine compliance with the requirements of CIAC regulations.

**PROHIBITION**--The school cannot participate in any CIAC- sponsored meets or tournaments.

**SUSPENSION**--A school is removed from the CIAC and has the status of a non-member in all activities.

**FINE**--Punitive monetary fines nor to exceed \$10,000 may be imposed.

#### **VI. EXCEPTIONS**

Requests for exceptions to the eligibility rules must be made according to Article VIII. Section B.. 4., of the CIAC By-laws.

#### **VII. APPEALS**

Any appeals from the decisions of the Eligibility Committee must be made according to Article VIII. Section B., 6., of the CIAC By-laws.

#### **VIII. LIST OF CIAC-CONTROLLED ATHLETIC ACTIVITIES**

#### **GIRLS ACTIVITIES**

##### **Fall**

Cross Country  
Field Hockey  
Soccer  
Swimming  
Volleyball

##### **Winter**

Basketball  
Gymnastics  
Indoor Track

##### **Spring**

Softball  
Tennis  
Track  
Golf  
Lacrosse

#### **BOYS ACTIVITIES**

Cross Country  
Football  
Soccer

Basketball  
Hockey  
Indoor Track  
Swimming  
Wrestling

Baseball  
Golf  
Tennis  
Track  
Lacrosse  
Volleyball

#### **IX. EFFECTIVE DATE**

These rules shall be in effect on, and after July 1, 2003.

**X.** For the rule interpretations, Sunday is considered the first day of a calendar week.