

Connecticut Association of Schools KIDSMARATHON

For up to eight weeks, beginning March, 2017 Connecticut Elementary students (ages 7 – 12) will train using the KIDSMARATHON Training Guide, mentored by their parents/guardian. The program is designed by Rod Dixon, Olympic Medalist and winner of the 1983 New York City Marathon, endorsed by Carol Goodrow, author of the books, Kids Running, Happy Feet Healthy Food, and The Treasure of Health and Happiness. Connecticut Association of Schools supports the program. Each kid will work to accumulate 25.2 miles before the days of the celebrations at Cheshire High School, New Fairfield High School, Glastonbury High School, E.O. Smith High School in Storrs, Torrington High School Trumbull High School, Library Park in Waterbury, and East Lyme High School, where the program is completed in grand fashion, as each kid is able to finish the final mile of the marathon distance in front of the hundreds of cheering fans! Each student who finishes the KIDSMARATHON program will receive an official KIDSMARATHON PIONEER Medal, and attend a race day celebration event. They will also have taken a GREAT step toward a lifetime of fitness and healthy living!

ATHLETE ENTRY FORM

Please fill out all information completely

Entry Fee:

\$5 per Student (book and medal)

\$10 per Student (book, medal, and t-shirt)

Please make payment payable to your child's school and the school will make one payment in full to The CT Association of Schools

**ANY SCHOOL THAT HAS FURTHER QUESTIONS
MAY CONTACT... DAVE MALONEY
OR
ANNA SIMEONIDIS AT 203-250-1111**

RACE DAY PHONE/CELL # IN CASE OF EMERGENCY: _____

Last Name First Name Gender Age Date of Birth
(Day of Race)

Mailing Address School

E-Mail Address Home Phone Shirt Size

RELEASE FORM (BOTH LINES MUST BE SIGNED)

In consideration of acceptance of this entry, I the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators, release and discharge Connecticut Association of Schools, Cheshire, New Fairfield, Glastonbury, Region 19, South Windsor, Trumbull, Torrington, Waterford, and Waterbury Public Schools, Waterbury Parks and Rec., Rod Dixon, KIDSMARATHON, the towns of, Cheshire, Danbury, Glastonbury, the Region 19 District, South Windsor, Torrington, Trumbull, East Lyme, Waterbury and all other sponsoring or co-sponsoring companies or individuals associated with this health fitness program (collectively "Releases") from all claims, damages, rights of actions, present or future, whether the same to be known, anticipated or unanticipated, resulting from or arising out of, or incident to my agreement to participate in this program. The undersigned parent or guardian hereby elects to have his/her issue (athlete/participant) voluntarily participate in the KIDSMARATHON program, with CAS, and is aware of the risks and hazards, including, without limitation, weather conditions such as heat and/or high humidity, traffic and surface conditions. The undersigned further agrees to the use of the athlete/participant's name and photograph in broadcasts, newspapers, brochures, and other media without compensation. The undersigned acknowledges that the entry fee is non-refundable and non-transferrable.

I certify that the athlete/participant is physically fit and that his/her physical condition has been verified by a medical doctor, and that he/she will be sufficiently mentored and guided while participating in the KIDSMARATHON program.

SIGNATURE OF PARENT OR GUARDIAN

MEDICAL RELEASE*

*Parent/Guardian Permission for Medical Treatment