

CIAC Class LLChampionship - 11/13/19 to 11/19/19
Meet Program - Swimming Trials

Event 1 Girls 200 Yard Medley Relay

State: 1:43.99 2017

Cheshire

Class LL: 1:44.87 2011

Greenwich

Lane	Team	Relay	Seed Time	Prelim Time	Place
Heat 1 of 4 Prelims					
2	Danbury		2:16.91	_____	_____
3	NFA		2:05.83	_____	_____
4	East Hartford		2:08.86	_____	_____
Heat 2 of 4 Prelims					
1	Southington		1:57.84	_____	_____
2	Ludlowe		1:53.87	_____	_____
3	Cheshire		1:48.50	_____	_____
4	Glastonbury		1:52.47	_____	_____
5	East Haven-Cross		1:55.92	_____	_____
6	West Haven		2:03.27	_____	_____
Heat 3 of 4 Prelims					
1	Warde		1:56.69	_____	_____
2	Hamden		1:52.83	_____	_____
3	Greenwich		1:47.25	_____	_____
4	Ridgefield		1:50.08	_____	_____
5	Hall		1:54.17	_____	_____
6	Manchester		2:02.26	_____	_____
Heat 4 of 4 Prelims					
1	Newtown		1:56.48	_____	_____
2	Norwalk-McMahon		1:52.56	_____	_____
3	Trumbull		1:46.86	_____	_____
4	Staples		1:49.43	_____	_____
5	Amity		1:53.93	_____	_____
6	Westhill-Stam.		2:00.89	_____	_____

**CIAC Class LLChampionship - 11/13/19 to 11/19/19
Meet Program - Swimming Trials**

Event 2 Girls 200 Yard Freestyle

LL Auto Qual: 2:06.99

State: 1:48.53 2005

Class LL: 1:50.27 2015

**Kristen Frost
Marcella Maguire**

**Hand
Ridgefield**

Lane	Name	Year	School	Seed Time	Prelim Time	Place
Heat 1 of 6 Prelims						
1	Erin Racicot	SO	Trumbull	2:08.37	_____	_____
2	Caroline Kelly	FR	Ridgefield	2:07.00	_____	_____
3	Olivia Rose Fryer	JR	Amity	2:04.90	_____	_____
4	Megan Gangaway	FR	East Hartford	2:05.04	_____	_____
5	Jordan Mallis	JR	Westhill-Stam.	2:08.25	_____	_____
6	Grace Carravone	SR	Trumbull	2:08.48	_____	_____
Heat 2 of 6 Prelims						
1	Rachel Flaherty	SR	Glastonbury	2:04.63	_____	_____
2	Caroline Cermignani	JR	Glastonbury	2:03.56	_____	_____
3	Ava Breton	JR	Cheshire	2:02.60	_____	_____
4	Elizabeth Fletcher	SO	Warde	2:02.66	_____	_____
5	Molly Nordquist	FR	Hall	2:04.56	_____	_____
6	Isabel Hannah Barry-Ruiz	FR	Amity	2:04.89	_____	_____
Heat 3 of 6 Prelims						
1	Bridget Negron	FR	Warde	2:02.30	_____	_____
2	Shayna Millard	SO	Newtown	2:01.77	_____	_____
3	Brooke Sowka	FR	Glastonbury	2:01.07	_____	_____
4	Isabella Malchow	SO	Greenwich	2:01.40	_____	_____
5	Alexandra de la Sierra	SO	Greenwich	2:02.14	_____	_____
6	Martha Seaver	SR	Newtown	2:02.53	_____	_____
Heat 4 of 6 Prelims						
1	Brooke Keeney	JR	Glastonbury	2:00.30	_____	_____
2	Maya Watson	JR	Westhill-Stam.	1:57.94	_____	_____
3	Jessica Qi	SO	Staples	1:55.49	_____	_____
4	Norah Rome	SO	East Haven-Cross	1:56.31	_____	_____
5	Emma Robinson	SO	Greenwich	1:59.06	_____	_____
6	Lauren Daignault	SR	Norwalk-McMahon	2:00.92	_____	_____
Heat 5 of 6 Prelims						
1	Avery Potyrala	FR	Cheshire	1:59.91	_____	_____
2	Stephanie Bishop	JR	Ridgefield	1:56.71	_____	_____
3	Morgan Lenoce	SR	Staples	1:54.16	_____	_____
4	Julia Stevens	SR	Cheshire	1:55.86	_____	_____
5	Emma Nordquist	JR	Hall	1:58.76	_____	_____
6	Maggie Mantz	SR	Hall	2:00.86	_____	_____
Heat 6 of 6 Prelims						
1	Hope Ivanovich	FR	Trumbull	1:59.40	_____	_____
2	Nora Bergstrom	JR	Cheshire	1:56.44	_____	_____
3	Rylie Giles	JR	Ridgefield	1:52.35	_____	_____
4	Victoria Liu	FR	Greenwich	1:55.74	_____	_____
5	Andie Nadeau	JR	Southington	1:58.40	_____	_____
6	Julia Ann Snow	SO	Amity	2:00.80	_____	_____
Alternates						
1	Kendall Noonan	FR	Southington	2:08.54	_____	_____
2	Heimi Diaz	SO	Norwalk-McMahon	2:09.19	_____	_____

**CIAC Class LLChampionship - 11/13/19 to 11/19/19
Meet Program - Swimming Trials**

Event 3 Girls 200 Yard IM

LL Auto Qual: 2:23.99

State: 1:59.30 2018

Class LL: 1:59.30 2018

Meghan Lynch

Meghan Lynch

Greenwich

Greenwich

Lane	Name	Year	School	Seed Time	Prelim Time	Place
Heat 1 of 6 Prelims						
1	Hannah Kim	JR	Glastonbury	2:23.60	_____	_____
2	Sophia Karidas	SO	Westhill-Stam.	2:22.75	_____	_____
3	Julia Seguro	FR	Hall	2:22.44	_____	_____
4	Jacqueline Dale	JR	Trumbull	2:22.62	_____	_____
5	Vivian Nguyen	SO	Glastonbury	2:23.07	_____	_____
6	Hanna Sotolongo	SR	Ridgefield	2:24.29	_____	_____
Heat 2 of 6 Prelims						
1	Ashleigh Piro	SR	Trumbull	2:21.90	_____	_____
2	Aeva Silverman	SR	Hall	2:20.92	_____	_____
3	Emma Levine	FR	Ridgefield	2:20.25	_____	_____
4	Meghan Tiernan	FR	Hall	2:20.44	_____	_____
5	Wynter Berube	JR	Hamden	2:21.64	_____	_____
6	Norah Kolb	SO	Newtown	2:21.94	_____	_____
Heat 3 of 6 Prelims						
1	Norell Paluska	SO	Glastonbury	2:19.97	_____	_____
2	Olivia Renkert	SR	Newtown	2:19.04	_____	_____
3	Emma Ann Grabowski	SR	Amity	2:18.34	_____	_____
4	Sophia Miller	FR	Ludlowe	2:18.76	_____	_____
5	Madeline Symecko	JR	Southington	2:19.66	_____	_____
6	Amanda Thelma Robinson	SO	Amity	2:20.03	_____	_____
Heat 4 of 6 Prelims						
1	Emma Glover	JR	Cheshire	2:17.11	_____	_____
2	Hannah Strauss	JR	Staples	2:15.34	_____	_____
3	Miranda Bonitatebus	SO	Ridgefield	2:12.03	_____	_____
4	Amanda Wojenski	SO	Hamden	2:14.29	_____	_____
5	Gabriella Tejeda	JR	Cheshire	2:16.05	_____	_____
6	Gloria Ng	JR	NFA	2:17.90	_____	_____
Heat 5 of 6 Prelims						
1	Julia Lucey	SO	Greenwich	2:16.55	_____	_____
2	Julianna Tyler	FR	Cheshire	2:15.12	_____	_____
3	Meghan Lynch	JR	Greenwich	2:02.43	_____	_____
4	Aislinn Mitchell	SR	Hall	2:14.08	_____	_____
5	Pamela Reinoso	SR	Norwalk-McMahon	2:15.60	_____	_____
6	Rachel Davis	SO	Glastonbury	2:17.65	_____	_____
Heat 6 of 6 Prelims						
1	Caterina Li	SO	Greenwich	2:16.20	_____	_____
2	Samantha Ennis	JR	Greenwich	2:14.51	_____	_____
3	Lauren Walsh	SO	Trumbull	2:02.21	_____	_____
4	Jillian Stevens	SR	Cheshire	2:13.98	_____	_____
5	Jung Joo Kim	JR	East Haven-Cross	2:15.46	_____	_____
6	Rhianna Gilbertson	JR	Norwalk-McMahon	2:17.38	_____	_____
Alternates						
1	Vera Marie Belfonti	SR	Amity	2:26.12	_____	_____
2	Alora McCarroll	JR	East Haven-Cross	2:26.62	_____	_____

**CIAC Class LLL Championship - 11/13/19 to 11/19/19
Meet Program - Swimming Trials**

Event 4 Girls 50 Yard Freestyle

LL Auto Qual: 26.49

State: 23.03 2016

Class LL: 23.22 2016

McKenna Dale

Sarah Grinalds

E.O. Smith

Ludlowe

Lane	Name	Year	School	Seed Time	Prelim Time	Place
Heat 1 of 7 Prelims						
1	Ariana Milewski	FR	Westhill-Stam.	26.49	_____	_____
2	Daisy Decker	FR	Greenwich	26.42	_____	_____
3	Hannah Ganey	SO	Hall	26.40	_____	_____
4	Carolyn Miner	FR	Manchester	26.40	_____	_____
5	Katarina Dominguez	JR	Glastonbury	26.44	_____	_____
Heat 2 of 7 Prelims						
1	Lavana Gulati	SR	Cheshire	26.38	_____	_____
2	Alyson Booth	SO	Hall	26.25	_____	_____
3	Sarah Meade	SR	Southington	26.13	_____	_____
4	Paula Frankowski	JR	Westhill-Stam.	26.22	_____	_____
5	Jacqueline Fox	FR	Hall	26.27	_____	_____
6	Alena Mauhs	SR	Hamden	26.40	_____	_____
Heat 3 of 7 Prelims						
1	Kelsey Farber	SO	Ludlowe	26.07	_____	_____
2	Caroline Koziol	SO	Glastonbury	26.04	_____	_____
3	Kali Dominguez	SO	Hall	25.81	_____	_____
4	Lilly Bjerke	JR	Greenwich	25.89	_____	_____
5	Hailey Arman	SO	Ludlowe	26.06	_____	_____
6	Vanessa Squillante	FR	Cheshire	26.11	_____	_____
Heat 4 of 7 Prelims						
1	Payton Bradley	JR	Newtown	25.75	_____	_____
2	Sarah Chen	SR	Cheshire	25.68	_____	_____
3	Gabriele Ivanaviciute	FR	Warde	25.63	_____	_____
4	Grace Neala Mahon	FR	Amity	25.68	_____	_____
5	Milena Judge	SO	Westhill-Stam.	25.75	_____	_____
6	Juliette Castagna	SR	Ridgefield	25.77	_____	_____
Heat 5 of 7 Prelims						
1	Norah Hampford	SO	Trumbull	25.49	_____	_____
2	Julia Stellato	JR	Warde	24.99	_____	_____
3	Mia Zajac	SR	Trumbull	24.44	_____	_____
4	Anne Bowens	SR	Staples	24.48	_____	_____
5	Sophia Mechanic	JR	Staples	25.19	_____	_____
6	June Akpata	SR	Greenwich	25.61	_____	_____
Heat 6 of 7 Prelims						
1	Gianna Perugini	SR	Southington	25.26	_____	_____
2	Katherine Emerick O'Connor	SO	Amity	24.97	_____	_____
3	Sophie Murphy	JR	Cheshire	24.37	_____	_____
4	Ashley Calderon	SR	Norwalk-McMahon	24.45	_____	_____
5	Jenna Handali	SR	Greenwich	25.11	_____	_____
6	Adriana DelVecchio	FR	Hamden	25.60	_____	_____
Heat 7 of 7 Prelims						
1	Caroline Mahoney	JR	Newtown	25.25	_____	_____
2	Riley Kudlac	FR	Glastonbury	24.85	_____	_____
3	Esme Hunter	SR	Staples	23.95	_____	_____
4	Mary Ryan	FR	Warde	24.45	_____	_____
5	Erika DiPietro	JR	Manchester	25.06	_____	_____
6	Emma Grace Tirollo	JR	Amity	25.51	_____	_____

**CIAC Class LLChampionship - 11/13/19 to 11/19/19
Meet Program - Swimming Trials**

Event 6 Girls 100 Yard Butterfly

LL Auto Qual: 1:04.59

State: 53.88 2017

Class LL: 54.03 2017

Kelly Montesi

Kelly Montesi

Greenwich

Greenwich

Lane	Name	Year	School	Seed Time	Prelim Time	Place
Heat 1 of 6 Prelims						
1	Adessa Noyes	JR	Southington	1:04.89	_____	_____
2	Alexandra de la Sierra	SO	Greenwich	1:04.43	_____	_____
3	Julia Seguro	FR	Hall	1:04.33	_____	_____
4	Emmy Sigtryggsson	SO	Westhill-Stam.	1:04.35	_____	_____
5	Erin Racicot	SO	Trumbull	1:04.49	_____	_____
6	Sophia Karidas	SO	Westhill-Stam.	1:05.16	_____	_____
Heat 2 of 6 Prelims						
1	Kara Rondinelli	JR	Glastonbury	1:03.54	_____	_____
2	Riya Bonde	FR	Amity	1:03.36	_____	_____
3	Kaitlyn Grove	SO	Cheshire	1:03.03	_____	_____
4	Caroline Koziol	SO	Glastonbury	1:03.32	_____	_____
5	Molly Nordquist	FR	Hall	1:03.43	_____	_____
6	Julianne Lui	SO	Glastonbury	1:04.00	_____	_____
Heat 3 of 6 Prelims						
1	Sophia Miller	FR	Ludlowe	1:02.52	_____	_____
2	Lauren Daignault	SR	Norwalk-McMahon	1:01.89	_____	_____
3	Ashleigh Piro	SR	Trumbull	1:01.27	_____	_____
4	Olivia Renkert	SR	Newtown	1:01.89	_____	_____
5	Wynter Berube	JR	Hamden	1:01.99	_____	_____
6	Alejandra Roldan	JR	Norwalk-McMahon	1:02.62	_____	_____
Heat 4 of 6 Prelims						
1	Jung Joo Kim	JR	East Haven-Cross	1:00.91	_____	_____
2	Meghan Hammarlund	JR	Southington	59.52	_____	_____
3	Katherine Emerick O'Connor	SO	Amity	58.43	_____	_____
4	Avery Kudlac	FR	Glastonbury	58.97	_____	_____
5	Amanda Wojenski	SO	Hamden	1:00.30	_____	_____
6	Julianna Tyler	FR	Cheshire	1:01.18	_____	_____
Heat 5 of 6 Prelims						
1	Grace Neala Mahon	FR	Amity	1:00.71	_____	_____
2	Maggie Mantz	SR	Hall	59.48	_____	_____
3	Ashley Calderon	SR	Norwalk-McMahon	56.96	_____	_____
4	Ella Alpert	SO	Staples	58.87	_____	_____
5	Riley Riebling	SO	Ridgefield	1:00.11	_____	_____
6	Vera Marie Belfonti	SR	Amity	1:01.02	_____	_____
Heat 6 of 6 Prelims						
1	Mary Barto	JR	Cheshire	1:00.60	_____	_____
2	Julia Nevins	SR	Trumbull	59.17	_____	_____
3	Hannah Seward	JR	Ridgefield	54.50	_____	_____
4	Aislinn Mitchell	SR	Hall	58.77	_____	_____
5	Gabriella Tejada	JR	Cheshire	59.96	_____	_____
6	Emma Robinson	SO	Greenwich	1:00.91	_____	_____
Alternates						
1	Marcella Winget	SR	Greenwich	1:06.30	_____	_____
2	Anastasia Thumser	SO	Staples	1:07.04	_____	_____

**CIAC Class LLC Championship - 11/13/19 to 11/19/19
Meet Program - Swimming Trials**

Event 7 Girls 100 Yard Freestyle

LL Auto Qual: 57.79

State: 50.39 2011

Class LL: 51.55 2011

Elizabeth McDonald

Lauren Church

Pomperaug

Greenwich

Lane	Name	Year	School	Seed Time	Prelim Time	Place
Heat 1 of 6 Prelims						
1	Lavana Gulati	SR	Cheshire	58.30	_____	_____
2	Alyson Booth	SO	Hall	58.23	_____	_____
3	Jacqueline Dale	JR	Trumbull	57.94	_____	_____
4	Katarina Dominguez	JR	Glastonbury	58.04	_____	_____
5	Grace Crespi	JR	Hall	58.28	_____	_____
6	Anna Haydostian	SR	Trumbull	58.70	_____	_____
Heat 2 of 6 Prelims						
1	Vanessa Squillante	FR	Cheshire	57.61	_____	_____
2	Norah Kolb	SO	Newtown	57.34	_____	_____
3	Lauren Anne Sender	SO	Amity	57.30	_____	_____
4	Hailey Arman	SO	Ludlowe	57.32	_____	_____
5	Hannah Ganey	SO	Hall	57.56	_____	_____
6	Kelsey Farber	SO	Ludlowe	57.79	_____	_____
Heat 3 of 6 Prelims						
1	Caroline Cermignani	JR	Glastonbury	56.99	_____	_____
2	Olivia Rose Fryer	JR	Amity	56.89	_____	_____
3	Gianna Perugini	SR	Southington	56.12	_____	_____
4	Emma Grace Tirollo	JR	Amity	56.27	_____	_____
5	Daisy Decker	FR	Greenwich	56.90	_____	_____
6	Daniela Pompa	SO	Greenwich	57.05	_____	_____
Heat 4 of 6 Prelims						
1	Adriana DelVecchio	FR	Hamden	55.67	_____	_____
2	Stephanie Bishop	JR	Ridgefield	54.33	_____	_____
3	Sophie Murphy	JR	Cheshire	53.05	_____	_____
4	Morgan Lenoce	SR	Staples	53.69	_____	_____
5	Erika DiPietro	JR	Manchester	54.93	_____	_____
6	Payton Bradley	JR	Newtown	55.99	_____	_____
Heat 5 of 6 Prelims						
1	Sophia Mechanic	JR	Staples	55.30	_____	_____
2	Jenna Handali	SR	Greenwich	53.97	_____	_____
3	Hannah Seward	JR	Ridgefield	52.70	_____	_____
4	Mary Ryan	FR	Warde	53.69	_____	_____
5	Hannah Strauss	JR	Staples	54.88	_____	_____
6	Lilly Bjerke	JR	Greenwich	55.83	_____	_____
Heat 6 of 6 Prelims						
1	Avery Potyrala	FR	Cheshire	55.10	_____	_____
2	Riley Kudlac	FR	Glastonbury	53.86	_____	_____
3	Lily Kernaghan	SR	Ludlowe	52.54	_____	_____
4	Jessica Qi	SO	Staples	53.07	_____	_____
5	Emma Panaroni	JR	Hamden	54.35	_____	_____
6	Carleigh Motycka	SR	Glastonbury	55.70	_____	_____
Alternates						
1	Paula Frankowski	JR	Westhill-Stam.	58.96	_____	_____
2	Jayne Marie Whitman	SO	Amity	1:00.05	_____	_____

**CIAC Class LLChampionship - 11/13/19 to 11/19/19
Meet Program - Swimming Trials**

Event 8 Girls 500 Yard Freestyle

LL Auto Qual: 5:49.99

State: 4:46.99 2005

Class LL: 4:53.45 2016

**Kristen Frost
Sarah Grinalds**

**Hand
Ludlowe**

Lane	Name	Year	School	Seed Time	Prelim Time	Place
Heat 1 of 6 Prelims						
1	Margaret Enquist	FR	Staples	5:51.81	_____	_____
2	Martha-Victoria Parizot	JR	Norwalk-McMahon	5:47.26	_____	_____
3	Katherine Manaresi	FR	Hall	5:45.89	_____	_____
4	Emily Ryklin	JR	Westhill-Stam.	5:46.74	_____	_____
5	Kaelyn Falanga	SO	West Haven	5:50.58	_____	_____
6	Isobel Gryspeerdt	JR	Staples	5:53.74	_____	_____
Heat 2 of 6 Prelims						
1	Sophia Penn Melni McDermott	FR	Amity	5:45.61	_____	_____
2	Kendall Noonan	FR	Southington	5:45.17	_____	_____
3	Jordan Mallis	JR	Westhill-Stam.	5:42.66	_____	_____
4	Juliana Mastroianni	JR	Glastonbury	5:44.80	_____	_____
5	Genevieve DiChiara	FR	Hamden	5:45.56	_____	_____
6	Emma Jekubovich	FR	Southington	5:45.65	_____	_____
Heat 3 of 6 Prelims						
1	Marley Milne	JR	Glastonbury	5:38.13	_____	_____
2	Jenna Marinaccio	SR	Greenwich	5:35.26	_____	_____
3	Bridget Negron	FR	Warde	5:33.05	_____	_____
4	Caroline Kelly	FR	Ridgefield	5:33.92	_____	_____
5	Grace Pettit	JR	Cheshire	5:35.72	_____	_____
6	Brooke Keeney	JR	Glastonbury	5:41.56	_____	_____
Heat 4 of 6 Prelims						
1	Julia Lucey	SO	Greenwich	5:24.66	_____	_____
2	Andie Nadeau	JR	Southington	5:18.88	_____	_____
3	Norah Rome	SO	East Haven-Cross	5:09.58	_____	_____
4	Emma Nordquist	JR	Hall	5:15.00	_____	_____
5	Elizabeth Fletcher	SO	Warde	5:21.91	_____	_____
6	Amanda Thelma Robinson	SO	Amity	5:31.46	_____	_____
Heat 5 of 6 Prelims						
1	Brooke Sowka	FR	Glastonbury	5:22.99	_____	_____
2	Hope Ivanovich	FR	Trumbull	5:18.03	_____	_____
3	Julia Stevens	SR	Cheshire	5:09.18	_____	_____
4	Maya Watson	JR	Westhill-Stam.	5:12.55	_____	_____
5	Julia Rosado	FR	East Haven-Cross	5:21.45	_____	_____
6	Samantha Ings	FR	Greenwich	5:31.37	_____	_____
Heat 6 of 6 Prelims						
1	Megan Gangaway	FR	East Hartford	5:22.27	_____	_____
2	Nora Bergstrom	JR	Cheshire	5:15.19	_____	_____
3	Rylie Giles	JR	Ridgefield	5:01.19	_____	_____
4	Victoria Liu	FR	Greenwich	5:09.94	_____	_____
5	Julia Ann Snow	SO	Amity	5:20.17	_____	_____
6	Martha Seaver	SR	Newtown	5:30.09	_____	_____
Alternates						
1	Morgan Falanga	SR	West Haven	5:55.10	_____	_____
2	Natalie Carrington	JR	Amity	5:55.48	_____	_____

**CIAC Class LLChampionship - 11/13/19 to 11/19/19
Meet Program - Swimming Trials**

Event 9 Girls 200 Yard Freestyle Relay

State: 1:36.18 1996

Cheshire

Class LL: 1:36.42 2018

Staples

Lane	Team	Relay	Seed Time	Prelim Time	Place
Heat 1 of 4 Prelims					
2	Danbury		2:01.15	_____	_____
3	East Hartford		1:56.34	_____	_____
4	Manchester		1:59.17	_____	_____
Heat 2 of 4 Prelims					
1	Ludlowe		1:49.24	_____	_____
2	Hall		1:44.16	_____	_____
3	Trumbull		1:41.27	_____	_____
4	Newtown		1:42.34	_____	_____
5	Ridgefield		1:47.09	_____	_____
6	NFA		1:54.02	_____	_____
Heat 3 of 4 Prelims					
1	Warde		1:48.72	_____	_____
2	Greenwich		1:42.80	_____	_____
3	Amity		1:41.26	_____	_____
4	Cheshire		1:41.50	_____	_____
5	Westhill-Stam.		1:46.79	_____	_____
6	East Haven-Cross		1:52.00	_____	_____
Heat 4 of 4 Prelims					
1	West Haven		1:48.35	_____	_____
2	Glastonbury		1:42.44	_____	_____
3	Staples		1:37.56	_____	_____
4	Hamden		1:41.40	_____	_____
5	Southington		1:45.34	_____	_____
6	Norwalk-McMahon		1:51.78	_____	_____

**CIAC Class LLChampionship - 11/13/19 to 11/19/19
Meet Program - Swimming Trials**

Event 10 Girls 100 Yard Backstroke

LL Auto Qual: 1:05.09

State: 54.13 2015

Class LL: 54.87 2016

Marcella McGuire

Marcella McGuire

Ridgefield

Ridgefield

Lane	Name	Year	School	Seed Time	Prelim Time	Place
Heat 1 of 6 Prelims						
1	Isabel Hannah Barry-Ruiz	FR	Amity	1:04.86	_____	_____
2	Juliette Castagna	SR	Ridgefield	1:04.42	_____	_____
3	Lauren Anne Sender	SO	Amity	1:04.25	_____	_____
4	Aeva Silverman	SR	Hall	1:04.41	_____	_____
5	Emma Jekubovich	FR	Southington	1:04.81	_____	_____
6	Grace Crespi	JR	Hall	1:04.89	_____	_____
Heat 2 of 6 Prelims						
1	Rachel Flaherty	SR	Glastonbury	1:04.04	_____	_____
2	Dakota Marson	SR	Ludlowe	1:03.82	_____	_____
3	Norah Hampford	SO	Trumbull	1:03.35	_____	_____
4	Sabrina Porter	SO	Ridgefield	1:03.61	_____	_____
5	Milena Judge	SO	Westhill-Stam.	1:03.89	_____	_____
6	Sophia Shaughnessy	JR	Hall	1:04.20	_____	_____
Heat 3 of 6 Prelims						
1	Madeline Symecko	JR	Southington	1:02.85	_____	_____
2	Carleigh Motycka	SR	Glastonbury	1:02.54	_____	_____
3	Caroline Mahoney	JR	Newtown	1:02.37	_____	_____
4	Ava Breton	JR	Cheshire	1:02.47	_____	_____
5	Rhianna Gilbertson	JR	Norwalk-McMahon	1:02.61	_____	_____
6	Anna Haydostian	SR	Trumbull	1:03.12	_____	_____
Heat 4 of 6 Prelims						
1	Julia Rosado	FR	East Haven-Cross	1:01.39	_____	_____
2	Jillian Stevens	SR	Cheshire	1:00.24	_____	_____
3	Samantha Ennis	JR	Greenwich	57.93	_____	_____
4	Jacqueline Fox	FR	Hall	59.97	_____	_____
5	Julia Stellato	JR	Warde	1:00.76	_____	_____
6	Ella Alpert	SO	Staples	1:02.11	_____	_____
Heat 5 of 6 Prelims						
1	Alejandra Roldan	JR	Norwalk-McMahon	1:00.97	_____	_____
2	Meghan Hammarlund	JR	Southington	1:00.22	_____	_____
3	Lily Kernaghan	SR	Ludlowe	57.39	_____	_____
4	Emma Panaroni	JR	Hamden	59.39	_____	_____
5	Isabella Malchow	SO	Greenwich	1:00.61	_____	_____
6	Avery Kudlac	FR	Glastonbury	1:01.96	_____	_____
Heat 6 of 6 Prelims						
1	Gabriele Ivanaviciute	FR	Warde	1:00.96	_____	_____
2	Riley Riebling	SO	Ridgefield	1:00.14	_____	_____
3	Esme Hunter	SR	Staples	56.08	_____	_____
4	Mia Zajac	SR	Trumbull	58.30	_____	_____
5	Sarah Chen	SR	Cheshire	1:00.32	_____	_____
6	Shayna Millard	SO	Newtown	1:01.80	_____	_____
Alternates						
1	Sarah Meade	SR	Southington	1:05.44	_____	_____
2	Vivian Nguyen	SO	Glastonbury	1:05.60	_____	_____

**CIAC Class LLChampionship - 11/13/19 to 11/19/19
Meet Program - Swimming Trials**

Event 11 Girls 100 Yard Breaststroke

LL Auto Qual: 1:14.99

State: 1:01.89 2016

Class LL: 1:02.28 2018

**Sophie Angus
Meghan Lynch**

**Weston
Greenwich**

Lane	Name	Year	School	Seed Time	Prelim Time	Place
Heat 1 of 6 Prelims						
1	Lauren Clark	FR	Trumbull	1:18.08	_____	_____
2	Carly Diana Silver	SR	Amity	1:17.04	_____	_____
3	Margaret Enquist	FR	Staples	1:16.28	_____	_____
4	Serena Ye	SR	Staples	1:16.54	_____	_____
5	Molly Wilson	FR	West Haven	1:18.00	_____	_____
6	Anisha Kurup	FR	Trumbull	1:18.16	_____	_____
Heat 2 of 6 Prelims						
1	Emma Levine	FR	Ridgefield	1:15.31	_____	_____
2	Gabrielle Sokolik	SO	Cheshire	1:14.85	_____	_____
3	Meghan Tiernan	FR	Hall	1:14.41	_____	_____
4	Alora McCarroll	JR	East Haven-Cross	1:14.58	_____	_____
5	Julianne Lui	SO	Glastonbury	1:15.22	_____	_____
6	Clara Patterson	JR	Warde	1:15.55	_____	_____
Heat 3 of 6 Prelims						
1	Katherine Manaresi	FR	Hall	1:14.36	_____	_____
2	Jenna Famiglietti	JR	Southington	1:14.10	_____	_____
3	Rocio Yanez	JR	Greenwich	1:13.53	_____	_____
4	Riley Lord	SO	Glastonbury	1:14.06	_____	_____
5	Tiffany Yin	FR	Ridgefield	1:14.28	_____	_____
6	Anna Close	SR	Ludlowe	1:14.37	_____	_____
Heat 4 of 6 Prelims						
1	June Akpata	SR	Greenwich	1:11.68	_____	_____
2	Anne Bowens	SR	Staples	1:09.46	_____	_____
3	Hanna Sotolongo	SR	Ridgefield	1:07.89	_____	_____
4	Lauren Walsh	SO	Trumbull	1:08.66	_____	_____
5	Rachel Davis	SO	Glastonbury	1:10.92	_____	_____
6	Cate Fischer	SO	Newtown	1:12.80	_____	_____
Heat 5 of 6 Prelims						
1	Mary Barto	JR	Cheshire	1:11.50	_____	_____
2	Miranda Bonitatebus	SO	Ridgefield	1:09.44	_____	_____
3	Caroline Petropoulos	SR	Norwalk-McMahon	1:07.72	_____	_____
4	Emma Glover	JR	Cheshire	1:08.49	_____	_____
5	Norell Paluska	SO	Glastonbury	1:10.36	_____	_____
6	Pamela Reinoso	SR	Norwalk-McMahon	1:12.77	_____	_____
Heat 6 of 6 Prelims						
1	Emma Ann Grabowski	SR	Amity	1:11.02	_____	_____
2	Gloria Ng	JR	NFA	1:08.87	_____	_____
3	Meghan Lynch	JR	Greenwich	1:04.39	_____	_____
4	Caterina Li	SO	Greenwich	1:08.05	_____	_____
5	Tori Newton	SR	Cheshire	1:10.08	_____	_____
6	Julia Nevins	SR	Trumbull	1:12.69	_____	_____
Alternates						
1	Alexandra Nye	JR	Ludlowe	1:19.16	_____	_____
2	Madison McDonald	SO	Warde	1:19.53	_____	_____

**CIAC Class LLChampionship - 11/13/19 to 11/19/19
Meet Program - Swimming Trials**

Event 12 Girls 400 Yard Freestyle Relay

State: 3:27.00 2017

Greenwich

Class LL: 3:27.16 2017

Greenwich

Lane	Team	Relay	Seed Time	Prelim Time	Place
Heat 1 of 4 Prelims					
2	Manchester		4:27.15	_____	_____
3	East Hartford		4:11.96	_____	_____
4	NFA		4:19.09	_____	_____
Heat 2 of 4 Prelims					
1	East Haven-Cross		3:55.94	_____	_____
2	Newtown		3:45.10	_____	_____
3	Staples		3:35.39	_____	_____
4	Amity		3:43.37	_____	_____
5	Southington		3:47.85	_____	_____
Heat 3 of 4 Prelims					
1	Westhill-Stam.		3:53.39	_____	_____
2	Norwalk-McMahon		3:44.89	_____	_____
3	Greenwich		3:34.12	_____	_____
4	Warde		3:41.24	_____	_____
5	Glastonbury		3:46.94	_____	_____
6	West Haven		4:07.80	_____	_____
Heat 4 of 4 Prelims					
1	Hall		3:51.47	_____	_____
2	Ludlowe		3:44.13	_____	_____
3	Cheshire		3:33.50	_____	_____
4	Ridgefield		3:39.92	_____	_____
5	Trumbull		3:46.55	_____	_____
6	Hamden		3:58.00	_____	_____