

**CIAC Class S Championship - 11/14/19 to 11/19/19  
Meet Program - Swimming Finals**

**Event 1 Girls 200 Yard Medley Relay**

**State: 1:43.99 2017**

**Cheshire**

**Class S: 1:44.80 2015**

**Weston**

<b>Lane</b>	<b>Team</b>	<b>Relay</b>	<b>Prelims</b>	<b>Finals</b>	<b>Place</b>
<b>Heat 1 C - Final</b>					
3	St. Paul		2:36.23	_____	_____
4	Watertown		2:12.59	_____	_____
5	Ledyard		2:24.85	_____	_____
<b>Heat 2 B - Final</b>					
1	Sheehan		2:11.53	_____	_____
2	Berlin		2:07.83	_____	_____
3	Hadd-Kill		2:06.59	_____	_____
4	Plainville		2:03.71	_____	_____
5	New Fairfield		2:05.47	_____	_____
6	Sacred Heart		2:07.69	_____	_____
7	Rocky Hill		2:08.91	_____	_____
8	Oxford		2:12.00	_____	_____
<b>Heat 3 A - Final</b>					
1	Woodland Reg.		2:01.91	_____	_____
2	Jonathan Law		1:59.26	_____	_____
3	Lauralton Hall		1:55.40	_____	_____
4	Seymour		1:53.26	_____	_____
5	Weston		1:53.71	_____	_____
6	East Catholic		1:57.57	_____	_____
7	Joel Barlow		2:01.62	_____	_____
8	Waterford		2:02.16	_____	_____

**CIAC Class S Championship - 11/14/19 to 11/19/19  
Meet Program - Swimming Finals**

**Event 2 Girls 200 Yard Freestyle**

**State: 1:48.53 2005**

**Kristen Frost**

**Hand**

**S Auto Qual: 2:16.59**

**Class S: 1:50.21 2009**

**Shelby Fortin**

**Weston**

Lane	Name	Year	School	Prelims	Finals	Place
------	------	------	--------	---------	--------	-------

**Heat 1 C - Final**

1	Hayden Beach	SR	Joel Barlow	2:11.87	_____	_____
2	Madeline Palmese	JR	Berlin	2:10.77	_____	_____
3	Grace Bujdud	FR	Joel Barlow	2:09.38	_____	_____
4	Alyson Bugge	SO	Lauralton Hall	2:09.02	_____	_____
5	Mary Alice Kohn	SR	Weston	2:09.31	_____	_____
6	Sophia Michelangelo	SR	Lauralton Hall	2:10.31	_____	_____
7	Rachel McAdams	SR	Cromwell	2:11.33	_____	_____
8	Sarah Griffith	SO	Sacred Heart	2:11.89	_____	_____

**Heat 2 B - Final**

1	Maura Beltrami	FR	Woodland Reg.	2:08.36	_____	_____
2	Paige DeFelice	FR	Weston	2:06.87	_____	_____
3	Katalyn Foster	SR	Weston	2:03.35	_____	_____
4	Leila Sofiane	SO	Sheehan	2:01.79	_____	_____
5	Athena Homorodean	JR	Jonathan Law	2:03.05	_____	_____
6	Elyse Gathy	SR	Waterford	2:05.93	_____	_____
7	Amelia Badzioch	SO	St. Paul	2:07.71	_____	_____
8	Audrey Ray	JR	Oxford	2:08.59	_____	_____

**Heat 3 A - Final**

1	Jodie Pickle	SO	Portland	2:01.54	_____	_____
2	Jenna Swist	JR	East Catholic	2:00.12	_____	_____
3	Caroline Begg	SO	Lauralton Hall	1:58.84	_____	_____
4	Sophia Velleco	FR	Seymour	1:55.68	_____	_____
5	Claire Kehley	SO	Lauralton Hall	1:57.34	_____	_____
6	Alexandra Bradley	SO	Weston	1:59.58	_____	_____
7	Annamarie Pope	SO	Tolland	2:00.73	_____	_____
8	Kaitlyn McCluskey	JR	Seymour	2:01.63	_____	_____

**Alternates**

1	Haley Bennett	FR	Seymour	2:12.54	_____	_____
2	Robin Zemlo	FR	Ledyard	2:13.67	_____	_____

**CIAC Class S Championship - 11/14/19 to 11/19/19  
Meet Program - Swimming Finals**

**Event 3 Girls 200 Yard IM**

**State: 1:59.30 2018**

**Meghan Lynch**

**Greenwich**

**S Auto Qual: 2:37.99**

**Class S: 2:04.50 2018**

**Samantha Kim**

**Weston**

<b>Lane</b>	<b>Name</b>	<b>Year</b>	<b>School</b>	<b>Prelims</b>	<b>Finals</b>	<b>Place</b>
-------------	-------------	-------------	---------------	----------------	---------------	--------------

**Heat 1 C - Final**

1	Kacie DeRosa	SO	Lauralton Hall	2:29.76	_____	_____
2	Lili Nagy-Leranth	SO	Sheehan	2:28.87	_____	_____
3	Lindsay Pramono	FR	Torrington	2:27.22	_____	_____
4	Paige Sciarra	SO	East Catholic	2:26.68	_____	_____
5	Maeve Williams	JR	East Catholic	2:26.97	_____	_____
6	Alexa Darak	SO	Jonathan Law	2:28.34	_____	_____
7	Paige Starr	JR	New Fairfield	2:29.17	_____	_____
8	Alexandra Brenton	JR	Lauralton Hall	2:30.71	_____	_____

**Heat 2 B - Final**

1	Alanna Dwyer	SO	Sheehan	2:25.72	_____	_____
2	Sarah Jacovino	SR	Watertown	2:25.63	_____	_____
3	Catherine McLaughlin	JR	Lauralton Hall	2:24.33	_____	_____
4	Madeline Scully	SO	Oxford	2:23.81	_____	_____
5	Mackenzie Morus	FR	New Fairfield	2:24.19	_____	_____
6	Emma Wojnarowski	SO	East Catholic	2:24.73	_____	_____
7	Brooke Nabors	SR	Jonathan Law	2:25.68	_____	_____
8	Jenna DePasquale	JR	Lauralton Hall	2:26.14	_____	_____

**Heat 3 A - Final**

1	Kelly Leahy	FR	Weston	2:20.51	_____	_____
2	Olivia Velleco	JR	Seymour	2:16.84	_____	_____
3	Sarah Franco	SR	Weston	2:16.18	_____	_____
4	isabella Gary	JR	Weston	2:12.04	_____	_____
5	Olivia Huewe	FR	Weston	2:14.51	_____	_____
6	McKenna Haynes	SO	Seymour	2:16.41	_____	_____
7	Katherine Webb	SO	Sheehan	2:19.19	_____	_____
8	Samantha Ruschmeier	SO	Rockville	2:21.38	_____	_____

**Alternates**

1	Jackie Pereira	SR	Seymour	2:30.87	_____	_____
2	Kaitlyn Nielsen	SO	Berlin	2:31.11	_____	_____

**CIAC Class S Championship - 11/14/19 to 11/19/19  
Meet Program - Swimming Finals**

**Event 4 Girls 50 Yard Freestyle**  
**State: 23.03 2016**  
**S Auto Qual: 27.79**  
**Class S: 23.74 2015**

**McKenna Dale** **E.O. Smith**  
**Charlotte Proceller** **Weston**  
**Year School Prelims**

<b>Lane</b>	<b>Name</b>	<b>Year</b>	<b>School</b>	<b>Prelims</b>	<b>Finals</b>	<b>Place</b>
<b>Heat 1 C - Final</b>						
1	Kelly Chmielewski	JR	Berlin	26.90	_____	_____
2	Morgan Begley	SR	New Fairfield	26.58	_____	_____
3	Sophia Piscitell	JR	Weston	26.21	_____	_____
4	Molly Kennedy	FR	Woodland Reg.	26.13	_____	_____
5	Nina Lamb	JR	Hadd-Kill	26.21	_____	_____
6	Grace Parkosewich	SO	Seymour	26.40	_____	_____
7	Hennessey Shane	JR	Jonathan Law	26.72	_____	_____
8	Amy Bui	JR	Sheehan	27.18	_____	_____
<b>Heat 2 B - Final</b>						
1	Athena Homorodean	JR	Jonathan Law	26.07	_____	_____
2	Elizabeth Long	FR	Lauralton Hall	25.97	_____	_____
3	Anna Mrozik	SR	Seymour	25.82	_____	_____
4	Lily Baldieri	SR	Jonathan Law	25.39	_____	_____
5	Katherine Linell	SR	Weston	25.54	_____	_____
6	Karolina Morrelli	FR	Ansonia	25.90	_____	_____
7	Bailey Baclaski	SO	Berlin	26.03	_____	_____
8	Kelly Schneider	SR	Portland	26.07	_____	_____
<b>Heat 3 A - Final</b>						
1	Danae O'Dean	JR	Joel Barlow	25.25	_____	_____
2	Emma Savoie	SO	Jonathan Law	25.19	_____	_____
3	Lily Watson	SR	Waterford	25.04	_____	_____
4	Katrine Oleary	FR	Seymour	24.51	_____	_____
5	Tahlia Crowley	SO	East Catholic	25.04	_____	_____
6	Ashlyn Blessey	SO	Lauralton Hall	25.08	_____	_____
7	Adele Kopsis	FR	Weston	25.23	_____	_____
8	Katherine Franco	SO	Weston	25.39	_____	_____
<b>Alternates</b>						
1	Rachel Kerrigan	SR	Sheehan	27.46	_____	_____
2	Carly Weber	SR	Lauralton Hall	27.54	_____	_____

**CIAC Class S Championship - 11/14/19 to 11/19/19  
Meet Program - Swimming Finals**

**Event 6 Girls 100 Yard Butterfly**

**State: 53.88 2017**

**S Auto Qual: 1:12.49**

**Class S: 56.02 2018**

**Kelly Montesi**

**Greenwich**

**Sierra Cripps**

**Seymour**

Lane	Name	Year	School	Prelims	Finals	Place
<b>Heat 1 C - Final</b>						
1	Grace Baker	FR	East Catholic	1:08.00	_____	_____
2	Natalie Basile	FR	Plainville	1:06.95	_____	_____
3	Caroline Ward	SR	Lauralton Hall	1:05.28	_____	_____
4	Catherine McLaughlin	JR	Lauralton Hall	1:05.00	_____	_____
5	Sophia Taylor	JR	Joel Barlow	1:05.11	_____	_____
6	Mackenzie Morus	FR	New Fairfield	1:06.15	_____	_____
7	Alexandra Rojcov	SR	Woodland Reg.	1:07.95	_____	_____
8	Lindsay Pramono	FR	Torrington	1:08.01	_____	_____
<b>Heat 2 B - Final</b>						
1	Elizabeth Long	FR	Lauralton Hall	1:04.51	_____	_____
2	Kelly Chmielewski	JR	Berlin	1:03.91	_____	_____
3	Alexa Darak	SO	Jonathan Law	1:03.40	_____	_____
4	Emma Knapp	JR	Weston	1:02.85	_____	_____
5	Maura Beltrami	FR	Woodland Reg.	1:03.02	_____	_____
6	Samantha Ruschmeier	SO	Rockville	1:03.50	_____	_____
7	Madeline Scully	SO	Oxford	1:04.24	_____	_____
8	Brooke Nabors	SR	Jonathan Law	1:04.73	_____	_____
<b>Heat 3 A - Final</b>						
1	Annamarie Pope	SO	Tolland	1:01.47	_____	_____
2	Kelly Leahy	FR	Weston	1:00.78	_____	_____
3	Lily Watson	SR	Waterford	1:00.16	_____	_____
4	Alexandra Bradley	SO	Weston	59.08	_____	_____
5	Julia McCarthy	JR	Torrington	59.76	_____	_____
6	Olivia Velleco	JR	Seymour	1:00.23	_____	_____
7	Kyla Behrle	SO	Woodland Reg.	1:01.33	_____	_____
8	Nicole Linell	JR	Weston	1:02.25	_____	_____
<b>Alternates</b>						
1	Molly Szczesniak	FR	Berlin	1:08.82	_____	_____
2	Jessica Saucier	JR	Rocky Hill	1:08.98	_____	_____

**CIAC Class S Championship - 11/14/19 to 11/19/19  
Meet Program - Swimming Finals**

**Event 7 Girls 100 Yard Freestyle**

**State: 50.39 2011**

**S Auto Qual: 1:01.99**

**Class S: 50.74 2009**

**Elizabeth McDonald**

**Pomperaug**

**Shelby Fortin**

**Weston**

Lane	Name	Year	School	Prelims	Finals	Place
<b>Heat 1 C - Final</b>						
1	Alyson Bugge	SO	Lauralton Hall	1:01.05	_____	_____
2	Karina Warchick	SR	Weston	1:00.77	_____	_____
3	Rachel Kerrigan	SR	Sheehan	1:00.58	_____	_____
4	Bridget Kinross	SR	Jonathan Law	1:00.51	_____	_____
5	Liberty Nocito	SR	Joel Barlow	1:00.53	_____	_____
6	Carly Weber	SR	Lauralton Hall	1:00.67	_____	_____
7	Camille Terrell	SR	Woodland Reg.	1:01.03	_____	_____
8	Haley Bennett	FR	Seymour	1:01.33	_____	_____
<b>Heat 2 B - Final</b>						
1	Grace Parkosewich	SO	Seymour	58.84	_____	_____
2	Madeline Palmese	JR	Berlin	58.52	_____	_____
3	Molly Kennedy	FR	Woodland Reg.	58.11	_____	_____
4	Sophia Piscitell	JR	Weston	57.29	_____	_____
5	Sarah Jacovino	SR	Watertown	57.98	_____	_____
6	Audrey Ray	JR	Oxford	58.36	_____	_____
7	Karolina Morrelli	FR	Ansonia	58.70	_____	_____
8	Bailey Baclaski	SO	Berlin	58.97	_____	_____
<b>Heat 3 A - Final</b>						
1	Danae O'Dean	JR	Joel Barlow	56.14	_____	_____
2	Lily Baldieri	SR	Jonathan Law	55.48	_____	_____
3	Vivian Freitas	JR	Lauralton Hall	54.11	_____	_____
4	Katrine Oleary	FR	Seymour	53.43	_____	_____
5	Katherine Franco	SO	Weston	53.81	_____	_____
6	Ashlyn Blessey	SO	Lauralton Hall	54.15	_____	_____
7	Adele Kopsis	FR	Weston	55.72	_____	_____
8	Kelti Johnson	JR	Seymour	56.54	_____	_____
<b>Alternates</b>						
1	Julia Arcila	FR	Berlin	1:01.50	_____	_____
2	Katie Whelan	SO	Rocky Hill	1:01.58	_____	_____

**CIAC Class S Championship - 11/14/19 to 11/19/19  
Meet Program - Swimming Finals**

**Event 8 Girls 500 Yard Freestyle**

**State: 4:46.99 2005**

**Kristen Frost**

**Hand**

**S Auto Qual: 6:09.99**

**Class S: 4:54.31 2006**

**Katie Gardocki**

**Suffield**

<b>Lane</b>	<b>Name</b>	<b>Year</b>	<b>School</b>	<b>Prelims</b>	<b>Finals</b>	<b>Place</b>
-------------	-------------	-------------	---------------	----------------	---------------	--------------

**Heat 1 C - Final**

1	Jackie Pereira	SR	Seymour	5:58.57	_____	_____
2	Hannah Rascoll	JR	Jonathan Law	5:55.56	_____	_____
3	Hayden Beach	SR	Joel Barlow	5:49.17	_____	_____
4	Amelia Badzioch	SO	St. Paul	5:47.08	_____	_____
5	Mary Alice Kohn	SR	Weston	5:47.62	_____	_____
6	Rachel McAdams	SR	Cromwell	5:52.71	_____	_____
7	Julia Lynch	FR	Lauralton Hall	5:56.11	_____	_____
8	Erin Marica	FR	Hadd-Kill	5:58.57	_____	_____

**Heat 2 B - Final**

1	Kacie DeRosa	SO	Lauralton Hall	5:42.48	_____	_____
2	Sophia Taylor	JR	Joel Barlow	5:36.75	_____	_____
3	Kyla Behrle	SO	Woodland Reg.	5:35.25	_____	_____
4	Emma Wojnarowski	SO	East Catholic	5:32.36	_____	_____
5	Zofia Chmiel	FR	Weston	5:34.75	_____	_____
6	Paige DeFelice	FR	Weston	5:36.26	_____	_____
7	Grace Bujdud	FR	Joel Barlow	5:40.83	_____	_____
8	Isabella samperi	JR	Plainville	5:46.58	_____	_____

**Heat 3 A - Final**

1	Leila Sofiane	SO	Sheehan	5:28.57	_____	_____
2	Kaitlyn McCluskey	JR	Seymour	5:27.02	_____	_____
3	Emma Savoie	SO	Jonathan Law	5:22.07	_____	_____
4	Claire Kehley	SO	Lauralton Hall	5:12.65	_____	_____
5	Caroline Begg	SO	Lauralton Hall	5:17.93	_____	_____
6	Jodie Pickle	SO	Portland	5:25.92	_____	_____
7	Jenna Swist	JR	East Catholic	5:27.49	_____	_____
8	Katalyn Foster	SR	Weston	5:29.82	_____	_____

**Alternates**

1	Robin Zemlo	FR	Ledyard	6:04.34	_____	_____
2	Ashleigh Bantz	JR	Plainville	6:05.45	_____	_____

**CIAC Class S Championship - 11/14/19 to 11/19/19  
Meet Program - Swimming Finals**

**Event 9 Girls 200 Yard Freestyle Relay**

**State: 1:36.18 1996 Cheshire**  
**Class S: 1:39.08 2018 Weston**

<b>Lane</b>	<b>Team</b>	<b>Relay</b>	<b>Prelims</b>	<b>Finals</b>	<b>Place</b>
<b>Heat 1 C - Final</b>					
3	St. Paul		2:07.16	_____	_____
4	Plainville		1:55.52	_____	_____
5	Ledyard		1:58.16	_____	_____
<b>Heat 2 B - Final</b>					
1	Torrington		1:53.37	_____	_____
2	New Fairfield		1:51.97	_____	_____
3	Joel Barlow		1:51.82	_____	_____
4	Watertown		1:51.51	_____	_____
5	Oxford		1:51.80	_____	_____
6	Hadd-Kill		1:51.93	_____	_____
7	Rocky Hill		1:53.26	_____	_____
8	East Catholic		1:54.63	_____	_____
<b>Heat 3 A - Final</b>					
1	Woodland Reg.		1:50.41	_____	_____
2	Berlin		1:46.90	_____	_____
3	Lauralton Hall		1:43.75	_____	_____
4	Weston		1:41.38	_____	_____
5	Seymour		1:42.85	_____	_____
6	Jonathan Law		1:45.16	_____	_____
7	Sheehan		1:47.30	_____	_____
8	Waterford		1:51.30	_____	_____



**CIAC Class S Championship - 11/14/19 to 11/19/19  
Meet Program - Swimming Finals**

**Event 10 Girls 100 Yard Backstroke**

**State: 54.13 2015**

**Marcella McGuire**

**Ridgefield**

**S Auto Qual: 1:10.99**

**Class S: 55.49 2018**

**Alexa Pappas**

**Weston**

<b>Lane</b>	<b>Name</b>	<b>Year</b>	<b>School</b>	<b>Weston Prelims</b>	<b>Finals</b>	<b>Place</b>
<b>Heat 1 C - Final</b>						
1	Kristen Thebeau	FR	Hadd-Kill	1:11.36	_____	_____
2	Alyssa Wynnich	SO	Lauralton Hall	1:10.85	_____	_____
3	Sarah Gagaza	JR	Seymour	1:09.72	_____	_____
4	Margaret Lee	SR	Weston	1:08.84	_____	_____
5	Madison Hawks	SO	Joel Barlow	1:09.33	_____	_____
6	Casey Brooks	SR	Woodland Reg.	1:09.85	_____	_____
7	Julianna Violette	SO	Rocky Hill	1:10.89	_____	_____
8	Isabella Funk	JR	Berlin	1:11.39	_____	_____
<b>Heat 2 B - Final</b>						
1	Paige Sciarra	SO	East Catholic	1:07.98	_____	_____
2	Natalie Basile	FR	Plainville	1:07.24	_____	_____
3	Morgan Begley	SR	New Fairfield	1:05.57	_____	_____
4	Elyse Gathy	SR	Waterford	1:04.43	_____	_____
5	Sarah Griffith	SO	Sacred Heart	1:04.69	_____	_____
6	Lili Nagy-Leranth	SO	Sheehan	1:07.07	_____	_____
7	Jenna DePasquale	JR	Lauralton Hall	1:07.86	_____	_____
8	Sophia Michelangelo	SR	Lauralton Hall	1:08.48	_____	_____
<b>Heat 3 A - Final</b>						
1	Madison Lowe	JR	Weston	1:02.63	_____	_____
2	Sarah Franco	SR	Weston	1:00.45	_____	_____
3	Tahlia Crowley	SO	East Catholic	59.61	_____	_____
4	Vivian Freitas	JR	Lauralton Hall	58.01	_____	_____
5	Sophia Velleco	FR	Seymour	59.09	_____	_____
6	Olivia Huewe	FR	Weston	1:00.09	_____	_____
7	Kelti Johnson	JR	Seymour	1:02.29	_____	_____
8	Kelly Schneider	SR	Portland	1:04.02	_____	_____
<b>Alternates</b>						
1	Vanessa Bogle	SO	Oxford	1:11.44	_____	_____
2	Alexandra Rojcov	SR	Woodland Reg.	1:11.47	_____	_____

**CIAC Class S Championship - 11/14/19 to 11/19/19  
Meet Program - Swimming Finals**

**Event 11 Girls 100 Yard Breaststroke**

**State: 1:01.89 2016**

**Sophie Angus**

**Weston**

**S Auto Qual: 1:20.99**

**Class S: 1:01.89 2016**

**Sophie Angus**

**Weston**

Lane	Name	Year	School	Prelims	Finals	Place
<b>Heat 1 C - Final</b>						
1	Emma Johnson	JR	Watertown	1:18.53	_____	_____
2	Morgan Swift	SR	Woodland Reg.	1:18.12	_____	_____
3	Paige Starr	JR	New Fairfield	1:16.33	_____	_____
4	Zoe Skidell	FR	Joel Barlow	1:15.75	_____	_____
5	Abby Guilfoyle	JR	Lauralton Hall	1:16.23	_____	_____
6	Theresa Rosato	SR	Jonathan Law	1:16.70	_____	_____
7	Nicole DaSilva	SR	Sacred Heart	1:18.41	_____	_____
8	Emily Rindos	JR	Woodland Reg.	1:18.93	_____	_____
<b>Heat 2 B - Final</b>						
1	May Baldwin	JR	Joel Barlow	1:14.53	_____	_____
2	Kelly DeRosa	SR	Lauralton Hall	1:14.49	_____	_____
3	Alanna Dwyer	SO	Sheehan	1:14.37	_____	_____
4	Zofia Chmiel	FR	Weston	1:12.29	_____	_____
5	Victoria Sogueco	SR	Lauralton Hall	1:13.90	_____	_____
6	Anna Mrozik	SR	Seymour	1:14.42	_____	_____
7	Julia Raynock	JR	Berlin	1:14.51	_____	_____
8	Maeve Williams	JR	East Catholic	1:14.63	_____	_____
<b>Heat 3 A - Final</b>						
1	Hennessey Shane	JR	Jonathan Law	1:11.20	_____	_____
2	McKenna Haynes	SO	Seymour	1:10.92	_____	_____
3	Nicole Linell	JR	Weston	1:07.78	_____	_____
4	isabella Gary	JR	Weston	1:06.49	_____	_____
5	Katherine Linell	SR	Weston	1:07.00	_____	_____
6	Julia McCarthy	JR	Torrington	1:07.79	_____	_____
7	Nina Lamb	JR	Hadd-Kill	1:11.11	_____	_____
8	Katherine Webb	SO	Sheehan	1:11.24	_____	_____
<b>Alternates</b>						
1	Olivia Sleszynski	FR	Plainville	1:19.06	_____	_____
2	Cassidy Wilson	SR	Oxford	1:19.34	_____	_____

**CIAC Class S Championship - 11/14/19 to 11/19/19  
Meet Program - Swimming Finals**

**Event 12 Girls 400 Yard Freestyle Relay**

**State: 3:27.00 2017**

**Greenwich**

**Class S: 3:35.52 2016**

**Weston**

<b>Lane</b>	<b>Team</b>	<b>Relay</b>	<b>Prelims</b>	<b>Finals</b>	<b>Place</b>
<b>Heat 1 C - Final</b>					
4	Sacred Heart		4:28.35	_____	_____
<b>Heat 2 B - Final</b>					
1	Plainville		4:19.00	_____	_____
2	Watertown		4:14.56	_____	_____
3	Torrington		4:12.30	_____	_____
4	Woodland Reg.		4:04.84	_____	_____
5	Oxford		4:05.49	_____	_____
6	Rocky Hill		4:13.04	_____	_____
7	Ledyard		4:18.30	_____	_____
8	Hadd-Kill		4:19.41	_____	_____
<b>Heat 3 A - Final</b>					
1	Berlin		3:58.30	_____	_____
2	Sheehan		3:51.77	_____	_____
3	Lauralton Hall		3:49.14	_____	_____
4	Seymour		3:43.43	_____	_____
5	Weston		3:44.60	_____	_____
6	Jonathan Law		3:50.71	_____	_____
7	East Catholic		3:52.16	_____	_____
8	Joel Barlow		3:58.42	_____	_____