NEW ENGLAND HIGH SCHOOL GIRL'S GYMNASTICS CHAMPIONSHIPS  
Sponsored by: Council of New England Secondary Schools Principals’ Assoc., Inc.  
SATURDAY, MARCH 13, 2004

Officers:                     Pres.            Richard Magarian, RI Interscholastic League  
                             Vice Pres.       Larry Labrie, Maine Principal’s Assoc.  
                             Sec./Treas.      William Savage, N.H.I.A.A  
                             Ex-Officio       Tony Mosa, CIAC, CT  
                             Exec. Dir.       William Savage  
                                             66 Skyline Dr.  
                                             Keene, New Hampshire 02431  
                                             603-352-6273  
                             Exec. Cons.      Haig Varadian  
                                             53 Willow Drive, Cranston, RI 02920  
                                             Tel/Fax   401-944-3973

Site:                        Norwich Free Academy  
                           305 Broadway  
                           Norwich, CT 06360

Time:                        11:00 am   competition

Rules:                       National Federation

Format:                      Team and Individual Competition

Fee:                         $75 per team      $10 per individual

Participants:               A. Top 2 high school girl's team from each state  
                             B. Top 6 individual high school girl gymnasts on each event plus all-around from each state  
                             In many cases, some of the top 6 girls are included on the top 2 teams from the state

Awards:                     Top 3 teams overall  
                             Top 6 individual girls in each event plus all-around  
                             All participants are eligible for individual awards

Points of Information:      No jewelry may be worn  
                             T-shirts with names on the back of all girls entered will be available.  
                             deadline for names on the shirts is Saturday, March 6, 2004.  
                             email or call Pat Simon

Entry Form to:              Pat Simon, Coordinator  
                           105 Wilcox Rd., Milford, CT 06460  
                           office 203-783-3412   evenings 203-874-2260   fax  203-874-1314  
                           patrick.simon@snet.net

Time Schedule:             9:30 registration, collection of fees, distribution of packets, etc.  
                           10:00 stretching, bar sets  
                           10:25 first rotation starts warming up in the practice gym  
                           10:50 march in and introductions  
                           11:00 first rotation competes and second rotation warms up in the practice gym
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PETITION OF ENTRY

Coach ____________________________

Home phone ______________________ School phone ______________________

Fax ______________________ email ________________________________

The following female gymnast/gymnasts participated with the ________ High School Girl’s Gymnastics Team and have been selected to represent the State of ________ in the New England High School Girl’s Gymnastics Championships.

The female student-athletes listed below have all satisfied the necessary eligibility requirements established by the school system they represent and are cleared to participate in the New England High School Girl’s Gymnastics Championship competition.

**Please type or print clearly** (these names will be used for t-shirts and the program)

<table>
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<th>Girls name</th>
<th>grade</th>
<th>event(s)</th>
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Signature __________________________ Date __________________

New England Council Member or Designee (High School Principal)
INFORMATION

Tournament information and results can be found on the New England High Schools Sports web page at www.newenglandsports.com or www.casciac.org

Directions: use mapquest.com

Hotels

Comfort Suites
275 Otrobando Ave.
Norwich, CT 06360
Host: Andrew Nollman 860-892-9292
New England rate: $99

Ramada Inn-Norwich
10 Laura Boulevard
Norwich, CT 06360
Host: Bonnie 860-889-5201
New England rate: $79.00

There will be a certified trainer at the meet. Please bring your own tape and supplies.

There will be a vault table and horse as the table may be used in addition to the horse by Federation Rules.

The program will be typed and contact will be made with the coaches by email if any questions arise regarding the entries. Please print clearly.

Fax the Petition of Entry to Pat Simon, Coordinator at 203-874-1314
Contact Sue Hopkins-Terrell, Meet Director about directions, restaurants, other hotels or any other questions at 860-887-2505X5731 suehopterrell@aol.com

Coordinator: Pat Simon
105 Wilcox Rd., Milford, CT 06460
office 203-783-3412 evenings 203-874-2260 fax 203-874-1314
patrick.simon@snet.net

Chairman: William Savage
New England Council
Keene High School, Keene, NH
Warm-up time will be 12 minutes per team and/or 2 minutes per individual.

Two vaults per gymnast in the touch.

Bars and floor touch will be 50 seconds per gymnast or 5 minutes per team.

Beam will be a 30 second Michigan Touch or the same as bars and floor.

No gymnasts are allowed on any equipment until the first warm-up period except on floor.

After the march in and introductions gymnasts should proceed to their first designated area.

After teams and individuals compete they should remain at that event until all events are completed in that rotation and they have been instructed to move to their next designated area.

At the conclusion of the meet, march in and sit on the mat for awards.