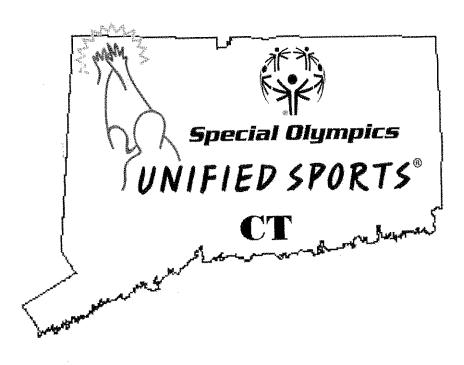
# UNIFIED SPORTS® Basketball, Volleyball, Track & Field COACHES HANDBOOK 2010 -2011



## CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE SPECIAL OLYMPICS CONNECTICUT

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30 Realty Drive, Cheshire, Connecticut 06410 Telephone - (203) 250-1111 Fax - (203) 250-1345 www.casciac.org

#### **ACKNOWLEDGMENTS**

This publication was initially prepared under the direction of Beau Doherty, Executive Director of Special Olympics Connecticut, Scott Chausse, former Director of Sports Management, Ann Malafronte, former Director of CIAC/SOCT Unified Sports, Karen Packtor Assistant Executive Director of the Connecticut Association of Schools, Janet Moulin, Bolton Schools, Janet Lucco, Berlin, Karen Carlson, Suffield, Chris Daniels, Newington Schools and Barbara Hedden, Cheshire Schools.

#### **CONTACT INFORMATION**

Connecticut Interscholastic Athletic Conference 30 Realty Dr, Cheshire, CT 06410 2666 Telephone (203) 250-1111 Fax (203) 250-1345

Northwest Region 1459 South Britain Road Southbury, CT 06488 (203) 267-6566 Eastern Region 401 West Thames Street Norwich, CT 06360 (860) 887-1555 Connecticut Special Olympics 1 State Street, Hamden, CT 06517 Telephone (203) 230-1201 Fax (203) 230-1202

> Southwest Region 999 Oronoque Stratford, CT 06614 (203) 380-9990

#### **ELIGIBILITY FOR UNIFIED SPORTS®**

- I. To be eligible for participation in Unified Sports, an outgrowth of Special Olympics, a competitor must agree to observe and abide by the Official Special Olympics Sports Rules.
- II. Unified Sports and its parent-arm, Special Olympics, were created and developed to give individuals with intellectual disabilities the opportunity to train and compete in sports activities. No person shall, on the grounds of sex, race, religion, color or national origin, be excluded from participation in, be denied the benefits of, or otherwise be subjected to discrimination under any program or activity of Special Olympics.
- III. Eligibility for participation in Unified Sports:
  - a. <u>General Statement of Eligibility</u>. Every person with intellectual disabilities who is at least five years of age is eligible to participate in Unified Sports.
  - b. <u>Age Requirements</u>. The minimum age requirement for participation in Unified Sports is five years of age.
  - c. <u>Degree of Disability</u>. Participation in Unified Sports training and competition is open to all persons with intellectual disabilities who meet the age requirement of this Section, regardless of the level or degree of that person's disability, and whether or not that person also has other mental or physical disabilities, so long as that person registers to participate in Unified Sports as required by these General Rules.
  - d. <u>Identifying Persons with Intellectual Disabilities</u>. A person is considered to have intellectual disabilities for purposes of determining his or her eligibility to participate in Unified Sports<sup>TM</sup> if that person satisfies any one of the following requirements:
    - 1) The person has been identified by an agency or professional as having intellectual disabilities as determined by their localities; or
    - The person has a cognitive delay, as determined by standardized measures such as intelligent quotient or "IQ" testing or other measures which are generally accepted within the professional community in that Accredited Program's nation as being a reliable measurement of the existence of a cognitive delay; or
    - The person has a closely related developmental disability. A "closely related developmental disability" means having functional limitations in both general learning (such as IQ) and in adaptive skills (such as in recreation, work, independent living, self-direction, or self-care). However, persons whose functional limitations are based solely on a physical, behavioral, or emotional disability, or a specific learning or sensory disability, are not eligible to participate as Special Olympics athletes, but may be eligible to volunteer for Unified Sports.

#### SPECIAL OLYMPICS CONNECTICUT

CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE 30 Realty Drive, Cheshire, Connecticut 06410 (203) 250-1111 / Fax (203) 250-1345

#### UNIFIED PARTNER ELIGIBILITY

#### Definition

Special Olympics Unified Sports® is a program that combines approximately equal numbers of Special Olympics athletes and athletes without intellectual disabilities (partners) on sports teams for training and competition. Age and ability matching of athletes and partners is specifically defined on a sport-by-sport basis.

#### Partner Eligibility

Though the above definition allows for partners with disabilities other than intellectual disabilities, Unified Sports was developed to provide Special Olympics athletes with the choice of a sports program that brings about meaningful inclusion with their non-disabled peers.

Effective immediately, SOCT will adopt this Partner Eligibility Statement and not allow Unified teams comprised solely of persons with disabilities. This statement will apply for both the Special Olympics Connecticut program and Unified program run through CAS-CIAC.

Questions regarding the Partner Eligibility Statement can be directed to:

CIAC-CIAC Program:

Lou Pear

(203) 250-1111 ext. 3904

lpear@casciac.org

George Synnott

(203) 250-1111 ext. 3932

rdeasy@casciac.org

Ken Bragg

(203) 250-1111 ext. 3931 kbragg@casciac.org

## What to Do to Get Your Unified Team Up and Running

1	Get Faculty on Board.  a. principal  b. special education department  c. Athletic Department
2	Choose Coach and Assistant Coach or Aid.
3	Determine practice time and place via. Athletic Department.
4	Identify Athletes with Special Education Department. (Eligibility Criteria, age etc.).
5	Hold Organizational meeting with parents, athletes and coaches.  (Discuss Unified Sports Guidelines.
6.	Have the coach, AD, or assistant coach attend a Coaches Training clinic.
7	Get partners on Board. (National Honor Society, Student Counsel, Best Buddies etc.).
8	Order T- Shirts, Uniforms. (Athletes even numbers / Partners odd numbers)
9	Order Banner (Unified Sports with name of school on it).
10	Go on line to www.casciac.org and fill out intent to enter.
11.	Secure transportation to tournament (Bus or Parent drivers).
12.	Submit roster on line.
13.	Have a blast at a tournament!
14.	Call us with any questions 1-203-250-1111.

#### Dear Parent:

Unified Sports® is a registered program of Special Olympics that combines approximately equal numbers of athletes with and without disabilities, on sports teams for training and competition. All Unified Sports players, both athletes and special partners, are of similar age and matched sport skill ability. Unified Sports teams are placed in competitive divisions based on their skill abilities, and range from training division (with a skill-learning focus) to high skill competition.

This pioneer sports program was started in 1992 under a partnership between the Connecticut Association of Schools and the Special Olympics Connecticut to expand athletic opportunities for students of all abilities. The Unified Sports program has grown rapidly, with over 3000 students participating during the 2009-2010 school year.

We are exploring the idea of starting a Unified Sports program at Mountain Middle School. Your child would qualify for this opportunity. Please discuss this idea with your child and complete the information sheet below. Return it to Mr. Jones by September 9, 2011. A meeting will be planned for all interested parents and students if there is sufficient interest.

Please feel free to contact me if you have any questions concerning this proposal. Thank you for your time.

Yours truly,

Joan Smith, Principal

#### PLEASE RETURN TO MR. JONES BY SEPTEMBER 9, 2011

Child's Name	:			
Parent's Name		Telephone		
My child is interested	in participating in Unified Sp	oorts®		
□ Soccer	□ Basketball	□ Volleyball	□ Track	
□ I am available to at	tend a meeting on Unified Spo	orts®		
☐ My child is not inte	erested at this time.			

#### September 2010

Dear Athletic Directors and Coaches,

Welcome back to a new and exciting school year! For those of you who have Unified Sports® teams we look forward to supporting your efforts as you continue to change attitudes and change lives. Through your support and hard work, over 3000 athletes and partners in Connecticut schools have been given the opportunity to make school life a more meaningful experience. Athletes and partners have established life long friendships and lead their school in developing an enjoyable school climate.

For those of you who are interested in joining the Unified Sports family, welcome. We look forward to meeting you and support your efforts throughout the year.

Attached is a copy of out intent to enter form and our roster form. These forms can be found on the CAS website at www.casciac.org and registration is done online. In addition to these support services we will be holding a coaches training on Wednesday, September 16, at 3:30 p.m. at the CAS office, 30 Realty Drive, Cheshire CT. We would love to see all new coaches and athletics directors at this meeting so we can get everyone off to a great start. If you have any questions, please call me at 203-250-1111 or e-mail at lpear@casciac.org.

I want to thank you in advance for your interest and continued support for Unified Sports. This year we expect to increase the number of tournament opportunities as well as expand the youth leadership summit. Our goal is to include all participating middle and high schools in our Michaels Cup Banquet. Have a great year.

Sincerely, Lou Pear Director, Unified Sports® CAS/CIAC

#### CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE 30 Realty Drive, Cheshire, Connecticut 06410 (203) 250-1111 / Fax (203) 250-1345

January, 2011

#### TO: UNIFIED SPORTS® COACHES

The season that our athletes wait all year for is finally here! Basketball time! Please read the enclosed information carefully so that you are properly prepared for our 2009-2010 season.

#### Changes:

- \* A level five (5) has been created for severely limited athletes who need one-on-one aides.
- \* Skills areas will be offered at sites for low functioning athletes who pre-register.

#### Opportunities:

- \* Ten tournament sites will be offered for high school teams and four sites for middle school teams.
- \* All levels may not be available at all sites. NOTE: If no other team of your squad's level registers by the due date of January 25, 2011, you will be asked to select another site. Rosters are due no later than February 25, 2011
- \* All entries are based on size of site -- "first-come, first-served."
- \* There are league opportunities available for schools who wish to provide multiple competitive activities for their teams.
- \* Teams that need transportation assistance must request a grant form prior to the tournament.

#### Reminders:

- \* The head coach must be a certified coach with the State Department of Education (plus first aid and CPR). Every assistant coach must go through Unified Sports<sup>TM</sup> coaches training prior to the next tournament. The name of each coach is to be listed on the roster form. No squad may play without a trained coach supervising them.
- \* Athlete medical forms must be updated every three (3) years and be on file with SOCT.
- \* All partner forms must be on file with CIAC.
- \* Each squad <u>must</u> hold at least eight (8) practices and participate in one scrimmage prior to the tournament.
- \* Bring emergency information, a first aid kit, copies of medical forms, pinnies, practice balls and your school banner to all events.
- \* Opening ceremonies will start at 3:00 p.m. Please be sure that your athletes are on time and have a chance to participate in the welcoming ceremony.
- \* It is your responsibility to keep your coach's certification up-to-date. Check with your athletic director for courses.
- •Special athletes <u>must</u> wear even-numbered jerseys. Partners wear odd-numbered jerseys.

Please read and follow all of our rules, especially those involving uniforms and numbers. Call with any questions. Have a great basketball season.

Lou Pear Director, Unified Sports® Assistant Directors, Unified Sports®

# WINTER BASKETBALL

#### CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE

30 Realty Drive, Cheshire, Connecticut 06410 (203) 250-1111 / Fax (203) 250-1345

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- \* All levels may not be available at all sites. NOTE: <u>If no other team of your squad's level registers by the due date of January 25, 2010, you will be asked to select another site</u>. Rosters are due <u>no later than March 1, 2010</u>
- \* All entries are based on size of site -- "first-come, first-served."
- \* There are league opportunities available for schools who wish to provide multiple competitive activities for their teams.
- \* Teams that need transportation assistance must request a grant form prior to the tournament.

#### Reminders:

- \* The head coach must be a certified coach with the State Department of Education (plus first aid and CPR). Every assistant coach must go through Unified Sports<sup>TM</sup> coaches training prior to the next tournament. The name of each coach is to be listed on the roster form. No squad may play without a trained coach supervising them.
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- \* All partner forms must be on file with CIAC.
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- \* It is your responsibility to keep your coach's certification up-to-date. Check with your athletic director for courses.
- Special athletes <u>must</u> wear even-numbered jerseys. Partners wear odd-numbered jerseys.

Please read and follow all of our rules, especially those involving uniforms and numbers. Call with any questions. Have a great basketball season.

Lou Pear
Director, Unified Sports®
Assistant Directors, Unified Sports®

### 2011 UNIFIED SPORTS® MIDDLE AND HIGH SCHOOL BASKETBALL TOURNAMENTS ${\it INTENT-TO-ENTER\ FORM}$

is interested in particip		Zip Code			
is interested in particip  * Multiple entries are e					
•	-	Sports Middle and High School Basketball	Tournament* on:		
•	ncouraged; however.	, all entries are based on number of opening	gs "first come, first served basis."		
		St. Luke's New Canaan - High School & Midd			
		Wilcox Tech High School, Meriden – Middle S			
		East Haven High School – Middle Schools 3:30	n High School – Middle Schools 3:30 -6:00		
		Folland High School – High Schools 3:30-6:00			
		- Simsbury High School - High Schools 3:30-			
		- Bunnell High School, Stratford - High School			
		Farmington High School - Middle Schools 3:00			
		Norwich Free Academy - High Schools and I			
		- Glastonbury High School - High Schools 3:00			
_		6 - Berlin High School - High Schools and Co			
	<b>#</b> /	- Bristol Central High School (LEVEL 5 ON)	,		
		Manchester High School – High Schools and Co - New Haven Field house – Middle Schools 3:0			
	• .				
		**********************			
Name of Principal					
Name of Coach		Home Telephone			
e-mail address			***************************************		
# of Squads: _	S	Skill Level for Each Squad:	(1, 2, 3, 4, 5)		
Approximate	# of students (athletes a	& partners):			
1 Skilled: 2 Some	Modifications: 3 N	To partner shooting, competitive medals			
4 - Low level, No partr					
	mall baskets, challenge				
Signature of Principa	ıl	Date			
Signature of Coach		Date			
Please return to:	Ken Bragg Return by:	CIAC, 30 Realty Drive, Cheshire, CT (Fax (203) 250-1345 January 24, 2011 Intent-to-Enter February 25,2011 Roster	06410		

#### CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE 30 Realty Drive, Cheshire, Connecticut 06410 Telephone (203) 250-1111 / Fax (203) 250-1345

#### UNIFIED SPORTS® BASKETBALL ROSTER FORM

		Telephone (	)		
Address		J			
Name of Coach / Advisor	Ho	ome Telephone (	)		
Tuesday, March 1, 2011 St.Luke's, N Monday, March 7, 2011 Wilcox Tecl Monday, March 7, 2011East Haven I Tuesday, March 8, 2011 – Tolland F Wednesday, March 9, 2011 – Simsbu Thursday, March 10, 2011 – Bunnell Friday, March 11, 2011 – Farmington Monday, March 14, 2011 – NFA – H	n. High School MS  HS HS &MS  High School -	MS			
ENTRY FO	RMS WILL BE EXCHANGED	PRIOR TO TO	URNAMENT PLAY		
Please list below all participating s Please list uniform number for all p	tudents. Please indicate "SA" after to participating students. *Designate C	he name for Spec Captains	cial Athlete, or "SP" for	Special Partner.	
Squad Name	Ski	ll Level (1, 2, 3,	4, 5)		
Name	DOB	M/F	Uniform Number	SA / SP	
1.					
2.					
3.					
4.					
5.					
6.					
7.					
8.					
9.					
10.				·	
11.					
deadline will be billed for food costs. Intent-to-enter is due January 24, 20	SIZE per squad – One coach REQUIF Scratch deadline is five (5) school day 11. Rosters are due February, 25,201 return to Ken Bragg, CIAC, 30 Realty	ys prior to the eve 1	ent.		

#### UNIFIED SPORTS® BASKETBALL ENTRY FORM

This team participated in the required scrimmage on _	Vs
any one of the following requirements as having intell or professional as having intellectual disabilities as de delay, as determined by standardized measures such a generally accepted within the professional community measurement of the existence of a cognitive delay; or "closely related developmental disability" means havi in adaptive skills (such as in recreation, work, indeper functional limitations are based solely on a physical, b	ple for participation in Unified Sports in that they have satisfied lectual disabilities: 1) The person has been identified by an agency termined by their localities; or 2) The person has a cognitive in that Accredited Program's nation as being a reliable 3) The person has a closely related developmental disability. A right functional limitations in both general learning (such as IQ) and indent living, self-direction, or self-care). However, persons whose behavioral, or emotional disability, or a specific learning or ecial Olympics athletes, but may be eligible to volunteer for
The special partners may not have participated in that matriculation in middle school or high school.	same varsity or junior varsity sport at any time since their
I certify that all information is correct and all athletes forms.	and partners are currently registered with the necessary SOCT
Name of School	Town
Signature of Principal	Date
Signature of Coach	Date

#### Divisioning Criteria - Basketball

(Developed by the Unified Sports® High School Committee)

#### **DIVISION 5 – 3-on-3 play / skills opportunity**

- \* No team concept
- \* Special athletes need a one-on-one aide at all times
- \* No understanding of game play
- \* Manual wheelchair allowed
- \* All rules are modified for success
- \* Smaller baskets are used
- \* At least one partner participates at all times, but only to encourage the special athlete
- \* No score is kept
- \* Challenge medals issued
- \* Coaches will have a choice of placing wheelchair athletes at whichever level (5-4-3) that they feel is appropriate

#### **DIVISION 4**

- \* No team concept
- \* All players -- limited ability to dribble
- \* All players -- low understanding of rules
- \* Only special athletes can shoot and rebound. No stealing the ball.
- \* No score is kept.
- \* Basket is regulation height
- \* Manual wheelchair allowed athlete must have use of hands. Wheelchair will not be allowed in the "key" area for safety reasons
- \* All receive challenge medals
- \* A 10 second count will be used for all athletes and partners to avoid tying up the ball.

#### **DIVISION 3**

- \* Slightly better ability to dribble, but will see shuffles, double dribbles, etc.
- \* Limited concept of rules
- \* Pass ball only to get rid of ball
- \* One or two players stand or score all of the points
- \* Low understanding of fouls
- \* Limited team concept
- \* Only special athletes can score
- \* Partners may rebound and steal the ball
- \* Score is kept
- \* Various medals awarded
- \* Wheelchairs will not be allowed in the "key" area for safety reasons.
- \* A 10 second count will be used by all athletes and partners to avoid tying up the ball.

#### **DIVISION 2**

- \* Basic understanding of the rules
- \* Ability to dribble
- \* On starting team, typically 2-4 good players
- \* Most players know where to go and where to be
- \* Understand concept of lane violation
- \* Both partners and athletes can score
- \* 50% rule partners may not score more than 50% of the points
- Various medals awarded
- \* A 10 second count will be used by all athletes and partners to avoid tying up the ball

#### DIVISION 1

- \* Good understanding of rules -- at least top 5 players
- \* Better athletes -- physical ability
- \* Can play by high school rules
- \* Both partners and athletes can score
- \* 50% rule partners may not score more than 50% of the points
- \* Various medals awarded
- \* A 10 second count will be used by all athletes and partners to avoid tying up the ball.

#### CIAC UNIFIED SPORTS® BASKETBALL RULES FOR 2011 Season

**ROSTER**: Maximum of 12 per team. Fifty percent of the team must be non-disabled. The team may have males and females. No one who has ever played varsity or junior varsity basketball may participate as a partner.

<u>PLAYERS ON COURT</u>: There will be two (2) non-disabled and three (3) intellectually disabled players on the court at all times, except in Level 5, where there will be two (2) special athletes and one partner, plus any one-on-one aides as needed. Partners must be players <u>without</u> disabilities.

<u>UNIFORMS</u>: Teams must wear appropriate attire. All uniforms must be the same. Shirts must be numbered. Sneakers must be worn. No sponsor names may appear on uniform. Only digits 1-5 should be used with highest number being 55.

Athletes must wear even numbered shirts. Partners must wear odd numbered shirts.

**RULES**: High School rules will be followed.

**MODIFICATIONS**: A player may be allowed to shuffle his/her feet while holding the ball without changing position on the court. A player may be allowed to take one extra step when gaining possession of the ball from a dribble or pass.

**For Level 5**: No score will be kept. Modifications to size of ball and goal/basket will be allowed, as needed. One-on-one aides are restricted to level 5 play.

**For Level 4**: No score will be kept. Special athletes are the only players to score, steal the ball, block shots, or aggressively rebound the ball. Regulation basket.

Wheelchair athletes may compete in levels 3, 4 or 5. Wheelchairs are not allowed in key area in level 3 or 4. Partner pushing wheelchair does not count as a team player but may <u>not</u> touch the ball. No additional device or aid may be used by the wheelchair athlete that creates a safety concern.

**For Level 3**: Score will be kept. Partners may not shoot but may rebound and steal the ball

<u>THE GAME</u>: Games will consist of two (2) ten minute halves of running time for levels 1 - 4. Middle schools will play 8 minute halves. The clock will stop for the last two minutes of each half for all dead ball situations in levels 1 and 2.

Level 5 will play two five (5) minute halves of running time.

Each team is entitled to four time-outs per game and one additional during overtime. Overtime periods will be two minutes.

No back court pressure will be allowed. Substitutions may be made any time the referees whistle is blown to stop play, or during time-outs. Substitutes will report to the scorer who will notify the referee. No dunking is allowed at any level.

Each player will be allowed five (5) fouls per game.

Credit will be given for 3-point shots at the officials discretion as many courts are not properly marked.

The game will be forfeited when a team fails to play within five minutes of scheduled time.

**FOULS WILL BE CALLED IN ALL DIVISIONS**: Referees shall have the power to make all decisions on any point not specifically covered in the rules. Coaches are asked to give partners odd-numbered uniforms and special athletes even-numbered uniforms to assist the referees with calling partner domination.

Coaches are responsible for knowing and understanding the rules of the game, not only the modified rules listed here. The National Federation of State High School Associations provide the required rule book.

**SCRIMMAGE/PRACTICE**: Each team <u>must</u> schedule or host a scrimmage or practice game prior to tournament entry.

<u>MEDICAL</u>: Each Special Olympic athlete is required to have a <u>medical</u> filled out by a certified physician in order to participate. Also, each special partner must fill out a <u>Unified Sports partner release form</u> in order to participate. This is in accordance with Special Olympics general rules.

### CIAC UNIFIED SPORTS® BASKETBALL TOURNAMENT RULES FOR LOWER DIVISIONS

(Revisions in italics - 8/30/04)

These modifications of the official sport rules are made for teams, who because of a disparity in skill level between special athletes and special partners, are placed in the non-competitive division (level 4 & 5).

#### **All Unified Sports**

No score will be kept in level 4 or level 5 games.

The following modifications were approved because of safety:

Wheelchair athletes may compete in level 3, 4 or 5. Wheelchair and partner will count as <u>one</u> person. No wheelchair athlete will be allowed as goalkeeper. Chairs may be modified to allow inclusion of athlete for dribbling. No motorized chairs may be used. Ball caught <u>under</u> a wheelchair will be a side out for team who had possession.

#### Basketball

- \* In level 5, the smaller baskets may be used
- \* Credit will be given for 3-point shots at the official's discretion as many courts are not properly marked.

# SPRING VOLLEYBALL

&

TRACK & FIELD

#### CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE

30 Realty Drive, Cheshire, Connecticut 06410 Telephone (203) 250-1111 / Fax (203) 250-1345

Your Unified Sports Team at CAS/CIAC are planning a busy Spring Volleyball and Track schedule for you and your Unified Sports Teams.

Spring Sports Coaches Training
Thursday, March 31,2011
CIAC Office, Cheshire, 3:30 - 5:30
Please register online or call (203) 250-1111 or e-mail to kbrzozowski@casciac.org

Deadlines are very important for food and soda ordering to be made and seeding to be completed. Please register your team online at www.casciac.org to assist us as much as possible.

#### **VOLLEYBALL**

Monday	April 4, 2011	Intent-to-Enter Forms Due
Tuesday	April 26, 2011	Roster Forms Due
Monday	May 2, 2011	Middle School Volleyball Sheehan High School, Wallingford 3:00 - 5:30 p.m.
Wednesday	May 4, 2011	High School Volleyball Bacon Academy, Colchester 3:00-5:30 p.m.
Thursday	May 5, 2011	High School Volleyball Branford High School, Branford 3:00 - 5:00 p.m

Regulation volleyballs will be used except in Level 4, where a larger training ball may be substituted

#### TRACK

Monday	April 18 2011	Intent-to-Enter Forms Due
•	•	(Plainville, NFA., Fairfield Ludlowe, Southington and Danbury Only)
Monday	May 2, 2011	
VAZ at a salama	M 0 0044	(Plainville, NFA, Fairfield Ludlowe, Southington and Danbury Only)
Wednesday	May 9, 2011	
Madagaday	May 11 2011	Southington High School, Southington 3:00 - 6:30 p.m.
Wednesday	May 11, 2011	Middle School Track Plainville High School, Plainville 3:00 - 6:30 p.m.
Thursday	May 12 2011	Intent-to-Enter Forms Due
Thursday	Way 12, 2011	(West Haven & Fairfield Ludlowe ONLY)
Thursday	May 12, 2011	High School Track - ECC League ONLY
v / (ai/ 5 a/a-)	,,,	Norwich Free Academy, Norwich 3:00 - 6:30 p.m.
Friday	May 13, 2011	Middle and High School Track
•	•	Danbury High School 3:00 - 6:30 p.m.
Thursday	May 19, 2011	Roster Forms Due
		(West Haven Only & Fairfield Ludlowe ONLY)
Thursday	May 26, 2011	High School Track (FCIAC League Only)
186 5 1	1 4 0044	Fairfield Ludlowe
Wednesday	June 1, 2011	High School Track - SCC League ONLY
		West Haven High School, West Haven 3:00 - 6:30 p.m.

#### CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE 30 Realty Drive, Cheshire, Connecticut 06410 Telephone (203) 250-1111 / Fax (203) 250-1345

#### SPRING VOLLEYBALL AND TRACK

#### PLEASE NOTE:

With our computer entry system, <u>you must enter your names and times or distances on the CIAC web</u> <u>site by the dates listed above</u> in order for us to "seed" the athletes for the meets - www.casciac.org - click CIAC, click Unified Sports, scroll to track forms and enter <u>exactly</u> as directed.

If your names and times are not on the computer, your students **will not be running**. In order to properly seed teams by times, your information must have been received on time. Once seeding is completed - NO CHANGES MAY BE MADE ON THE DAY OF THE EVENT. (We are working on this and hope to have changes made shortly after arrival. Details to follow.

Please check that we have you at the correct meet on the right date and you are ready to participate. Please do not arrive at host sites until dismissal buses have left. Opening ceremonies will begin at 3:00 p.m. Remember to send all medical forms to me **prior to the event.**GENERAL INFORMATION

- Every assistant coach must go through Unified Sports™ coaches training prior to coaching tournament.
- The name of each coach is to be listed on the roster form. No squad may play without a trained coach supervising them.
- All events are scored with a partner and athlete combined total. (For track events)
- No overhead serving or spiking allowed at Levels 3 & 4 by partners. (For volleyball events)
- Each team must participate in at least one scrimmage prior to tournament play.
- The head coach must be a certified coach with the State Department of Education (need first aid and CPR)
- All special athletes must have a current medical form on file with CIAC.
- All partners must have a signed partner form on file with CIAC.
- At least eight practice sessions must be held prior to play.
- Opening ceremonies are important to all. Please plan to march with your team at 3:00 p.m., banner in hand.
- Bring pinnies, practice balls, first aid kit and copies of medical forms
- Teams that need transportation assistance must request a grant form prior to the tournament.

We all hope and plan for a smooth operating tournament experience for the youngsters. Please do your part to impact the proper Special Olympics philosophy to all of your athletes and coaches. Call with questions.

Warmest Regards,

Lou Pear Director, Unified Sports®

#### 2011 UNIFIED SPORTS® VOLLEYBALL TOURNAMENT

#### INTENT-TO-ENTER FORM

Name of School				Telephone ( )			
City/Town Zip Code							
is interested	in partic	ipating in the Unified S	ports V	olleyball Tournament on:			
	0	Monday, May 2, 201	1 —	Sheehan High School, Walli 3:00 -6:00 p.m. MIDDLE SCHOOLS	ngford		
		Wednesday, May 4,	2011 —	-Bacon Academy High Schoo 3:00 - 6:00 p.m.	ol		
	D	Thursday, May 5, 20	011 —	Branford High School 3:00 - 6:00 p.m. HIGH SCHOOLS			
Name of				************			
– Name of				HomeTelephone			
Coach Cell F	Phone (	)					
E-mail address							
# Of	Squads_		Skill	Levels:	(1, 2, 3, 4)		
Approximate	# of stu	dents (athletes & partn	ers):				
Signature of Date	Principa	1					
Signature of Date	Coach_						
Please retur	n to:	Ken Bragg Return by:	Che: Fax	C, 30 Realty Drive shire, CT 06410 (203) 250-1345 4, 2011			

# CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE 30 Realty Drive, Cheshire, Connecticut 06410 Telephone (203) 250-1111 / Fax (203) 250-1345

	Telephone (			
) Address			Zi	p Code
Name of Coach/Advisor			_Home Telephone (	
Coach Cell Phone ( )				
UNIFIED	SPORTS® VOLLEY	BALL ROSTE	R FORM	
☐ HIGH SCHOOLS -	LS – Monday, May 1 - Wednesday, May Thursday, May 5, 2	' 4, 2011- Bacc	ehan High School, Wa on Academy, Colches rd High School	allingford ster
ENTRY FORMS WIL Please list below all participating stude for Special Partner. Please list uniform *Designate Captains	ents. Please indicat	e "SA" after the	e name for Special Ath	llete, or "SP" CLEARLY.
Squad Name		Skill Level (	1, 2, 3, 4,5)	· · · · · · · · · · · · · · · · · · ·
Name	DOB	M/F	Uniform Number	SA/SP
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				
11.				
12.				
12 players is MAXIMUM roster size after the entry deadline will be bille event. Intent-to-Enter is Due Monday, Apri You may submit this online. If not, fax (203) 250-1345	d for food costs. S il 4, 2011. Rosters	Scratch deadlin are due Tueso	e is five (5) school day day, April 26, 2011	s prior to the
List team's practice schedule		Dates		

#### UNIFIED SPORTS® VOLLEYBALL ENTRY FORM

I certify that the above listed special athletes are eligible for participation in Unified Sports™ in that they have satisfied any one of the following requirements as having intellectual disabilities: 1) The person has been identified by an agency or professional as having intellectual disabilities as determined by their localities; or 2) The person has a cognitive delay, as determined by standardized measures such as intelligent quotient or "IQ" testing or other measures which are generally accepted within the professional community in the Accredited Program's nation as being a reliable measurement of the existence of a cognitive delay; or 3) The person has a closely related development disability. A "closely related developmental disability" means having functional limitations in both general learning (such as IQ) and in adaptive skills (such as recreation, work, independent living, self-direction, or self care). However, persons whose functional limitations are based solely on a physical, behavioral, or emotional disability, or a specific learning or sensory disability, are not eligible to participate as Special Olympics athletes, but may be eligible for Unified Sports™

The special partners may not have participated in that same varsity or junior varsity sport at any time since their matriculation in middle school or high school

I certify that all information is correct and all athletes and partners are currently registered with the necessary SOCT forms.

Name of School	Town
······································	
Signature of Principal Date	
Signature of Coach Date	

#### **DIVISIONING CRITERIA - VOLLEYBALL**

(Developed by SOCT Volleyball SMT)

#### **DIVISION 1**

- \* Good understanding of rules -- at least top six (6) players
- \* Better athletes -- physical ability
  \* Can play by High School rules
  \* Overhead serving and spiking allowed

- \* Various medals awarded

#### **DIVISION 2**

- \* Basic understanding of rules
- \* Ability to set
- \* On starting team, typically 2-4 good players \* Basic understanding of court presence
- \* Understand concept of serve
- \* Overhead serving and spiking allowed
- \* Various medals awarded

#### **DIVISION 3**

- \* Lower athletic ability
- \* Limited concept of rules
- \* Low ability to serve \* 2 or maybe 3 players bump all balls
- \* Low understanding of violations \* No spiking or overhead serving allowed
- Various medals awarded

#### Limited Team Concept

#### **DIVISION 4**

- \* All players -- limited ability to bump and serve \* All players -- low understanding of rules \* No scoring for place

- \* Two service tries allowed
- \* No overhead serving or spiking
- \* Wheelchair division
- \* Challenge medals awarded to all

#### All scoring will be rally scoring.

#### CIAC UNIFIED SPORTS® VOLLEYBALL TOURNAMENT RULES

ROSTER: Maximum of twelve (12) per team. Fifty percent (50%) of the team should be non-disabled. The team may have males and females. No student who ever played on the school's varsity or junior varsity volleyball team can participate.

PLAYERS ON COURT: There will be three (3) non-disabled and three (3) intellectually disabled players on the court at all times.

UNIFORMS: Team must wear appropriate attire. All uniforms must be the same. Shirts must be numbered. Sneakers must be worn. Special athletes must wear even numbers, partners must wear odd numbers.

RULES: High School rules will be followed.

#### MODIFICATIONS:

High School: The court will be regulation size (18m x 9m) with a net of regulation height (2.24m) (7' 41"). A slightly lighter ball may be used for Level 4 teams. Wheelchair athletes must compete in Level 4. Wheelchair and partner will count as one person. No score will be kept in Level 4.

For lower ability teams, and only if necessary, the serve line may be moved closer to the net, but no closer than 4.5m (14' 91/4"). The serve line may also be moved toward the middle of the court, but no more than three (3) meters (9' 101/4") from the sideline. A second serve will be allowed in Levels 3 and 4 if the first serve is unsuccessful.

**Middle School:** The serve line may be moved closer to the net, but no closer than 4.5m (14' 91/4"). The serve line may also be moved toward the middle of the court, but no more than 3 meters (9' 101/4") from the sidelines.

The height of the net shall be 2.24m (7'41"). Middle school divisions will use an 81cm (32") circumference ball that weighs 8 ounces.

Wheelchair athletes must compete in Level 4. Wheelchair and partner will count as <u>one</u> person. No score will be kept in mentor level.

#### High & Middle School:

Multiple substitutions will be allowed as follows:

- A. Three (3) entries per position.
- B. Maximum twelve (12) substitutions per game.

A three (3) point serving rule will be used. Once the player has scored three (3) points, there will be an automatic side out (rotation) rule.

Due to the nature of the game, it is difficult to be specific as to who can hit the ball and when. It must be remembered that Unified Sports Volleyball, especially at levels 3 & 4, must not be dominated by special partners. They are there to compliment the athlete and to keep the game moving as smoothly as possible. Special partners cannot spike the ball, overhead serve, or hit it three consecutive times during each volley. If the ball is hit three times on one side, at least one of those hits must be by a special athlete. The special partner must set the ball to a special athlete whenever possible except in the case of a third hit. Different types of balls may be used for skill acquisition and at practice games. A regulation volleyball must be used at all tournaments in levels 1 and 2. A training ball may be used at levels 3 and 4 upon agreement of the coaches.

If the server in level 3 or 4 misses his/her first serve, a second serve will be allowed.

All scoring will be rally scoring to 25 points. A minimum of three (3) games will be played.

### 2011UNIFIED SPORTS® TRACK TOURNAMENT INTENT-TO-ENTER FORM

Name of School	Telephone ( )			
Address				
City/Town				
s interested in participating in the Unified Sports	Track Tournament on:			
<pre>// Wednesday, May 11, 2011 — Plainville Hig // Thursday, May 12, 2011 — Norwich Free A // Friday, May 13, 2011 — Danbury High Scho // Monday, May 26, 2011— Fairfield Ludlov // FCIAC League Only High Schools</pre>	School – 3:00 - 6:30 p.m. (High Schools ONLY) In School – 3:00 - 6:30 p.m. (Middle Schools ONLY) In School – 3:00 - 6:30 p.m. (ECC High Schools ONLY) In School – 6:30 p.m. (Middle and High Schools) In High School – 3:00 - 6:30 p.m In High School – 3:00 - 6:30 p.m. (High Schools ONLY)			
All entries are based on number of opening	gs – "first come, first served basis."			
Rosters are due on line by May 2, 2011 for Rosters are due on line by May 19, 2011 for	Track in Plainville, Southington, NFA and Danbury Track in Fairfield Ludlowe and West Haven			
You must enter your names, times, or distances on the CIAC web site by May 2 for Plainville, Norwich, Southington and Danbury and May 19 for the West Haven and Fairfield Ludlowe me in order for us to "seed" the athletes for the meets – www.casciac.org – click on CIAC, click Unified Sports, scroll to track forms and enter exactly as directed.				
If your names and times are not on the compu	ter, your students will not be running			
Name of				
Principal				
Name of Coach	Home Phone Phone ( )			
Cell				
Email Address				
Approximate # of students (athletes & partners	s):			
# of Wheelchair Athletes				
Signature of Principal	Date			
Signature of Coach				
C				

Return by: Apri

April 4, 2011

### CIAC UNIFIED SPORTS® TOURNAMENT RULES TRACK AND FIELD

#### DIVISIONING:

Divisioning will be done by qualifying times and distances.

**Skill events** -- designed for athletes of limited ability -- to propel or move on their own -- for athletes that need to be assisted are non-scoring events. Non-scoring events include the tennis ball throw and the 2 x 25m relay. Only limited ability athletes should be registered for non-scoring events.

<u>Unified track & field events</u> -- athletes must be able to throw, jump, and run/walk on their own. Wheelchair athletes must be able to propel their own wheelchair.

All events will be scored, except the 2 x 25 meters, and the tennis ball throw.

For running events, athletes will be grouped based on the following -- seed time, wheelchair/walker or running/walking.

Wheelchair and walkers could be in the same heat.

**EVENTS:** 

Scoring events -- Running 2 x 50 meters

2 x 50 wheelchair 4 x 100 meters 4 x 100 wheelchair 4 x 200 meters 4 x 400 meters

Jumping 2 x Standing long jump

2 x Running long jump

Throwing 2 x turbo javelin - 300 gm javelin

2 x shot put -- 6 lb. for high school 4 lb. for middle schools

Non-scoring events 2 x 25 meters

Tennis ball throw

#### **ENTRIES**:

<u>Intent-to-Enter Form</u> – Due April 12 for Plainville, NFA, and Danbury and May 12 for West Haven. Form must be done online to enter.

<u>Rosters</u> are due by May 3 for Plainville, NFA, and Danbury, and May 20 for West Haven. Entries must be done online. Go to www.casciac.org, click ciac and scroll to Unified Sports – scroll to track forms.

**Entering Athletes** – Entries will be entered online by listing event, school, names of all athletes in relay, then score.

How to enter times or distance -- List time in minutes, seconds and tenths. Example 4 x 100 relay may be 1:20.9. All times should be rounded up to tenths. Running events will be the total time of the relay team scores. This score is a total of each athlete/partner combination which makes up the relay.

Distances for throwing and jumping events will be written in feet and inches -- round to nearest inch. Example: A total score of 10 feet, 2 inches will be written as 10-2.

**ROSTER** – Only athletes who are listed on the Intent-to-enter form may compete on the day of the meet.

To equalize the opportunity for scoring, maximum of twenty (20) per team. Schools entering more than twenty (20) must separate into squads (example - red and blue). Team must be composed of both special athletes and partners. No student who ever played on the school's varsity or junior varsity track team can participate as a partner. Special Olympic athletes who participated on a middle or high school team may compete. Teams may consist of both males and females.

<u>UNIFORMS</u> – Team must wear track attire (no jeans or cut-offs). All uniforms must be the same. Appropriate footwear should be worn, sneakers, running shoes, throwing shoes as dictated by the surface at the event venue. Numbered bibs will be used for staging athletes for events.

#### POINTS OF

**EMPHASIS** – Only athletes listed on the seed card may compete in that relay.

No jewelry, hats, headgear. Contestants shall not wear jewelry with the exception of religious/medical medals. If such medals are worn, they shall be taped to the body.

#### RULES

**MODIFICATIONS** – High school track and field rules will be followed.

All entries must be submitted in advance on line.

Athlete may compete in a maximum of three (3) events with no more than two entries in either track (running) or field (throwing or jumping). All seedings will be computerized in advance of the meet to maximize scoring opportunities and the fairness to the athletes and teams.

Events that will be offered are:

Opening Ceremonies -- 3:15 p.m.

- \* Throwing Equipment -- High school athletes will use a 6 lb. Shot, middle school a 4lb. Shot. All athletes will use a 300g turbo javelin. Tennis ball will be used for tennis ball throw.
- \* All relays will consist of both special athletes and partners. In a two person relay, the order will be partner then special athlete. In a four person relay, the order will be partner -- special athlete -- partner -- special athlete.
- \* Throwing and jumping event will be done as two person relays. The distance for each athlete will be added together to create a relay score.
- \* Scoring -- Skill events designed for athletes of limited ability -- (to propel or move on their own) -- for athletes that need to be assisted are non-scoring events. These events include tennis ball throw and 2 x 25m relay. All other events will be scored.

All events will be relay events. Total time or distance of the relay is what will count toward scoring. All competitors must complete his/her leg in order to score. All events and divisions will be scored except the 2 x 25m relay and the tennis ball throw.

Scoring by division -- each heat is a separate division as determined by your times/distances submitted to CAS/CIAC Unified Sports by the specific deadline. If you fail to enter the times/distances by the deadline date, you/your school team/squad cannot participate. First place in each heat -- 5 points, second place in each heat -- 3 points, third place in each heat -- 1 point.

- \* <u>Team Awards</u> -- Team with highest total points is the meet champion, second highest the runner-up. All participants will receive a medal for sportsmanship and participation.
- \* Only athletes listed on the seed card may compete in a relay. (Note: same in high school)
- \* Definition of special athlete and partner

Special athlete -- A person is eligible to participate in Unified Sports as a special athlete, provided that he/she:

- a. Is considered to have intellectual disabilities \* as determined by his/her locality.
- b. Has closely related developmental disabilities \*\* such as someone who has functional limitations, both in general learning and in adaptive skills such as recreation, work, independent living, self-direction, or self-care.

Note: People with functional limitations based solely on a physical, behavioral, emotional, specific learning disability, or sensory disability are not eligible.

- \* Any person who is identified as having intellectual disabilities by an agency or a professional in any given local area is considered eligible for Special Olympics. Other terms that may be used synonymously with intellectual disabilities include: cognitive disabilities, and mental handicaps.
- \*\* When the term "intellectual disabilities" or other similar descriptor is not used to identify the person in a local area, eligibility should be determined by whether or not the person has functional limitations in both general learning and adaptive skills. "Development disability" is the term most often used to describe persons with both limitations. Other terms that may be used synonymously with development disabilities are developmental handicap, developmentally delayed, or severe disabilities.

<u>Partner</u> -- Special Olympics Unified Sports is a program that combines approximately equal numbers of Special Olympics athletes and athletes without intellectual disabilities (partners) on sports teams for training and competition. Age and ability matching of athletes and partners is specifically defined on a sport-by-sport basis.

Though the above definition allows for partners with disabilities other than intellectual disabilities, Unified Sports was developed to provide Special Olympics athletes with the choice of a sports program that brings about meaningful inclusion with their non-disabled peers.

Effective immediately, SOCT will adopt this Partner Eligibility Statement and not allow unified teams comprised solely of persons with disabilities. This statement will apply for both the Special Olympics Connecticut program and Unified program run through CAS-CIAC.

\* <u>Practice</u> -- Each team must have at least eight (8) practices before competition. Practice meets may be held prior to the championship. If no practice meets are held prior to the championships a team may run an intersquad meet or time trials to obtain scores for entry into the championship. Relays cannot be entered into the championship without a score.

<u>SUPERVISION</u> – An athlete may not compete in the tournament unless accompanied by his/her coach or a properly certified representative of the school designated by the principal in writing. Coaches are expected to provide proper supervision for their athletes and spectators during all meets.

Contestants, not actual competing, must remain in assigned areas. Jumpers and throwers may not practice or compete without adult supervision present. Implements are to be secured immediately following the completion of the event and any athlete throwing the implement thereafter will be disqualified from the event.

#### Order of Events

After the Opening Ceremonies, the **Field Events** will take place **first** on a rotation basis as determined by school/team rosters for each Field Event:

Station I 2 X Standing Long Jump – upon completion will rotate to Station I Station II 2 X Running Long Jump – upon completion will rotate to Station III Station III 2 X Javelin Throw – upon completion will rotate to Station IV Station IV 2 X Shot Put – upon completion will rotate to Station I

Non scoring Tennis Ball Throw will commence during the first Station I activity. Coaches will be responsible to be present or send a responsible person to accompany the Special Athlete and Special Partner to the Tennis Ball Throw.

Coaches, you will be at each station with your team/squad and the host school running that station will have a school/squad roster for that specific event. They will call out the two person teams, Special Partner/Special Athlete to compete. Your team/squad may not all participate in that venue but you will remain there until all that are on the specific Station seedings compete.

After the Field Events are all through, the Track events will take place next in the following order:

Non-scoring 2 X 25 meter relay

- 4 X 200 meter relay
- 2 X 50 meter relay
- 4 X 100 meter relay
- 4 X 400 meter relay

# Special Athlete Forms

### CHIORETARET: REPLYINDENTARETER FOR THE CONTROLLED

ATHLETE NAME (FIRST/LAST)

LOCAL PROGRAM:

RELEASE TO BE COMPLETED BY PARENT/GUARDIAN OR ADULT ATHLETE ACTING AS OWN GUARDIAN

I, the Parent/Guardian or Adult Athlete submit this Official Special Olympics Release Form for participation in Special Olympics.

I represent and warrant that, to the best of my knowledge and belief, the athlete is physically and mentally able to participate in Special Olympics activities. I also represent that a licensed physician has reviewed the health information contained in the application for participation and has certified, based on a medical examination, that there is no medical evidence which would preclude the athlete from participating in Special Olympics.

I understand that if the athlete has Down Syndrome, the athlete cannot participate in sports or events which by their nature result in hyper-extension, radical flexion or direct pressure on the neck or upper spine unless the athlete and physician have completed the official "Down Addendum Form", available from the Special Olympics State Office. I am aware that the x-ray exam is required before any athlete with Down Syndrome may participate in Special Olympics, especially in the following: equestrian, gymnastics, diving, pentathlon, butterfly stroke, diving starts in swimming, high jump, alpine skiing and soccer.

Special Olympics has my permission, both during and anytime after, to use the athlete's likeness, name, voice or words in either television, radio, film, newspapers, magazines and other media, and in any form, for the purpose of advertising or communicating the purposes and activities of Special Olympics and/or applying for funds to support those purposes and activities.

If during the athlete's participation in Special Olympics activities, the athlete should need emergency medical treatment, and I (the parent/guardian or adult athlete) arm not able to give consent or make arrangements for that treatment, I authorize Special Olympics to take whatever measures necessary to protect the athlete's health and well-being, including if necessary, hospitalization.

I understand by signing below I consent to participate in the Special Olympics Healthy Athletes Program that provides individuals screening assessments of health status and health care needs in the areas of vision; oral health; hearing; physical therapy; and a variety of health promotion areas. I understand there is no obligation for the athlete to participate in the Healthy Athletes Program and that the athlete may decide not to participate. Provisions of these health services are not intended as a substitute for regular care. I also understand that I should seek independent medical advice and assistance irrespective of the provisions of these services and that Special Olympics is not responsible for the health of the athlete. I understand that I should seek independent medical advice and assistance as I am responsible for the athlete's health. I understand that information gathered as part of the screening process may be used anonymously to assess and communicate overall health and needs of athletes and to develop programs to address those needs.

athletes and to develop programs to do	
I, the adult athlete have read this paper and fully understand understand that by signing this paper, I am saying that I agree	The area visions of the release that I am signify. I
understand the copy of the cop	Date:
Signature:	
I, the Parent/Guardian of this athlete, hereby give my per Olympics games, training, recreation programs, physical activities signing, I am saying that I agree to the provisions of this release	ermission for this athlete to participate in Special ity programs and Healthy Athletes program. By ase.
signing, I am saying that I agree to	Date:
Signature:	POST TO FRED WALLD
STEEL	NED AND DATED TO BE CONSIDERED VALID

THIS FORM MUST BE COMPLETED LEGIBLY, SIGNED AND DATED TO BE CONSIDERED VALID

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CHEST PAINS	YES :NO	10.HEAT STROKE/COLD ILLNESS		19. SICKLE CELL/TRAIT DISEASE	YESNO
SEIZURES/EPILEPSY	YESNO	11. OTHER PROBLEM (S) THAT WO			YESNO
DIABETES	yesno	WITH SPORTS PARTICIPATION	YESNONEW	20. HEARING LOSS/ HEARING AID	YESNO
DOWN SYNDROME	YESNO	LIST:		21. CONTACTS/EYEGLASSES	
NECK X-RAY DONE	YESNO	12. IMPAIRED MOBILITY	YESNO	2.2. DENTURES/FALSE TEETH	YESNO
INSTABILITY PRESENT	YESNO	13. USES A WHEELCHAIR	YESNO	23. DATE OF LAST TETANUS SHOT	
. BLINDNESS/VISION PROBLEM	YES NO NEW	14. SPECIAL DIET	YESNO	24. LIST ALLERGY TO: INSECT STING	GYESNO
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		16. BLEEDING PROBLEMS	YESNO	FOODS	YESN
3. HEAD INJURY/CONCUSSION					
ADDITIONAL COMMENTS:					
MEDICATIONS: PLEASE PRINT MED	DICATION NAME, AMOUNT AND	O NUMBER OF TIMES PER DAY MEDI	CATION NEEDS TO BE TAKEN:		
MEDICALIONAL CENTRAL					
		CTCN/	ATURES	establishing the absence of Atlanto-	
		Special Olympics requires a fu	ill radiological examination	establishing the absence of Atianto- direct pressure on the neck or upper butterfly stroke, diving starts in sw	axial Instability befor
EXAMINERS NOTE: If an at	hiete has Down Syndrome He or events which, by the	ir nature may result in hyperex	tension, radical flexion or t	establishing the absence of Adanto- direct pressure on the neck or upper , butterfly stroke, diving starts in sw	imming, high jump, a
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RESTRICTIONS:				DATE:	1
EXAMINERS SIGNATURE:					
			PHONE: ( )	phone: ( )  DATE:	
EXAMINERS NAME:					,



# SPECIAL RELEASE FOR ATHLETES WITH ATLANTO-AXIAL INSTABILITY



Trea		Local Program
		Duvetolane
		drome and who has been diagnosed as having Atlanto-axial Instability. We certify, on contained in this application, that despite the diagnosis of Atlanto-axial Instability, on the second of the control
ased on our examinations of the his athlete is not medically pre- and to the parent or guardian w	Canada Olympic	s. We further cently that we have a specific and in particular, a minor), the medical risks associated with Atlanto-axial Instability and in particular, a minor), the medical risks associated with Atlanto-axial Instability and in particular, a minor), the medical risks associated with Atlanto-axial Instability and in particular, a minor), the medical risks associated with Atlanto-axial Instability and in particular, a minor), the medical risks associated with Atlanto-axial Instability and in particular, a minor), the medical risks associated with Atlanto-axial Instability and in particular, a minor), the medical risks associated with Atlanto-axial Instability and in particular, a minor), the medical risks associated with Atlanto-axial Instability and in particular, a minor), the medical risks associated with Atlanto-axial Instability and in particular, a minor).
ne neck or upper spine. Gigin	audics of the passage	Restrictions (if any):
estrictions (if any):		Physician's Name:
hysician's Name:		Addrage!
Address:		Phone: ( )
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Signature of Physician:	Date:	
	GERTIFICATION	Signature of Physician:  OF ADULT ATHLETE  Ith diagnosis of Atlanto-axial Instability)
	(Required for adult atmetes wi	in diagnosis of the same
am the athlete named in this	s application I certify that:	to-axial Instability.
<ol> <li>I have been informed by the</li> </ol>	s application recently that: the physicians named above that I have Atlantic properties including the risks from particles and the risks from particles.	to-axial Instability.  cipating in equestrian sports, gymnastics, diving, pentathlon, butterfly stroke, diving lained to me by the physicians named above, and I fully understand the possible medical
2. The risks associated with	that condition, including the fiber of the population of the property of the condition, and soccer have been fully exp	cipating in equestrian sports, gymnastics, diving, pentathion, butterny stake, alving lained to me by the physicians named above, and I fully understand the possible medical lained to me by the physicians named above, and I fully understand the possible medical
consequences if I participate	in any of these sports or events.	nsequences. I certify that I am taking these risks knowingly and voluntarily, of my own
3. Although I recognize and	understand the risks and possible medical col- ing to participate in Special Olympics, includi	nsequences, I certify that I am taking these risks knowingly and voluntarily, of my owning any or all of the sports or events listed above, based on the certifications of the two rating in Special Olympics.
the will, because of my desi-	tre to participate in Special Olympics, includi It I am not medically precluded from particip	ating in Special Olympics.
Name:		
Audiess.		
Phone's		
11101101 ( )		
		Date
Signature of Adult Athlete		Date
Signature of Adult Athlete		Date
Signature of Adult Athlete	or Family Member	Date ATION OF PARENT
Signature of Adult Athlete Signature of Adult Friend of	or Family Member  CERTIFIC  (Required for minor athletes	Date  ATLON OF PARENT  s with diagnosis of Atlanto-axial Instability)
Signature of Adult Athlete Signature of Adult Friend of	or Family Member  CERTIFIC  (Required for minor athletes	Date  ATLON OF PARENT  s with diagnosis of Atlanto-axial Instability)
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#### SOLICITUD DE PARTICPACION EN LAS OLIMPIADAS ESPECIALES

# LA SECCION "A" DEBE SER PRESENTADA CADA TRES (3) ANOS Atleta Nuevo SECCION A - INFORMACION MEDICA SOBRE EL ATLETA Renovacion

AREA/PROGRAMA LOCAL:	
Nombre del atleta:	Sexo: Feccha de nacimiento:// Mesdiaano
Domicilio:	Telefono particular:( )
Nombre del padre/madre/tutor:	Telefono particular:( ) Telefono comercial: ( )
Contacto de emergencia: (si es alguien diferente de los padres o tutor) Compania de Seguros/Accidentes	Telefono de emergincia ( )  Poliza No
Si del 1 al 6 responde SI se require un examen fisico cad marca NUEVO se require un examen fisico por primera  SI 1. Enfermedad/malformacion coronaria/alta presion 2. Dolores en el pecho o mareos/desmayos 3. Ataques/epilepsia 4. Diabetes 5. Sindrome de Down Se hizo hacer radiografia de la columna cervical?	NO Nuevo  SI NO  15. Alergico/a las siguientes (especifique)  Medicinas  Comidas  Picadura de insectos/mordida  16. Dieta especial
Inestabilidad atlanto-axial  6. Padres o hermanos (menores de 40 anos) muertos debido a enfermedades cardiacas  7. Ausencia de vision/ceguera de un ojo  8. Ausencia de rinon o testiculo  9. Concusion o herida seria en la cabeza	18. Tendencia a sangrar facilmente 19. Problemas emocionales/psiquitricos 20. Serios transtornos osesos o de atriculaciones 21. Trepanocitosis/anemia falsiforme 22. Audifonos/perdida de audicion 23. Lentes de contacto/anteojos 24. Dentaduras/dientes postizos 25. Vacunas al dia
participacion en algunos deportes Lista: 13. Habilidad motora deteriorada 14. Usa silla de ruedas	26. Fecha de la ultima vacuna antitetanica / / Mes Dia Ano
Comentarios:	
MEDICAMENTOS - Per favor, escriba el nombre de los nadministradas	medicamentos, cantidad, fecha de presripcion y dosis diarias que deben ser
SI LA HISTORIA MEDICA FUE COMPLETADA POR l'arriba, he revisado la historia medica  Firma  IMPORTANTE: Si hubiera algun cambio significativo en la salue antes de preseguir con su participación	es/tutor o atleta adulto)  Firm  Mes Dia Ano  UN ATLETA ADULTO - Yo, junto al atleta adulto cuya firma aparece mas  Mes Dia Ano  Relacion con el atleta (familiar, amigo/a, entrenador d del atleta su condicion medica debe ser examinada por un professional licensiado  CERTIFICADO MEDICO
NOTA DEL EXAMINADOR: Si el atleta padece el syndrome de completo que establezca la ausencia de Inestabilidad Atlanto-Axi de los mismos, pueda causar una hyperextension, flexion extrema deportes y eventos para los que se requiere dicho examen radiolo natacion con buceo al comenzar, saltos de altura, esqui alphino, le Yohe revisado la informacion medica arriba proporcionada evidencia medica a mi disposicion que impida la participacion de	e Down, la organizacion Olimpiadas Especiales requiere un examen radiologico ial antes de que el/ella pueda participar en deportes o eventos que, por la naturaleza a o presion directa sobre el cuello o la region cervical de la columna vertebral. Los ogico son: deportes ecuestres, gymnasia, buceo, pentalon, natacion estilo mariposa levantamiento de pesas y futbol.  La y he examinado al atleta cuyo nombre figura en la solicitud, y certifico que no hay el atleta en las Olimpiades Especiales.
PESTRICCIONES	
FIRMA DEL EXAMINADOR	NOMBRE DEL EXAMINADOR // Mes Dia Ano
PARA PARTICIPAR POR PRIMERA VEZ SE REQUIERE UN	N EXAMEN MEDICO REALIZADO POR UN PROFESIONAL LICENCIADO

#### OLIMPIADAS ESPECIALES FORMULARIO DE AUTORIZACION

AreaProgra	Program Local				
AUTORIZACION DEL ATLETA ADUI					
Yo, de por lo menos 18 anos de edad, he presentado una solicitud y represento y certifico que, segun yo sepa y crea, estoy capacitado fisica y mentalmente para particideclaro que un medico con licencia ha revisado la informacion medica que acompana mi solicitum independiente, que no exite evidencia clinica alguna que me impida participar en las Olimpiadas de Down, no puedo participar en deportes o eventos que, por su naturaleza, resulte en una hipercuello o la parte superior de la columna vertebral, a menos que yo y otros dos medicos hayamos de especial para atletas con Inestabilidad Atlanto-Axial" donde queda establecida la ausencia de Ineradiologico antes de participar en deportes ecuestres gymnasia, buceo, pentathlon, natacion estilo de altura, esqui alpino y futbol.					
Autorizo a las Olimpiadas Especiales (durante y despues) a usar mi foto, nombre, voz o palabras medios y en cualquier formato, cuyo proposito sea hacer propaganda o comunicar los objetivos y solicitor fondos para apoyar estos objetivos y actividades.	en television, radio, film, periodicos, revistas, otros actividades de las Olimpiadas Especiales y/o				
Si durante mi participacion en actividades de las Olimpiadas Especiales yo necesitara tratamiento de dar mi consentimiento o realizar mis propios arreglos para el tratamiento requerido por las her tomar cualquier medida que sea necesaria para proteger mi salud y bienhestar incluyendo, de ser	o medico de emergencia y no estoy en condiciones ridas sufridas, yo autorizo a Olimpiadas Especiales a necesario, la hospitalizacion.				
Yo, el atleta cuyo nombre esta escrito arriba, he leido este escrito y comprendo perfectamente las firmando. Yo entiendo que al firmar este escrito estoy manifestando mi acuerdo con las disposic					
Firma del atleta adulto	Fecha				
Por este medio certifico haber revisado esta autorizacion con el atleta cuya firma aparece arriba. atleta entiende las conseciones de esta autorizacion y esta de acuerdo con sus terminos.					
Nombre (impreso):					
Relacion con el atleta: (Por ejemplo: familiar, maestro/a, entrenador, etc.)					
A SER COMPLETADO POR EL PADRE, LA MADRE O EL TUTOR					
Yo soy el padre/la madre/el tutor de la solicitud de participacion en las Olimpiadas Especiales adjunta a la presente. Por este medio o participar en las actividades de las Olimpiadas Especiales.					
Ademas establezco y certifico que, de acuerdo con mi major saber y parecer, el atleta esta capaci Olimpiadas Especiales. Con mi aprobacion, un medico licenciado ha revisado la informacion me atleta y ha certificado, basado en un examen medico independiente, que no existe ninguna evider Yo entiendo que si el/la atleta padece el syndrome de Down no podra participar en deportes o evextension, flexion extrema o presion directa sobre el cuello o la parte superior de la columna ver completado el formulario official "Autorizacion especial para atletas con Inestabilidad Atlanto-A Olimpiadas Especiales, o el atleta haya tenido un examen radiologico completo donde se estable que si decido no completer el formulario "Autorizacion especial para atletas con Atlanto-Axial, e para poder participar en deportes ecuestres, gymnasia, buceo, pentathlon, natacion estilo maripos esqui alpino y futbol.	tado fisica y mentalmente para participar en las edica presentada con la solicitud de participacion de ncia medica que impida la participacion del atleta. entos que, por su naturaleza, resulten en hipertebra, a menos que yo y otros dos medicos hayamos xial", disponible en la oficina local de las ce la ausencia de Inestabilidad Atlanto-Axial. Yo se el atleta debe tener un examen radiologico previo sa, natacion con buceo al comenzar, saltos de altura,				
Al mismo tiempo que autorizo la participacion del atleta yo estoy otorgando permiso especifican Especiales use la foto, nombre, voz y palabras por television, radio, film, peridodicos, revistas, o sea hacer propaganda o comunicar los objetivos y actividades de las Olimpiadas Especiales y/o sactividades.	nente para que (durante y despues) las Olimpiadas etros medicos y en cualquier formato, cuyo proposito solicitor fondos para apoyar estos objetivos y				
Si durante la participacion del atleta en cualquier actividad de las Olimpiadas Especiales surge u ser consultado/a sobre la atencion medica que el atleta debe recibir, Yo, autorizo por este medio sean necesarias y aseguren que el atleta reciba tratamiento medico de urgencia, incluida la hospitaconsejable para proteger la salud y el bienestar del atleta.	na emergencia medica y yo no estoy presente para a Olimpiadas Especiales a tomar las medidas que talización, y lo que Olimpiadas Especiales considere				
Yo soy el padre/la madre/tutor del atleta nombrado en esta solicitud. Yo he leido y comprendo autorizacion y he explicado al atleta su contenido. Mi firma al pie del presente formulario de au presente formulario de autorizacion indica que yo y el atleta estamos de acuerdo con las disposici	en su totalidad tudo lo estipulado en la presente torizacion indica que yo y el atleta estamos de ciones arriba mencionadas.				
Por este medio doy mi autorizacion para que el atleta participe en los juegos, los programas de re Especiales.	ecreacion y de actividad física de las Olimpiadas				
Firma del padre/madre/tutor	Fecha				

# Special Partner Forms

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Release and Welvar of Lability, Assumption of Riskage Indentity Agraement

#### Timfa: Sincollaide LOCAL PROGRAM: UNIFIED SPORTS® PARTNER INFORMATION Name (First - Last): Phone: ( Female Male Gender Date of birth: Mobile: ( Street: ZIP Code: State: City: PARENT OR GUARDIAN INFORMATION FOR UNIFIED SPORTS®PARTNERS UNDER 18 YEARS OF AGE F-Mail: Name Address (if different than above) ZIP Code: State: City Mobile: Work: Phone Home: F-Mail EMERGENCY CONTACT (IF DIFFERENT THAN PARENT OR GUARDIAN) Phone: Name: HEALTH ADVISORIES Please list below any pertinent health information (i.e. allergies, etc.) SPECIAL OLYMPICS RELEASE AND WAIVER OF LIABILITY In consideration of participating in Special Olympics Unified Sports®, I represent that I understand the nature of the event and that I (and or my minor child) am (are/is) qualified, in good health and in proper physical condition to participate in Unified Sports® events. I fully understand the event involves risks of serious bodily injury which may be caused by my own actions or inactions, by the actions of others participating in the event, or by conditions in which the event takes place. I fully accept and assume all such risks and all responsibility for losses, costs, and/or damages I (and/or my minor child) may incur as a result of my (and/or my minor child's) participation. I acknowledge that at any time that if I (we) feel that the event conditions are unsafe; I (and/or my minor child) will discontinue participation immediately. If during my participation in Special Olympics activities I should need emergency medical treatment and I (and or my minor child) am (are/is) not able to give my consent for or make my own arrangements for that treatment because of my injuries, I authorize Special Olympics to take whatever measures are necessary to protect my health and well-being, including, if necessary, hospitalization. I and/or my minor child) release, indemnify , covenant not to sue and hold harmless Special Olympics, its administrators, directors, agents, officers, volunteers, employees and other Unified Sports® participants, and sponsors, advertisers, and if applicable any owners and lessors of premises on which the activity takes place from all Hability any losses, claims (other than that of the medical accident benefit), demands, costs or damages that I (and or my minor child) may incur as a result of participation in Unified Sports® events and further agree that if, despite this 'Release and Walver of Liability, Assumption of Risk, and Indemnity Agreement' I, or anyone on my behalf makes a claim against any of the Releasees, I will indemnify , save, and hold harmless each of the Releasees from any litigation expenses, attorney fees, loss, liability, damage or cost which may incur as a result of such claim. I have read this 'Release and Walver of Liability, Assumption of Risk and Indemnity Agreement' and fully understand it. Date Signature of Unified Sports® Partner Date Signature of Parent/Guardian of Minor Unified Sports® Partner PLEASE READ BEFORE SIGNING the information that I have provided may be verified, and I give permission to Special Olympics to make inquiry of others concerning my suitability to act as a I understand that: in the course of volunteering for Special Olympics, I may be dealing with confidential information and I agree to keep said information in the strictest the relationship between Special Olympics and volunteers is an 'at will' agreement, and that it may be terminated at any time without cause by either the I grant Special Olympics permission to use my likeness, voice, and words in television, radio, film, or in any form to promote activities of Special Olympics. DATE: Signature of Unified Sports® Partner: DATE: Signature of Parent/Guardian of Minor Unified Sports® Partner:



# SPECIAL OLYMPICS FIRST REPORT OF ACCIDENT / INCIDENT



U.S. Program/Area: CONNE	CCTICUT Date of Inc	eident:	or CT-1 world ha	cident: Injured Party:	
•	ormation Date of Birth:/	Type of Injury/ Ac ☐ Bodily Injury ☐ Property Damage	☐ Athlete ☐ Volunteer		
Name: (Last)	(First)	(MI)	☐ Automobile ☐ Other:	☐ Coach ☐ Employee	
Address: (Street)	(City)	(State) (Zip)		☐ Unified Partner	
Home Phone: ( )	- Work Phone: ()			☐ Property Owner ☐ Other:	
Gender: ☐ Male ☐ Female	Social Security Number.				
Description of Accident (	If automobile accident occurred, please attach	a copy of the police report).			
	rred (Attach a separate sheet if necessary):	•			
		Sport			
Site / event where accident occi	urred:	☐ Alpine Skiing ☐ Aquatics	☐ Power Lifting ☐ Relay Game	Body Part Injured:	
CILC. CIVIL MAND BOARDING COOK		☐ Athletics ☐ Badminton	☐ Roller Skating ☐ Sailing	☐ Head ☐ Neck	
Accident Occurred During:	Disposition:	☐ Bacminton	☐ Saning ☐ Snowboarding	□ Torso	
☐ Training/Practice	☐ Released to parent☐ Refusal of care	☐ Basketball	☐ Snowshoe	□ Back	
Competition	☐ Refer to doctor	☐ Bocce	□ Soccer	$\square$ Hand $(L/R)$ $\square$ Finger $(L/R)$	
☐ Traveling to or from SO event☐ Other:	☐ Refer to hospital or clinic	☐ Bowling ☐ Cheerleading	☐ Softball ☐ Speed Skating	☐ Elbow (L/R)	
	☐ Medical attention	☐ Cross Country Ski	☐ Swimming	$\square$ Shoulder $(L/R)$	
Type of Injury:  ☐ Severe cut w/ bleeding	☐ EMS transport ☐ Patient requested EMS transport	☐ Cycling	☐ Table Tennis	□ Leg (L / R)	
Less serious bruise or cut	☐ Released to personal vehicle	☐ Equestrian	☐ Team Handball	☐ Knee (L/R)	
☐ Break/fracture	□ Police	☐ Figure Skating	☐ Tennis	$\square$ Thigh $(L/R)$ $\square$ Shin $(L/R)$	
☐ Concussion	☐ Ambulance	☐ Floor Hockey ☐ Golf	☐ Track & Field ☐ Volleyball		
□ Paralysis	☐ Report only	☐ Gymnastics	Other:	☐ Toe . (L / R) ☐ Other:	
□ Other:	Other:	☐ Kickball			
Contact / Care Provider In	formation If an athlete or underage volunteer	r was injured, please identify the c	care provider and/or respons	ible party (e.g. parent, legal guardian).	
Relationship to the injured pers	on:	Employer Name:			
		Employer Name: Employer Address:			
Address:		Work Phone: (			
Home Phone: ( )	-	WORK I HORE.	J	ALALALA TOPPALITYO	
Does the inju If yes, insura	red person have medical insurance? nce is provided by: le name of Company and Policy Numb	☐ Yes ☐ No ☐ Injured Person ☐ 0 per:			
r louiso provide	to name of Company and Concy Land				
Witness Information (Ple	ease provide names and phone number				
Witness #1 Name:			time Phone: (		
		-	time Phone: (		
	al / Representative (other than cla	imant)			
			ation a Discourse (	1	
Name:			time Phone: (	)	