CIAC WRESTLING COMMITTEE MINUTES
September 19, 2016

Present: Dave Nowakowski, Pat Risley, Steve Merlino, Ernest Goodwin, Roy Wentworth, Carmen Delvecchio, Derek Dion, Dave Green, Ted Oczkowski, Bob Swan, Steve Wysowski, Bob Lehr.

Bob Lehr reminded the committee of the coaches meeting on November 21, 2016 and also told the members that Heather Feiner has agreed to make a presentation on skin disorder, much the same as she did last year. Bob Lehr also stated that it was his observation that there were far fewer skin episodes during the 2015-16 season, thanks to the extended efforts of the state’s coaches.

The 2016 tournament was reviewed. The 2017 Class S tournament will now be held at Windham High School, replacing Plainville High School.

Several members of the committee visited East Haven High School and Bulkeley High School to determine those sites suitability to host the wrestling open. This was done to see if the tournament could be professionally operated while seeing a financial savings. It was determined that the Open should remain at the Floyd Little Athletic Center for 2017.

David Nowakowski opened discussion on ineligible wrestlers weighing in for a match and then not wrestling. He stated that this has been done as a strategic move by a coach while knowing that the wrestler was not going to wrestle that match. Motion by Dave Nowakowski and seconded by Derek Dion, “Only eligible wrestlers are permitted to weigh in for matches.” Motion passed.

The contents of the packet were discussed and slight adjustments were made. They will be reflected in the final version of the packet.

The divisional alignments will be determined when the status of cooperative teams is set and when there is a better understanding of the status of several teams.

Considerable discussion took place involving elite level wrestlers. Although the committee voted on a proposal at the April 26, 2016 meeting, there were several items that needed to be addressed before another vote on the topic was taken. The following motion was made by David Nowakowski and seconded by Roy Wentworth.

a. The proposal is for a two-year trial period to be evaluated after the first year and the second year.
b. A coach would be permitted to send up to four elite level wrestlers to an elite tournament two times during the season.
c. All team members and teams must abide by weekly, seasonal and multi-event limitations.
d. The elite level tournament and the event the rest of the team would compete in would count as one event for weekly and seasonal limitations. Individuals would need to remain within weekly and season limitations.
e. In order to be considered an elite level tournament, it would need to have a minimum of sixteen teams competing from a minimum of three states.
f. Connecticut wrestlers in all tournaments must continue to follow the five match per day limit.
g. Individual results must be counted in all tournaments.
h. All tournament competition must be completed before any wrestler is permitted to compete in another event.
i. All wrestlers in all wrestling events must be accompanied by a certified coach.

Motion Passed

Steve Wysowski reminded the committee that before a proposal is sent to the CIAC Board of Control, it must be submitted to the Connecticut High School Coaches Association, the Connecticut Association of Athletic Directors and the Connecticut State Medical Society. Upon the approval of those three groups, the proposal will be presented to the CIAC Board of Control for approval.

Meeting adjourned at 5:20 p.m.