

CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE  
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[www.ciacsports.com](http://www.ciacsports.com)

20<sup>th</sup> ANNUAL 2020 CIAC BOYS VOLLEYBALL INFORMATION

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THE BOYS VOLLEYBALL TOURNAMENT INFORMATION IS ARRANGED IN TWELVE (12) SECTIONS

- 1.0 Divisions
- 2.0 Sites / Dates
- 3.0 Entry Procedures
- 4.0 Expenses / Tickets
- 5.0 Forfeits
- 6.0 Officials
- 7.0 Protests
- 8.0 Qualifying
- 9.0 Ranking / Seeding
- 10.0 Supervision / Sportsmanship
- 11.0 Time of Games / Meets
- 12.0 Tournament Rules / Procedures

Appendix A Concussion Management and Return to Play Requirements

2020 CIAC BOYS VOLLEYBALL INFORMATION  
ALERT

1. **Fan Behavior and Respect for the Game** – Good sporting conduct is an integral part of the interscholastic volleyball program. The rules of volleyball state that any type of cheering, yelling or other actions which are done in a manner to disconcert, be derogatory or taunting toward the opposing team or a specific player is considered inappropriate. Cheering and other support should always be positive. Inappropriate behavior, if not addressed, allows for a loss of respect for the game and players. **Disruptive behavior may result in ejection from the event.**
2. **Track the Libero** – The home team provides the tracking of the libero for both teams, even if the home team does not use a libero.
3. **Outside Tournament/Event** – CIAC member school athletes in the sport of volleyball may not participate in any outside tournament or event during the CIAC season. This includes two on two, three on three, beach volleyball or other similar events/tournaments. Participation in such events will result in loss of eligibility for the athlete and possible forfeits of games played by the school in which the athlete played after participating in an outside event.
4. **Coaches Apparel** – All team coaches are expected to dress appropriately for tournament competition. T-shirts, blue jeans and caps/hats are among the items prohibited during tournament play.
5. **For the 2020 season a multi-colored ball will be used throughout the CIAC tournament.** Participating teams will provide warm-up balls for the semi-finals.
6. **Scrimmages** – Teams must have a minimum of three (3) days of practice prior to scheduling a full team scrimmage. All sports teams and individual athletes must have a minimum of ten (10) physical/exertional practice days with their school before the date of the first scheduled competition. No team/athlete shall practice/compete with their school more than six (6) consecutive days to provide a day of rest. Saturdays, Sundays, and holidays may be used unless prohibited by local board policy. Sunday practices may be counted to fulfill the 10 day requirement.
7. See information on changing match dates and times. (Section 11.1, 11.2) \* **Notices of conflicts will be considered but are not necessarily granted. TEAMS IN QUARTER-FINAL GAMES MUST INFORM THE TOURNAMENT DIRECTOR OF ANY CONFLICTS FOR SEMI-FINAL GAMES. NOTICE MUST BE RECEIVED NO LATER THAN 4:00 P.M. ON FRIDAY, MAY 22, 2020. IF NO CONFLICT NOTICE IS GIVEN TO THE TOURNAMENT DIRECTOR, SEMI-FINAL GAMES WILL BE ASSIGNED AND NO ALTERATIONS TO THE SEMI-FINAL CONTESTS WILL BE MADE.**
8. See information on supplying practice balls for all tournament contests. (Section 12.2)
9. **Reporting Regular Season Scores** – All regular season scores must be entered online on the day of the game as soon as possible following the game's completion. Scores may be entered via the Online Eligibility Center, the "submit scores/forms" option of the "CIAC for Coaches" menu at ciacsports.com, or the "submit scores" button in our ciacmobile.com mobile site. Entering scores at ciacsports.com or ciacmobile.com requires either a coaches or scorekeeper's access code. Those codes are managed via the Online Eligibility Center and can be retrieved from a school's athletic director.
10. **Tournament Rosters / Entry / Officials** -- Can be submitted on the Eligibility Center or the submit scores/forms option under the CIAC for Coaches menu at CIACsports.com. Rosters must be submitted by May 22, 2020.
11. **Students With Special Needs** – Coaches are reminded to inform contest officials prior to each competition of any students with special needs who could be competing in the contest when his/her disability could impact the individual's performance or the conduct of the competition.
12. **CIAC Tournament Site Media Policy** – The CIAC places tremendous value on the role the media plays in promoting and highlighting high school sports. To that purpose CIAC tournament venues and hosts should make

every effort to provide a working environment conducive to all media (print, broadcast and internet based) covering our events. The following are **minimum standards**, developed in consultation with the CIAC Media Advisory Committee, which should be provided for working media at all CIAC tournament sites:

- 1) A minimum of one hour following the conclusion of post-game interviews to write in the press box, press area or a suitable facility in close proximity to the site of the event (i.e. office, classroom, etc.).
- 2) Access to electric power (shared power strip, etc.).
- 3) Access to wireless internet service.

Site directors should communicate these requirements to any staff person who may be responsible for the administration of the event. If for some reason a site will not be able to provide these items for a contest, a site representative should inform the CIAC in advance and work with the media on site before the game and work to provide a reasonable solution to the issue. Members of the media who will be covering events are directed to contact the appropriate site as far in advance as possible to inform them they will be at the event and discuss what arrangements will be made for working media at the site.

13. **Unmanned Aerial Systems at CIAC-Sanctioned Events** – The use of unmanned aerial systems, often referred to as drones, is prohibited for any purpose by any person(s) at all CIAC-sanctioned events. This policy includes not only the restricted playing area of the venue(s), but also the physical confines of the entire stadium / field / arena structure. For the purpose of this policy, an unmanned aerial system is any aircraft without a human pilot on board.
14. **ELECTRONIC DEVICES** in any form may not be attached to any piece of volleyball equipment during CIAC volleyball contests.
15. **SPORTSMANSHIP -- Member schools are expected to conduct their relations with each other at all levels of competition in a spirit of good sportsmanship. Everyone involved has the obligation to see clearly his/her influence and act accordingly. The CIAC acknowledges that the school administration is responsible for the athletic program, including the making of broad and specific policies and procedures relating to sportsmanship and the conduct of activities in the school. To that end, the CIAC urges each school principal to adopt the following sportsmanship procedures and standards for their school and to champion the “Class Act” sportsmanship program as these standards will be used in all CIAC post-season contests.**

#### **CIAC Sportsmanship Guidelines**

- The CIAC request that all school personnel – administrators, faculty, and coaches – give special and specific emphasis about CIAC’s expectations for good sportsmanship during the regular season as well as CIAC tournaments requiring that athletes and members of the student body conduct themselves in a manner that reflects nothing but credit upon your school. Any unsportsmanlike conduct on the part of students and adults is unacceptable and will be addressed with strong and appropriate measures.
- The CIAC sportsmanship standards should be as widely disseminated as possible using the student-parent handbook, student-athlete handbook, school newspaper, parent newsletter, school web site and the local media.
- The CIAC sportsmanship standards for spectators should be read by PA announcers prior to each contest.
- The CIAC sportsmanship standards of conduct be prominently posted at all sports venues.
- When event programs are provided, the CIAC sportsmanship standards be included.
- Member schools require having athletes, parents/guardians, sign an acknowledgement which would show that they have read the student-athlete handbook and understand the CIAC sportsmanship standards.
- Member schools work with community officials to insure that levels of the CIAC sportsmanship standards are enforced when contests are held at their school and at non-school facilities.
- The CIAC and the CIAC sports committees insist the CIAC sportsmanship standards be rigorously enforced at all regular season contests and at all CIAC tournament contests. This is particularly important when contests are held at non-school sites.
- Member schools will conduct a pre-season meeting with student-athletes, coaches and parents to review the CIAC sportsmanship standards.
- Member schools should communicate with opposing schools and inform them they are a “Class Act School” and provide them with the CIAC sportsmanship standards which will be strictly adhered to.

- Member schools hosting a game should make available to visiting schools necessary game information – includes directions for parking, location of ticket booths, seating arrangement, ticket prices, game time, directions for each game site.
- Member schools hosting a game should designate specific seating areas for students, bands, adults and visitors. If possible, opposing student bodies should be separated.
- Member schools hosting a game should arrange for adequate police supervision.
- When possible the member schools hosting a game should assign officials to dressing facilities separated from both teams. Provides escorts for the officials when it appears that disturbances may develop.
- Member schools should take measures to prevent fans from getting near or on the playing area and around the players benches. After the contest, prevents fans from going onto the playing area.
- Member schools should provide for adequate supervision of students and facilities. Supervisors should sit in the stands with the students.
- **Member schools should support and adhere to ALL the following CIAC standards.**

### The CIAC “Class Act” Sportsmanship Standards

#### **ALL Spectators (including parents):**

- Will adhere to the host school’s acceptable dress code at all home and away contests commensurate with classroom behavior. For CIAC tournament contests all spectators will be appropriately attired with their torso completely covered and with no visible degrading or demeaning writings/logos.
- Any signs displayed must be positive in nature, reference only the school supported by the sign maker, and must be pre-approved by the Athletic Director of the school reference in the sign.
- During outdoor sports, no air horns or horns of any kind or whistles will be used, and any other noisemakers will be allowed with the host athletic director’s approval and only be used during “dead ball” situations to celebrate good play. During indoor sports, no noisemakers will be used. Pep bands are allowable at a home contest if the school provides adult supervision and the band only plays during “dead ball” situations.
- Spectators will cheer positively to support their team, will not cheer negatively against the opponent.
- Spectators will show respect for the game officials and their decisions.
- Spectators will show respect for the playing of the National Anthem.

#### Game Personnel / Announcers:

- Will explain and consistently enforce host school expectations for spectators.
- Will be enthusiastic but not show favoritism while making announcements, and never publicly question or criticize the players, coaches, or officials.
- Will encourage respect for the National Anthem and remind spectators to remove caps and stand.

#### Coaches

- Will exemplify high moral character, behavior and leadership, lead by example, and set a standard for players and spectators to follow both on and off the athletic arena.
- Will teach players the rules of the game and to respect the game, and will take action when athletes exhibit poor sportsmanship.
- Will respect the integrity and judgement of officials and will not publicly criticize or question the decisions of officials.
- Will be aware of the competitive balance of contests and will manage the score in a manner that is sportsmanlike and respectful of opponents.

#### Players:

- Will accept the responsibility and privilege the student-athlete has in representing their school and community by learning and showing teamwork, sportsmanship and discipline in all aspects of the game.
- Will demonstrate respect for self, coach, teammates, opponents, officials and spectators by exhibiting good character and conducting themselves as a positive role model.
- Will win and lose graciously.
- Will cheer for your team, not against your opponent.
- Will congratulate opponents in a sincere manner following either victory or defeat.

## 2019-20 National Federation Volleyball Rule Revisions

**2-2, 2-3j (New), 2-4-1e (New), 2-4 Penalties 3 (New), 9-8-1i** -- Establishes the cables and diagonal poles used to retract ceiling suspended net systems as restricted play allowing the referee to determine if the ball would have been playable if the cable(s) and/or pole(s) had not been there.

**4-2-1, 4-2-1a (New), 4-2-1e (New), 4-2-2 (New)** – Eliminates the solid-colored uniform requirements, establishes that the libero uniform must clearly contrast with his/her teammates' uniforms and reorganizes the legal uniform rule.

**4-2-4b** – Eliminates the use of double zero (00) as a uniform number option.

**4-2-4c** – Beginning with the 2023-24 season, the body of the uniform number must clearly contrast with the uniform top regardless of border/trim. This will eliminate the allowance of border/trim to provide the only contrast between the body of the number and the uniform top.

**5-5-1b; 5-6-1b; 7-1-1a; 7-1-1 Penalties 1; 7-1-2; 7-1-4; 7-1-4 Penalties 1, 2** – Requires the second referee to collect Team rosters at the pre-match conference while allowing changes to be made until 10 minutes remain on the pregame clock. Additionally, all rosters and lineups must be submitted to the second referee – not the scorer – allowing for a smoother warmup process and set transition for coaches, players, officials and scorers.

**5-9-2a Note** – Establishes that the line judge shall take his/her position and move in line with the extension of the end line when the ball is being served near the line judge's position, allowing the line judge to watch for foot contact with the end line and move quickly back for a view of the sideline.

**8-1-6, 8-2-5g (New)** – Establishes that the ball remains dead when tossed for serve and it touches any part of the Backboard or supports hanging in a vertical position over the serving area and is an illegal serve, not a service fault.

### 2019-20 National Federation Volleyball Major Editorial Changes

**2-1-5** – Clarifies that the attack line shall be measured from the edge of the attack line farthest from the center line to the axis of the center line.

**4-2-7** – Clarifies the penalty for the removal of any part of the uniform top or bottom as a yellow card for the first offense charged to the coach for unsporting conduct.

**5-5-3b(26)** – Provides additional instructions for the second referee when conducting the coin toss prior to the deciding set by requiring the second referee to communicate with the first referee, the serving team and the proper team benches.

**8-1-6, 8-2-5g** – Establishes the proper signal for a tossed ball that contacts a backboard or its supports hanging in a vertical position over the serving area is Officials Signal 13.

**NFHS Official Signals Chart** – Removes Signal 7 – “Legal Back-Row Attack” – from the chart and establishes the signal as an informal officials' signal in the NFHS Officials Manual, renumbering remaining signals.

### 2019-20 Volleyball Editorial Changes

2-4-1b; 5-2-1b; 10-2 Penalties 2; 11-4-2; 12-2 Penalties 1a, b; Scoring Section; Officials Signals 19A

### 2019-20 Volleyball Points of Emphasis

1. Informal Officials Signals
2. Side-Folding Retractable Backboards
3. Ball-handling

**CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE**  
**20<sup>th</sup> ANNUAL BOYS 2020 VOLLEYBALL INFORMATION**

1. Only games played against CIAC member school VARSITY teams and eligible out-of-state schools are recognized for tournament qualification. Games scheduled with CLUB or NON-CIAC member school teams may not be counted toward tournament qualification, but are counted toward CIAC season and weekly limitations.
  2. Coaches who coach both CIAC girls and boys volleyball teams during the same year may not permit team players to practice / participate / compete in any way on both teams.
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1.0 **DIVISIONS**

- 1.1 Only institutional members of the Conference may enter this tournament which will be in two (2) divisions. Placement of schools has been based on the 2018-19 boy enrollment. A listing of tournament divisions are available on the boys volleyball page at [ciacsports.com](http://ciacsports.com)

L Division	752 and over
M Division	Up to 751

- 1.2 The 2020 boys' volleyball championships will be played using a single elimination format.

2.0 **DATES / SITES / MEET DIRECTORS**

- 2.1 Member schools may start practice on, but not before, Saturday, March 21, 2020
- 2.2 Member schools may play the first game on, but not before, Saturday, April 4, 2020
- 2.3 The last date for games to count for the 2020 boys' volleyball tournament will be Thursday, May 28, 2020.

2.4 **Scheduled Playing Dates for the 2020 Boys Volleyball Tournament**

First Round	Wednesday, June 3, 2020
Quarter-finals	Friday, June 5, 2020
Semi-finals	Tuesday, June 9, 2020
Finals	Thursday, June 11, 2020 – TBD – M – 5:00 p.m. / L – 7:00 p.m.

- 2.5 For first round and quarter-final matches the higher ranked school will provide the site. Home teams will provide athletic trainers through the quarter-finals. **For semi-final and final games teams are responsible for providing their own trainer.**
- 2.6 CIAC established expenses beginning with the quarter-final round will be paid by CIAC.
- 2.7 If the higher ranked school does not have a site which conforms to National Federation Rules the tournament director will decide where the match will be played, in which event match expenses and officials fees will be paid by the CIAC. All gate receipts are to be forwarded to the CIAC office.
- 2.8 **For semi-final and final games** – Site selection priority for semi-final matches will be at a neutral site. No consideration will be given to previous experience at the facility. Gate receipts are to be forwarded to the CIAC office. The higher ranked team will be declared the home team in all situations.
- 2.9 Any potential conflicts on semi-final dates must be given to the tournament director by 4:00 p.m., June 3, 2020. Conflicts reported after this date and time will not be honored.

### 3.0 **ENTRY PROCEDURE**

- 3.1 **Schedule Form** – Must be submitted via the password-protected online eligibility center by Wednesday, January 29, 2020. Games cannot be added to the schedule after April 4, 2020.
- 3.2 **Game Results** – All regular season scores must be entered online on the day of the game as soon as possible following the game’s completion. Scores may be entered via the Online Eligibility Center, the “submit scores/forms” option of the “CIAC for Coaches” menu at ciacsports.com, or the “submit scores” button in our ciacmobile.com mobile site. Entering scores at ciacsports.com or ciacmobile.com requires either a coaches or scorekeeper’s access code, those codes are managed via the Online Eligibility Center and can be retrieved from a school’s athletic director. Regardless of regular season postponed games, the date of Thursday, May 28, 2020, must be the final day to count for the tournament. All games played after the entry form has been submitted must be completed and scores submitted via the password-protected online eligibility center by May 28, 2020.
- Member schools must make every effort to complete their season as scheduled, including make-up games. Any effort to gain an advantage in tournament play by not playing a game is unacceptable and is subject to action by the CIAC Board of Control. Cancellation of any regular season contest/make-up to play in a league tournament will not be allowed.**
- 3.3 **Change of Division Form** – Optional, if filed must be submitted via the password-protected online eligibility center by Monday, March 23, 2020. **Schools electing to move up a division must remain in that division for a period of three (3) years. The boys volleyball committee has the authority to approve or deny all requests.**
- 3.4 **Site Availability Form** – Must be submitted via the password-protected online eligibility center by Monday, March 23, 2020.
- 3.5 **Tournament Roster** – Can be submitted on the Eligibility Center or the submit scores/forms option under the CIAC for Coaches menu at ciacsports.com. Rosters must be submitted by Friday, May 22, 2020. **Each school will not be allowed over eighteen (18) boys on the official tournament roster. There cannot be any alternates or substitutes to the original list of eighteen submitted after the first game played in the tournament.**
- 3.6 **Entry Fee** – There is a \$100 entry fee per school. Checks are to be made payable to CIAC and must be mailed to the CIAC, 30 Realty Drive, Cheshire, CT 06410. If a team does not qualify for the tournament, the entry fee will be returned. If a school needs an invoice in order to pay its tournament fee, one can be downloaded by using the “Generate Tournament Invoice” link under the boys volleyball options in the password-protected online eligibility center.
- 3.7 **Qualifying Record** – **WIN 40% OF GAMES AGAINST VARSITY CIAC MEMBER SCHOOLS AND ELIGIBLE OUT-OF-STATE SCHOOLS.**
- 3.8 **Adjustments to second round and quarter-final starting times, dates or sites must be mutually agreed upon. Notify the CIAC on a support ticket and the Tournament Director of agreed upon changes. SEE 2.8 FOR SEMI-FINAL GAMES.**

### 4.0 **EXPENSES / TICKETS**

- 4.1 Expenses for all first round matches will be borne by the participating teams. The host team will pay all game expenses including officials and shall provide the site director who should be someone other than the coach. The visiting team will pay its own traveling expenses.

- 4.2 *Quarter-final games will be played at the site of the higher ranked team. Admission must be charged and the gate receipts sent to CIAC. The site director fee and the game officials will be paid by CIAC. In addition, CIAC will reimburse each host school expenses for essential personnel (i.e. ticket seller, ticket taker, etc.) submitted on the game reporting form up to a maximum of \$160.*
- 4.3 Schools will bear all traveling expenses.
- 4.4 The host school will pay all official and lines person fees for first round matches. CIAC will pay all official and lines person expenses for quarter-final, semi-final and final matches.
- 4.5 Charges for admission for quarter-final, semi-final and final games will be: \*
- \$5.00 – Senior Citizens (Age 65 and older)
  - \$5.00 – Students (Grades 1-12)
  - \$10.00 – Adults (All others not in the above categories)
  - Free – Children five (5) and under
  - Free – Military in uniform or with I.D.
- \*Subject to change depending on venue**
- 4.6 If in the first round games schools wish to charge admission they should notify the principal and/or athletic director of the visiting school in advance.
- 4.7 During the 2020 tournament, the following passes will be honored at all games where an admission is charged.
- a. CIAC Volleyball Pass (Head Varsity Boys Volleyball Coaches must request **IN WRITING ONLY** from CIAC and provide a self-addressed stamped envelope)
  - b. Principal (or designee) of participating schools
  - c. Athletic director (CAAD) membership card
  - d. CIAC volleyball officials membership card
  - e. Press Card
- 4.8 Home teams provide trainers through the quarter-final games. **FOR SEMI-FINAL AND FINALS TEAMS ARE RESPONSIBLE FOR PROVIDING THEIR OWN TRAINER.**

## 5.0 **FORFEITS**

- 5.1 Member schools will be required to submit regular season schedules for all sports controlled by CIAC in which member schools participate. Determination of forfeitures will be based on this schedule.
- A forfeit game shall count as a victory for the team declared the winner and as a loss for the team declared a loser in determining tournament qualifications and ratings. For tournament qualifications only the following reasons for a forfeit shall be accepted.
- 5.2 A team shall forfeit a game or games if through a violation it is required to do so under the CIAC Rules of Eligibility.
- 5.3 A team shall forfeit a game if the game official declares the game a forfeit as a result of a National Federation rule violation, or a team refuses to play after being instructed to do so by the game official.
- 5.4 Forfeitures will be honored by each CIAC sport committee when there is mutual agreement between the principals of the two schools involved in the game not played. Each principal must submit on the official CIAC Canceled Game – Forfeiture Form his/her decision and it must be received in the CIAC office within 72 hours following the time of the scheduled contest. On the eve of a tournament when there is



not sufficient time for normal administrative procedures (72 hours) if a question of team forfeiture arises the Executive Director or his designee, in consultation with the chairman of the sport committee affected and the principals of the two schools will make an appropriate ad hoc decision in consideration of the best interests of the tournament as a whole.

- 5.5 All games listed on the original schedule and submitted to the CIAC which are not played and have not been forfeited in accordance with this policy will be considered by each sport committee as No Contest and shall not count for tournament qualification and rating unless it affects the minimum number of games required to qualify for tournament participation. In this instance the sport committee shall review the evidence submitted by the teams involved and may grant an exception from the minimum game number requirement. The minimum winner percentage as determined by the individual sport committee must be met under all circumstances.

## 1.0 **OFFICIALS**

- 6.1 By Friday, May 15, 2020, each varsity head coach, regardless of won or loss record is invited to submit a list, via the password-protected online eligibility center or the submit scores/forms option under the CIAC for coaches menu at ciacsports.com, of three (3) officials who are judged to be tournament caliber. In addition three officials may be listed who should not work tournament games. From the suggestions a Master List of Officials will be developed which will be used to hire officials provided they are available. Recommendations will be used as a guide in the selection of tournament officials.
- 6.2 The CIAC Officials Coordinator will hire game officials for all tournament games including first round, quarter-final, semi-final and final matches. Each school will provide one lines person for the first round games. The CIAC Officials Coordinator will hire lines persons for the quarter-final, semi-final and final matches. **LINES JUDGES FOR ALL GAMES MUST BE QUALIFIED AND EXPERIENCED.**
- 6.3 Each team must bring competent scorers for each match. Certified volleyball officials will be used as linesmen for all quarter-final, semi-final and final matches.

## 7.0 **PROTESTS**

- 7.1 Each sport committee will establish a protest committee whose purpose will be to adjudicate all protests relating to the operation of the tournament, including the application and administration of tournament regulations. National Federation or CIAC game rule interpretations and judgments by the game officials cannot be protested. The protest committee for each sport shall consist of the Assistant Executive Director for CIAC, the Chairman of the tournament committee, an administrator member of the sport committee, the tournament director and the coaches' chairman on the sport committee. All protest committee decisions are appealable to the CIAC Board of Control as provided in the CIAC by-laws.
- 7.2 On the eve of a tournament when there is not sufficient time for normal administrative procedures and Board of Control hearings, if a question on interpretation of tournament regulations or the operation of the tournament arises, the Chairman of the CIAC Board of Control, the Executive Director of CIAC, and the chairman of the tournament committee in question will make an appropriate ad hoc decision in consideration of the best interest of the tournament as a whole.
- 7.3 **Decisions by Game Officials** – Protests arising from the decisions, interpretations and misapplication of the National Federation or CIAC game rules by officials during the contest will not be considered. The decisions and interpretations of the rules by the officials are final.

The record of the official scorekeeper at the conclusion of the contest is final unless an error is discovered. Such error shall be corrected as covered by specific contest rules.

Any team leaving the contest area before the conclusion of the contest because of dissatisfaction with the officiating will render the school liable to disciplinary action by the CIAC.

8.0 **QUALIFYING**

- 8.1 **To be eligible for consideration in the tournament, a team must play a minimum of twelve (12) matches against CIAC member school VARSITY opponents or eligible out-of-state schools and have won 40% of its approved scheduled games played.** Only the first two games played with any single opponent will count for tournament purposes.
- 8.2 Only matches played with Conference member schools, or Region I out-of-state schools who are members of their state athletic association shall be considered.
- 8.3 Matches played with non-member Connecticut secondary schools shall NOT be considered in the rating of teams.

15.0 **RANKING AND SEEDING**

- 9.1 a. The rating of teams shall be determined by the percentage method. The number of matches won divided by the number of matches played.
- b. Ties will be resolved in the following order:
  - 1) Record in head-to-head competition
  - 2) Total matches played
  - 3) By lot
- 9.2 When more than one team is undefeated, the team with the most wins will be ranked first.
- 9.3 A team maintains its initial percentage ranking throughout the tournament.
- 9.4 The tournament will be conducted in traditional single elimination format.

<u>First Round</u>	<u>Quarter-finals</u>	<u>Semi-finals</u>	<u>Finals</u>
1 vs 16			
8 vs 9	1 vs 8		
		1 vs 4	
4 vs 13			
5 vs 12	4 vs 5		1 vs 2
2 vs 15			
7 vs 10	2 vs 7		
		2 vs 3	
3 vs 14			
6 vs 11	3 vs 6		

- 9.5 ***Ranking and pairings information will be distributed to coaches via the CIAC web site on Friday, May 29, 2020.***

## 10.0 SUPERVISION / SPORTSMANSHIP

10.1 In the interest of crowd control and proper supervision the CIAC Board of Control has approved the tournament regulation requiring the principals of the participation schools or his/her designee to attend all tournament matches. The school administrator or designee MUST identify him/herself to the site director and follow the CIAC Tournament Handbook Guidelines concerning crowd control.

10.2 When a member school's coach is ejected from a game for an infraction as prescribed by the rules, the game may not continue until the member school replaced the ejected coach with a certified coach. If this cannot be accomplished within 15 minutes after the ejection, the official in charge will declare a forfeit win for the opposing team.

10.3 Use of tobacco products or the possession of alcoholic beverages of any kind, including champagne, are not permitted at any of the sites. The principal or his/her designee at the match shall see that this rule is enforced and adhered to by the teams.

### 10.4 **Bench Conduct**

Personnel – Only coaches, players, other team members, statisticians, managers and trainers will be allowed in the bench area.

Conduct – The above identified personnel shall not be outside the vicinity of the designated bench area.

10.5 Team members in uniform as well as sub-varsity members identified by the coach, coaches, managers and cheerleaders accompanying the team will be admitted free of charge to each game. Bands and other musical groups, noisemakers that might interfere with the performance of the match, and banners or streamers are prohibited and each school principal or his/her designee is responsible for compliance with this regulation.

## 11.0 TIME OF GAMES

11.1 All tournament matches **until the semi-finals will be scheduled at 6:00 p.m. unless there is a mutual agreement to begin at a different time.** The starting times for semi-final and final matches will be announced. The time of the matches scheduled on Saturday or a holiday will be at the discretion of the tournament director.

11.2 **All requests for date or time changes must be mutually agreed upon. Changes must be reported on a "support ticket" to the CIAC and to the Tournament Director.**

## 12.0 TOURNAMENT RULES / PROCEDURES

12.1 All contests shall be governed by the 2019-20 National Federation volleyball rules. All matches will be the best three-out-of-five in duration – winners advance. Rally scoring will be in place for all matches.

12.2 Each team qualifying for the tournament will be required to furnish a Spalding VB5 or TF 5000 multi-colored ball per NFHS regulations. No other ball may be used for tournament play. (Multi-colored balls will be used exclusively throughout the 2020 CIAC tournament.)

**Host schools will provide practice balls for matches through the quarter-finals. For semi-final and final matches both teams shall provide their own practice balls.**

12.3 The decisions of the volleyball committee relative to the operation of the tournament shall be final.

- 12.4 Padding, as specified in the National Federation Rules, must be on standards, wall cables and referee's platform.
- 12.5 Teams in the tournament may tape or film matches in which they participate. No other teams may tape matches for scouting purposes.
- 12.6 **CIAC Late Entry Policy**
- No tournament entries will be accepted after the established deadline except those approved by the CIAC Board of Control.
  - Corrections requested by a school to an entry form that was submitted by the established deadline but prior to seeding/pairing data being published on the web site, will be assessed a fee of \$50 per correction to a maximum of \$250.
  - All requests for corrections must be submitted on a support ticket via the online eligibility center. No phone request will be considered.
- Tournament Regulations Violations** – If a school fails to comply with tournament regulations and such requires the CIAC tournament sports committee, central office staff, or the CIAC Board of Control to redo any portion of the tournament pairings or such non-compliance adversely impacts the management of the tournament, an administrative violation fee of \$500 will be imposed upon the school before entry into the tournament will be allowed.
- 12.7 **ALL TOURNAMENT GAME SCORES MUST BE CALLED INTO THE TOURNAMENT DIRECTOR IMMEDIATELY FOLLOWING THE MATCH BY THE WINNING COACH.**
- 12.8 **OUTSIDE TOURNAMENT OR EVENTS** – CIAC member school athletes in the sport of volleyball may not participate in any outside tournament or event during the CIAC season. This includes two on two, three on three, beach volleyball or other similar events/tournaments. Participation in such events will result in loss of eligibility for the athlete and possible forfeits of games played by the school in which the athlete played after participation in an outside event.
- 12.9 **Coaches Apparel** – All team coaches are expected to dress appropriately for tournament competition. T-shirts, blue jeans and caps/hats are prohibited during tournament play.

**Connecticut State Department of Education and the  
Connecticut Interscholastic Athletic Conference  
Concussion and Head Injury Annual Review 2019-20  
Required for ALL School Coaches in Connecticut**

This document was developed to provide coaches with an annual review of current and relevant information regarding concussions and head injuries. It includes guidance from the 2017 Concussion in Sport Group consensus statement that was developed to provide further understanding and management of sports-related concussion.

In addition to reviewing this document, the annual review must include one of the following prescribed resources: Connecticut Concussion Task Force video, Centers for Disease Control and Prevention (CDC) Heads Up: Concussion in Youth Sports training course, or the National Federation of State High School Associations (NFHS) concussion training course. Links to these resources can be found at: <http://concussioncentral.ciacsports.com/>. A new form is required to be read, signed, dated and kept on file by coaches' associated school district annually to comply with Section 10-149b of the Connecticut General Statutes, *Concussions: Training courses for coaches. Education plan. Informed consent form. Development or approval by the State Board of Education. Revocation of coaching permit.*

### **What is a Concussion?**

*"A concussion is a type of traumatic brain injury, or TBI, caused by a bump, blow, or jolt to the head or by a hit to the body that causes the head and brain to move rapidly back and forth. This sudden movement can cause the brain to bounce around or twist in the skull, stretching and damaging the brain cells and creating chemical changes in the brain." (CDC, 2017)*

### **Section 1. Concussion Education Plan Summary**

The [Concussion Education Plan and Guidelines for Connecticut Schools](#) was approved by the Connecticut State Board of Education in January 2015. Below is an outline of the requirements of the Concussion Education Plan. The complete document is accessible on the CSDE web site at <http://portal.ct.gov/SDE/Publications/Concussion-Education-Plan-and-Guidelines-for-Connecticut-Schools>

State law requires that each local and regional board of education must approve and then implement a concussion education plan by using written materials, online training or videos, or in-person training that addresses, at a minimum the following:

1. the recognition of signs or symptoms of concussion;
2. the means of obtaining proper medical treatment for a person suspected of sustaining a concussion;
3. the nature and risks of concussions, including the danger of continuing to engage in athletic activity after sustaining a concussion;
4. the proper procedures for allowing a student-athlete who has sustained a concussion to return to athletic activity; and
5. current best practices in the prevention and treatment of a concussion.

### **Section 2. Signs and Symptoms of a Concussion: Overview**

**A concussion should be suspected if any one or more of the following signs or symptoms are present following an impact or suspected impact as described in the CDC definition above.**

#### **Signs of a concussion may include (i.e. what the athlete displays/looks like to an observer):**

- Confusion/disorientation/irritability
- Trouble resting/getting comfortable
- Lack of concentration
- Slow response/drowsiness
- Incoherent/ slurred speech
- Slow/clumsy movements
- Loses consciousness
- Amnesia/memory problems
- Acts silly/combative/aggressive
- Repeatedly ask same questions
- Dazed appearance
- Restless/irritable
- Constant attempts to return to play
- Constant motion
- Disproportionate/inappropriate reactions
- Balance problems

#### **Symptoms of a concussion may include (i.e. what the athlete reports):**

- Headache or dizziness
- Nausea or vomiting
- Blurred or double vision
- Oversensitivity to sound/light/touch
- Ringing in ears
- Feeling foggy or groggy

State law requires that a coach MUST immediately remove a student-athlete from participating in any intramural or interscholastic athletic activity who: a) is observed to exhibit signs, symptoms or behaviors consistent with a concussion following a suspected blow to the head or body, or b) is diagnosed with a concussion, regardless of when such concussion or head injury may have occurred.

**Upon removal of the athlete, a qualified school employee (principal, teacher, licensed athletic trainer, licensed physical or occupational therapist employed by a school district, coach or school paraprofessional) must notify the parent or legal guardian within 24 hours that the student-athlete has experienced a head injury and has exhibited signs and symptoms of a concussion.**

### Section 3. Return to Play (RTP) Protocol Overview

It is impossible to accurately predict how long an individual's concussion will last. There must be full recovery before a student-athlete is allowed to resume participating in athletic activity. Connecticut law now requires that no athlete may resume participation until she/he has received written medical clearance from a licensed health care professional (physician, physician assistant, advanced practice registered nurse (APRN), athletic trainer) trained in the evaluation and management of concussions.

#### **Concussion Management Requirements:**

1. No athlete SHALL return to participation in the athletic activity on the same day of head injury or concussion.
2. If there is any loss of consciousness, vomiting or seizures, the athlete MUST be transported immediately to the hospital.
3. The athlete should not be left alone after the injury. Close observation and monitoring of an athlete MUST continue following a concussion or head injury to ensure that there is no worsening/escalation of symptoms.
4. Any athlete with signs or symptoms related to a concussion MUST be evaluated by a licensed health care professional (physician, physician assistant, advanced practice registered nurse (APRN), athletic trainer) trained in the evaluation and management of concussions.
5. The athlete MUST obtain an initial written clearance from one of the licensed health care professionals identified above directing her/him into a well-defined RTP stepped protocol similar to the one outlined below. If at any time signs or symptoms return during the RTP progression, the athlete should cease activity.
6. After the RTP protocol has been successfully administered (no longer exhibits any signs or symptoms or behaviors consistent with concussions), final written medical clearance is required by one of the licensed health care professionals identified above for the athlete to fully return to unrestricted participation in practices and competitions.

#### **Medical Clearance RTP protocol (There should be at least 24 hours for each step of the progression)**

Stage	Rehabilitation Steps/Aim	Functional exercise at each step of rehabilitation/activity	Goal to each step
0	It is recommended that an initial period of 24-48 hours of both relative physical rest and cognitive rest is achieved before beginning the RTP progression identified in Stages one through six below (McCroory, P. et al., 2017). If at any time signs or symptoms should worsen during the RTP progression, the athlete should stop activity that day. If the athlete's symptoms are gone the next day, she/he may resume the RTP progression at the last step completed in which no symptoms were present. If symptoms persist (example, more than four days in children or more than 10-14 days in adults) the athlete should be referred to a healthcare professional who is an expert in the management of concussion.		
1	Symptom-limited activity	Daily activities that do not provoke symptoms	Gradual reintroduction of work/school activities
2	Light aerobic exercise	Walking or stationary cycling at slow to medium pace. No resistance training.	Increase heart rate
3	Sport-specific exercise No contact	Running or skating drills. No head impact activities	Add movement
4	Non-contact training drills	Harder training drills (example, passing drills). May start progressive resistance training.	Exercise, coordination and increased thinking
5	Full contact practice	Following medical clearance, participate in normal training activities	Restore confidence and assess functional skills by coaching staff
6	Return to sport	Normal game play	Return to full athletic participation

### Section 4. Local/Regional Board of Education Policies Regarding Concussions

***** Attach local or regional board of education concussion policies *****
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**I have read and understand this document and have viewed the prescribed resource material. I understand that state law requires me to immediately remove any player suspected of having a concussion and to not allow her/him to return to participation until she/he has received written medical clearance by a licensed health care professional trained in the evaluation and management of concussions.**

**Coach: (Print)** \_\_\_\_\_ **School** \_\_\_\_\_ **Date** \_\_\_\_\_  
**Coach Signature:** \_\_\_\_\_

**References:** McCroory, P., Meeuwisse, W., Dvorak, J., Aubry, M., Bailes, J., Broglio, S., et al., Vos, P. (2017). Consensus statement on concussion in sport – The 5<sup>th</sup> international conference on concussion in sport held in Berlin, October 2016. *British Journal of Sports Medicine*, 0, 1-10. Doi: 10.1136/bjsports-2017-097699. Retrieved from <http://bjsm.bmj.com/content/bjsports/early/2017/04/26/bjsports-2017-097699.full.pdf>

**Resources:** CDC. (2017). *Heads up: Concussion in high school sports*. Retrieved from [http://www.cdc.gov/NCIPC/tbi/Coaches\\_Tool\\_Kit.htm](http://www.cdc.gov/NCIPC/tbi/Coaches_Tool_Kit.htm)  
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