

CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE
30 Realty Drive, Cheshire, Connecticut 06410
Telephone (203) 250-1111
www.ciacsports.com

2019 CIAC GIRLS TENNIS TOURNAMENT
Sponsored by Wilson

1. **The team opening round matches will be played on Friday, May 24. First round matches will be played on Saturday, May 25 with Sunday, May 26 as the rain date. The opening round only will use a third set super tie breaker (1st to 10 points by 2 points).**
2. **ALERT! TEAM TOURNAMENT FINAL MATCHES AND THE FIRST DAY OF THE OPEN TOURNAMENT WILL NOT BE HELD AT YALE UNIVERSITY BECAUSE OF SCHEDULING CONFLICTS.**

TEAM TOURNAMENT CLASS OPEN FINALS WILL BE HELD AT THREE SEPARATE SITES TO BE NAMED AT A LATER TIME. AN ATTEMPT WILL BE MADE TO MINIMIZE DISTANCE FOR THE COMPETING SCHOOLS WHILE STILL CONTESTING THE MATCHES AT NEUTRAL SITES WITH AT LEAST SIX COURTS AVAILABLE FOR PLAY.

The State Open tournament early rounds will be contested at Conard and Wm. Hall High Schools, both located in West Hartford (Saturday, June 1, 2019 at 1:00 p.m. – rain date, Sunday, June 2, 2019). All singles matches will be played at Conard, and all doubles matches will be played at Wm. Hall. Each school has 12 courts so all matches should be completed as scheduled. Driving time between the schools is approximately 15 minutes. Schools entering both singles and doubles players in the tournament must have a coach or other school-appointed official at each site.

- a. In the event of a team or individual forfeit, no individual wins or losses will be counted toward individual records.
3. **Recommend that coaches advise players to take the SAT in May to avoid potential conflicts. Check SAT dates that are in close proximity to the tennis site. All SAT players must be ready to compete at 1:00 p.m.**

2018-19 National Testing Dates -- Please be advised that because there are many options for student-athletes to take the SAT and ACT tests during the course of the school year, schools should make their teams aware of the CIAC tournament schedule that is posted three years in advance to avoid a conflict. Please plan ahead.

ACT Test Dates: February 9, 2019 – April 13, 2019 – June 8, 2019

SAT Test Dates: March 9, 2019 – May 4, 2019 – June 1, 2019.

4. In the event that a higher seeded school has fewer than four (4) courts, and more than two teams competing, the home court will be shifted to the next highest seeded school meeting the criteria.
5. If rain cancels matches, two rounds may be scheduled on the same day. In the event of inclement weather for the quarter-finals and later rounds, the affected teams have the option of scheduling the match at an indoor facility. The indoor court surface must be consistent with outdoor hard court surfaces, e.g., Hartru, carpeted and grass surfaces are not permitted. The cost is to be shared by the two competing schools.
6. **Host sites are reminded to have the Site Director greet competing teams at least thirty (30) minutes prior to scheduled match time, including opening rounds. Host schools must provide adequate restroom facilities.**
7. For the team tournament, coaching is permitted on change overs throughout the state team tournament only by the designated head coach. For the individual tournament, coaching is permitted only by the designated head coach between the second and third sets.

8. Any player missing any portion of the tournament may not return to tournament play.
9. **Any player having played a minimum of ten (10) matches at a specific singles or doubles position is required to play in that position for the team tournament. Any alterations may not be for strategic advantage and must be approved by the tournament director.**
10. Girls who participate on boys' teams, because the school does not offer a girls program in that sport, may enter either the boys' or the girls' tournament, but not both. **Girls who choose to participate on a boys' team when the school offers a girls' team in that sport, may only enter the boys' tournament.**
11. **QUALIFYING FOR THE INDIVIDUAL TOURNAMENT:**

The first singles player must have obtained a 60% win record as a first singles player. Player must have played in ten (10) or more matches as a first singles player. Matches played at any other position will not count. The second singles player must have obtained a 75% win record as a second singles player. Player must have played in ten (10) or more matches as a second singles player. Matches played at any other position will not count.

The first doubles team must have played together as first doubles in a minimum of ten (10) matches and earned an overall record of 60% wins in first doubles matches only. Matches played at any other position will not count. The second doubles team must have played together as second doubles in a minimum of ten (10) matches and earned an overall record of 75% wins in second doubles matches only. Matches played at any other position will not count.

12. **COACHES – REVIEW THE CIAC REGULATION RELATED TO “UNATTACHED STATUS” WITH YOUR TEAM PRIOR TO THE SEASON.**
13. **Alterations to the regular season line-up must not be made, including changes for strategic reasons. Violations of this player position policy may result in a forfeiture.**
14. **The USTA recovery rule is in effect.** For the team tournament opening round only – the third set will be played as a super tie-breaker (first to ten (10) points, win by two (2)).
15. All sports teams and individual athletes must have a minimum of ten (10) physical/exertional practice days with their school before the date of the first scheduled competition. No team/athlete shall practice/compete with their school more than six (6) consecutive days to provide a day of rest. Saturdays, Sundays, and holidays may be used unless prohibited by local board policy.
16. **Students with Special Needs** – Coaches are reminded to inform contest officials prior to each competition of any student with special needs who could be competing in the contest when his/her disability could impact the individual's performance or the conduct of the competition.
17. All regular season matches must be entered online on the day of the match as soon as possible following the match's completion. Scores may be entered via the Online Eligibility Center, the “Submit Scores/Forms” option of the “CIAC for Coaches” menu at ciacsports.com, or the “Submit Scores” button in our ciacmobile.com mobile site. Entering scores at ciacsports.com or ciacmobile.com requires either a coaches or scorekeeper's access code, those codes are managed via the Online Eligibility Center and can be retrieved from a school's athletic director.
18. **CIAC Tournament Site Media Policy** – The CIAC places tremendous value on the role the media plays in promoting and highlighting high school sports. To that purpose CIAC tournament venues and hosts should make every effort to provide a working environment conducive to all media (print, broadcast and internet based) covering our events. The following are **minimum standards**, developed in consultation with the CIAC Media Advisory Committee, which should be provided for working media at all CIAC tournament sites:
 - 1) A minimum of one hour following the conclusion of post-game interviews to write in the press box, press area or a suitable facility in close proximity to the site of the event (i.e. office, classroom, etc.).
 - 2) Access to electric power (shared power strip, etc.)
 - 3) Access to wireless internet service.

Site directors should communicate these requirements to any staff person who may be responsible for the administration of the event. If for some reason a site will not be able to provide these items for a contest, a site representative should inform the CIAC in advance and work with the media on site before the game and work to provide a reasonable solution to the issue. Members of the media who will be covering events are directed to contact the appropriate site as far in advance as possible to inform them they will be at the event and discuss what arrangements will be made for working media at the site.

19. **Unmanned Aerial Systems at CIAC-Sanctioned Events** – The use of unmanned aerial systems, often referred to as drones, is prohibited for any purpose by any person(s) at all CIAC-sanctioned events. This policy includes not only the restricted playing area of the venue(s), but also the physical confines of the entire stadium / field / arena structure. For the purposes of this policy, an unmanned aerial system is any aircraft without a human pilot on board.
20. **SPORTSMANSHIP** -- Member schools are expected to conduct their relations with each other at all levels of competition in a spirit of good sportsmanship. Everyone involved has the obligation to see clearly his/her influence and act accordingly. The CIAC acknowledges that the school administration is responsible for the athletic program, including the making of broad and specific policies and procedures relating to sportsmanship and the conduct of activities in the school. To that end, the CIAC urges each school principal to adopt the following sportsmanship procedures and standards for their school and to champion the “Class Act” sportsmanship program as these standards will be used in all CIAC post-season contests.

CIAC Sportsmanship Guidelines

- The CIAC request that all school personnel – administrators, faculty, and coaches – give special and specific emphasis about CIAC’s expectations for good sportsmanship during the regular season as well as CIAC tournaments requiring that athletes and members of the student body conduct themselves in a manner that reflects nothing but credit upon your school. Any unsportsmanlike conduct on the part of students and adults is unacceptable and will be addressed with strong and appropriate measures.
- The CIAC sportsmanship standards should be as widely disseminated as possible using the student-parent handbook, student-athlete handbook, school newspaper, parent newsletter, school web site and the local media.
- The CIAC sportsmanship standards for spectators should be read by PA announcers prior to each contest.
- The CIAC sportsmanship standards of conduct be prominently posted at all sports venues.
- When event programs are provided, the CIAC sportsmanship standards be included.
- Member schools require having athletes, parents/guardians, sign an acknowledgement which would show that they have read the student-athlete handbook and understand the CIAC sportsmanship standards.
- Member schools work with community officials to insure that levels of the CIAC sportsmanship standards are enforced when contests are held at their school and at non-school facilities.
- The CIAC and the CIAC sports committees insist the CIAC sportsmanship standards be rigorously enforced at all regular season contests and at all CIAC tournament contests. This is particularly important when contests are held at non-school sites.
- Member schools will conduct a pre-season meeting with student-athletes, coaches and parents to review the CIAC sportsmanship standards.
- Member schools should communicate with opposing schools and inform them they are a “Class Act School” and provide them with the CIAC sportsmanship standards which will be strictly adhered to.
- Member schools hosting a game should make available to visiting schools necessary game information – includes directions for parking, location of ticket booths, seating arrangement, ticket prices, game time, directions for each game site.
- Member schools hosting a game should designate specific seating areas for students, bands, adults and visitors. If possible, opposing student bodies should be separated.
- Member schools hosting a game should arrange for adequate police supervision.
- When possible the member schools hosting a game should assign officials to dressing facilities separated from both teams. Provides escorts for the officials when it appears that disturbances may develop.
- Member schools should take measures to prevent fans from getting near or on the playing area and around the players benches. After the contest, prevents fans from going onto the playing area.

- Member schools should provide for adequate supervision of students and facilities. Supervisors should sit in the stands with the students.
- **Member schools should support and adhere to ALL the following CIAC standards.**

The CIAC “Class Act” Sportsmanship Standards

ALL Spectators (including parents):

- Will adhere to the host school’s acceptable dress code at all home and away contests commensurate with classroom behavior. For CIAC tournament contests all spectators will be appropriately attired with their torso completely covered and with no visible degrading or demeaning writings/logos.
- Any signs displayed must be positive in nature, reference only the school supported by the sign maker, and must be pre-approved by the Athletic Director of the school reference in the sign.
- During outdoor sports, no air horns or horns of any kind or whistles will be used, and any other noisemakers will be allowed with the host athletic director’s approval and only be used during “dead ball” situations to celebrate good play. During indoor sports, no noisemakers will be used. Pep bands are allowable at a home contest if the school provides adult supervision and the band only plays during “dead ball” situations.
- Spectators will cheer positively to support their team, will not cheer negatively against the opponent.
- Spectators will show respect for the game officials and their decisions.
- Spectators will show respect for the playing of the National Anthem.

Game Personnel / Announcers:

- Will explain and consistently enforce host school expectations for spectators.
- Will be enthusiastic but not show favoritism while making announcements, and never publicly question or criticize the players, coaches, or officials.
- Will encourage respect for the National Anthem and remind spectators to remove caps and stand.

Coaches

- Will exemplify high moral character, behavior and leadership, lead by example, and set a standard for players and spectators to follow both on and off the athletic arena.
- Will teach players the rules of the game and to respect the game, and will take action when athletes exhibit poor sportsmanship.
- Will respect the integrity and judgement of officials and will not publicly criticize or question the decisions of officials.
- Will be aware of the competitive balance of contests and will manage the score in a manner that is sportsmanlike and respectful of opponents.

Players

- Will accept the responsibility and privilege the student-athlete has in representing their school and community by learning and showing teamwork, sportsmanship and discipline in all aspects of the game.
- Will demonstrate respect for self, coach, teammates, opponents, officials and spectators by exhibiting good character and conducting themselves as a positive role model.
- Will win and lose graciously.
- Will cheer for your team, not against your opponent.
- Will congratulate opponents in a sincere manner following either victory or defeat.

**CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE
INFORMATION ON BOTH THE GIRLS TEAM AND INDIVIDUAL TENNIS TOURNAMENT**

Please note the change in filing the Team tournament entry form and reporting scores.

The following dates are important for the Girls Team Tennis Tournament:

1. Saturday, March 30, 2019 – Matches cannot be added after this date.
2. Friday, April 5, 2019 – Request for Change of Division Form Due via the password-protected online eligibility center – optional.
3. Friday, May 17, 2019 – 12:00 Noon – TEAM ENTRY ROSTER FORM DUE via the password-protected online eligibility center.
4. Wednesday, May 22, 2019 – **Scores of matches not reported may be counted as losses.**

Committee will meet on Thursday, May 23 at 8:00 a.m. for tournament pairings.

5. Thursday, May 23, 2019 – 3:00 p.m. – Team pairing and ranking information will be available on the CIAC web site. Information will contain sites, dates and times of matches as well as opponents.
6. Friday, May 24, 2019 – Team tournament opening round. First round – Saturday, May 25, 2019. Rain date – Sunday, May 26.
7. **TOURNAMENT DIRECTOR** – John Reisert, Fairfield Ludlowe High School
Home – (203) 426-0220
Cell – (203) 767-6537
Email – jreisert@fairfieldschools.org

The following dates are important for the Girls Individual Tennis Tournament:

1. Wednesday, May 22, 2019 – INDIVIDUAL ENTRY FORMS must be submitted via the password-protected online eligibility center – no later than this date.
2. Saturday, June 1, 2019– Individual Tournament begins

CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE

2019 GIRLS TEAM TENNIS TOURNAMENT

Sponsored by Wilson

The 49th Annual 2019 CIAC Girls Tennis Tournament will be conducted as two separate and distinct tournaments. One will be contested as a **Team Tournament** and the other contested as an **Individual Tournament**. Please read all the information about each of these tournaments.

1. The 2019 Girls Tennis **TEAM TOURNAMENT** will be operated in three divisions. Placement of teams has been based on the 2017-18 girl enrollment in grades 9-12. Tournament divisions are available on the girls tennis page at ciacsports.com.

Large Division -- 585 and over
Medium Division -- 385 - 584
Small Division -- up to 384
2. **Authority** – The decision of the Girls Tennis Committee relative to the operation of the tournament shall be final.
3. **Balls** – Each team will be required to bring seven (7) cans of yellow WILSON balls to the first round matches.
4. **Breaks Between Sets** – No break shall be held between the first and second set. Coaching by the head coach on change overs throughout the state team tournament may take place. A ten-minute break must occur if requested by any player between the second and third set. During the break coaching may take place.
5. **Cancelled Regular Season Matches** – A cancelled game shall not count for tournament qualification or rating unless the principals of the member schools submit a cancelled game/forfeit form found in the CIAC Handbook. Failure to do so will result in the match being declared “no contest”.
6. **Change of Division Request** – Any school wishing to participate in a higher division must submit via the password-protected online eligibility center – a change of division request form by April 5, 2019. Once a change of division has been made the school will be required to remain in that division for two (2) years.
7. **Coach or Supervisor** – Each team MUST be accompanied by the team coach or school faculty member duly appointed by the school principal. Failure to comply with this regulation could result in a team forfeit.
8. **Dates – Tournament**

Friday, May 24, 2019	Opening Round
Saturday, May 25, 2019	First Round Matches
Sunday, May 26, 2019	Rain date
Tuesday, May 28, 2019	Quarter-final Matches
Wednesday, May 29, 2019	Semi-final Matches
Thursday May 30, 2019	Final Matches
Friday, May 31, 2019	Rain date

Note: If rain cancels matches, two rounds may be scheduled on the same day. In the event of inclement weather for the quarter-finals and later rounds, the affected teams have the option of scheduling the match at an indoor facility. The indoor court surface must be consistent with outdoor hard court surfaces, e.g., Hartru, carpeted and grass surfaces are not permitted. The cost is to be shared by the two competing teams.

9. **Entry Fee** – There will be an \$85 entry fee for every school that enters a team in the tournament. Checks are to be made payable to CIAC and mailed to 30 Realty Drive, Cheshire, CT 06410. If a team does not qualify for the tournament the entry fee will be returned. If a school needs an invoice in order to pay its tournament fee, one can be downloaded by using the “Generate Tournament Invoice” link under the girls tennis options in the password-protected online eligibility center.

10. **Entry Form**

- a. **A Team Roster** can be submitted on the online eligibility center or the submit scores/forms option under the CIAC for coaches menu at ciacsports.com no later than Friday, May 17, 2019.

List all matches scheduled to be played throughout the season on the Team Entry / Schedule Form. All scores of matches played shall be completed and entered online on the day of the match as soon as possible following the match's completion.

- b. Failure to file a roster/entry form by Noon, Friday, May 17, 2019 may result in disqualification.
- c. ANY MATCH SCORE NOT SUBMITTED BY WEDNESDAY, MAY 22, 2019, MAY BE COUNTED AS A LOSS.
- d. All matches to be considered for tournament ranking must be listed on the Team Schedule/Entry Form.
- e. Member schools must make every effort to complete their season as scheduled, including make-up games. Any effort to gain an advantage in tournament play by not playing a game is unacceptable and is subject to action by the CIAC Board of Control. Cancellation of any regular season contest/make-up games to play in a league tournament will not be allowed.
11. **Food and Beverages** – Teams must provide their own food and beverages at the sites. Don't count on the availability of either food or beverages at the sites. Carry out what you carry in please.
12. **Forfeits During Tournament** – A team match will consist of seven (7) points determined by playing four singles and three doubles matches. A team not having personnel to contest each of the seven points will forfeit a point each time they fail to put a player or players on the court to contest that point.
13. **Late Entry Policy**
- No tournament entries will be accepted after the established deadline except those approved by the CIAC Board of Control.
 - Corrections requested by a school to an entry form that was submitted by the established deadline but prior to seeding/pairing data being published on the web site, will be assessed a fee of \$50 per correction to a maximum of \$250.
 - All requests for corrections must be submitted on a support ticket via the online eligibility center. **No phone request will be considered.**
- Tournament Regulations Violations** – If a school fails to comply with tournament regulations and such requires the CIAC tournament sports committee, central office staff, or the CIAC Board of Control to redo any portion of the tournament pairings or such non-compliance adversely impacts the management of the tournament, an administrative violation fee of \$500 will be imposed upon the school before entry into the tournament will be allowed.
14. **Last Date to Count for Qualifying** – All matches to count toward qualifying must be submitted on the web site by Wednesday, May 22, 2019. Matches played after this date and time will not count toward qualifying.
15. **Matches – Sets** – Team matches will consist of seven points contested by playing four singles and three doubles matches. All singles and doubles matches will be decided by playing two out of three sets with a twelve (12) point tie breaker if tied at six (6) all in a set. **All seven (7) matches must be played to completion.**
16. **Matches Per Day** – Teams will be required to play no more than two team matches in one day. Teams will be required to play on consecutive days unless there is postponement due to weather or other unforeseen emergencies.

17. **Order of Play** – Each team will be required to have all singles matches either played or on the courts playing before any of the team’s doubles matches may be started. Play will be continuous from first round matches through the quarter-final round matches. Each player will be entitled to a forty-five (45) minute break between matches. For three (3) set matches the two hour recovery rule will be in effect.

18. **Pairings Information**

- a. The pairings for each division will be:

<u>Round One</u>	<u>Quarter-finals</u>	<u>Semi-finals</u>	<u>Finals</u>
1 vs 16			
8 vs 9	1 vs 8		
		1 vs 4	
4 vs 13			
5 vs 12	4 vs 5		1 vs 2
2 vs 15			
7 vs 10	2 vs 7		
		2 vs 3	
3 vs 14			
6 vs 11	3 vs 6		

- b. If more than sixteen teams qualify, the following qualifying pairings shall be used.

<u>If 17 teams</u>	<u>If 18 teams</u>	<u>If 19 teams</u>	<u>If 20 teams</u>
16 vs 17	15 vs 18	14 vs 19	13 vs 20
	16 vs 17	15 vs 18	14 vs 19
		16 vs 17	15 vs 18
			16 vs 17

- c. Announcements of rankings and pairings will be made by 3:00 p.m. on Thursday, May 23, 2019 via the CIAC web site – www.ciacsports.com .
- d. The ranking of teams will be determined by the percentage method.
- e. Teams having the same winning percentage will be ranked using this procedure.
- 1) Total wins
 - 2) Head-to-head
 - 3) By lot

19. **Postponements** – Team matches postponed for whatever reason will be played on the next possible date.

20. **Protest** – Protests involving “Tournament Regulations” and/or match play will be adjudicated by the divisional Tournament Director, the Committee Chair and a CIAC Executive staff member.

21. **Qualification Standards**

- a. Only CIAC member schools may enter these tournaments.
- b. To be eligible for consideration a team must play a minimum of **ten (10) matches** and have won **50% or more of the total matches scheduled**.

- c. Only matches played with CIAC member schools or eligible out-of-state schools shall be considered. Out-of-state schools must be members of their state athletic association and must be approved by their state department of education.
- d. Only the first two matches against the same opponent will be counted. No matches played after Wednesday, May 22, 2019 will be counted. Scores must be submitted via the password-protected online eligibility center.
- e. Matches played with non-member Connecticut secondary schools shall not be considered in the rating of teams.

22. **Reporting Scores** – THE COACH OF EACH TEAM ADVANCING TO THE NEXT LEVEL OF PLAY MUST TELEPHONE THE DIVISION DIRECTOR AND THE TOURNAMENT DIRECTOR.

REPORT THE SCORES OF MATCHES PLAYED AT THE SITE IMMEDIATELY FOLLOWING THE CONCLUSION OF PLAY. (BY 7:00 P.M.)

CLASS L	Paula Fitzgerald	H - (860) 399-2481 / C - (860) 510-2360
CLASS M	John Reisert, Fairfield Ludlowe	H - (203) 426-0220 / C - (203) 767-6537
CLASS S	Vic Sesto, Trumbull	H - (203) 452-7425 / S - (203) 452-4555

FAILURE TO COMPLY WITH THIS REGULATION SHALL RESULT IN A \$50 FINE.

23. **Rules**

- a. All matches will be governed by the USTA rules of tennis.
- b. All matches will be the best two out of three sets (excluding the opening round which will be decided by a 3rd set super tie breaker (1st to 10 points by 2 points). The winning team advances, the losing team is eliminated.

24. **Schedule – Regular Season** – A complete schedule of regular season matches must be submitted via the password-protected online eligibility center. Games cannot be added to schedule after March 30, 2019.

25. **Sites** – All rounds, except the finals, will be played at the site of the higher ranked school. **Courts** – In the event that a **higher seeded school has fewer than four (4) courts, and more than two teams competing, the home court will be shifted to the next highest seeded school meeting the criteria.**

Final round matches will be played at a site TBA. When the pairings information is released on Thursday, May 23, 2019, site designations will be included. Information will be on the CIAC web site – www.ciacsports.com. **EVERY HOST SITE MUST PROVIDE A SITE DIRECTOR TO GREET COMPETING SCHOOLS AT LEAST 30 MINUTES PRIOR TO SCHEDULED MATCH TIME, INCLUDING QUALIFYING ROUNDS.**

26. **Team Scores** – Seven points will be contested in each team match. The team winning the most points out of a possible seven advances. **ALL SEVEN (7) MATCHES SHALL BE COMPLETED. A VIOLATION OF THIS RULE MAY RESULT IN DISQUALIFICATION.**

27. **Team Composition**

- a. Each team will be required to contest four single matches and three doubles matches with a total of ten (10) players.
- b. SINGLES PLAYERS MUST BE PLAYED IN DESCENDING ORDER OF ABILITY. DOUBLES TEAMS MUST BE PLAYED IN DESCENDING ORDER OF ABILITY. VIOLATIONS OF PLAYERS' POSITIONS COULD RESULT IN FORFEITURE.

- c. Teams not having enough players to play four singles and three doubles may play the match but will forfeit in the following order: In singles the fourth singles, then the third, then the second, etc.; in doubles the third doubles, then the second, etc.
 - d. Any player having played a minimum of ten (10) matches at a specific singles or doubles position is required to play in that position for the team tournament. Any alterations may not be for strategic advantage and must be approved by the tournament director.
 - e. **Once tournament play begins, players competing as singles or doubles must play singles or doubles throughout the entire tournament. Players will be committed to singles play or doubles play once they have played their first match in the tournament. The team tournament line-up must be consistent with the submitted line-up from the opening round on.**
 - f. **Any player missing any portion of the tournament may not return to tournament play.**
 - g. NOTE: Line-up changes can ONLY be made in case of injury or illness, in consultation with the Meet Director.
28. **Time of Matches** – Times for each of the matches will be part of the pairings information released on Thursday, May 23, 2019 on the CIAC web site – www.ciacsports.com . Generally all matches will begin at 3:00 p.m. Note this is general information and not absolute.
29. **Transportation Emergencies**
- a. If a transportation problem should arise, the coach is to telephone the CIAC office (203) 250-1111 and the site.
 - b. If notification of the transportation problem is not made a forfeit may result. Decision to be made by the tournament director and a CIAC staff executive.
 - c. If there is not adequate time for warm-ups (**20 minutes**) or if there is a chance the match will extend into darkness, the match will be rescheduled for the next day.
30. **Site Availability** – ALL QUALIFYING SCHOOLS SHALL MAKE AVAILABLE THEIR RESPECTIVE HOME COURTS AND RESTROOM FACILITIES FOR TOURNAMENT USE.

CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE
2019 GIRLS INDIVIDUAL TENNIS TOURNAMENT

Sponsored by Wilson

The 2019 CIAC Girls Individual Tennis Tournament will be an open tournament for singles and doubles players.

1. **Authority** – The decision of the Girls Tennis Committee relative to the operation of the tournament shall be final.
2. **Break** – Each contestant will be given a **thirty (30) minute** break between matches except for three match sets where the USTA recovery rule is in effect. **COACHING MAY TAKE PLACE DURING THIS BREAK.**
3. **STOP! STOP! – Coaches / Faculty Members / Parents** – EACH CONTESTANT IN THIS INDIVIDUAL TOURNAMENT MUST BE ACCOMPANIED BY THE TEAM COACH OR SCHOOL FACULTY MEMBER DULY APPOINTED BY THE SCHOOL PRINCIPAL. FAILURE TO COMPLY WITH THIS REGULATION MAY RESULT IN A FORFEIT.
4. **Dates / Sites / Site Directors**
 - A. **Saturday, June 1, 2019 – Starting at 1:00 p.m.** – Qualifying, First and Second Rounds
SINGLES AT CONARD HIGH SCHOOL, WEST HARTFORD
DOUBLES AT WM. HALL HIGH SCHOOL, WEST HARTFORD
Check-in by 12:30 p.m.
(Rain date – Sunday, June 2, 2019)

Tournament Directors:

Vic Sesto, Trumbull High School, 72 Strobel Road, Trumbull, CT 06611
Home telephone – (203) 452-7425 / School – (203) 452-4555 / Fax – (203) 452-4361

Steve Ludlow, 183 Forest Drive, Newington, CT 06111
Home telephone – (860) 666-8566 / E-mail – sludlow711@aol.com / Cell – (860) 424-6586
 - B. **Monday, June 3, 2019 – Starting at Noon** – Round of 16 and Quarter-finals
Site - TBA
 - C. **Tuesday, June 4, 2019 – Starting at 3:00 p.m.** – Semi-finals
Site - TBA
 - D. **Wednesday, June 5, 2019 – Starting at 3:00 p.m.** – Finals
Site - TBA
(Rain date – Thursday, June 6, 2019 – Time TBA)
5. **Girls on Boys Teams** – Girls who participate on boys' teams because the school **does not offer a girls program** in that sport, may enter either the boys' or the girls' tournament, but not both. **Girls who choose to participate on a boys' team when the school offers a girls' team in that sport, may only enter the boys' tournament.**
6. **Entry Fee** – Fifteen dollars (\$15) for each singles player and or \$30 for each doubles team entered must be sent to the CIAC, 30 Realty Drive, Cheshire, CT 06410. If a school needs an invoice in order to pay its tournament fee, one can be downloaded by using the "Generate Tournament Invoice" link under the girls tennis options in the password-protected online eligibility center.

7. **Entry Form**

- A. **Individual Tournament Entry Form** must be submitted via the password-protected online eligibility center – no later than 12 Noon, Wednesday, May 22, 2019.
- B. Matches played after Wednesday, May 22, 2019 will not count. Do not include them in the report or the calculations to determine the win record.
- C. A player will not be seeded and permitted to participate in the **individual tournament** if the entry form is not filed by the deadline of Wednesday, May 22, 2019.

8. **Matches that Qualify**

- A. Only regular season play will be counted toward meeting the qualifying standard.
- B. In leagues where a singles player repeats during a match in doubles, only the singles match counts toward the players' record.
- C. Only the first two matches against the same opponent counts toward the record.

9. **Medals** – Winners and runners-up in singles and doubles will receive gold medals for first and silver medals for second.

10. **Number of Entries Per School** – A school may enter **one (1) #1 singles player and one (1) #2 singles player** who meet the qualifying standard and **one (1) #1 and one (1) #2 doubles team** who meet the qualifying standard in the Individual Tournament.

11. **Open Tournament** – The individual tournament is an open tournament. There will be no divisional play.

12. **Order of Play** – Players will be scheduled to play according to the bracketing which will be done after all entries have been seeded. Single and doubles matches will begin at 1:00 p.m. **A 10 minute default rule is in place when a match is called unless special circumstances necessitate a later start.**

ALL PLAYER AND PARENT TOURNAMENT INQUIRIES SHALL BE DIRECTED TO THE INDIVIDUAL COACH OR ATHLETIC DIRECTOR.

13. **Qualifying** – To qualify a player must meet the win/loss ratio requirement established by the CIAC Girls' Tennis Committee. The win record qualification is as follows:

- A. A first singles player to be eligible must have obtained a 60% win record as a first singles player. Player must also have played in **ten (10) or more matches as a first singles player**. **Matches played at any other position will not count.**
- B. A number two singles player must have obtained a 75% win record as a first or second singles player. Player must also have played in at least ten (10) or more matches as first or second singles player. Matches played at the number three or four singles will not count.
- C. A first doubles team must have played together as first doubles in a minimum of **ten (10)** matches, and have earned an overall record of 60% wins in first doubles matches only. **Matches played at any other position will not count.**

- D. A second doubles team must have played together as first or second doubles in a minimum of **ten (10)** matches, and have earned an overall record of 75% wins in first or second doubles matches. Matches played at third doubles will not count.
14. **Any withdrawals made following the completion of the draw (Thursday, May 23 2019) will be reviewed by the Tournament Director and the school in question may be subject to a fine as prescribed in the CIAC Handbook.**
15. **Set / Match**
- A. Opening, first and second round play will be eight (8) game pro set with a twelve (12) point tie-breaker played at 8-8.
- B. Subsequent matches will be decided by two out of three sets with a twelve (12) point tie-breaker if tied at six (6) all in a set.
16. **Singles or Doubles** – No entrant may play in both singles and doubles.
17. **Sites** – Opening, first and second rounds will be held at **Conard High School, West Hartford (SINGLES) and Wm. Hall High School, West Hartford (DOUBLES). ALL LATER ROUNDS WILL BE HELD AT A SITE TBA BEGINNING ON MONDAY, JUNE 3, 2019.**
18. **Tournament Director** – The co-tournament directors will be **Vic Sesto**, Trumbull High School, 72 Strobel Road, Trumbull, CT 06611 – Home telephone (203) 452-7425 and **Steve Ludlow**, 183 Forest Drive, Newington, CT 06111 – Home telephone (860) 666-8566 / Cell (860) 424-6586.
19. **Who May Enter** – Girl tennis players who meet the qualifying standards and are listed on their school's CIAC spring tennis eligibility list either for a girls' or boys' team may enter. No one else may enter this individual tournament.
20. **Defaulting** – A player or players not present to compete **ten (10) minutes** after call is subject to default.

PLAYERS SHALL NOT LEAVE THE TOURNAMENT SITE.

2019 Girls Tennis Schedule – Must be submitted via the password-protected online eligibility center. Failure to submit schedule of games may result in disqualification for the tournament. Games cannot be added to schedule after March 30, 2019. Member schools must make every effort to complete their season as scheduled, including make-up games. Any effort to gain an advantage in tournament play by not playing a game is unacceptable and is subject to action by the CIAC Board of Control. Cancellation of any regular season contest/make-up to play in a league tournament will not be allowed.

2019 Girls Tennis Change of Division – Any principal desiring a change to a higher division must make a request to the Girls Tennis Committee via the password-protected online eligibility center no later than Friday, April 5, 2019. Schools electing to move up a division must remain in the division for a period of two (2) years.

GIRLS TENNIS TEAM ROSTER FORM – Can be submitted on the online eligibility center or the submit scores/forms option under the CIAC for coaches menu at ciacsports.com by Friday, May 17, 2019. Report all matches won or lost with member schools online on the day of the match as soon as possible following the match's completion. Date of last match to count is Wednesday, May 22, 2019. Scores for all matches played should be completed and reported via the online eligibility center, the "submit scores/forms" option of the CIAC for Coaches menu at ciacsports.com, or the submit scores button in our ciacmobile.com mobile site by Wednesday, May 22, 2019, by 7:00 p.m. Entering scores at ciacsports.com or ciacmobile.com requires either a coaches or scorekeeper's access code, those codes are managed via the online eligibility center and can be retrieved from a school's athletic director. All matches cancelled should be reported on the tournament entry in place of score. Principals must file cancelled game/forfeit form if match is to be counted.

If your team qualifies for tournament play, your courts must be made available for CIAC tournament play.

ALL REGULAR SEASON TEAM SCORES MUST BE REPORTED TO THE CIAC OFFICE IMMEDIATELY FOLLOWING THE MATCH, NOT LATER THAN MAY 22. THIS INCLUDES TEAMS THAT DO NOT QUALIFY FOR THE TOURNAMENT.

Team Tournament Roster – Do not list the same player in the single ladder and double ladder – even though you may change the player to singles OR doubles before their first match. List all members of your team – a player not listed will NOT be permitted to compete in the tournament. Players will be played in the order of their listing.

Entry Fee of \$85 must be mailed to the CIAC office, 30 Realty Drive, Cheshire, CT 06410

GIRLS INDIVIDUAL TENNIS ENTRY FORM – Entry form for each singles or doubles entry must be submitted via the password-protected online eligibility center by Wednesday, May 22, 2019.

A #1 singles player must have obtained a 60% win record as a first singles player. Player must also have played in ten (10) or more matches as a first singles player.

A number two singles player must have obtained a 75% win record as a first or second singles player. Player must also have played in at least ten (10) or more matches as first or second singles player. Matches played at the number three or four singles will not count.

A first doubles team must have played together as first doubles in a minimum of ten (10) matches, and have earned an overall record of 60% wins in first doubles matches only.

A second doubles team must have played together as first or second doubles in a minimum of ten (10) matches and have earned an overall record of 75% wins in first or second doubles matches. Matches played at third doubles will not count.

Entry fee of \$15 for each singles player and/or \$30 for each doubles team must be sent to the CIAC office, 30 Realty Drive, Cheshire, CT 06410.

A school may enter one #1 singles player and one #2 singles player who meets the qualifying standard and one #1 and one #2 doubles team who meet the qualifying standard in the individual tournament.

**Connecticut State Department of Education and the
Connecticut Interscholastic Athletic Conference
Concussion and Head Injury Annual Review 2018-19
Required for ALL School Coaches in Connecticut**

This document was developed to provide coaches with an annual review of current and relevant information regarding concussions and head injuries. It includes guidance from the 2017 Concussion in Sport Group consensus statement that was developed to provide further understanding and management of sports-related concussion.

In addition to reviewing this document, the annual review must include one of the following prescribed resources: Connecticut Concussion Task Force video, Centers for Disease Control and Prevention (CDC) Heads Up: Concussion in Youth Sports training course, or the National Federation of State High School Associations (NFHS) concussion training course. Links to these resources can be found at: <http://concussioncentral.ciacsports.com/>. A new form is required to be read, signed, dated and kept on file by coaches' associated school district annually to comply with Section 10-149b of the Connecticut General Statutes, *Concussions: Training courses for coaches. Education plan. Informed consent form. Development or approval by the State Board of Education. Revocation of coaching permit.*

What is a Concussion?

"A concussion is a type of traumatic brain injury, or TBI, caused by a bump, blow, or jolt to the head or by a hit to the body that causes the head and brain to move rapidly back and forth. This sudden movement can cause the brain to bounce around or twist in the skull, stretching and damaging the brain cells and creating chemical changes in the brain." (CDC, 2017)

Section 1. Concussion Education Plan Summary

The [Concussion Education Plan and Guidelines for Connecticut Schools](http://portal.ct.gov/SDE/Publications/Concussion-Education-Plan-and-Guidelines-for-Connecticut-Schools) was approved by the Connecticut State Board of Education in January 2015. Below is an outline of the requirements of the Concussion Education Plan. The complete document is accessible on the CSDE web site at <http://portal.ct.gov/SDE/Publications/Concussion-Education-Plan-and-Guidelines-for-Connecticut-Schools>

State law requires that each local and regional board of education must approve and then implement a concussion education plan by using written materials, online training or videos, or in-person training that addresses, at a minimum the following:

1. the recognition of signs or symptoms of concussion;
2. the means of obtaining proper medical treatment for a person suspected of sustaining a concussion;
3. the nature and risks of concussions, including the danger of continuing to engage in athletic activity after sustaining a concussion;
4. the proper procedures for allowing a student-athlete who has sustained a concussion to return to athletic activity; and
5. current best practices in the prevention and treatment of a concussion.

Section 2. Signs and Symptoms of a Concussion: Overview

A concussion should be suspected if any one or more of the following signs or symptoms are present following an impact or suspected impact as described in the CDC definition above.

Signs of a concussion may include (i.e. what the athlete displays/looks like to an observer):

- Confusion/disorientation/irritability
- Trouble resting/getting comfortable
- Lack of concentration
- Slow response/drowsiness
- Incoherent/ slurred speech
- Slow/clumsy movements
- Loses consciousness
- Amnesia/memory problems
- Acts silly/combative/aggressive
- Repeatedly ask same questions
- Dazed appearance
- Restless/irritable
- Constant attempts to return to play
- Constant motion
- Disproportionate/inappropriate reactions
- Balance problems

Symptoms of a concussion may include (i.e. what the athlete reports):

- Headache or dizziness
- Nausea or vomiting
- Blurred or double vision
- Oversensitivity to sound/light/touch
- Ringing in ears
- Feeling foggy or groggy

State law requires that a coach MUST immediately remove a student-athlete from participating in any intramural or interscholastic athletic activity who: a) is observed to exhibit signs, symptoms or behaviors consistent with a concussion following a suspected blow to the head or body, or b) is diagnosed with a concussion, regardless of when such concussion or head injury may have occurred.

Upon removal of the athlete, a qualified school employee (principal, teacher, licensed athletic trainer, licensed physical or occupational therapist employed by a school district, coach or school paraprofessional) must notify the parent or legal guardian within 24 hours that the student-athlete has experienced a head injury and has exhibited signs and symptoms of a concussion.

Section 3. Return to Play (RTP) Protocol Overview

It is impossible to accurately predict how long an individual's concussion will last. There must be full recovery before a student-athlete is allowed to resume participating in athletic activity. Connecticut law now requires that no athlete may resume participation until she/he has received written medical clearance from a licensed health care professional (physician, physician assistant, advanced practice registered nurse (APRN), athletic trainer) trained in the evaluation and management of concussions.

Concussion Management Requirements:

1. No athlete SHALL return to participation in the athletic activity on the same day of head injury or concussion.
2. If there is any loss of consciousness, vomiting or seizures, the athlete MUST be transported immediately to the hospital.
3. The athlete should not be left alone after the injury. Close observation and monitoring of an athlete MUST continue following a concussion or head injury to ensure that there is no worsening/escalation of symptoms.
4. Any athlete with signs or symptoms related to a concussion MUST be evaluated by a licensed health care professional (physician, physician assistant, advanced practice registered nurse (APRN), athletic trainer) trained in the evaluation and management of concussions.
5. The athlete MUST obtain an initial written clearance from one of the licensed health care professionals identified above directing her/him into a well-defined RTP stepped protocol similar to the one outlined below. If at any time signs or symptoms return during the RTP progression, the athlete should cease activity.
6. After the RTP protocol has been successfully administered (no longer exhibits any signs or symptoms or behaviors consistent with concussions), final written medical clearance is required by one of the licensed health care professionals identified above for the athlete to fully return to unrestricted participation in practices and competitions.

Medical Clearance RTP protocol (There should be at least 24 hours for each step of the progression)

Stage	Rehabilitation Steps/Aim	Functional exercise at each step of rehabilitation/activity	Goal to each step
0	It is recommended that an initial period of 24-48 hours of both relative physical rest and cognitive rest is achieved before beginning the RTP progression identified in Stages one through six below (McCrory, P. et al., 2017). If at any time signs or symptoms should worsen during the RTP progression, the athlete should stop activity that day. If the athlete's symptoms are gone the next day, she/he may resume the RTP progression at the last step completed in which no symptoms were present. If symptoms persist (example, more than four days in children or more than 10-14 days in adults) the athlete should be referred to a healthcare professional who is an expert in the management of concussion.		
1	Symptom-limited activity	Daily activities that do not provoke symptoms	Gradual reintroduction of work/school activities
2	Light aerobic exercise	Walking or stationary cycling at slow to medium pace. No resistance training.	Increase heart rate
3	Sport-specific exercise No contact	Running or skating drills. No head impact activities	Add movement
4	Non-contact training drills	Harder training drills (example, passing drills). May start progressive resistance training.	Exercise, coordination and increased thinking
5	Full contact practice	Following medical clearance, participate in normal training activities	Restore confidence and assess functional skills by coaching staff
6	Return to sport	Normal game play	Return to full athletic participation

Section 4. Local/Regional Board of Education Policies Regarding Concussions

*****	Attach local or regional board of education concussion policies	*****
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I have read and understand this document and have viewed the prescribed resource material. I understand that state law requires me to immediately remove any player suspected of having a concussion and to not allow her/him to return to participation until she/he has received written medical clearance by a licensed health care professional trained in the evaluation and management of concussions.

Coach: (Print) _____ School _____

Coach Signature: _____ Date _____

References: McCrory, P., Meeuwisse, W., Dvorak, J., Aubry, M., Bailes, J., Broglio, S., et al., Vos, P. (2017). Consensus statement on concussion in sport – The 5th international conference on concussion in sport held in Berlin, October 2016. *British Journal of Sports Medicine*, 0, 1-10. Doi: 10.1136/bjsports-2017-097699. Retrieved from <http://bjsm.bmj.com/content/bjsports/early/2017/04/26/bjsports-2017-097699.full.pdf>

Resources: CDC. (2017). *Heads up: Concussion in high school sports*. Retrieved from http://www.cdc.gov/NCIPC/tbi/Coaches_Tool_Kit.htm
CDC. (2017). *Injury prevention & control: Traumatic brain injury*. Retrieved from <http://www.cdc.gov/TraumaticBrainInjury/index.html>
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CDC. (2017). *Heads up: Concussion materials, fact sheets and online courses*. Retrieved from <http://www.cdc.gov/headsup/>
CIAC Concussion Central. Retrieved from <http://concussioncentral.ciacsports.com/>