

CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE

30 Realty Drive, Cheshire, Connecticut 06410
Telephone (203) 250-1111 / Fax (203) 250-1345

53rd ANNUAL 2016 CIAC GIRLS VOLLEYBALL TOURNAMENT REGULATIONS



Tournament Director

Heidi Schmidt, SMSA
School – (860) 695-6924
Cell – (860) 416-1548
Email: hschmidt@hartfordschools.org

Officials Coordinator

Barbara Startup
Cell – (860) 331-3672
Home – (860) 646-7552
Email: barbarastartup@sbcglobal.net

CIAC Volleyball Committee Chairman

Candy Perez
N.W. Reg. Middle School, Winsted
School – (860) 379-7243
Email: cperez@nwr.org

CIAC Coaches Committee Chairman

Laurie Larusso
Darien High school
Work – (203) 655-3981
Home – (203) 978-0278
Email: llarusso@darienps.org

THE CIAC VOLLEYBALL TOURNAMENT INFORMATION IS ARRANGED IN TWELVE (12) SECTIONS

- 1.0 Divisions
- 2.0 Sites / Dates
- 3.0 Entry Procedures
- 4.0 Expenses / Tickets
- 5.0 Forfeits
- 6.0 Officials
- 7.0 Protests
- 8.0 Qualifying
- 9.0 Ranking / Seeding
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CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE
2016 CIAC GIRLS VOLLEYBALL TOURNAMENT

ALERT PAGE

1. Warm-up Routine – First ten minutes – both teams warm up
Six minutes – determined by first team serving
Six minutes – other team warms up

Teams may use the six minute warm-up periods as they choose.

2. **MEMBER SCHOOLS MUST MAKE EVERY EFFORT TO COMPLETE THEIR SEASON AS SCHEDULED INCLUDING MAKE-UP GAMES. ANY EFFORT TO GAIN AN ADVANTAGE IN TOURNAMENT PLAY BY NOT PLAYING A GAME IS UNACCEPTABLE AND IS SUBJECT TO ACTION BY THE CIAC BOARD OF CONTROL. CANCELLATION OF ANY REGULAR SEASON CONTEST / MAKE-UP TO PLAY IN A LEAGUE TOURNAMENT WILL NOT BE ALLOWED.**
3. CIAC member school athletes in the sport of volleyball may not participate in any outside unapproved tournament(s) or event(s) during the CIAC season. The season begins with the first scheduled game and ends with the state championship. CIAC rules permit a student-athlete to participate in non-school volleyball activities when their regular season concludes, unless her team is in the CIAC tournament. Players restrictions end when her team is eliminated from the CIAC tournament. This includes two on two, three on three, beach volleyball or other similar events/tournaments. Participation in such events will result in loss of eligibility for the athlete and possible forfeit of games played by the school in which the athlete played after participating in an outside event.
4. **Connecticut Concussion Management** – See Appendix F
5. **Tournament Coaches Attire** – The following dress requirements are in effect for the 2016 CIAC volleyball tournament. NO jeans are permitted during pre-game warm-ups or while on the bench; no head wear is permitted; no shorts are to be worn and t-shirts as an outer garment are not permitted. **Warm-up suits (with the exception of sweat pants) are permitted.**
6. **Scrimmages** – Teams must have a minimum of three (3) days of practice prior to scheduling a full team scrimmage. All sports teams and individual athletes must have a minimum of ten (10) physical/exertional practice days with their school before the date of the first scheduled competition. No team/athlete shall practice/compete with their school more than six (6) consecutive days to provide a day of rest. Saturdays, Sundays, and holidays may be used unless prohibited by local board policy. Sunday practices may be counted to fulfill the 10 day requirement.
7. **Teams may schedule twenty (20) games. Two of those games may be multi-event tournaments. Multi-event tournaments do not count for CIAC tournament qualification.**
8. Schools are required to have flags available for lines people.
9. **Students with Special Needs** -- Coaches are reminded to inform contest officials prior to each competition of any students with special needs who could be competing in the contest when his/her disability could impact the individual's performance or the conduct of the competition.
10. Each school is expected to supply a trainer at all neutral site games. In the event a school is unable to provide a trainer, contact the opposing school to make arrangements for coverage. **For the first two rounds and the quarter-finals, the home team is expected to supply athletic trainer coverage.**
11. If a team is more than thirty (30) minutes late for a competition and has not notified the host school that it will be late, the sub-varsity games will be played to 15 for each set, teams must still win by two. The varsity game will proceed as scheduled.

12. **Unmanned Aerial Systems at CIAC-Sanctioned Events** – The use of unmanned aerial systems, often referred to as drones, is prohibited for any purpose by any person(s) at all CIAC –sanctioned events. This policy includes not only the restricted playing area of the venue(s), but also the physical confines of the entire stadium / field / arena structure. For the purpose of this policy, an unmanned aerial system is any aircraft without a human pilot on board.

2016-17 NFHS VOLLEYBALL RULE CHANGES

- 1-2-2 The time period between sets is defined as a part of a match and delineates the difference between the timed interval and timed intermission.
- 3-2-1 Expands the definition of the ball to require panels to be of a basic rectangular shape.
- 4-1-5 Hair devices worn in the hair or on the head shall be no more than 3 inches in width.
- 5-4-1h The new mechanic of a double whistle and raising coin in the air by the first referee shall be used to summon the captains and head coaches to the officials table to conduct the pre-match conference.
- 7-1-2 Clarifies when the lineup is due from each team for the next set when an intermission is used between set Nos. 2 and 3.
- 7-1-4 Reorganizes Article 4 and provides two options to correct a clerical error on the lineup when a player's number is listed twice, including if one is the libero.
- 8-1-6 A tossed ball for serve contacting a backboard in a vertical position is a fault.
- 11-2,
Penalty 2 A request for a third time-out is an unnecessary delay and penalized accordingly.
- 11-5-1 Clarifies a timed intermission between set Nos. 2 and 3 may only be scheduled for use for promotional or special recognition activities.

2016-17 VOLLEYBALL MAJOR EDITORIAL CHANGES

- 4-1 Penalty 2 Clarifies the language regarding an unnecessary delay penalty, administrative yellow or administrative red card, for a player wearing illegal equipment attempting to enter the set.
- 4-1 Penalty 3 Clarity in wording of the penalty with the adoption of the new penalty for unnecessary delay last year and corrects a clerical error.
- 4-2-2 Solid-colored uniform top is required for libero or teammates.

2016-17 VOLLEYBALL EDITORIAL CHANGES

5-2-1, 12-2-2

2016-17 VOLLEYBALL POINTS OF EMPHASIS

1. Intermission Reminders
2. Implementation of Solid-Colored Uniform Top
3. Improving Communication Between the Second Referee and Table Officials
4. Proper Use of Lineup Card
5. Substitution Procedure During a Time-Out

53rd ANNUAL 2016 CIAC GIRLS VOLLEYBALL TOURNAMENT

1.0 Divisions

- 1.1 Only institutional members of the Conference may enter this tournament which will be in four (4) divisions – LL, L, M and S. Placement of schools has been based on the October 1, 2015 girl enrollment (9-12). **Tournament divisions are available on the girls volleyball page at CIACsports.com .**

LL – 627 and over **L** – 449 - 626 **M** – 319 - 448 **S** – Up to 318

- 1.2 The 2016 CIAC Girls Volleyball Championships will be played using an Open tournament format and rally scoring.

2.0 Dates / Sites / Meet Directors

- 2.1 Member schools may start practice on, but not before, Thursday, August 25, 2016.

- 2.2 Member schools may play the first game on, but not before, Friday, September 9, 2016.

- 2.3 The last date for games to count for the 2016 CIAC Girls Volleyball Tournament will be Thursday, November 3, 2016.

2.4 Scheduled Playing Dates for the 2016 CIAC Girls Volleyball Tournament

First Round	Monday, November 7, 2016
Second Round – M & S	Wednesday, November 9
Second Round – L & LL	Thursday, November 10
Quarter-finals – M & S	Friday, November 11 (Veteran’s Day)
Quarter-finals – L & LL	Saturday, November 12
Semi-finals – M & S	Tuesday, November 15
Semi-finals – L & LL	Wednesday, November 16
Finals -	Saturday, November 19 – Site – East Haven High School – 10:00 a.m.; – 1:00 p.m.; – 4:00 p.m.; – 7:00 p.m. (Classes TBD)

- 2.5 For first round, second round and quarter-final matches the higher ranked school will provide the site.

- 2.6 If the higher ranked school does not have an available site or a site which conforms to National Federation Rules the higher ranked team must secure a site. If a site cannot be secured, the tournament director will assign a site. All gate receipts are to be forwarded to the CIAC office.

- 2.7 For semi-final and final games – Site selection priority for semi-final matches will be at a neutral site. All division finals will be announced. No consideration will be given to previous experience on the facility. Gate receipts are to be forwarded to CIAC office. The higher ranked team will be declared the home team in all situations.

3.0 Entry Procedure

- 3.1 Game Results – In order to ensure that standings and ranking on both the CIAC’s web sites and other sites which draw their data from us are timely and accurate, **all regular season scores must be entered online no more than 24 hours following the game’s completion.** It is highly recommended that scores are entered from the site as soon as the game ends.

Scores may be entered via the Online Eligibility Center, the “Submit Scores / Forms” option of the “CIAC for Coaches” menu at ciacsports.com, or the “Submit Scores” button in our ciacmobile.com mobile site. Entering scores at ciacsports.com or ciacmobile.com requires either a coaches or scorekeeper’s access code, those codes are managed via the Online Eligibility Center and can be retrieved from the school’s athletic director.

- 3.2 Change of Division Form – Optional, if filed must be by September 29, 2016 via the password-protected online eligibility center.
- 3.3 Site Availability Form – Must be submitted via the password-protected online eligibility center by September 29, 2016.
- 3.4 Tournament Roster – Can be submitted on the eligibility center or the submit scores / forms option under the CIAC for Coaches menu at ciacsports.com. Rosters must be submitted by **Thursday, November 3, 2016**. (Maximum number of 18)
- 3.5 Entry Fee – There is an \$85.00 entry fee per school. Checks are to be made payable and mailed to CIAC, 30 Realty Drive, Cheshire, CT 06410. If a team does not qualify for the tournament the entry fee will be returned. If a school needs an invoice in order to pay its tournament fee, one can be downloaded by using the “Generate Tournament Invoice” link under the girls volleyball options in the password-protected online eligibility center.
- 3.6 Qualifying Record – **Win 40% of games** against member schools, eligible out-of-state schools and the American School for the Deaf.
- 3.7 Last Date to Count – Regardless of regular season postponed games, the date of Thursday, November 3, 2016 **MUST BE THE FINAL DAY TO COUNT FOR THE TOURNAMENT**. All games played after the entry form has been submitted, must be completed and scores reported via the password-protected online eligibility center, the “submit scores/forms” option of the “CIAC for Coaches” menu at ciacsports.com, or the “submit scores” button in our ciacmobile.com mobile site by 10:00 p.m., Thursday, November 3, 2016. All schools are requested to report all scores regardless of qualifying for the tournament.

4.0 Expenses / Tickets

- 4.1 Expenses for all FIRST AND SECOND ROUND MATCHES will be borne by the participating teams. The host team will pay all game expenses including officials and shall provide the site director, who should be someone other than the coach of a participating team and an athletic trainer. The visiting team will pay its own traveling expenses.
- 4.2 Expenses for quarter-final, semi-final and final matches will be paid by CIAC. CIAC will require admission to be charged at quarter-final games and gate receipts are to be forwarded to the CIAC office. CIAC tickets for the quarter-final games will be delivered to the school prior to the game by CIAC.
- 4.3 Schools will bear all traveling expenses.
- 4.4 The host school will pay all official and linesperson fees for first and second round matches. CIAC will pay all official and lines person expenses for quarter-final, semi-final and final matches.
- 4.5 Charges for admission *
(*Subject to change)
 - Free – Children five (5) and under
 - \$5.00 – Senior citizens (age 65 and older)
 - \$5.00 – Students (grades 1-12)
 - \$10.00 – Adults (All others not in the above categories)

- 4.6 If in the first round and second round games schools wish to charge admission they should notify the principal and athletic director of the visiting school in advance.
- 4.7 During the 2016 tournament, the following passes will be honored at all games where an admission is charged.
 - a. Principal (or designee) of participating schools
 - b. Press Card
 - c. CIAC varsity girls volleyball coaches tournament pass (must be requested in writing)
 - d. CIAC volleyball officials' only membership card
 - e. CAAD membership card
 - f. No other complimentary admissions will be permitted

5.0 **Forfeits**

- 5.1 Member schools will be required to submit regular season schedules for all sports controlled by CIAC in which member schools participate. Determination of forfeitures will be based on this schedule.

A forfeit game shall count as a victory for the team declared the winner and as a loss for the team declared a loser in determining tournament qualifications and ratings. For tournament qualifications only the following reasons for a forfeit shall be accepted.
- 5.2 A team shall forfeit a game(s) if through a violation it is required to do so under the CIAC Rules of Eligibility.
- 5.3 A team shall forfeit a game if the game official declares the game a forfeit as a result of a National Federation rule violation, or a team refuses to play after being instructed to do so by the game official.
- 5.4 Forfeitures will be honored by each CIAC sports committee when there is mutual agreement between the principals of the two schools involved in the game not played. Each principal must submit on the official CIAC Cancelled Game – Forfeiture Form his/her decision and it must be received in the CIAC office within 72 hours following the time of the scheduled contest. On the eve of a tournament when there is not sufficient time for normal administrative procedures (72 hours) if a question of team forfeiture arises the Executive Director or his/her designee, in consultation with the Chairperson of the sports committee affected and the principals of the two schools will make an appropriate ad hoc decision in consideration of the best interests of the tournament as a whole.
- 5.5 All games listed on the original schedule and submitted to the CIAC which are not played and have not been forfeited in accordance with this policy will be considered by each sport committee as No Contest and shall not count for tournament qualification and ratings unless it affects the minimum number of games required to qualify for tournament participation. In this instance the sport committee shall review the evidence submitted by the teams involved and may grant an exception from the minimum game number requirement. The minimum winning percentage as determined by the individual sports committee must be met under all circumstances.

6.0 **Officials**

- 6.1 By October 14, 2016 each varsity head coach, regardless of won or loss record is invited to submit via the password-protected online eligibility center or the submit scores/forms option under the CIAC for Coaches menu at ciacsports.com, a list of six (6) officials who are judged to be competent to officiate tournament games. In addition two officials may be listed who you judge should not work tournament games. From the suggestions a Master List of Officials will be developed which will be used to hire available officials.

- 6.2 **The CIAC Officials Coordinator will hire game officials for tournament games starting with the quarter-final, semi-final and final matches.** Home schools will contact their assigner for first and second round games. Each school will provide one lines person for the first and second round games. The CIAC Officials Coordinator will hire lines persons for the quarter-final, semi-final and final matches.
- 6.3 Each team must bring a competent scorer and libero tracker for each match. Certified volleyball officials will be used as linesmen for all quarter-final, semi-final and final matches. The CIAC Volleyball Assistant Tournament Director for Officials is Barbara Startup – Home telephone (860) 646-7552 / Cell (860) 331-3672 / Email – barbarastartup@sbcglobal.net.
- 6.4 THE CIAC VOLLEYBALL COMMITTEE RECOMMENDS THAT THE LINES JUDGES FOR FIRST AND SECOND ROUND GAMES BE QUALIFIED AND EXPERIENCED.

7.0 Protests

- 7.1 Each sports committee will establish a protest committee whose purpose will be to adjudicate all protests relating to the operation of the tournament, including the application and administration of tournament regulations. National Federation or CIAC game rule interpretations and judgments by the game officials cannot be protested. The Protest Committee for each sport shall consist of the Associate Executive Director for CIAC, the Chair of the Tournament Committee, an administrator member of the sports committee, the tournament director, and the coaches' chairman of the sport committee. All protest Committee decisions are appealable to the CIAC Board of Control as provided in the CIAC bylaws.
- 7.2 On the eve of a tournament when there is not sufficient time for normal administrative procedures and Board of Control hearings, if a question of interpretation of tournament regulations or the operation of the tournament arises, the Chairman of the CIAC Board of Control, the Executive Director of CIAC, and the Chairman of the Tournament Committee in question will make an appropriate ad hoc decision in consideration of the best interest of the tournament as a whole.
- 7.3 DECISIONS BY GAME OFFICIALS – Protests arising from the decisions, interpretations and misapplication of the National Federation or CIAC game rules by officials during the contest will not be considered. The decisions and interpretations of the rules by the officials are final.

The record of the official scorekeeper at the conclusion of the contest is final unless an error is discovered. Such error shall be corrected as covered by specific contest rules.

Any team leaving the contest area before the conclusion of the contest because of dissatisfaction with the officiating will render the school liable to disciplinary action by the Conference.

8.0 Qualifying

- 8.1 To be eligible for consideration in the tournament, a team must play a minimum of twelve (12) matches AGAINST VARSITY OPPONENTS and have **won 40%** of its approved scheduled games played. Only the first two games played with any single opponent will count for tournament purposes.
- 8.2 Only matches played with Conference member schools, American School for the Deaf, or Region I out-of-state schools who are members of their state athletic association shall be considered.
- 8.3 Matches played with non-member Connecticut secondary schools shall not be considered in the rating of teams.

9.0 **Ranking / Seeding**

- 9.1 a. The rating of teams shall be determined by the percentage method. The number of matches won divided by the number of matches played.
- b. Ties will be resolved in the following order: 1) Record in head-to-head competition; 2) Total matches played; 3) By lot

9.2 When more than one team is undefeated, the team with the most wins WILL be ranked first.

9.3 A TEAM MAINTAINS ITS INITIAL PERCENTAGE RANKING THROUGHOUT THE TOURNAMENT.

9.4 Pairings will be made as follows:

<u>First Round</u>	<u>Second Round</u>	<u>Quarter-finals</u>	<u>Semi-finals</u>	<u>Finals</u>
1 vs 32				
16 vs 17	1 vs 16			
8 vs 25		1 vs 8		
9 vs 24	8 vs 9			
4 vs 29			1 vs 4	
13 vs 20	4 vs 13			
5 vs 28		4 vs 5		
12 vs 21	5 vs 12			
2 vs 31				1 vs 2
15 vs 18	2 vs 15			
7 vs 26		2 vs 7		
10 vs 23	7 vs 10			
3 vs 30			2 vs 3	
14 vs 19	3 vs 14			
6 vs 27		3 vs 6		
11 vs 22	6 vs 11			

If more than 32 teams qualify, the following qualifying pairings shall be as follows. These pairings will be in effect for the 2016 tournament.

If 33 teams	If 34 teams	If 35 teams	If 36 teams
32 vs 33	32 vs 33	32 vs 33	32 vs 33
	31 vs 34	31 vs 34	31 vs 34
		30 vs 35	30 vs 35
			29 vs 36

If fewer than 32 teams qualify, the higher ranked teams will draw byes for the first round.

9.5 ***Ranking and pairing information will be posted on the CIAC web site on Friday, November 4, 2016 – www.ciacsports.com***

10.0 **Supervision / Sportsmanship**

10.1 In the interest of crowd control and proper supervision the CIAC Board of Control has approved the tournament regulation requiring the principal of the participating schools or his/her designee to attend all tournament matches. The school administrator or designee should identify him/herself to the site director.

- 10.2 When a member school's coach is ejected from a game for an infraction as prescribed by the rules, the game may not continue until the member school replaces the ejected coach with a certified coach. If this cannot be accomplished within 15 minutes after the ejection, the official in charge will declare a forfeit win for the opposing team.
- 10.3 Use of tobacco products or possession of alcoholic beverages of any kind, including champagne, are not permitted in any of the sites. The principal or his/her designee at the match shall see that this rule is enforced and adhered to by the teams.
- 10.4 **SPORTSMANSHIP** -- Member schools are expected to conduct their relations with each other at all levels of competition in a spirit of good sportsmanship. Everyone involved has the obligation to see clearly his/her influence and act accordingly. The CIAC acknowledges that the school administration is responsible for the athletic program, including the making of broad and specific policies and procedures relating to sportsmanship and the conduct of activities in the school. **To that end, the CIAC urges each school principal to adopt the following sportsmanship procedures and standards for their school and to champion the "Class Act" sportsmanship program as these standards will be used in all CIAC post-season contests.**

CIAC Sportsmanship Guidelines

- The CIAC request that all school personnel – administrators, faculty, and coaches – give special and specific emphasis about CIAC's expectations for good sportsmanship during the regular season as well as CIAC tournaments requiring that athletes and members of the student body conduct themselves in a manner that reflects nothing but credit upon your school. Any unsportsmanlike conduct on the part of students and adults is unacceptable and will be addressed with strong and appropriate measures.
- The CIAC sportsmanship standards should be as widely disseminated as possible using the student-parent handbook, student-athlete handbook, school newspaper, parent newsletter, school web site and the local media.
- The CIAC sportsmanship standards for spectators should be read by PA announcers prior to each contest.
- The CIAC sportsmanship standards of conduct be prominently posted at all sports venues.
- When event programs are provided, the CIAC sportsmanship standards be included.
- Member schools require having athletes, parents/guardians, sign an acknowledgement which would show that they have read the student-athlete handbook and understand the CIAC sportsmanship standards.
- Member schools work with community officials to insure that levels of the CIAC sportsmanship standards are enforced when contests are held at their school and at non-school facilities.
- The CIAC and the CIAC sports committees insist the CIAC sportsmanship standards be rigorously enforced at all regular season contests and at all CIAC tournament contests. This is particularly important when contests are held at non-school sites.
- Member schools will conduct a pre-season meeting with student-athletes, coaches and parents to review the CIAC sportsmanship standards.
- Member schools should communicate with opposing schools and inform them they are a "Class Act School" and provide them with the CIAC sportsmanship standards which will be strictly adhered to.
- Member schools hosting a game should make available to visiting schools necessary game information – includes directions for parking, location of ticket booths, seating arrangement, ticket prices, game time, directions for each game site.
- Member schools hosting a game should designate specific seating areas for students, bands, adults and visitors. If possible, opposing student bodies should be separated.
- Member schools hosting a game should arrange for adequate police supervision.
- When possible the member schools hosting a game should assign officials to dressing facilities separated from both teams. Provides escorts for the officials when it appears that disturbances may develop.
- Member schools should take measures to prevent fans from getting near or on the playing area and around the players benches. After the contest, prevents fans from going onto the playing area.

- Member schools should provide for adequate supervision of students and facilities. Supervisors should sit in the stands with the students.
- **Member schools should support and adhere to ALL the following CIAC standards.**

The CIAC “Class Act” Sportsmanship Standards

ALL Spectators (including parents):

- Will adhere to the host school’s acceptable dress code at all home and away contests commensurate with classroom behavior. For CIAC tournament contests all spectators will be appropriately attired with their torso completely covered and with no visible degrading or demeaning writings/logos.
- Any signs displayed must be positive in nature, reference only the school supported by the sign maker, and must be pre-approved by the Athletic Director of the school reference in the sign.
- During outdoor sports, no air horns or horns of any kind or whistles will be used, and any other noisemakers will be allowed with the host athletic director’s approval and only be used during “dead ball” situations to celebrate good play. During indoor sports, no noisemakers will be used. Pep bands are allowable at a home contest if the school provides adult supervision and the band only plays during “dead ball” situations.
- Spectators will cheer positively to support their team, will not cheer negatively against the opponent.
- Spectators will show respect for the game officials and their decisions.
- Spectators will show respect for the playing of the National Anthem.

Game Personnel / Announcers:

- Will explain and consistently enforce host school expectations for spectators.
- Will be enthusiastic but not show favoritism while making announcements, and never publicly question or criticize the players, coaches, or officials.
- Will encourage respect for the National Anthem and remind spectators to remove caps and stand.

Coaches

- Will exemplify high moral character, behavior and leadership, lead by example, and set a standard for players and spectators to follow both on and off the athletic arena.
- Will teach players the rules of the game and to respect the game, and will take action when athletes exhibit poor sportsmanship.
- Will respect the integrity and judgement of officials and will not publicly criticize or question the decisions of officials.
- Will be aware of the competitive balance of contests and will manage the score in a manner that is sportsmanlike and respectful of opponents.

Players:

- Will accept the responsibility and privilege the student-athlete has in representing their school and community by learning and showing teamwork, sportsmanship and discipline in all aspects of the game.
- Will demonstrate respect for self, coach, teammates, opponents, officials and spectators by exhibiting good character and conducting themselves as a positive role model.
- Will win and lose graciously.
- Will cheer for your team, not against your opponent.
- Will congratulate opponents in a sincere manner following either victory or defeat.

10.5 **Bench Conduct**

Personnel – Only coaches, players, other team members, statisticians, managers and trainers will be allowed in the bench area. Bench conduct will follow Rule 12, Article 6 – “Non-playing team members will remain seated during the game.”

Conduct – The above identified personnel shall not be outside the vicinity of the designated bench area.

10.6 Team members in uniform as well as sub varsity members identified by the coach, coaches, managers and cheerleaders accompanying the team will be admitted free of charge to each game. Bands and other musical groups, noisemakers that might interfere with the performance of the match, and banners or streamers are prohibited and each school principal is responsible for compliance with this regulation.

10.7 **Tournament Coaches Attire** – The following dress requirements are in effect for the 2016 CIAC volleyball tournament. NO jeans are permitted during pre-game warm-ups or while on the bench; no head wear is permitted; no shorts are to be worn and t-shirts as an outer garment are not permitted. **Warm-up suits (with the exception of sweat pants) are permitted.**

11.0 **Time of Games**

11.1 All first round, second round and quarter-final tournament match starting times will be at 6:00 p.m. – **exceptions made by tournament director only.** The starting times for semi-final and final matches will be announced.

12.0 **Tournament Rules / Procedures**

12.1 Any team using a libero player must bring a libero tracker to all games as an assistant scorer at the scorer’s table.

12.2 All contests shall be governed by the 2016-17 National Federation volleyball rules. All matches will be the best three-out-of-five in duration. **WINNERS ADVANCE BUT HOME TEAM CALLS IN SCORES.**

12.3 Each team qualifying for the tournament will be required to furnish a **Spalding TF5000 or VB5 leather game ball.** No other ball may be used for tournament play. For the first round, second round, quarter-finals and semi-finals the higher seed team will provide the tournament ball which can be colored or white. **THE CIAC WILL PROVIDE A MULTI-COLORED BALL (RED, WHITE & BLUE) FOR ALL FINAL GAMES.**

Teams are expected to call the host school at neutral sites to see if practice balls will be provided.

12.4 The decisions of the CIAC Volleyball Committee relative to the operation of the tournament shall be final.

12.5 Padding, as specified in the National Federation rules, must be on standards, wall cables and referee’s platform.

12.6 Teams in the tournament may tape or film matches in which they participate. No other teams may tape matches for scouting purposes.

12.7 **CIAC Late Entry Policy**

- **No tournament entries will be accepted after the established deadline except those approved by the CIAC Board of Control.**

- Corrections requested by a school to an entry form that was submitted by the established deadline, but prior to seeding/pairing data being published on the web site, will be assessed a fee of \$50 per correction to a maximum of \$250.
- All requests for corrections must be submitted on a support ticket via the online eligibility center. **No phone requests will be considered.**

Tournament Regulations Violations

If a school fails to comply with tournament regulations and such requires the CIAC tournament sports committee, central office staff, or the CIAC Board of Control to redo any portion of the tournament pairings or such non-compliance adversely impacts the management of the tournament, an administrative violation fee of \$500 may be imposed upon the school before entry into the tournament will be allowed.

13.0 **CIAC Tournament Site Media Policy** – The CIAC places tremendous value on the role the media plays in promoting and highlighting high school sports. To that purpose CIAC tournament venues and hosts should make every effort to provide a working environment conducive to all media (print, broadcast and internet based) covering our events. The following are **minimum standards** developed in consultation with the CIAC Media Advisory Committee, which should be provided for working media at all CIAC tournament sites:

- a. A minimum of one hour following the conclusion of post-game interviews to write in the press box, press area or a suitable facility in close proximity to the site of the event (i.e. office, classroom, etc.).
- b. Access to electric power (shared power strip, etc.).
- c. Access to wireless internet service.

Site directors should communicate these requirements to any staff person who may be responsible for the administration of the event. If for some reason a site will not be able to provide these items for a contest, a site representative should inform the CIAC in advance and work with the media on site before the game and work to provide a reasonable solution to the issue. Members of the media who will be covering events are directed to contact the appropriate site as far in advance as possible to inform them they will be at the event and discuss what arrangements will be made for working media at the site.

APPENDIX A – GIRLS VOLLEYBALL GAME RESULTS

All regular season game results must be entered online no more than 24 hours following the game's completion. It is highly recommended that scores are entered from the site as soon as the game ends. Scores may be entered via the Online Eligibility Center, the "Submit Scores/Forms" option of the "CIAC for Coaches" menu at ciacsports.com, or the "Submit Scores" button in our ciacmobile.com mobile site. Entering scores at ciacsports.com or ciacmobile.com requires either a coaches or scorekeeper's access code, those codes are managed via the Online Eligibility Center and can be retrieved from a school's athletic Director.

Regardless of regular season postponed games, the date of Thursday, November 3, 2016, must be the final day to count for the tournament. **Member schools must make every effort to complete their season as scheduled, including make-up games. Any effort to gain an advantage in tournament play by not playing a game is unacceptable and is subject to action by the CIAC Board of Control. Cancellation of any regular season contest / make-up to play in a league tournament will not be allowed.**

CIAC member school athletes in the sport of volleyball may not participate in any outside tournament or event during the CIAC season. This includes two on two, three on three, beach volleyball or other similar events/tournaments. Participation in such events will result in loss of eligibility for the athlete and possible forfeit of games played by the school in which the athlete played after participating in an outside event.

APPENDIX B – GIRLS VOLLEYBALL SITE FORM

Site form must be submitted via the password-protected online eligibility center by September 29, 2016.

APPENDIX C – GIRLS VOLLEYBALL OFFICIALS FORM

Schools may recommend six (6) officials from the Board(s) which service home games who you would judge to be of tournament caliber. You may also recommend two (2) officials who you would prefer NOT to work your tournament games. This form must be submitted via the password-protected online eligibility center by October 14, 2016.

APPENDIX D – GIRLS VOLLEYBALL REQUEST FOR DIVISION CHANGE

The 2016 CIAC Girls Volleyball Tournament will be operated in four divisions. Placement of schools has been based on the 9-12 girl enrollment for 2015-16. Any principal desiring a change to a higher division must make a request to the CIAC Volleyball Committee not later than September 29, 2016. Requests for a change in division should be submitted via the password-protected online eligibility center.

Schools electing to move up a division must remain in that division for a period of THREE (3) years. The CIAC Volleyball Committee has the authority to approve or deny all requests.

APPENDIX E – GIRLS VOLLEYBALL TOURNAMENT ROSTER

Tournament rosters (maximum of 18) can be submitted on the eligibility center or the submit scores/forms option under the CIAC for Coaches menu at ciacsports.com. Rosters must be submitted by November 3, 2016. Entry fee of \$85 must be mailed to the CIAC office, 30 Realty Drive, Cheshire, CT 06410

Report all matches won or lost with member schools by 10:00 p.m., Thursday, November 3, 2016. Date of last match to count is Thursday, November 3, 2016. Matches not reported will NOT be considered for tournament qualification. All matches cancelled should be reported on tournament entry form in place of score. A cancelled match shall not count for tournament qualification or rating unless a cancelled game form is filed.

Failure to submit schedule of games may result in disqualification from tournament.

APPENDIX F
Connecticut State Department of Education and the
Connecticut Interscholastic Athletic Conference
Concussion and Head Injury Annual Review 2016-17
Required for ALL School Coaches in Connecticut

NOTE: This document was developed to provide coaches with an annual review of current and relevant information regarding concussions and head injuries. In addition to reviewing this form, the annual review must include one of the following prescribed resources: Connecticut Concussion Task Force video, Centers for Disease Control and Prevention (CDC) Heads Up Concussion in Youth Sports training course or the National Federation of State High School Associations (NFHS) concussion training course. Links to these resources can be found at: <http://concussioncentral.ciacsports.com/>. A new form is required to be read, signed, dated and kept on file by their associated school district annually to comply with Connecticut General Statutes (C.G.S.) Chapter 163, Section 149b: *Concussions: Training courses for coaches. Education plan. Informed consent form. Development or approval by the State Board of Education.*

What is a Concussion?

Centers for Disease Control and Prevention (CDC) - *“A concussion is a type of traumatic brain injury, or TBI, caused by a bump, blow, or jolt to the head that can change the way your brain normally works. Concussions can also occur from a blow to the body that causes the head to move rapidly back and forth.”* -CDC, Heads Up: Concussion
http://www.cdc.gov/headsup/basics/concussion_what.html

Even a “ding,” “getting your bell rung,” or what seems to be mild bump or blow to the head can be serious” -CDC, Heads Up: Concussion Fact Sheet for Coaches http://www.cdc.gov/concussion/HeadsUp/pdf/Fact_Sheet_Coaches-a.pdf

Section 1. Concussion Education Plan Summary

The [Concussion Education Plan and Guidelines for Connecticut Schools](#) was approved by the Connecticut State Board of Education in January 2015. Below is an outline of the requirements of the Plan. The complete document is accessible on the CSDE Web site: <http://www.sde.ct.gov/sde/cwp/view.asp?a=2663&q=335572>

State law requires that each local and regional board of education must approve and then implement a concussion education plan by using written materials, online training or videos, or in-person training that addresses, at a minimum the following:

1. The recognition of signs or symptoms of concussion.
2. The means of obtaining proper medical treatment for a person suspected of sustaining a concussion.
3. The nature and risks of concussions, including the danger of continuing to engage in athletic activity after sustaining a concussion.
4. The proper procedures for allowing a student athlete who has sustained a concussion to return to athletic activity.
5. Current best practices in the prevention and treatment of a concussion.

Section 2. Signs and Symptoms of a Concussion: Overview

A concussion should be suspected if any one or more of the following signs or symptoms are present, or if the coach/evaluator is unsure, following an impact or suspected impact as described in the CDC definition above.

Signs of a concussion may include (i.e. what the athlete displays/looks like to an observer):

- Confusion/disorientation/irritability
- Trouble resting/getting comfortable
- Lack of concentration
- Slow response/drowsiness
- Incoherent/ slurred speech
- Slow/clumsy movements
- Loses consciousness
- Amnesia/memory problems
- Acts silly/combative/aggressive
- Repeatedly ask same questions
- Dazed appearance
- Restless/irritable
- Constant attempts to return to play
- Constant motion
- Disproportionate/inappropriate reactions
- Balance problems

Symptoms of a concussion may include (i.e. what the athlete reports):

- Headache or dizziness
- Nausea or vomiting
- Blurred or double vision
- Oversensitivity to sound/light/touch
- Ringing in ears
- Feeling foggy or groggy

State law requires that a coach **MUST** immediately remove a student-athlete from participating in any intramural or interscholastic athletic activity who: a) is observed to exhibit signs, symptoms or behaviors consistent with a concussion following a suspected blow to the head or body, or b) is diagnosed with a concussion, regardless of when such concussion or head injury may have occurred. **Upon removal of the athlete, a qualified school employee must notify the parent or legal guardian within 24 hours that the student athlete has exhibited signs and symptoms of a concussion.**

Section 3. Return to Play (RTP) Protocol Overview

Currently, it is impossible to accurately predict how long an individual’s concussion will last. There must be full recovery before a student-athlete is allowed to resume participating in athletic activity. Connecticut law now requires that no athlete may resume participation until they have received written medical clearance from a licensed health care professional (physician, physician assistant, advanced practice registered nurse (APRN), athletic trainer) trained in the evaluation and management of concussions.

Concussion Management Requirements:

1. No athlete SHALL return to participation in the athletic activity on the same day of concussion.
2. If there is any loss of consciousness, vomiting or seizures, the athlete MUST be immediately transported to the hospital.
3. Close observation of an athlete MUST continue following a concussion. The athlete should be monitored for an appropriate amount of time following the injury to ensure that there is no worsening/escalation of symptoms.
4. Any athlete with signs or symptoms related to a concussion MUST be evaluated by a licensed health care professional (physician, physician assistant, advanced practice registered nurse (APRN), athletic trainer) trained in the evaluation and management of concussions.
5. The athlete MUST obtain an initial written clearance from one of the licensed health care professionals identified above directing her/him into a well-defined RTP stepped protocol similar to the one outlined below. If at any time signs or symptoms return during the RTP progression, the athlete should cease activity*.
6. After the RTP protocol has been successfully administered (no longer exhibits any signs or symptoms or behaviors consistent with concussions), final written medical clearance is required by one of the licensed health care professionals identified above for the athlete to fully return to unrestricted participation in practices and competitions.

Medical Clearance RTP protocol (Recommended one full day between steps)

Rehabilitation stage	Functional exercise at each stage of rehabilitation	Objective of each stage
1. No activity	Complete physical and cognitive rest until asymptomatic. School may need to be modified.	Recovery
2. Light aerobic exercise	Walking, swimming or stationary cycling maintaining intensity ,<70% of maximal exertion; no resistance training	Increase Heart Rate
3. Sport specific exercise No contact	Skating drills in ice hockey, running drills in soccer; no head impact activities	Add Movement
4. Non-contact sport drills	Progression to more complex training drills, ie. passing drills in football and ice hockey; may start progressive resistance training	Exercise, coordination and cognitive load
5. Full contact sport drills	Following final medical clearance, participate in normal training activities	Restore confidence and assess functional skills by coaching staff
6. Full activity	No restrictions	Return to full athletic participation

* If at any time signs or symptoms should worsen during the RTP progression the athlete should stop activity that day. If the athlete’s symptoms are gone the next day, she/he may resume the RTP progression at the last step completed in which no symptoms were present. If symptoms return and don’t resolve, the athlete should be referred back to her/his medical provider.

Section 4. Local/Regional Board of Education Policies Regarding Concussions

***** Attach local or regional board of education concussion policies *****

I have read and understand this document and have viewed the prescribed resource material. I understand that state law requires me to immediately remove any player suspected of having a concussion and to not allow her/him to return to participation until she/he has received written medical clearance by a licensed health care professional trained in the evaluation and management of concussions.

References: 1. NFHS. Concussions. 2008 NFHS Sports Medicine Handbook (Third Edition). 2008: 77-82. <http://www.nfhs.org>.
http://journals.lww.com/cjsportsmed/Fulltext/2009/05000/Consensus_Statement_on_Concussion_in_Sport_3rd.1.aspx.
 2. Centers for Disease Control and Prevention. *Heads Up: Concussion in High School Sports*.
http://www.cdc.gov/NCIPC/tbi/Coaches_Tool_Kit.htm.
 3. CIAC Concussion Central - <http://concussioncentral.ciacsports.com/>

Resources: Centers for Disease Control and Prevention. *Injury Prevention & Control: Traumatic Brain Injury*. <http://www.cdc.gov/TraumaticBrainInjury/index.html>
 Centers for Disease Control and Prevention. *Heads Up: Concussion in High School Sports Guide for Coaches*. Retrieved on June 16, 2014.