

CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE
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48th ANNUAL GIRLS BASKETBALL 2020-21 INFORMATION

CIAC Winter Sports Plan

The following schedule identifies start dates and contest dates for winter sports.

A list of CIAC staff responsible for fall sport committees can be found in the CIAC Handbook (https://www.casciac.org/pdfs/ciachandbook_2021.pdf).

<u>Basketball</u>	First Practice Date	January 19 **
	First Contest Date	February 8 ***
	Max # of Regular Season Games	12
	Max # of Games Per Week	2 *
	Last Date to Count for Tournament	League Determined
	Min # of Games to Qualify	N/A
	Tournament Experience	March 15-28

*Three (3) games can be scheduled in a week twice during the regular season.

**Practices may start no sooner than January 19, however, may start later based on district determination.

***Games may start no sooner than February 8, however, may start later based on district determination.

Any equipment that is used throughout conditioning and the winter season must be maintained and sanitized in accordance with the ReOpen CT sector rules for sport: https://portal.ct.gov/-/media/DECD/Covid_Business_Recovery-Aug-14-updates/CTReopens_Sports_FitnessCenters814.pdf

Home or away games vs. out-of-state or non-CIAC member schools are not permitted for the winter sports season.

Basketball and Indoor Track (if permitted in March) must schedule all contests within leagues. Leagues should create divisions based on geography and play as many games as possible within those divisions.

Multi-team events will not be permitted during the winter season, with the exception of “teams of one” that may compete with their host school.

Student-athlete conditioning should be a priority when considering scheduling scrimmages and games. Teams should complete a minimum of 15 days of conditioning prior to their first contest. Conditioning time may be virtual and/or in-person and may include partial and/or full team practices and skill work. Teams must have a minimum of 10 days of practice prior to holding a full team scrimmage. Teams may hold a maximum of two scrimmages prior to the first contest date. All scrimmages must be held with schools located geographically close to one another.

The CIAC boys’ and girls’ basketball committee have adopted the following COVID modifications in alignment with consideration issued by the NFHS Basketball Rules. “The modifications outlined in this document are meant to decrease potential exposure to respiratory droplets by encouraging social distancing, limiting participation in administrative tasks to essential personnel and allowing for appropriate protective equipment.” (NFHS)

In alignment with DPH requirements for moderate risk indoor sports, all basketball participants must wear a close-fitting face mask that covers the nose and mouth.

In basketball, a one (1) minute mask break will be instituted at the first stoppage of at or after the 4-minute mark of each period. During a mask break, players will maintain greater than 6 feet of distance and may get water. Additionally, a game official has discretion to stop the game at any point during the contest to address mask

concerns. Such concerns may include but are not limited to: a player's mask comes off during play, a player's mask is observed to have slipped below the player's nose, the official is experiencing an issue with his/her own mask, etc. Players and officials should have multiple masks available during a game. A mask may need to be replaced due to a strap breaking or excessive sweat and moisture buildup. Players and officials are encouraged to change masks as needed during timeouts, mask breaks, or game stoppages so that they can maintain wearing a dry close-fitting mask that covers their nose and mouth.

Return to Competition

1. Basketball Rules Considerations

- Pre-game protocol (2019-20 NFHS Officials Manual, page 16, 1.8; NFHS Basketball Rule Book – 3-4-5)
 - Limit attendees to the referee and the head coach from each team with each coach standing on the center circle on each side of the division line.
 - All individuals maintain a social distance of 6 feet or greater at the center circle.
 - Suspend handshakes prior to the following the pre-game conference.
- Team Benches (1-13-1)
 - Social distancing should be practiced when possible. Below are some suggestions.
 - Limit the number of bench personnel to observe social distancing of 6 feet or greater.
 - Place team benches opposite the spectator seating.
 - Additional chairs or rows may be added to allow bench personnel to observe social distancing of 6 feet or greater.
 - Create separation between the team bench and spectator seating behind the bench.
 - Limit contact between players when substituting.
 - Personnel not in the game should adhere to any required local/state face covering requirements.
- Officials Table (2-1-3)
 - The host should sanitize the table before the game and at half time.
 - Place officials table sufficiently away from the sideline to allow for additional space for substitutes.
 - Limit seats at the table to essential personnel which includes home team scorer and timer with a recommended distance of 6 feet or greater between individuals. Other personnel (visiting scorer, statisticians, media, etc.) may not be deemed essential personnel and consider an alternate location for them.

2. Table personnel should adhere to any required local/state face covering requirements.

3. Pre- and Post-Game Ceremony

- Suspend the pre-game introduction handshakes.
- Suspend post game protocol of shaking hands.

4. Basketball Rules Interpretations

- Rule 4-1 Equipment and Accessories
 - Basketball
 - Ball given to officials in the locker room, where it is sanitized as recommended by the ball manufacturer and not used for warm-ups.
 - The host school should ensure that the ball is sanitized during time-outs and between quarters.
 - Sanitizer should be provided by the host team at the table.
 - Face mask coverings are required for all coaches, players, and officials.
 - Require coaching staff and other bench personnel to wear face coverings while on the bench.

- Rule 5-3 Officials Uniform and Equipment
 - By state association adoption, long-sleeved shirts are permissible. (5-1-3)
 - Officials should not be required to wear jackets during pre-game court/player observation.
 - Electronic whistles are permissible (supplies are limited).
 - Choose a whistle whose tone will carry inside.
 - Check the market for choices.
 - Cloth face coverings must be worn by officials.
 - Gloves are permissible.

5. Other Considerations

- **Throw-In**
 - Official may stand 6 feet or greater away from player making the throw-in and bounce the ball to that player on a front court throw-in.
- **Free Throw Administration**
 - The lead official shall stand on the end line and bounce the ball to the free thrower.
- **Time-outs**
 - Coaches and teams are encouraged to separate players during timeouts. The court itself can be used to space out players.

2020-21 CIAC GIRLS BASKETBALL COMMITTEE

Administrators

Margaret Williamson – St. Mary School, Simsbury – CH
 Dan Sullivan, Putnam Public Schools
 Vin DeNuzzo, East Haven High School
 Jayme Beckham, Abbott Tech. High School, Danbury

Coaches

Shaun Russell, East Hampton High School – Ch
 Amanda Forcucci, Hamden High School
 Tim Kohs, Mercy High School, Middletown
 Chris Lindwall – St. Joseph High School, Trumbull
 Catrina Hawley-Stewart – Hillhouse High School, New Haven

Consultants

Robert Cecchini, East Granby
 Tom Murray, Branford
 Norm DeMartino, East Haven
 Elisha DeJesus, Middletown High School – CAAD
 Fred Williams, N.W. Reg. High School, Winsted – CAAD
 Charlene Shepard - Officials

Joe Canzanella – Tournament Director

Cell - (203) 214-7326 / Email – chsca63@gmail.com

Dave Grossman – Assistant Tournament Director (Officials)

Cell – (203) 715-2060 / Email – dgrossman34@comcast.net

NFHS 2020-21 BASKETBALL RULE CHANGES

- 2-12-5** Added a signal to end the player replacement interval. **Timer's Duties** – The intent of the rule change is to avoid gamesmanship and ensure the time for replacement remains within the rules. The rule changes makes 2-12-5 consistent with 2-12-4 “second horn” requirement.
- 5-4-1, 2 (New)** Reorganized and clarified the process to use when a coach or school personnel is not available to sit on the bench. **Forfeiture, Protest, Interrupted Game** – When a coach has been removed, this rule clarifies that if no other coach or school personnel are available, then the game is forfeited unless state association rules determine otherwise.
- 10-6 Penalty** Clarified that the warning to a coach may be used, but it is not mandatory. **Head Coach's Rule** – To clarify that officials are not required to issue a warning prior to issuing a technical foul. However, they may issue a warning when the offense is judged not to be major.

2020-21 Basketball Major Editorial Changes

- 5-6-2 Exception 4** Clarifies the process to be used when a technical foul is ruled after the ball becomes dead to end a quarter or extra period. **Beginning, Ending a Quarter or Extra Period** – If a technical foul occurs after the ball becomes dead to end a quarter or extra period, the next quarter or extra period is started by administering the free throws. If the fourth quarter or extra period ends and the score is tied, the free throws will start the extra period. If the score is not tied and result of the free throws would tie or win the game, the free throws are administered as part of the preceding quarter/period.

2020-21 Basketball Points of Emphasis

1. Block / Charge
2. Use of Proper Signals and the Reporting Area
3. Palming / Carrying
4. Clarification of International and Flagrant Fouls

Reminders:

1. The style of the number may be the team jersey color when bordered with no more than two ¼ inch solid border(s) contrasting with the team jersey color, which shall be eliminated by 2024-25.
2. The gray color used in the away jersey must meet the 70 percent standard by 2021-22.

SPORTSMANSHIP – Member schools are expected to conduct their relations with each other at all levels of competition in a spirit of good sportsmanship. Everyone involved has the obligation to see clearly his/her influence and act accordingly. The CIAC acknowledges that the school administration is responsible for the athletic program, including the making of broad and specific policies and procedures relating to sportsmanship and the conduct of activities in the school. To that end, the CIAC urges each school principal to adopt the following sportsmanship procedures and standards for their school and to champion the “Class Act” sportsmanship program as these standards will be used in all CIAC post-season contests.

CIAC Sportsmanship Guidelines

- The CIAC request that all school personnel – administrators, faculty, and coaches – give special and specific emphasis about CIAC’s expectations for good sportsmanship during the regular season as well as CIAC tournaments requiring that athletes and members of the student body conduct themselves in a manner that reflects nothing but credit upon your school. Any unsportsmanlike conduct on the part of students and adults is unacceptable and will be addressed with strong and appropriate measures.
- The CIAC sportsmanship standards should be as widely disseminated as possible using the student-parent handbook, student athlete handbook, school newspaper, parent newsletter, school web site and the local media.
- The CIAC sportsmanship standards for spectators should be read by PA announcers prior to each contest.
- The CIAC sportsmanship standards of conduct be prominently posted at all sports venues.
- When event programs are provided, the CIAC sportsmanship standards be included.
- Member schools require having athletes, parents/guardians, sign an acknowledgement which would show that they have read the student-athlete handbook and understand the CIAC sportsmanship standards.
- Member schools work with community officials to insure that levels of the CIAC sportsmanship standards are enforced when contests are held at their school and at non-school facilities.
- The CIAC and the CIAC sports committees insist the CIAC sportsmanship standards be rigorously enforced at all regular season contests and at all CIAC tournament contests. This is particularly important when contests are held at non-school sites.
- Member schools will conduct a pre-season meeting with student-athletes, coaches and parents to review the CIAC sportsmanship standards.
- Member schools should communicate with opposing schools and inform them they are a “Class Act School” and provide them with the CIAC sportsmanship standards which will be strictly adhered to.
- Member schools hosting a game should make available to visiting schools necessary game information – includes directions for parking, location of ticket booths, seating arrangement, ticket prices, game time, directions for each game site.
- Member schools hosting a game should designate specific seating areas for students, bands, adults and visitors. If possible, opposing student bodies should be separated.
- Member schools hosting a game should arrange for adequate police supervision.
- When possible the member schools hosting a game should assign officials to dressing facilities separated from both teams. Provides escorts for the officials when it appears that disturbances may develop.
- Member schools should take measures to prevent fans from getting near or on the playing area and around the players benches. After the contest, prevents fans from going onto the playing area.
- Member schools should provide for adequate supervision of students and facilities. Supervisors should sit in the stands with the students.
- Member schools should support and adhere to ALL the following CIAC standards.

The CIAC “Class Act” Sportsmanship Standards

ALL Spectators (including parents):

- Will adhere to the host school’s acceptable dress code at all home and away contests commensurate with classroom behavior. For CIAC tournament contests all spectators will be appropriately attired with their torso completely covered and with no visible degrading or demeaning writings/logos.
- Any signs displayed must be positive in nature, reference only the school supported by the sign maker, and must be pre-approved by the Athletic Director of the school referenced in the sign.
- During outdoor sports, no air horns or horns of any kind or whistles will be used, and any other noisemakers will be allowed with the host athletic director’s approval and only be used during “dead ball” situations to celebrate good play. During indoor sports, no noisemakers will be used. Pep bands are allowed at a home contest if the school provides adult supervision and the band only plays during “dead ball” situations.
- Spectators will cheer positively to support their team, will not cheer negatively against the opponent.
- Spectators will show respect for the game officials and their decisions.
- Spectators will show respect for the playing of the National Anthem.

Game Personnel / Announcers:

- Will explain and consistently enforce host school expectations for spectators.
- Will be enthusiastic but not show favoritism while making announcements, and never publicly question or criticize the players, coaches, or officials.
- Will encourage respect for the National Anthem and remind spectators to remove caps and stand.

Coaches

- Will exemplify high moral character, behavior and leadership, lead by example, and set a standard for players and spectators to follow both on and off the athletic arena.
- Will teach players the rules of the game and to respect the game, and will take action when athletes exhibit poor sportsmanship.
- Will respect the integrity and judgment of officials and will not publicly criticize or question the decisions of officials.
- Will be aware of the competitive balance of contests and will manage the score in a manner that is sportsmanlike and respectful of opponents.

Players

- Will accept the responsibility and privilege the student-athlete has in representing their school and community by learning and showing teamwork, sportsmanship and discipline in all aspects of the game.
- Will demonstrate respect for self, coach, teammates, opponents, officials and spectators by exhibiting good character and conducting themselves as a positive role model.
- Will win and lose graciously.
- Will cheer for your team, not against your opponent.
- Will congratulate opponents in a sincere manner following either victory or defeat.

CERTIFICATIONS / COACHING CERTIFICATIONS

Required Coaching Certification

- Required coaching certifications, including medical certifications, can be found at this link: <http://www.ctcoachinged.org/>
- Temporary coaching permit application can be found at this link: http://ctcoachinged.org/ed_186.pdf
- 5 Year coaching permit application can be found at this link: https://portal.ct.gov/-/media/SDE/Certification/Forms/ed_185.pdf
- Information on concussion training and certification can be found at this link: <http://www.ctcoachinged.org/concussionpage.html>
- Information on Coaching Permit Renewal for the State of Connecticut can be found at: <https://portal.ct.gov/SDE/Certification/Coaching-Permit-Renewal>
- Concussion training for coaches: https://portal.ct.gov/-/media/SDE/Certification/Coaching/student_and_parent_concussion_informed_consent_form.pdf?la=en
- Connecticut Coaching Education Program: <http://www.ctcoachinged.org/concussionpage.html>
- Coaching Education Overview: <http://www.ctcoachinged.org/>
- Coaching Course Registration: <http://ctcoachinged.org/Permit.html>
- Sudden Cardiac Arrest Renewal: https://portal.ct.gov/-/media/SDE/Certification/Coaching/coaches_sudden_cardiac_arrest_awareness_annual_review.pdf?la=en
- Concussion Renewal Form: https://portal.ct.gov/-/media/SDE/Certification/Coaching/Concussion_and_Head_Injury_Annual_Review_for_Coaches_2019-20.pdf?la=en
- Mandated Reporter Training: <https://portal.ct.gov/DCF/Mandated-Reporter-Training/Home>
- EpiPen Training: <https://www.redcross.org/take-a-class/preview-kits/anaphylaxis-epinephrine-auto-injector>
- Coaches Guide to Dehydration and Other Head Illnesses: <https://www.nata.org/sites/default/files/heat-illness-parent-coach-guide.pdf>

Volunteer Coaches – The State of Connecticut Department of Education does not distinguish between volunteer or paid coaches when considering certifications or responsibilities. All coaches who are responsible for, or instruct students in any way must follow Connecticut State law for certifications and responsibilities. Therefore, volunteer coaches are required to obtain the same certifications as all other coaches.